

WITH YOU I'M BORN AGAIN

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Music : "With You I'm Born Again"

CD: The Ultimate Ballroom Album 22 Disc 2 track 4

Rhythm : Waltz ph VI time: 3:21 Speed: As on CD

Footwork : Opposite, directions for man(lady as noted) Date : December 2019 Ver.1.1

Sequence : Intro - A - B - Amod - C - B - C - Ending



Meas INTRO

1~ 4 CP/RDC left foot free for both Wait 2 Meas;; Split Ronde(CP/DC); Contra Ck & Rec;

- 1- 2 CP/RDC left foot free for both wait 2 meas;;
-23 3 (Split Ronde) Lower on R ronde left leg CCW commence LF trn, cont LF trn XLIB of R,
(-23&) cont trn slip bk R(W lower on R ronde left leg CCW commence LF trn, cont trn XIB of R, cont trn sd R/ slip fwd L) end CP/DC;
1-3 4 (Contra Ck & Rec) Commence upper body LF trn flexing knees with strong R side lead ck fwd L, hold, rec R;

Meas PART A

1~ 8 OP Rev Trn; Hover Corte; Bk & R Chasse; Contra Ck Rec to SCP; Cont Hover Cross;;; Double Rev Spin(CP/DW);

- 1 (Op Rev Trn) Fwd L commence LF trn, cont LF trn sd R, bk L contra Bjo fc RLOD;
2 (Hover Corte) Bk R commence LF trn, sd L cont LF trn and body stretch, cont LF trn Bjo/DW rec bk R twd RDC;
12&3 3 (Bk & R Chasse) Bk L commence RF trn, cont RF trn sd R/cl L, sd R fc RDW;
4 (Contra Ck Rec to SCP) Commence upper body LF trn flexing knees with strong R side lead ck fwd L, rec R, sd & fwd L SCP/LOD;
5- 7 (Cont Hover Cross) Fwd R commence RF trn, sd L cont RF trn, cont trn sd R fc DC(W fwd L commence RF trn, fwd R cont RF trn with right sd stretch, cont RF trn sd L);
Fwd L across R to Scar with right sd stretch, cl R, bk L in Bjo(W bk R to Scar, sd L to CP, fwd R to Bjo);
Bk R to CP with no sway, sd & fwd L with a left side lead, fwd R in Bjo(W fwd L to CP, sd & bk R, bk L in Bjo) fc DC;
12- 8 (Dbl Rev Spin) Fwd L commence LF trn, cont trn sd R, spin LF on ball of R bring L
(12&3) foot under body beside R no weight fc DW (W bk R commence LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R);

9~16 Hover Telemark; OP Nat; Outsd Spin & Twist;(CP/RDW); Bk Chasse Bjo; Manuv; Spin Trn Box Finish(CP/DC);

- 9 (Hover Telemark) Fwd L, fwd R lead W RF trn, sd & fwd L to SCP/DW;
10 (OP Nat) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R contra Bjo;
123 11-12 (Outsd Spin & Twist) Prepare to lead W outsd partner commence body trn to right with right sd lead bk L small stp 3/8 RF trn, fwd R heel to toe cont 3/8 RF trn, cont 1/4 RF trn sd L twd Wall to end Bjo/RDC(W commence body trn to right with left sd lead fwd R outsd partner heel to toe, cl L to R on toe 5/8 RF trn between 1 and 2, cont 3/8 RF trn fwd R);
1-3 XRIB with only partial weight/unwind RF chging weight to R, cont RF trn, sd & bk L
(1&23) (W fwd L/fwd R around man, fwd L RF trn, cont trn sd & fwd R)CP/RDW;
12&3 13 (Bk Chasse Bjo) Bk R commence LF trn, cont LF trn sd L/cl R, sd & fwd L to Bjo/DW;
14 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;
15 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont RF trn brush R to L, sd & fwd R);
16 (Box Finish) Bk R commence LF trn, cont LF trn sd L, cl R to L fc DC;

