

# The Girl From Ipanema

**Choreographers:** Randy & Marie Preskitt, 5603 Sound Ave. Everett, WA, 98203  
**Phone:** (425) 348-6030 or Randy's Cell (425) 923-8095 or Marie's Cell (425) 870-2809  
**E-Mail** [RKPreskitt@comcast.net](mailto:RKPreskitt@comcast.net) or [mariepreskitt@hotmail.com](mailto:mariepreskitt@hotmail.com)  
**Music:** The Girl From Ipanema – Nat King Cole (Album – L-O-V-E)  
Avail for download from Amazon.com  
**Footwork:** Opposite except where noted  
**Rhythm/Phase** Foxtrot Phase 5+1 (Fallaway Ronde & Slip) Speed 42.5 rpm (28 mpm)  
**Sequence:** Intro – A – B – A(1-8) – C – B - AMod(Omit meas 15) – End Release 1.0 July 2019

## INTRO

### 1-4 WAIT ; STROLL 2 ; VINE APART 3 BRUSH ; VINE TOG/LADY ROLL 3 CP ;

--SS 1 -2 In Escort pos LOD lead foot free wait 1 measure ; Fwd L, -, fwd R, -;

QQS 3 Release arm hold sd L to COH, XRIB, sd L, brush R across L ;

QQS 4 Sd R to wall, XLIB, sd R, tch L to R CP DC  
(W roll LF 1 & ½ trns toward M blend to CP);

## PART A

### 1-5 MINI TELESPIN ; ; CONTRA CHECK & SWITCH ; NATURAL WEAVE ; ;

SQ- 1 (Mini Telespin) Fwd L CP DC comm LF turn, -, fwd & sd R cont turn,  
bk L LOD part weight keep L sd twd ptr

(SQQ&) (W bk R, -, draw L heel past R turning LF on R heel cl L to R, fwd R/fwd L);

QQ- 2 Shifting full weight to L spin LF, sd R, -  
(W fwd R comm LF spin, cl L to R, -); end CP DRC

SQQ 3 (Contra Check & Switch) ) Lower on R fwd L in contra body movement rt sd lead look over  
W's head, -,rec R trng 3/8 RF, rec bk L 1/8 LF trn to fc DW;  
(W bk R, -, rec L trng RF, rec fwd R between M's feet);

SQQ 4 (Natural Weave) Fwd R, -,fwd L trng RF, bk R twd DC in BJO  
(W bk L, -,heel trn on L cl R, fwd L DC);

QQQQ5 Bk L, bk R leading W to CP, trng LF sd & fwd L, fwd R CBJO DW  
(W fwd R in BJO, fwd L to CP, trng LF sd & bk R, bk L);

### 6-8 HOVER ; THRU JETE POINT COH ; FALLAWAY RONDE & SLIP DRC;

SQQ 6 (Hover) Fwd L, -, sd & fwd R, trng body LF fwd L SCP DC  
(W bk R, sd & bk L, trng body RF fwd R DC);

S&- 7 (Jete Point) Thru R rotating LF to square W keeping R sd lifted, -,slight spring small fwd L high  
on toe piv twd COH/lower & flex L knee sharply as you extend R ft sd twd LOD w/R sway  
(W thru L comm to fold LF to M w/head staying open to R, -slight spring small sd & bk R twd  
COH/lwr & flex R knee sharply extend L ft to sd head well to left),-;

SQQ 8 (Fallaway Ronde & Slip) Small sd R ronde L CCW, -, bk L under body, bk R trng W to CP DRC  
(W small sd L ronde R CW, -, bk R SCP, trn L fwd R to CP);

## (Cont Part A)

**9-12 FWD HOVER SCP DW ; NATURAL HOVER CROSS ; ; REVERSE WAVE 3 ;**

- SQQ 9 (Fwd Hov SCP) Fwd L, -, fwd & sd R trng LF, fwd L SCP DW(W bk R, -, bk L, fwd R);
- SQQ 10 (Nat Hover Cross) ) Fwd R trng RF, -,sd L cont RF trn, sd & fwd R to SCAR LOD  
(W bk L, -,heel trn on L cl R, sd & bk L);
- QQQQ 11 Fwd L cking outsd ptrn, rec R, sd & fwd L, fwd R to BJO DC(W chk bk R, rec L, sd & bk R, bk L);
- SQQ 12 (Rev Wave 3) Fwd L comm LF trn, -, sd & fwd R cont trn fc DRC, bk L  
(W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R);

