THE BEST IS YET TO COME

By: Dan and Sandi Finch, 12082 Red Hill Avenue, North Tustin, CA 92705, (714) 838-8192
(email: sandi@sandance.us) **RAL Difficulty Rating:** Above Average

Music: "The Best Is Yet To Come," track 8, Frank Sinatra CD "It Might As Well Be Swing" or download from Amazon.com

Sequence: Intro, A, B, A mod, C, B, A mod, Ending **MPM:** 28 MPM

Rhythm: Foxtrot **Phase**: IV + 2 (natural weave, contra check) + 2 (Fred Astaire kick, bounce fallaway)

Footwork: Described for man—woman opposite (as noted) **Timing:** SQQ unless otherwise noted

INTRODUCTION

1-4 WAIT 2;; SKATERS FRONT VINE 4; CROSS STEP & POINT TWO TIMES;

1-2 [**WAIT 2 meas.**] Skaters fcg DLW L feet free for both his R hnd on W's R shldr L hnds jnd; ;

3 [**Shadow front vine 4 QQQQ**] XLIF of R twd Wall, sd R, XLIB of R, sd R;

4 [**Cross step & point two times QQQQ**] XLIF of R, point R DLW, XRIF of L, point L DLC;

PART A

1-8 SKATERS 3-STEP; MAN FEATHER LADY ROLL RF 4 TO BJO; 3-STEP; NATURAL WEAVE;; HOVER TO SEMI; FEATHER; SYNCO REVERSE TURN TO WING;

1 [**3-step**] In skaters fwd L DLW with heel ld,-, fwd R with heel ld rolling to toe, fwd L toe heel (footwork identical for both);

2 [**Man feather Lady roll 4 to BJO SQQ (QQQQ)**] Fwd R,-, fwd L, fwd R to BJO fc DLW; *(Fwd R comm.RF trn, cont trn L,R,L to BJO;)*

3 [**3-step**] Fwd L heel ld blend to CP,-, fwd R heel ld roll to toe, fwd L toe heel DLW; *(Bk R blend to CP,-, bk L, bk R;)*

4-5 [**Natural weave SQQ QQQQ**] Fwd R comm. RF trn,-, sd L with L sd stretch cont trn, bk R DLC with R sd ld; Bk L, bk R comm LF trn, sd & fwd L, fwd R BJO DLW; *(Bk L comm. RF trn,-, cl R [heel trn] trng, fwd L; Fwd R in BJO, fwd L comm LF trn, sd & bk R cont trn, bk L BJO DLW;)*

6 [**Hover to semi**] Fwd L,-, fwd & sd R rising, sd & fwd L to SCP fcg DLC; *(Bk R,-, bk & sd L rising, sd & fwd R;)*

7 [**Feather**] Thru R,-, fwd L w/L sd lead, fwd R BJO DLC; *(Thru L comm trng LF,-,sd & bk R, bk L BJO;)*

8 [**Synco reverse turn to wing SQ&Q**] Fwd L comm LF trn,-, sd R cont trn/bk L twd DLW, bk R blending to SCAR ckg; *(Bk R comm. LF trn,-, cl L for heel trn/fwd R to SCAR DLW, fwd L SCAR;)*

9-12 FORWARD SWIVEL & CHECK; OUTSIDE SWIVEL INTO,, NATURAL WEAVE EXTENDED,;;;

9 [**Forward swivel & check SS**] Fwd L twd DRC swvlg LF ½ to fc DLW,-, fwd & sd R BJO ckg,-; *(Bk R swvlg LF to BJO,-, ck bk L, -;) Optional: Lady can flick R IF L on last beat)*

10-12 [**Outside swivel** S] Bk L leaving R extd fwd SCP DLW,-, *(Fwd R swvlg RF to SCP,-;)*
[**Extended natural weave S QQQQ QQQQ**] Fwd R comm RF trn,-; Sd L cont trn w/L sd stretch, bk R DLC with R sd ld preparing to ld ptr to BJO, bk L BJO, bk R; Bk L, bk R comm LF trn passing thru CP, sd & fwd L trng LF, fwd R BJO DLW; *(Fwd L comm RF trn,-; Fwd R, sd & fwd L w/R sd stretch, fwd R, fwd L; Fwd R, fwd L trng LF, sd & bk R, bk L BJO;)*

