

# SOLITUDE CITY

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**Music:** "Solitude City", CD: "Anthologie Les Forbans", by Les Forbans  
Track #10; Available from Amazon 3:30 speed : 44

**Rhythm/Phase:** Foxtrot, Phase IV+2 (Natural Weave, Natural Hover Cross) +1 (Monkey Walks)

**Footwork:** Described for M (W opposite, or as noted) Ver 1.1 Released: August, 2014

**Timing:** SQQ, except where noted. Timing reflects actual wgt chgs (W in parentheses)



**Sequence:** INTRO - A - B - Interlude - A - B - C - A - B(mod) - ENDING

## INTRO

**1 - 4** WAIT 2 MEASURES LOP (both) fcg COH no hands L Ft FREE FOR BOTH ; ; CIRCLE SNAPS LF 4 ; ;

-,-; -,-  
1-2. [Note: Identical footwork thru meas 7] {Wt 2} Wait 2 measures LOP [both] fcg COH w/ no hnds joined and L ft free for bth ; ;

S S; S S 3-4. {Circ Snaps 4} Both circ 4 LF to fc wall L,-,R,-; L,-,R,-, blending to SHDW [step, then snap];

**5 - 8** SHADOW WHISK ; 2 SOLO RIGHT TURNS ; ; FEATHER (W IN 4) TO BJO;

SQQ 5. {Shdw Wsk} Both fwd L, -, sd & fwd R Rise, XLIB of R; end fcg DLW

SQQ; 6-7. {2 Solo R Trns} Thru R, Side L turning ¼ to R, Bk R continuing RF trn to fc RLOD; Bk L turning ¼ RF, Sd R cont RF trn, Fwd L; end in SHWD/LOD

SQQ 8. {Fthr Trans (W in 4) to BJO} Fwd R twd LOD,-, fwd L, fwd R (W fwd R, fwd L trn LF ¼, side R trn LF ¼, bk L); ending in BJO/DLC  
(wQQQQ)

## PART A

**1 - 4** DIAMOND TURN ¾ ; ; ; BOX FINISH TO FC DLW;

SQQ 1-3. {Diam Trn ¾} Fwd L comm LF trn, -, sd & bk R, bk L (W bk R trn LF, -, sd & fwd L, fwd R outside M) end in BJO/DRC; bk R trn LF, -, sd & fwd L, fwd R (W fwd L trn LF, -, sd & bk R, bk L outside M) end in BJO/DRW; Fwd L comm LF trn, -, sd & bk R, bk L (W bk R trn LF, -, sd & fwd L, fwd R outside M); end in BJO/DLW

SQQ 4. {Box Fin} Bk R, -, sd L, cl R to L (W fwd L, -, sd R, cl L to R); end CP/DLW

**5 - 8** CHANGE OF DIRECTION ; TELEMAR TO SCP ; THRU CHASSE TO BJO ; HALF NATURAL TURN ;

S S 5. {Chg of Dir} Fwd L, -, fwd R trn LF 1/4 drwn L to R, - (W bk R, -, bk L trn LF ¼ drw R to L); fcg DLC

SQQ 6. {Tele to SCP} Fwd L comm LF trn, -, cont trng LF sd & fwd R around W, cont trng LF to fc DLW sd & fwd L (W bk R comm trng LF, -, cont trng LF on R-heel cl L, cont trng LF sd & fwd R); end in SCP/DLW

SQQ&Q 7. {Thru Chasse to BJO} Thru R comm trn to fc, -, sd L/cl R, sd L to BJO (W thru L, -, sd R/cl L, sd R); end BJO/DLW

SQQ 8. {Half Nat Trn} Fwd R comm trng RF, -, cont RF sd & bk L, bk R (W bk L comm RF trn, -, cl R to L cont trn [heel trn], fwd L); end CP/RLOD

**9 - 12** HESITATION CHANGE ; REVERSE WAVE ½ ; OUTSIDE CHECK ; QUICK WEAWE ENDING ;

S S 9. {Hes Chg} Bk L trng RF,-, sd & fwd R,-, drw L to R no weight (W fwd R,-, fwd & sd L,-, drw R to L); end CP/DLC