**13-16 CHECK & WEAVE ; ; DOUBLE REVERSE ; CHANGE OF DIRECTION ;**

- SQQ 13 (Check & Weave) Chk bk R, -, rec L slight LF trn, sd & bk R DC  
(W chk fwd L, -, rec R trng LF, sd & fwd L);
- QQQQ 14 XLIB, trng LF bk R, trng LF sd & fwd L, fwd R CBJO DW  
(W XRIF, fwd L, trng LF sd & bk R, bk L);
- QQ- 15 (Double Reverse) Slight LF trn fwd L to LOD trng LF, sd & fwd R trng LF fc RLOD  
bring L to R spin LF on R to DW, -  
(QQQQ) (W bk R, drw L past R trn LF on R heel trnsfr wt to L, fwd R past M on toe trng LF, XLIF);
- SS 16 (Change Of Direction) Fwd L DW, -, fwd R toeing in trng LF, drw L to R no weight CP DLC  
(W bk R, -, sd & bk L trng LF, drw R to L);

**PART B****1-4 REVERSE WAVE ; ; TIPPLE CHASSE PIVOT ; BK FEATHER ;**

- SQQ 1 (Reverse Wave Fwd L comm LF trn, -, sd & fwd R cont trn fc DRC, bk L  
(W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R);
- SQQ 2 Bk R, -, bk L slight LF body trn, bk R to LOD  
(W fwd L, -, fwd R heel to toe slight trn LF, fwd L LOD);
- SQ&Q 3 (Tipple Chasse Pivot) Bk L comm RF trn, -, with left sd stretch sd R/cl L, cont RF trn fwd R  
Pivot RF to fc DRW(W fwd R comm RF trn, -, sd L/cl R, bk L pivot RF);
- SQQ 4 (Bk Feather) Bk L, -, bk R with R sd lead, bk L to BJO  
(W fwd R, -, fwd L with L sd lead, fwd R BJO);

**5-8 FEATHER FINISH ; 3 STEP ; NATURAL TELEMAR SCAR ; ZIG ZAG 4 ;**

- SQQ 5 (Feather Finish) Bk R to CP, -, trng LF sd & fwd L, fwd R BJO DW  
(W fwd L to CP, -, trng LF sd & bk R, bk L DW);
- SQQ 6 (3 Step) Fwd L, -, fwd R heel to toe slight trn LF, fwd L LOD(W bk R, -, bk L, bk R);
- SQQ (Nat Telemark SCAR) Fwd R trng RF, -,sd L cont RF trn, sd & fwd R to SCAR DC  
(W bk L, -,heel trn RF on L cl R, cont RF trng sd & bk L);
- QQQQ 8 (Zig Zag 4) Fwd L trng LF, sd R, XLIB, trng RF on L heel cl R to L  
(W bk R trng LF, sd L, XRIF, trng LF sd & bk L);

**(Cont Part B)****9-12 HOVER CROSS ENDING DRC ; TOP SPIN ; HOVER ; DOUBLE LILT ;**

- QQQQ 9 **(Hover Cross Ending DRC)** Fwd L cking outsd ptrnr, rec R, sd & fwd L RLOD, chk fwd R to BJO DRC LF spin 1/8<sup>th</sup> trn  
(W chk bk R, rec L, sd & bk R RLOD, chk bk L slight LF spin 1/8<sup>th</sup> trn);
- QQQQ 10 **(Top Spin)** Bk L in BJO to LOD, bk R to CP, trng LF sd L, fwd R BJO DW  
(W fwd R, fwd L to CP, trng LF sd R, bk R BJO);
- SQQ 11 **(Hover)** Fwd L, -, sd & fwd R, trng LF rec L to SCP DC  
(W bk R, -, sd & bk L, trng RF rec R to SCP DC);
- QQQQ 12 **(Double Lilt)** Thru R rise to toe, small fwd L, lower thru R rise to toe, small fwd L;