PART B

1-4 CHANGE OF DIRECTION; BOUNCE FALLAWAY 4 TO BJO; WEAVE ENDING INTERRRUPTED WITH SIDE CROSSES;;

1 [**Change of direction SS**] Fwd L DLW,-, fwd & sd R twd DLW w/R shoulder ld and draw L to R CP DLC,-;

2 [**Bounce fallaway 4 QQQQ**] Fwd L DLC comm LF trn, sd & fwd R cont trng LF, XLIB of R to fallaway pos fcg RLOD, bk R to BJO; *(Bk R comm LF trn, sd & bk L cont trn w/head R, XRIB of L to fallaway pos with*

head R, sd & fwd L trng LF to BJO head still R;) [NOTE: Figure is done with lilting action, up on 1st & 3rd Qs, to flexed knees on 2nd & 4th Qs.]

3-4 [**Weave ending interrupted with side crosses QQ S&S& QQ**] Bk L BJO comm. LF trn, bk R trng LF to fc WALL, sd L,-/XRIB of L [overcross]; Sd L,-/XRIB of L [overcross], sd & fwd L trng LF, fwd R BJO DLW; *(Fwd R BJO comm LF trn, fwd L cont trn to fc COH, sd R,-/XLIF of R; Sd R,-/XLIF of R, sd & bk R DLW, bk L BJO;)* [Note: The side crosses are done with staccato action w/constant body movement, staying at one elevation—altho it will look like rise and fall.]

5-8 HOVER TO SCP; LILT RUN 4; FRED ASTAIRE KICK; RIGHT LUNGE RECOVER CLOSE;

5 [**Hover to SCP**] Repeat Part A, meas. 6, SCP DLC;

6 [**Lilt run 4 S&S&**] Thru R,-/fwd L, thru R,-/fwd L moving W slightly ahead in loose SCP DLC;

7 [**Fred Astaire kick SS**] Thru R keeping weight back as though ckg kick L fwd & up with straight leg,-, as leg comes down XLIF plc L parallel to R as far bk as possible,-; *(Thru L ckg kick R fwd & up with straight leg,-, XRIF of L trng lower body LF to BJO but head stays R,,-;)*

8 [**Right lunge S Recover close QQ**] Sd R twd WALL flexing R knee allowing ptr to extend and looking over her head,-, rec L, cl R CP LOD; *(Sd L twd WALL as upper body completes trn to BJO on flexed L knee project up and out on own balance keeping shoulders parallel to ptr,-, rec R, cl L CP LOD;)*

9-12 CONTRA CHECK & RECOVER; REVERSE WAVE;; IMPETUS TO SCP;

9 [**Contra check & recover SS**] Fwd L w/LF body rotation [strong R sd ld] and flexed knee,-, rec R CP LOD,-; *(Bk R with LF body rotation and flexed knee keeping hips up to M & not letting bk heel drop,-, rec L,-;)*

10-11 [**Reverse wave SQQ SQQ**] Fwd L comm LF trn,-, sd R cont trn, bk L cont trn; Bk R curvg twd LOD,-, bk L twd LOD, bk R fcg RLOD; *(Bk R comm LF trn,-, cl R to L [heel trn], fwd R twd DLW; Fwd L curvg twd LOD,-, fwd R twd LOD, fwd L fcg LOD;)*

12 [**Impetus to SCP**] Bk L comm RF trn,-, cl R [heel trn] cont trn, fwd L in SCP DLC; *(Fwd R comm trn pvtg ½ RF,-, sd & fwd L cont trn, fwd R;)*

13-16 PROMENADE WEAVE;; CHANGE OF DIRECTION; CLOSED TELEMARK;

13-14 [**Promenade weave SQQ QQQQ**] Thru R,-, fwd L comm LF trn, sd & slt bk R BJO; Bk L, bk R comm. LF trn to CP, sd & fwd L DLW, fwd R BJO; *(Thru L,-, sd & bk R comm LF trn to BJO, cont trn to fc LOD fwd L; Fwd R, fwd L comm. LF trn, cont trn sd & bk R, bk L BJO;)*