Meas PART B

1~ 9 Mini Telespin;(CP/RDC); Contra Ck & Switch; Curved Feather; Bk Prep; Same Foot Lunge; Slow Sway Chg; Telespin Ending(SCP/LOD); Slow Sd Lk(CP/DC);

- 123 1- 2 (Mini Telespin) Fwd L commence LF trn, fwd & sd R cont LF trn, sd & bk L with partial weight (W bk R commence LF turn bring L beside R with no weight, cont LF trn on R heel and chg weight to L, fwd R cont LF trn);
 -2- Spin L taking weight to L/cont spin, cl R, (W fwd L/fwd R cont LF trn toe spin on R, (&12-)
 3 (Contra Ck & Switch) Commence upper body LF trn flexing knees with strong R side lead ck fwd L, rec R commence strong RF trn leaving left foot almost in place, cont strong RF trn rec L soft knees CP/DW;
 4 (Curved Feather) Fwd R commence RF trn, left sd stretch cont RF trn sd & fwd L, cont RF trn fwd R Bjo/RDW;
 1- 5 (Bk Pre) Bk L commence RF trn, cont trn tch R to L fc COH, -(W fwd R commence RF trn, (12-)
 1- 6 (Same Foot Lunge) Sd & slightly fwd R with right sd stretch looking R, extend (W bk R well under body trning body to L and looking well to L, extend), -;
 --- 7 (Slow Sway Chg) Hold, slightly body trn RF (W hold, slightly body trn RF looking to R), -;
 123 8 (Telespin Ending) Lead W rec/ fwd L twd RLOD commence LF trn, sd R cont LF trn, (&123) sd & fwd L (W rec L/fwd R cont LF trn toe spin on R, cl L, sd & fwd R) SCP/LOD;
 9 (Slow Sd Lk) Thru R, sd L lead W pickup, slightly LF trn XRIB of L (W thru L commence LF trn, cont LF trn sd R, cont trn XLIF of R) CP/DC;

Meas

PART Amod

1~ 8 OP Rev Trn; Hover Corte; Bk & R Chasse; Contra Ck Rec to SCP; Cont Hover Cross;;; Double Rev Spin(CP/DW);

1- 8 Repeat meas 1-8 of Part A; ; ; ; ; ; ; ;

9~18 Hover Telemark; OP Nat; Outsd Spin & Twist;(CP/RDW); Bk Chasse Bjo; Manuv; Impetus to SCP; Running OP Nat; Rising Lk; Split Ronde(CP/DC);

9-14 Repeat meas 9-14 of Part A; ; ; ; ; ; ; ;

- 15 (Impetus to SCP) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP fwd L (W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R) SCP/DC;
 12&3 16 (Running OP Nat) Thru R commence RF trn, cont RF trn sd and bk L/right sd lead bk R lead W outsd partner, right sd stretch bk L (W thru L, fwd R/left sd lead fwd L, left sd stretch fwd R outsd partner) Bjo fc RDW;
 123 17 (Rising Lk) Bk R commence LF trn, cont LF trn sd & fwd L, cont body trn XRIB of L (W fwd L commence LF trn, cont LF trn sd & bk R, cont body trn XLIF of R) CP/DC;
 -23 18 (Split Ronde) Lower on R ronde left leg CCW commence LF trn, cont LF trn XLIB of R, (123&) cont trn slip bk R (W sd R lower on R ronde left leg CCW commence LF trn, cont trn XLIB of R, cont trn sd R/ slip fwd L) end CP/DC;

Meas

PART C

1~ 8 Three Fallaways;;; Slip Chasse Bjo; Nat Hover Cross; Sync Ending; Telemark to Throwaway Oversway;;

