

## SEA WIND

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Rhythm: Waltz Speed: 28 MPM Degree of difficulty: Above average Phase: VI  
Website: [gphurd.com](http://gphurd.com) E-mail: [gphurd@aol.com](mailto:gphurd@aol.com) Release Date: May 2014  
Prandi Sound CD: Anocona Open Ballroom 9, Music: "Sea Wind" Artist: Stefano Nanni  
Available as mp3 download from Casa Musica <http://www.casa-musica-shop.de/> Time: 3:20  
SEQUENCE: INTRO-AA-INTERLUDE-BB-END Footwork: Opp for Lady (except where noted)  
Version 1.1

### INTRO

#### **1-4 WAIT; RUMBA CROSS TWICE (TO); QUICK/LOCK SLOW LOCK;**

- {Wait} In CBJO M Fcg LOD w/wgt on trlrg ft both w/ld ft ptnd bk for M & fwd for W;  
1&23 (Rumba Cross 2X) Strong stp fwd L comm RF trn w/L sd lead/XRIB of L (W XLIF of R)  
1&23 cont trn, cont trng RF bk L pvt ½ RF, fwd R btwn W's ft to CP/LOD; Repeat to CP LOD;  
1&23 {Qk/Lk Slo Lk} Blnd BJO w/L shldr lead fwd L/lk RIB of L, fwd L, lk RIB of L in CBJO  
DLC;

#### **5-8 TURN L & CHASSE TO BJO; IMP SCP; RUNNING FEA TO SCP; PKUP TO DBL LKS;**

- 12&3 {Trn L Chasse BJO} Fwd L comm LF trn. cont trng LF sd & bk R/cl L to R, sd & bk R to  
CBJO DRC;  
123 (Imp Scp) Bk L comm RF trn, cl R to L heel trn cont trn, sd & fwd L (W fwd R comm RF  
trn, sd & fwd L cont RF trn, sd & fwd R) to SCP/DLC;  
1&23 {Running Fea SCP} Thru R/fwd L stay low lead W to trn LF, fwd R outsd ptr rising to toe  
trng W bk RF, sd & fwd L (thru L/trng LF sd & bk R, cont LF trn bk L then rise trng RF, sd  
& fwd R) to SCP DLC;  
12&3& {Pkup to Dbl Lks} Thru R, sd & fwd L/lk RIB of L, sd & fwd L/lk RIB of L picking up W  
to CP DLC;

### PART A

#### **1-4 DOUBLE REVERSE TWICE (DLC); OPEN TELEMAR; OPEN NATURAL;**

- 12- {Dbl Rev 2X} Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF trn tch L to R (bk R, cl  
(12&3) L to R heel turn/cont LF trn sd & slightly bk R, XLIF of R) to CP DLC; Repeat to CP DLC;  
123 {Op Tele} Fwd L comm LF trn, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP  
DLW;  
123 {Op Nat'l} Fwd R comm RF trn, sd & bk L cont RF trn to CP, cont trn bk R (fwd L, fwd R  
btwn M's ft, fwd L outsd ptr) to BJO DRC;

#### **5-8 OUTSIDE SPIN (DRW); FWD LADY SWVL DEVELOPE; XIB LADY SWVL DEVELOPE; LINK SCP DLW;**

- 123 {Outsd Spin} Bk L toe trnd in strong RF rotation, fwd R outsd ptr heel to toe cont RF trn, sd  
& bk L (W fwd R arnd the M, cl L to R for toe spin, fwd R btwn M's ft) to CP DRW;  
1-- {Fwd Lady Swvl Develope} Fwd R trng upper body slightly RF and sway slightly to the R  
(bk L swvlg slightly RF raise R knee toe pointing to floor extend R leg fwd outsd ptr twds  
DLW);  
1-- {XIB Lady Swvl Develope} Strongly XLIB of R trng upper body LF and sway slightly to  
the L pt R ft bk twds DRC (bk R swvlng LF raise L knee toe pointing to floor extend L leg  
fwd outside ptr twds DRC) to BJO DLW;  
-23 {Link SCP} Slightly rise on the L blnd to CP, cl R to L w/L side stretch (Lady's head L)  
comm to rise, correct sway slight LF body trn sd & fwd L to SCP DLW;