15 [**Change of direction SS**] Repeat meas. 1 end CP DLC;

16 [**Closed telemark**] Fwd L comm LF trn,-, sd R cont trn, sd & slt fwd L BJO DLW; *(Bk R comm LF trn bringing L beside R with no wt,-, cont trn chg wt to L [heel trn], sd & bk R;)*

PART A Modified

1-6 NATURAL WEAVE;; HOVER TO SCP; FEATHER; SYNCO REVERSE TURN TO WING; FORWARD SWIVEL & CHECK;

1-6 Repeat Part A, meas. 4 thru 9 end BJO DLW;;;;;;

7-8 SLOW OUTSIDE SWIVEL; FEATHER;

7 [**Slow outside swivel S--**] Bk L,-, XRIF w/no wt SCP fcg DLW,-; *(Fwd R flaring L CW for swvl RF on ball of R to SCP,-,-;)*

8 [**Feather**] Thru R,-, fwd L w/L sd lead, fwd R BJO DLW; *(Thru L comm trng LF,-,sd & bk R, bk L BJO;)*

PART C

1-4 HOVER TO SCP; OPEN NATURAL; BACK FEATHER; BACK 3-STEP;

1 [**Hover to SCP**] Repeat Part A, meas. 6, SCP LOD;

2 [**Open Natural**] Fwd R comm RF trn,-, sd L acrs LOD, bk R cont RF trn to BJO bkg LOD; *(Fwd L,-, fwd R passing thru CP, fwd L to BJO;)*

3 [**Back feather**] Bk L,- bk R with rt shoulder ld, bk L BJO bkg LOD;

4 [**Back 3-step**] Bk R blending to CP,-, bk L, bk R; *(Fwd L heel ld,-, fwd R heel ld rising to toe, fwd L;)*

5-8 CLOSED IMPETUS; FEATHER FINISH; FULL REVERSE TURN;;

5 [**Closed impetus**] Bk L comm RF trn,-, cl R [heel trn] cont trn, sd & bk L to CP DLW; *(Fwd R btw M's feet comm RF turn,-, sd & fwd L cont trn, fwd R to CP DRC;)*

6 [**Feather finish**] Bk R trng LF,-, sd & slt fwd L, fwd R BJO DLC; *(Fwd L trng LF,-, sd R, bk L BJO;)*

7-8 [**Full reverse turn SQQ SQQ**] Fwd L comm LF trn,-, sd R cont trn, bk L LOD; Bk R cont LF trn,-, sd & slt fwd L, fwd R BJO DLW; *(Bk R comm LF trn,-,cl L to R [heel trn], fwd R to CP; fwd L cont LF trn,-, sd R, bk L BJO DLW;)*

Repeat PART B

Repeat PART A Modified

END

1-5 FORWARD RIGHT LUNGE; MAN CHASSE LADY TURN TO SKATERS; FEATHER; 3-STEP; SKATERS RIGHT LUNGE & SHAPE;

1 [**Forward right lunge SS**] From BJO fcg DLW fwd L twd DLW blending to CP,-, sd & fwd R btw ptr's feet looking over her head flexing R knee allowing ptr to extend,-; *(Bk R,-, sd & bk L flexing into L knee extend out & up on own balance keeping shoulders parallel to ptr,-;)*

2 [**Man chasse Lady turn to skaters QQS (SS)**] Rec L raising jnd ld hnds up ld W's LF trn, cl R, sd L to loose skaters L hnds jnd w/R hnd on W's R shoulder fcg LOD,-; *(Rec R spirlg LF on R under jnd ld hnds,-, sd L in skaters,-;)*

3 [**Feather**] Fwd R in skaters,-, fwd L, fwd R; *[Identical footwork for both thru end of dance]*

4 [**3-step**] Repeat A, meas. 1, fcg LOD in loose skaters keeping W ahead;

5 [**Right lunge & shape SS**] In skaters sd & fwd R twd DLW [M stepping bhd ptr] flexing R knee & shaping to look at each other body fcg DLC brg jnd L hnds in & down in front *(R sd stretch to look L at ptr bring R hnd acrs front as if to very open embrace),-,-,-*;