SQQ 10. {Rev Wav ½} Fwd L, -, fwd R trng LF fc DRC, bk L (W bk R comm LF trn, -, cont trn cl L to R [heel trn], fwd R diag); end in CP/DRC

SQQ 11. {Outsd Ck} Bk R, -, sd & fwd L slight trn LF, fwd R (W fwd L, -, slight trn LF sd & bk R, bk L); end in BJO/DRW

QQQQ 12. {Qk Wev Ending} Bk L, bk R in CP comm LF trn, cont LF trn sd & fwd L, fwd R (W fwd R, fwd L comm LF trn, cont LF trn sd & bk R, bk L); to end BJO/DLW

**13 - 16 HOVER TELEMARK ; QUICK CHAIR IN 4 ; NATURAL WEAVE ; ;**

- SQQ 13. **{Hvr Tele}** Fwd L, -, fwd & sd R rise & trn, fwd L (*W bk R, -, bk & sd L, rec R*); to SCP/DLW  
 QQQQ 14. **{Qk Chr in 4}** In SCP XRIF of L, rec L, sd R, rec L (*W XLIF R, rec R, sd L, rec R*); end SCP/DLW  
 SQQ; 15-16. **{Nat Wev}** Fwd R outside ptr comm trng RF, -, cont trng RF sd & fwd L, sd & bk R twd DLC w/ R-  
 QQQQ shoulder lead (*W fwd L comm trng RF, -, fwd R, fwd L outsd ptr w/ L-shoulder lead*); Bk L outside ptr, bk R in line, trng LF on R sd & fwd L twd DLW, fwd R outside ptr (*W fwd R outside ptr, fwd L in line, trng LF on L sd & bk R, bk L outside ptr*); end BJO/DLW

**PART B****1 - 4 HOVER ; WING ; REVERSE TURN HALF ; HOVER CORTE ;**

- SQQ 1. **{Hvr}** Fwd L, -, fwd & sd R, rec L (*W bk R, -, bk & sd L, rec R*); to SCP/DLC  
 SQQ 2. **{Wing}** Fwd R, -, draw L to R trn LF, cont LF trn tch L to R (*W fwd L begin to XIF of M, -, fwd R around M cont trn LF, fwd L arnd M*); end in SCAR/DLC  
 SQQ 3. **{Rev Trn Half}** Fwd L comm LF trn, -, sd R cont trn, bk L (*W bk R comm LF trn, -, cl L to R [heel trn] cont trn, fwd R*); end CP/RLOD  
 SQQ 4. **{Hvr Corte}** Bk R comm LF trn, -, sd and fwd L w/hovering action cont body trn, rec R (*W fwd L comm LF trn, -, sd & fwd R w/ hvr action, rec L outsd ptr*); end BJO/DLW

**5 - 8 BACK TWISTY VINE 4 ; OUTSIDE SWIVEL TWICE ; BACK WHISK ; FEATHER ;**

- QQQQ 5. **{Bk Twisty Vin 4}** XLIB, sd R to fc Wall, XLIF, sd R, (*W XRIF, sd L, XRIB, sd L, XRIF, sd L*); end BJO/DLW  
 S S 6. **{Outsd Swvl 2x}** Bk L in CBMP XRIF [no wtg chg], -, rec R in BJO, - (*W fwd R swvl RF to SCP, -, fwd L swvl LF to BJO*); end BJO/DLW  
 SQQ 7. **{Bk Wsk}** Bk L, -, bk & sd R, XLIB of R (*W fwd R, -, fwd & sd L, XRIB of L*); end SCP fcg LOD  
 SQQ 8. **{Fthr}** Thru R, -, fwd L, fwd R (*W thru L, -, trng LF fwd & sd R, bk L*); end BJO/DLC

