

Sea In Autumn

COMPOSERS: Jack & Judy DeChenne, 10924 E. 28th Ave, Spokane Valley, WA 99206 (509) 928-5774
E-MAIL ADDRESS: jjdechenne@comcast.net Webpage www.jjdechenne.com
MUSIC: "Sea In Autumn" Alessandro Olavito / Volcano Latino (Available on Casa Musica)
PHASE / RYHTUM: Phase VI / Rhumba SPEED: Slow for Comfort
FOOTWORK: Opposite Except Where Noted
SEQUENCE: Intro, A, B, A, C, B(1-14), TAG
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INTRO

1-4 MEN & LADIES BACK TO BACK POS WAIT LEAD IN & ONE MEAS;
CUCARACHA WITH ARM SWEEP; CUCARACHA WITH ARM SWEEP MEN TURN & TRANS;
HOCKEY STICK ENDING;

- 1 In back to back POS Men facing COH Men's L ft and Ladies L ft free hands at sides wait ocean sound and lead in notes then one meas wait;
- QQS 2 {Cucaracha With Arm Sweep} Sd L, rec R, cl L,- during meas circle lt arm ½ clockwise then bring lt hand down past lt cheek back to side of body,- (W sd L, rec R, cl L,- during meas circle lt arm ½ clockwise then bring hand down past lt cheek back to side of body);
- QQS 3 {Cucaracha With Arm Sweep & Men Trans} Sd R, rec L, trn LF to face Wall and sd R, cl L during meas circle rt arm ½ counter-clockwise then bring rt hand down past rt cheek back to side of body, (W sd R, rec L, cl R,- during meas circle rt arm ½ counter-clockwise then bring hand down past rt cheek back to side of body) ending in tandum;
- QQS 4 {Hockey Stick Ending} Bk R, rec L, sd & fwd R,- (W fwd L, fwd R trn Lf to fc ptrn, bk L ending LOFP.-);

PART A

1-8 OPEN HIP TWIST; FAN; HOCKEY STICK;; HALF BASIC TO; CONTINIOUS NATURAL TOP;;
TO SHADOW;

- QQS 1 {Open Hip Twist} M fwd L, rec R, cl L trn W RF ¼ to hip twist,- (W bk R, rec L, fwd R then trn RF ¼ to hip twist to face LOD,-);
- QQS 2 {Fan} M bk R, rec L, sd R,- (W fwd L, fwd R trn ½ lf, bk L,-) to fan pos;
- QQSQQS 3-4 {Hockey Stick} Fwd L, rec R, in pl L,- ; Bk R, rec L, sd & fwd R,- (W cl R, fwd L, fwd R,-; fwd L, fwd R trn Lf to fc ptrn, sd L travel twd RDW,-);
- QQS 5 {Half Basic} Fwd L, rec R, trn ¼ RF sd and bk L,- (W bk R, rec L, fwd R trng ¼ RF,-);
- QQSQQS 6-8 {Continuous Natural Top to Shadow fc Wall} XRIB of L, sd L, XRIB of L,- (W sd L, XRIF of L, sd L,-); Sd L, XRIB of L, sd L,- (W fwd R making full LF trn to contra bjo pos, fwd L, fwd R,-); XRIB of L, sd L, fwd R to fc Wall,- (W fwd L, fwd R trng LF to fc Wall, sd L,-) ending Shadow WALL;

9-16 ADVANCED SLIDING DOORS;;; SIDE BY SIDE CIRCULAR HIP TWIST;;; TO A FAN;

- QQSQQS 9-12 {Advanced Sliding Doors} M fwd L to press line, rec R, XLIB of R,- (W bk R to press line taking right arm down back and up over head, rec L, XRIF of L,-); Lower into lt leg extending R to sd, rise in lt leg drawing R to L, XRIF of L,- (W sd L shaping twd LOD, rec R to fc wall, XLIB of R to shadow pos,-); Repeat meas 9 & 10;;
- QQSQQS 13-16 {Side by Side Circular Hip Twist to a Fan} Fwd L to pressline, rec R, XLIB of R trn ¼ LF,- (W bk R to press line, rec L trn ¼ LF, fwd R twd LOD,-); M sd R trn ¼ LF, XLIB of R trn ¼ LF, sd R trn ¼ LF,- (W sd L swivel ½ LF, fwd R, sd L swivel ½ LF,-); M XLIB of R trn ¼ LF, sd R trn ¼ LF, XLIB of R no trn,- (W fwd R, sd L swivel ½ LF, fwd R,-); M bk R, rec L, sd R to fan pos M fc COH,- (W fwd L, fwd R trn ½ LF, bk L to fan pos W fc LOD,-);

PART B

1-8 SYNC HIP TWIST WITH FREEZE DOWN; LADIES RONDE & DEVELOPE TO SYNC FACING
FAN; (SHAKE HANDS) ALEMANA SURPRISE CK;; SWEETHEART TO FACE;
ALEMANA SURPRISE CHECK TO WALL; SWEETHEART TO FACE; SPOT TURN;

- Q&/QS 1 {Syncopated Hip Twist with Freeze Down} Fwd L, rec R / lunge sd L, hold,- (W cl R, fwd L / fwd R strongly flexing R knee trng ¼ RF leaving L extended twd LOD in freeze down pos look at ptrn, hold,-);

PART B (cont)