**PART B**

- 1-4 START DOUBLE TELESPIN;; LWR TO SM FT LUNGE LN; w/MINI TELESPIN END;**
- 12- {**Start Dbl Telespin**} Fwd L comm trng LF, fwd & sd R cont trng LF (cl L to R heel turn), sd  
(123) & slightly bk L LOD w/partial wgt now fcg DRW (fwd R twds LOD);
- 12- Cont trng upper body LF to lead ptr fwd/take full wgt on the L ft cont trng LF to CP, fwd &  
(&123) sd R cont trng LF (cl L to R heel turn), sd & slightly bk L LOD w/partial wgt now fcg DRW  
(fwd R twds LOD);
- {**Lwr to Sm Ft Lunge Ln**} Lwr into R knee w/L sd stretch allow L ft to slide twds LOD look  
R past ptr's L shldr (lwr into R knee extend L ft fwd twds LOD looking to the L)
- 12- {**Mini Telespin End**} Rise trng upper body LF to lead ptr fwd/take full wgt on the L ft spin  
(&12-) LF on L, step sd R to LOD now fcg COH in CP, draw L to R no wgt cont trng slightly LF on  
R ft (/on the & count of previous measure fwd L trng LF to CP; Cont trng LF pvtng on the  
ball of the R ft, sd L to LOD now fcg ptr & WALL in CP, draw R to L no wgt trng slightly  
LF on the L ft) to end in CP DRC;
- 5-9 CONTRA CHECK & EXTEND;, REC & SWITCH;, CONT NATURAL HOVER CROSS;;;**
- 1- {**Contra Check & Extend**} Lwr into the R knee while keeping hips fwd up to ptr fwd L in  
CBMP w/R sd leading & slowly continue to bring R sd thru ovr the entire measure (W's head  
well to the L);
- 23 {**Rec & Switch**} Extend contra check one more beat, rec bk R trng strongly RF, rec bk L cont  
RF trn to CP/DLW;
- 123 {**Cont Hvr Cross**} Thru R commence RF trn, cont trng RF stp sd L, strongly trng RF on L  
stp sd & fwd R toe pts LOD body trns less fcg DLC (bk L comm trng RF, cl R to L heel trn,  
cont trng RF sd & bk L) to SCAR DLC;
- 123 XLIF of R, trng body RF cl R to L, bk L w/R sd ld ptr outsd (XRIB of L, trng RF stp sd L to  
CP LOD, fwd R outsd ptr w/L sd ld);
- 123 Bk R trng LF to CP, sd & fwd L w/L sd ld, fwd R outsd ptr (fwd L trng body slightly LF, sd  
& bk R w/R sd ld, bk L outsd ptr) to CBJO DLC;
- 10-12 TURN L & CHASSE TO BJO; BK TIPPLE CHASSE; TRVLNG CONTRA CHECK (DW);**
- Repeat measure 5 of INTRO to CBJO DRC;
- 12&3 {**Bk Tipple Chasse**} Bk L comm trng RF, w/slight sway R cont RF trn sd R/cl L loose sway,  
sd & fwd R to CP LOD;
- 123 {**Trvlng Contra Chk**} Fwd L with contra body action trng upper body trn LF (W's head well  
to L), trng body RF R ft almost closing to L ft (W cl L) then rise on on both ft with hovering  
action, cont RF trn sd & fwd L to SCP DLW;
- 13-16 NATURAL WEAVE;; BJO WHEEL 3; SYNC WHEEL (CP DLC);**
- 123 {**Nat'l Weave**} Fwd R strtg RF trn, trn RF sd L, bk R (fwd L, fwd R, fwd L); Bk L in BJO,  
123 bk R to CP strtg to trn LF, trn LF sd & fwd L (fwd R in outside ptr, fwd L to CP strtg to trn  
LF, trn LF sd R) to BJO DLW;
- 123 {**Wheel 3**} With early RF rotation fwd R outsd ptr leading W to stp bk, wheel RF fwd L, fwd  
R (rotate RF sm bk L, then wheel fwd R, L) to BJO RLOD;
- &1&2&3 {**Sync Wheel**} Continue trng RF in BJO small steps fwd L/R, L/R, L/ fwd R swvl ptr RF  
completing 1 ⅔ RF trn to CP DLC

**REPEAT PART B**

- 1-4 START DOUBLE TELESPIN;; LWR TO SM FT LUNGE LN; w/MINI TELESPIN END;**
- 5-9 CONTRA CHECK & EXTEND;, REC & SWITCH;, CONT NATURAL HOVER CROSS;;;**
- 10-12 TURN L & CHASSE TO BJO; BK TIPPLE CHASSE; TRVLNG CONTRA CHECK (DW);**
- 13-16 NATURAL WEAVE;; BJO WHEEL 3; SYNC WHEEL (CP DLC);**

END

**1-4 RUNNING HVR (BJO LOD); RUMBA CROSS 2X (TO); QUICK/LOCK SLOW LOCK;**

**5-8 TURN L & CHASSE TO BJO; IMP SCP; RUNNING FEA TO SCP; PKUP SD LK/M CL;**

Repeat measure 1 of Interlude to CBJO LOD;

Repeat measures 2-7 of INTRO to SCP DLC; ; ; ; ;

123 {Pkup Sd Lk/M Cl} Thru R, sd & fwd L comm LF trn leading ptr in front, trng LF cl R to L  
(W lk LIF of R) to CP DLC;

**9-12+ CONTRA CHK & SWITCH; STEP DBL RONDE MAN HOOKS (TO);**

**LADY'S RUNAROUND & BOTH RUNAROUND & SWVL PREP TO SAME FT LUNGE;;**

123 {Contra Ck & Switch} Lwr into the R knee while keeping hips fwd up to ptr fwd L in  
CBMP w/R sd leading, rec bk R trng strongly RF, rec bk L cont RF trn to CP/DRW;

12- {Dbl Ronde & M Hook} Cont RF rotation fwd R btwn ptr's ft rotate body RF ronde L leg

123 CW, cont trng RF arnd ptr sd L to CP LOD, hook RIB of L w/partial wgt trng RF to BJO  
DLW (sm fwd L around M ronde R leg CW, XRIB of L, sd & fwd L comm to step outsd ptr);

**Note:** No timing is shown over the next 2 + measures. The runaround is on the last 9 notes of the piano and is an even count and swvl prep to Sm Ft Lunge happens on the short series of drum notes.

{M Unwind Lady Runaround } Unwind trng RF on both ft over the the first 4 of 9 piano notes mentioned above allow feet to uncross taking full wgt on the L ft M fcg approx COH (W runaround trng RF small stps fwd R, L, R, L,)

{Both Runaround} Join ptr in runaround in BJO on the 5th piano note same ft fwd R, L, R, L (W fwd R, L, R, L)

{Swvl Prep to Sm Ft Lunge} On the last (9th) piano note fwd R twds RLOD swvl RF on R ft/cl L to R to prep pos M fc ptr & COH (W fwd R twds LOD swvl RF on R ft/cl L to R to prep pos W fcg DRW) sharply step sd & slightly fwd R twds DLC (W XRIB of L) w/soft knee stretch L sd looking R past W's L shoulder (W head well to the L);;