**INTERLUDE****1 - 4 TELEMARK TO SCP ; THROUGH CHASSE TO BJO ; NATURAL HOVER CROSS ; ;**

- SQQ 1. **{Tele to SCP}** Fwd L comm LF trn, -, cont trng LF sd & fwd R around W, cont trng LF to fc DLW sd & fwd L (*W bk R comm trng LF, -, cont trng LF on R-heel cl L, cont trng LF sd & fwd R*); end SCP/DLW  
 SQ&Q 2. **{Thru Chasse to BJO}** Thru R, -, sd L/cl R, sd L (*W thru L, -, sd R/cl L, sd R*); end BJO/DLW  
 SQQ; 3-4. **{Nat Hvr X}** Fwd R trng RF, -, sd & fwd L around W cont trng RF, cont trng RF sd R twd DLW (*W bk L comm RF turn, -,cl R to L [heel trn] cont RF trn, sd & bk L*); fwd L LOD chk in SCAR, rec R  
 QQQQ CP LOD, fwd & sd L DC, fwd R (*W bk R in SCAR, rec L, sd & bk R, bk L BJO*); end BJO/DLC

**REPEAT PART A**

- 1 - 4 DIAMOND TURN ¾ ; ; ; BOX FINISH TO FC DLW ;**  
**5 - 8 CHANGE OF DIRECTION ; TELEMARK TO SCP ; THRU CHASSE TO BJO ; HALF NATURAL TURN ;**  
**9 - 12 HESITATION CHANGE ; REVERSE WAVE ½ ; OUTSIDE CHECK ; QUICK WEAVE ENDING ;**  
**13 - 16 HOVER TELEMARK ; QUICK CHAIR IN 4 ; NATURAL WEAVE ; ;**

**REPEAT PART B**

- 1 - 4 HOVER ; WING ; REVERSE TURN HALF ; HOVER CORTE ;**  
**5 - 8 BACK TWISTY VINE 4 ; OUTSIDE SWIVEL TWICE ; BACK WHISK ; FEATHER ;**

**PART C****1-4 REVERSE TURN ; ; HOVER TELEMARK ; THRU CHASSE TO SCP ;**

- SQQ; 1-2. **{Rev Trn [full]}** Fwd L comm LF trn, -, sd R cont trn, bk L in CP to fc RLOD (*W bk R comm LF trn, -, cl L to R for heel trn, fwd R*); Bk R comm trn LF, -, sd & fwd L cont LF trn, fwd R outsd ptr (*W fwd L comm trng LF, -, cont trng LF sd & bk R, bk L outside ptr*); end BJO/DLW  
 SQQ 3. **{Hov Tele}** Fwd L, -, sd & fwd R comm trng RF, cont trng RF on R sd & fwd L leading W trn RF (*W bkR, -, sd & bk L comm trng RF, cont trng RF sd & fwd R*); end SCP/DLW  
 SQ&Q 4. **{Thru Chasse to SCP}** Thru R, -, sd L/cl R, sd L (*W thru L, -, sd R/cl L, sd R*); end SCP/DLW

- 5 - 8 CHAIR AND SLIP ; TELEMARK TO SCP ; NATURAL HOVER CROSS ; ;**  
 SQQ 5. **{Chr and Slip}** Lunge thru R, -, recov L, slip R ft under body to trn 1/4 LF (*W lunge thru L, -, recov R, rise on R to trn 1/4 LF & slip fwd L into CP*); end CP/DLC  
 SQQ 6. **{Tele to SCP}** Fwd L comm LF trn, -, cont trng LF sd & fwd R around W, cont trng LF to fc DLW sd & fwd L (*W bk R comm trng LF, -, cont trng LF on R-heel cl L, cont trng LF sd & fwd R*); end SCP/DLW  
 SQQ; 7-8. **{Nat Hvr X}** Thru R comm trng RF, -, sd & fwd L around W cont trng RF, cont trng sd R fc  
 QQQQ LOD/SCAR (*W thru L, -, fwd R btwn M's ft comm trng RF, cont trng RF sd & bk L*); fwd L LOD chk in SCAR, rec R CP LOD, fwd & sd L DC, fwd R (*W chk bk R in SCAR, rec L, sd & bk R, bk L*); end BJO/DLC