- SQ&/Q 2 {Ladies Ronde & Developpe to Syncopated Facing Fan} Hold,-, bk R, rec L / trn 1/4 LF sd R (W ronde L clockwise to a fwd developpe to RLOD using whole slow count,-, fwd L, fwd R trng ½ LF / bk L) end OFP RLOD;
- QQS 3-4 {Alemanas Surprise Check} M fwd L chg to joined rt hands, rec R, sd and bk L,- (W cl R, fwd L, fwd R fc M,-); M bk R, sd and fwd L, fwd R outside ptr to shadow fc RLOD / swivel ½ RF to fc LOD bringing joined rt arms thru to lt shadow,- (W fwd L to M's L sd trn ½ RF, fwd R trn ½ RF fc ptr, fwd L to M's lt sd swivel ½ RF to fc RLOD / swivel ½ LF to fc LOD in lt shadow pos,-);
- QQS 5 {Sweetheart to Face} Fwd L, rec R, sd and bk L,- (W bk R, rec L, fwd R trng ¼ RF,-);
- QQ&S 6 {Alemanas Surprise Check to Wall} M bk R, sd and fwd L, cl R swivel LF ¼ to shadow fc COH / swivel ½ RF to fc WALL bringing joined rt arms thru to lt shadow,- (W fwd L to M's lt sd trn ½ RF, fwd R trn ½ RF to fc ptr, fwd L to M's lf sd swivel ¼ RF to face COH / swivel ½ LF to fc WALL in lt shadow pos,-);
- QQS 7 {Sweetheart to Face} Fwd L, rec R, sd and bk L,- (W bk R, rec L, fwd R trng ½ RF,-);
- QQS 8 {Spot Trn} XRIF of L release hnds trn LF fc RLOD, fwd L to fc ptr, sd RL to BFLY,-;

9-16 FOUR ALEMANA'S;;; SYNC HOCKEY STICK END; CURL; TWO SLOW HIP RKS;

HOCKEY STICK ENDING TO THE WALL;

- QQSQQS 9-12 {Four Alemanas} M fwd L, rec R, sd & bk L,- (W bk R, fwd L, fwd R to fc ptr,-); M bk R, rec L, cl R,-; (W fwd L trn ½ RF, fwd R trn ½ RF, fwd L trn ¾ RF,-); M sd L, rec R, cl L,- (W fwd R starting LF trn, fwd L, fwd R completing LF trn to fc ptr,-); M bk R, rec L, cl R,- (W fwd L trn ½ RF, fwd R trn ½ RF, fwd L trn ¾ RF,-);
(Option - ladies can add a full spiral on first step of third meas)
- Q&QS 13 {Sync Hockey Stick Ending} Cl L / fwd R, fwd L, sd & fwd R,- (W fwd R to DRW / fwd L, fwd R trn LF to fc ptr, bk L ending LOFP,-);
- QQS 14 {Curl} M Fwd L, rec R, cl L and curl W LF to tandum pos wall,- (W bk R, rec L, fwd R and curl L into M's rt arm,-);
- SS 15 {Two Slow Hip Rks} M sd R slowly rolling weight,-, sd L slowly rolling weight,- (W sd L slowly rolling weight,-, sd R slowly rolling weight,-);
- QQS 16 {Hockey Stick Ending} Repeat meas 4 of Intro;

PART C

1-8 ALEMANA TO ROPE SPIN;;; THREE CUDDLES;; LADIES SPIRAL; TO FAN;

- QQSQQS 1-4 {Alemanas to Rope Spin} M fwd L, rec R, sd & bk L,- (W bk R, fwd L, fwd R trn to fc ptr,-); M bk R, rec L, cl R,- (W fwd L trn ½ RF, fwd R to fc ptr, fwd L to ptrns right sd, - / and spiral RF); M sd L leading W around M, rec R, cl L trng upper body LF to fc ladies (W fwd R, fwd L, fwd R to M lt sd); M sd R, rec L, sd R (W fwd L, fwd R, fwd L cont around M to fc ptr);
- QQSQQS 5-7 {Three Cuddles with Ladies Spiral} M rk sd L releasing left hand and sweeping left arm out, rec R bringing free left arm up to cuddle pos, cl L,- (W break bk R trng RF and sweeping rt arm out and down, rec L to fc ptr, sd R,-); M rk sd R releasing rt hand and sweeping right arm out, rec L bringing free rt arm up to cuddle pos, cl R,- (W break bk L trng LF and sweeping lt arm out and down, rec R to fc ptr, sd L,-); M rk sd L releasing left hand and sweeping left arm out, rec R bringing free left arm up to cuddle pos, cl L,- (W break bk R trng RF and sweeping rt arm out and down, rec L to fc RLOD, fwd R / spiral RF to fc RLOD,-)
- QQS 8 {To A Fan} Bk R, rec L, sd R,- (W Fwd L, fwd R trn ½ LF, bk L to fan,-);

TAG

1-5 HIP RKS (QQS) TO SHADOW; OPENING OUT TO HORSE & CART;;

TO A HINGE; & EXTEND;

- QQS 1 {Hip Rks to Shadow} M sd R rolling weight, sd L rolling weight, - sd R slowly rolling weight and raise lt arm while placing rt hand to front of ladies rt hip,- (W sd L rolling weight, sd R rolling weight, sd L slowly rolling weight to shadow,-);
- QQS 2-3 {Opening Out to Horse & Cart} M fwd L to pressline, rec R, cl L,-; (W bk R, rec L, fwd R comm circular action around men, fwd L cont rotation); M cont rotation with weight on L,-,- (W fwd R, L, R, L cont rotation); to end both feng WALL
- SSSS 4-5 {To a Hinge & Extend} M lead ladies to fc while rasing joined lt hands then take rt arms around ladies waist and take ladies to a hinge and lower; During last meas slowly extend lt arms and bring back to a caress,,, (W fwd and sd R to fc men and place rt arm around men's waist,-, XLIB of R to hinge,-; During last meas slowly extend lt arms out and bring back to a caress);