



TAMMY

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Record: On MD Available from Choreographer

Footwork: Opposite, directions for man (Lady as noted)

Phase: Waltz PH VI

Speed: 45 RPM

Sequence: INTRO A B Bridge B Ending

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I N T R O

1-4 WAIT 2 MEAS;; CHECKED NATURAL & SLIP; DOUBLE REV SPIN (CP DC);

[Wait 2 meas] CP fc DW trail foot free wait 2 meas;;

[Checked Natural & Slip 123] Fwd R, check fwd L slightly trn RF, bk slip R trn LF
(W bk L, cl R to L trn RF, slip fwd L trn LF) CP fc DC;

[Double Reverse Spin 123 (W 12&3)] Fwd L comm. trn LF, conti trn LF sd R, LF spin
on R tch L to R (W bk R comm. trn LF, cl L to R heel trn LF/sd & bk R, conti trn
LF XLIF of R) CP fc DC;

P A R T A

1-8 OPEN TELEMAR; OPEN NATURAL; OUTSIDE SPIN TO RIGHT TURNING LOCK TO SEMI;; SEMI CHASSE; THRU TO PROMENADE SWAY; CHANGE TO OVERSWAY; FALLAWAY RONDE & SLIP (CP DC);

[Open Telemark] Fwd L comm. trn LF, conti trn sd R (W heel trn), sd & fwd L SCP DW;

[Open Natural 123] Thru R trn RF, conti trn RF sd & bk L, bk R BJO fc RDC;

[Outside Spin to Right Turning Lock to Semi 123 1&23] Small bk L comm. trn RF,
step fwd R to W's outside spin RF, bk L (W fwd R to M's outside spin RF, cl L to R, fwd R)
CP fc RLOD; bk R comm. trn RF/XLIF of R, conti trn RF slightly left sd stretch sd & fwd
R btwn W's feet, fwd L (W fwd L comm. trn RF/XRIB of L, sd & fwd L, fwd R) SCP fc LOD;

[Semi Chasse 12&3] Thru R, fwd L/cl R, fwd L SCP fc LOD;

[Thru to Promenade Sway 123] Thru R, sd & fwd L, stretch right sd body look fwd;

[Change to Oversway 123] Bent L knee lower change sway left M look right W look left;

[Fallaway Ronde & Slip 123] Sd R slightly trn RF lead W ronde CW and the M ronde
CCW, XLIB slightly body trn LF, bk R (W slip fwd L) CP fc DC;

9-16 MINI TELESPIN (FC RDC);; CONTRA CHECK & SWITCH; MANUV; PIVOT 3 (FC LOD); RUDORF RONDE; BACK W SWIVEL TO DEVELOP; LINK TO SEMI;

[Mini Telespin 123 123 (123& 12-)] Fwd L comm. trn LF, conti trn sd R, point sd & bk L
lead lady spin; trn LF spin fwd L,cl R, - (W bk R comm. trn LF, cl Lto R heel trn, fwd R/
trn LF fwd L; fwd R spin LF, cl L to R,-) CP fc RDC;

[Contra Check & Switch 123] Upper body trn LF check fwd L, rec R comm. trn RF,
conti trn RF bk L CP fc DW;

[Manuv 123] Fwd R comm. trn RF, conti trn RF sd L, cl R to L CP fc RLOD;
 [Pivot 3 fc LOD 123] Bk L comm. RF pivot, conti RF pivot R, L CP fc LOD;
 [Lady Slow Ronde 1--(123)] Step R fwd to btwn W's feet upper body trn RF lead W ronde
 (W bk L, slow ronde R CW,) momentarily SCP fc LOD;
 [Back Lady Swivel to Develop 12- (123)] Bk L lead W's swivel, point bk R, hold
 (W XRIB of L, swivel LF on R, rise left foot knee and kick to RDC);
 [Link to Semi 123] Fwd R, tch L to R, sd & fwd L (W bk L, trn RF tch R to L, fwd R)
 SCP fc DW;

P A R T B

1-8 RUNNING OPEN NATURAL; TUMBLE TURN; BK SD THROWAWAY OVERSWAY;; BACK HOVER TO SEMI; SEMI CHASSE; WEAWE 6 TO BJO;;