- 1- 3 (Three Fallaway) Fwd L with LF upper body trn, sd R, bk L well under body in SCP (W bk R trning LF, sd L, bk R well under body to SCP);
 Bk R trning LF and bring W to CP, bk & sd L, bk R well under body to RSCP (W fwd L trning LF to CP, trning LF sd & bk R, bk L well under body to RSCP);
 Trning LF fwd L to CP, cont trn sd R, bk L well under body to SCP (W bk R trning LF, bk & sd L, bk R well under body to SCP);
 12&3 4 (Slip Chasse Bjo) Commence LF trn on L slip bk R, cont LF trn sd L/cl R, sd & fwd L to Bjo/DW;
 5 (Nat Hover Cross) Fwd R commence RF trn, sd L cont RF trn, cont trn sd R fc DC (W bk L commence RF trn, cl R to L heel trn with right sd stretch, cont RF trn sd L);
 12&3 6 (Sync Ending) XLIF of R outsd partner, rec R/sd & fwd L, fwd R outsd partner Bjo/DC;
 123 7- 8 (Telemark to Throwaway Oversway) Fwd L commence LF trn, sd R cont LF trn, sd & slightly bk L swivel LF on L; Relax knee and body trn left fc DW keeping right sd and point R bk, -, -(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change weight to L, sd & fwd R swivel LF on R to bring L leg under body; --- Extend bk L leg twd DW, -, -);

9~16 Link to SCP; OP Nat; Pivot to Hairpin; Hesitation Chg w/Sway; Rumba Cross; Twice; Traveling Contra Ck; Chair & Slip(CP/DC);

- 23 9 (Link to SCP) Rise on L, cl R to L body trn RF, sd & fwd L to SCP/LOD;
- 10 (OP Nat) Fwd R commence RF trn, cont RF trn sd L fc RDC, bk R contra Bjo;
- 12&3 11 (Pivot to Hairpin) Bk L pivoting 1/2 RF, fwd R/L strong curve to right with left sd stretch, fwd R outsd partner checking on toe in Bjo/RL0D;
- 12- 12 (Hesitation Chg w/Sway) Bk L commence RF trn, cont RF trn sd R fc DC sway twd DRC, draw L to R;
- 1&23 13-14 (Rumba Cross Twice) Fwd L with left shoulder lead/XRIB of L trning RF on toe, cont RF trn bk L, fwd R(W Bk R, XLIF of R trning RF on toe, cont RF trn fwd R between M's feet pivot, bk L) end CP/DC;
- 1&23 Fwd L with left shoulder lead/XRIB of L trning RF on toe, cont RF trn bk L, fwd R(W Bk R, XLIF of R trning RF on toe, cont RF trn fwd R between M's feet pivot, bk L) end CP/DC;
- 15 (Traveling Contra Ck) Fwd L with contra body motion with upper body LF trn, cl R rising on R slightly body RF trn, SCP sd and fwd L fc DC;
- 16 (Chair & Slip) Thru R relax right knee, rec L commence LF trn, slip R bk cont LF trn on ball of R(W thru L relax left knee, rec R, swivel LF on R fwd L)end CP/DC;

Meas

ENDING

1~ 5 Telemark to Hinge;; Rec Pivot Prep; Same Foot Lunge; Extend;

- 1- 2 (Telemark to Hinge) Fwd L commence LF trn, sd R cont LF trn, sd & bk L swivel LF on L fc Wall(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel and change to L, sd & fwd R swivel LF on R);
- Hold left sd stretch leading W XLIB of R, relaxing L knee and veering R knee to sway
- (1---) R, -(W XLIB of R, relaxing L knee head to L, -);
- 12- 3 (Rec Pivot Prep) Lead W rec/sd & fwd R commence RF pivot, cont RF pivot sd & bk L,
- (&123) cont trn fc Wall tch R to L(W rec R/sd & bk L commence RF pivot, cont RF pivot sd & fwd R, cont trn fc COH sd L) blend CP;
- 1--- 4 (Same Foot Lunge) Sd & slightly fwd R with right sd stretch looking R, -(W XRIB of L well under body trning body to L and looking well to L), -;
- 5 (Extend) Release joined lead hands extend left arm (W both hands straight up, arms down & extend sd head chg looking R), -;