### REPEAT PART A

- 1 - 4 DIAMOND TURN ¾ ; ; ; BOX FINISH TO FC DLW ;**  
**5 - 8 CHANGE OF DIRECTION ; TELEMARK TO SCP ; THRU CHASSE TO BJO ; HALF NATURAL TURN;**  
**9 - 12 HESITATION CHANGE ; REVERSE WAVE ½ ; OUTSIDE CHECK ; QUICK WEAVE ENDING ;**  
**13 - 16 HOVER TELEMARK ; QUICK CHAIR IN 4 ; NATURAL WEAVE ; ;**

### PART B (MODIFIED)

- 1 - 4 HOVER ; WING ; REVERSE TURN HALF ; HOVER CORTE ;**  
**5 - 8 BACK TWISTY VINE 4 ; OUTSIDE SWIVEL TWICE ; BACK WHISK ; OPEN NATURAL TURN;**  
 SQQ 8. **{Opn Nat Trn}** Fwd R comm trng RF, -, cont RF sd & bk L, bk R (*W fwd L, -, fwd R in CP, fwd L*); end BJO/RLOD  
**9 - 12 BK, BK/LK, BK ; IMPETUS TO SCP ; OPEN IN AND OUT RUNS (M IN 2 ON SECOND ONE) BLEND TO SHDW ; ;**  
 SQQ 9. **{Bk, bk/lk, bk}** Bk L, -, bk R/lk LIF of R, bk R (*W fwd R, -, fwd L/lk RIB of L, fwd L*); to end in BJO/RLOD  
 SQ&Q 10. **{Imp to SCP}** Bk L outsd ptrn comm RF trng, -, cont trng RF on L-heel cl R, cont trng RF sd & fwd L (*W fwd R comm RF trn, -, cont trng RF sd & fwd L around M, cont trng RF sd & fwd R*); end SCP/DLC  
 SQQ; 11-12. **{Opn in and out Runs (M in 2 on second one) blend to SHDW}** Fwd R comm RF trn across W, -,  
 S S sd & fwd L across LOD cont RF trn, fwd R to fc LOD in ½ OP (*W fwd L, -, fwd R, Fwd L*) end fcg  
 (wSQQ; LOD; fwd L, -, fwd R, - (*W fwd R comm RF trn across M, -, sd & fwd L across LOD cont RF trn,*  
 SQQ) *fwd R*); end fcg LOD [Blend To SHDW L ft free for both]

### ENDING

- 1 - 4 SHADOW REVERSE TURN ; ; SHADOW WHISK ; SLOW FORWARD RUN 2 ;**  
 SQQ; 1-2. [*Note: Identical footwork thru meas 5*] **{Shdw Rev Trn ; ;}** In SHDW both fwd L trn LF, -, sd R cont  
 SQQ LF trn, bk L fc RLOD still in SHDW; bk R trn LF, -, sd & fwd L cont LF trn, fwd R; end SHDW/DLW  
 SQQ 3. **{Shdw Wsk}** Both fwd L, -, sd & fwd R rise, XLIB of R; end fcg DLW  
 SQQ 4. **{Slo fwd run 2}** Head LOD Fwd R, -, fwd L, fwd R; still in SHDW to fc LOD  
**5 - 7 2 MONKEY WALKS ; PICKUP IN 1 / W IN 2 ; RIGHT LUNGE ;**  
 S S 5. **{Monkey Walks}** With L ft already in pos small fwd & sd L W XLIF of M, -, fwd & sd R M XRIF of W;  
 S - 6. **{PU in one / W in 2}** Sm fwd L drw R to L, -, (*W fwd L comm LF trn in front of ptr, sd R drw L*  
 (wQQ-) *to R, -*); blending to CP/LOD  
 S - 7. **{Right Lng}** Sd & fwd R between ptr feet into R lunge, - (*W sd & bk L, -*);