[Running Open Natural 12&3] SCP fc DW fwd R trn RF, bk L/bk R, bk L
 (W fwd L, fwd R/fwd L, fwd R) BJO fc RDW;
 [Tumble Turn 1&23] Bk R/comm. trn LF sd L, conti trn LF fwd R, slip LF XLIF of R
 (W fwd L/comm. trn LF fwd R, conti trn LF bk L, slip LF bk R) CP fc RLOD;
 [Back Side Throwaway Oversway 123 123] Bk R trn LF, sd & fwd L trn LF fc WALL,
 rise to promenade sway pos (W fwd L trn LF, sd R, rise to promenade sway pos);
 bent L knee slowly change to throwaway oversway;
 [Back Hover to Semi 123] Raise slightly trn RF, sd & bk R, fwd L SCP fc LOD;
 [Semi Chasse 12&3] Thru R, fwd L/cl R, fwd L SCP fc LOD;
 [Weave 6 Bjo 123 123] Thru R, fwd L trn LF, bk R BJO fc RDW; bk L in BJO,
 bk R to CP, sd & fwd L BJO fc DW;

9-16 MANUV; OVERSPIN TURN; BACK HOVER CORTE; BACK TO PREPARATION; SAMEFOOT LUNGE; DRAG LADY DEVELOP; SAMEFOOT LUNGE; TELESPIN ENDING TO SEMI;

[Manuv 123] Fwd R comm. trn RF, conti trn RF sd L, cl R to L CP fc RLOD;
 [Overtspin Turn 123] Bk L trn RF, fwd R btwn W's feet heel to toe strong spin RF,
 sd & bk L CP fc RDW;
 [Back Hover Corte 123] Bk R comm. trn LF, fwd L rise on L, bk R BJO fc DW;
 [Back to preparation 123] Bk L, slightly trn RF fc WALL, tch R to L stretch right
 side body (W fwd R, trn RF sd L, tch R to L) momentarily SCP fc LOD;
 [Samefoot Lunge 123] Sd R to RLOD bent R knee extend L foot sd look right,,
 change sway to open lady (W bk R bent R knee look left,, change sway look right);
 [Drag Lady Develop 123] Sd L to brennd to CP stretch left side body, change stretch to
 right side, (W fwd L, lift right knee, kick right fwd);
 [Samefoot Lunge 123] Same as meas 13 of this part;
 [Telespin Ending to Semi &123] Pick-up lady/fwd L comm. trn LF, conti trn LF sd & fwd
 R, fwd L SCP fc DW;;

Note: 2ND time Part B from meas 14 music slow down before going to ending

BRIDGE

1-8 PICK-UP DOUBLE LOCK; REV FALLAWAY & SLIP;
DOUBLE REV SPIN; CONTRA CHECK; REC PROMENADE SWAY;
REC RIGHT LUNGE; ROLL & SLIP; OPEN TELEMAR;

[Pick-up Double Lock 12&3&] SCP fc LOD fwd R slightly trn LF (W fwd L trn LF to BJO),
Fwd L/lock RIB, fwd L/lock RIB BJO fc DC;

[Reverse Fallaway & Slip 12&3] Fwd L comm. trn LF, sd & bk R to Fallaway pos/bk L,
slip bk R trn LF (W bk R comm. trn LF, bk L/bk R, slip fwd L) CP fc DW;

[Double Reverse Spin 123 (W 12&3)] Fwd L comm. trn LF, conti trn LF sd R, LF spin
on R tch L to R (W bk R comm. trn LF, cl L to R heel trn LF/sd & bk R, conti trn
LF XLIF of R) CP fc DW;

[Contra Check 123] Upper body trn LF check fwd L;

[Rec Promenade Sway 123] Rec R slightly trn RF, sd & fwd L, stretch right sd body to
Promenade sway look fwd;

[Rec Right Lunge 123] Rec sd & fwd R to lunge (W rec sd & bk L);

[Roll & Slip 123] Bent R knee body roll RF, rec L roll LF, slip bk R CP fc DC;

[Open Telemark] Fwd L comm. trn LF, conti trn sd R (W heel trn), sd & fwd L SCP DW;

ENDING

1++ THRU TO OPEN HINGE;++

[Thru to Open Hinge] Thru R, sd L to LOD, bent left knee lead lady open hinge
M's right hand on W's right waist left hand extend sd & up (W thru L, sd R, trn LF
XLIB of R extend right foot fwd right hand on M's left shoulder left hand extend
sd & up);++