**13-16 PROMENADE WEAVE ; ; HOVER ; FEATHER ;**

- SQQ 13 **(Promenade Weave)** Thru R, -, fwd L trng LF, sd & bk R  
(W thru L comm LF trn, -, sd & bk R to CP trn LF, sd & fwd L);
- QQQQ 14 XLIB, trng LF bk R, trng LF sd & fwd L, fwd R BJO DW  
(W XRIF, fwd L to CP, trng LF sd & bk R, bk L BJO DW);
- SQQ 15 **(Hover)** Fwd L to CP, -, sd R, trng LF rec L to SCP DC  
(W fwd R trng RF, -, sd L, trng RF fwd R to SCP);
- SQQ 16 **(Feather)** Thru R, -, fwd L, fwd R BJO DLC(W thru L, -, fwd R trng LF, bk L);

**Part A (1-8)****1-5 MINI TELESPIN ; ; CONTRA CHECK & SWITCH ; NATURAL WEAVE ; ;**  
**6-9 HOVER ; THRU JETE POINT FC COH ; FALLAWAY RONDE & SLIP DRC ;****PART C****1 - 4 FWD HOVER SCP ; THRU SD BEH FLAIR ; BEH SD THRU FLAIR ; HOOK & UNWIND ;**

- SQQ 1 **(Fwd Hover SCP)** Fwd L, -, fwd & sd R trng LF, fwd L SCP LOD(W bk R, -, bk L, fwd R);
- QQS 2 **(Thru Sd Beh Flair)** Thru R, sd L to BFLY wall, XRIB, flair L CCW;
- QQS 3 **(Beh Sd Thru Flair)** XLIB, sd R, thru L RLOD, flair R CCW;
- Q--- 4 **(Hook & Unwind)** XRIF, unwind LF on R to fc W, -, join lead hands LOP fcng;

**5 - 8 HOVER SCP ; FEATHER ; DOUBLE REVERSE ; CHANGE OF DIRECTION ;**

- SQQ 5 **(Hover)** Fwd L, -, sd & fwd R blending to CP, trng body LF fwd L SCP DC  
(W bk R, sd & bk L, trng body RF fwd R DC);
- SQQ 6 **(Feather)** Thru R, -, fwd L, fwd R BJO DLC(W thru L, -, fwd R trng LF, bk L);
- QQ- 7 **(Double Reverse)** Fwd L to CP DC trng LF, sd & fwd R trng LF fc RLOD  
bring L to R spin LF on R to DW, -  
(W bk R, drw L past R trn LF on R heel trnsfr wt to L, fwd R past M on toe trng LF, XLIF);
- (QQQQ)  
SS 8 **(Change Of Direction)** Fwd L DW, -, fwd R toeing in trng LF, drw L to R no weight CP DLC  
(W bk R, -, sd & bk L trng LF, drw R to L);

**PART B**

- 1-4 REVERSE WAVE ; ; TIPPLE CHASSE PIVOT ; BK FEATHER ;**
- 5-8 FEATHER FINISH ; 3 STEP ; NATURAL TELEMAR SCAR ; ZIG ZAG 4 ;**
- 9-12 HOVER CROSS ENDING DRC ; TOP SPIN ; HOVER ; DOUBLE LILT ;**
- 13-16 PROMENADE WEAVE ; ; HOVER ; FEATHER ;**

**PART A (Mod - Omit Part A measure 15 Double Reverse)**

- 1-5 MINI TELESPIN ; ; CONTRA CHECK & SWITCH ; NATURAL WEAVE ; ;**
- 6-9 HOVER ; THRU JETE POINT FC COH ; FALLAWAY RONDE & SLIP DRC ;  
**FWD HOVER SCP DW ;****
- 10-12 NATURAL HOVER CROSS ; ; REVERSE WAVE 3 ;**
- 13-15 CHECK & WEAVE ; ; CHANGE OF DIRECTION ;**

**END**

**1 SLOW CONTRA CHECK/HEAD TICK ;**

- S- 1 **(Slow Contra Check)** Lower on R slow fwd on L, with weight between feet trn body LF, transferring weight to lead foot continue stretching through last note, -/slight body trn RF to lead lady to look at man on last note as you look at lady  
**(W lower on L slow bk on R, trn body LF head well to left, extend, -/look at man);**