

ST. ELMO'S FIRE

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MUSIC: St. Elmo's Fire, Owen Richard, *Hollywood Love Songs*, track 12
available as download from Amazon (slow 7- 8%, or as desired)

RHYTHM: Slow Two Step

PHASE: PH IV+1(triple traveler) +2 (the square, passing x chasse) above average difficulty

FOOTWORK: Opposite, unless otherwise noted (W's footwork in parentheses)

SEQUENCE: INTRO A B A B C INTERLUDE A B C INTERLUDE A B (1-6) ENDING

INTRODUCTION

1-4 **BFLY WALL WAIT;; SOLO TURN 6 TO BFLY;;**
1-2 {wait} BFLY wait;;
3-4 {solo trn 6} Fwd L trng LF away from ptr, -, sd R cont trn, cl L to fc RLOD: Bk R cont trn, -, sd L, cl R to BFLY;

PART A

1-4 **SIDE BASIC; BASIC ENDING LADY WRAP; FWD RUN 2; PICKUP RUN 2 TO LOW BFLY;**
1 {sd basic} Sd L, -, XRib, rec L;
2 {basic ending lady wrap} Sd R, -, XLib leading W to trn LF, rec R trng to fc LOD (W sd L, -, XRif trng LF, rec L to fc LOD);
3 {fwd run 2} Fwd L, -, fwd R, fwd L;
4 {p/up run 2} Fwd R leading W to P/UP, fwd L, fwd R to low BFLY (W P/UP L, -, bk R, bk L);

5-8 **TRAVELING CROSS CHASSE; PASSING CROSS CHASSE; 2 BACK CROSS CHASSES BFLY WALL;;**
5 {traveling x chasse} W/ hnds at waist level elbows in fwd L trng slightly LF, -, sd & fwd R, XLIF (W bk R slight LF trn, -, bk & sd L, XRIF);
6 {passing x chasse} Sd R bring L sd strongly fwd, -, pass W on inside of circle sd L, XRIF to fc RLOD (W bk L to fc COH, -, cont trng sd R, XLIF of R to end feg LOD);
7-8 {2 bk x chasses} Bk L bringing R sd bk, -, diag sd R, XLIF of R; Bk R bringing L sd strongly bk to lead W fwd LOD, -, sd L to fc WALL, XRIF to BFLY (W XLIF);

PART B

1-4 **UNDERARM TURN; OPEN BREAK; CHANGE SIDES UNDERARM; BASIC ENDING TO PICKUP;**
1 {undarm trn} Sd L, -, XRib, rec L (W Sd R comm to trn RF under lead arms, -, XLIF trng to fc RLOD, fwd R trng to fc ptr);
2 {op brk} Sd R, -, rk apt L, rec R;
3 {chg sds} Fwd L leading W to trn LF under joined hnds, -, sd R to fc COH, XLIF (W fwd R trng LF und joined hnds to momentarily fc RLOD, -, sd L to fc ptr & wall, XRIF);
4 {basice ending to p/up} Sd R, -, XLIB, rec R leading W to P/UP (W sd L, -, XRIB, XLIF to CP RLOD);

5-8 **LEFT TURN INSIDE ROLL; BASIC ENDING; 2 OPEN BASICS TO BFLY;; [2nd & 3rd TIMES TO P/UP]**
5 {left trn inside roll} Fwd L trng LF to fc WALL, -, sd R, XLIF (bk R trng LF ¼ -, sd L trng LF und lead arms, sd R cont trng LF to fc ptr);
6 {basic ending} Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);
7-8 {op basics} Blending to left ½ OP sd L, -, brk bk R, rec L; Sd R, -, brk bk L, rec R to BFLY;

REPEAT A

REPEAT B PICKING UP

PART C

1-4 **TRIPLE TRAVELER LOD;;; BASIC ENDING TO BFLY;**
1-3 {triple traveler}; Fwd L trng LF to fc COH, -, sd R, XLIF (W bk R trng LF ¼ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc LOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);
4 {basic ending} Sd R, -, XLIB of R, rec R to BFLY (Sd L, -, XRIB of L, rec L);

PART C (CONT)5-8 2 LUNGE BASICS;; UNDERARM TURN; LUNGE REC SIDE TO FC RLOD /LADY LARIAT TO LOP;

5-6 {lunge basics} Sd L, -, rec R, XLIF (XRIF); Sd R, -, rec L, XRIF;

7 {undarm trn} Sd L, -, XRIB of L, rec L (Sd R comm to trn RF under lead arms, -, XLI trng to fc LOD, fwd R to M's R sd);

8 {lunge rec sd/lady lariat} Sd R twd LOD leading W to lariat, -, rec L trng LF RLOD, sm sd R to LOP (W fwd L, -, fwd R circling beh M, fwd L to LOP RLOD);

9-10 OUTSIDE ROLL; OPEN BASIC;

9 {outside roll} Fwd L toeing twd ptr bring joined hndsdown & bk, -, fwd R, fwd L bringing hnds up & around leading W to roll RF to loose CP (W fwd R comm RF trn, sd & bk L trng RF und joined hnds, cont RF trn fwd R);

10 {op basic} Sd R, -, brk bk L, rec R to ½ OP;

INTERLUDE1-4 THE SQUARE;;;:

1-4 {the square} Like a switch M XIF of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLIF of R (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M): FwdR, -, sd L twd RLOD, XRIF of L starting to XIF of W (W like a switch XIF of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLIF of R); Like a switch M XIF of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLIF of R (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M): FwdR, -, sd L twd LOD, XRIF of L (W like a switch XIF of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLIF of R to BFLY);

REPEAT AREPEAT B PICKING UPREPEAT CREPEAT INTERLUDEREPEAT AREPEAT B (1-6)ENDING1-4 UNDERARM TURN; REVERSE UNDERARM TURN BFLY; SYNC TWIST VINE 8 (W/ MUSIC);:

1 {undarm trn} Sd L, -, XRIB of L, rec L to BFLY (Sd R comm to trn RF under lead arms, -, XLIF trng to fc RLOD, fwd R trng to fc ptr);

2 {rev undarm trn} Slowing slightly sd R, -, XLIF leading W to trn LF, rec R trng to fc BFLY (W sd L, -, XRIF trng LF, rec L to BFLY);

3-4 {twist vine 8} Slight pause then matching notes Sd L, XRIB (W XLIF), sd L, XRIF (W XLIB); Sd L, XRIB, sd L, XRIF;

5 SIDE LUNGE & SHAPE;

5 {sd lunge} Sd L on soft knee, -, lowering to oversway line leaving R toe pointed RLOD & stretching L sd look up & to RLOD, -;