

SALSA CACHETE

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Record CD 64434-2 *Best of Salsa Merengue*, Track # 7 "Cachete, Pechito y Ombigo", Carlos Muñoz Available from <http://www.amazon.com> or Eclipse Music Group <http://www.eclipse-music.com>
Footwork Cued to Man; [Women's steps are mirror opposite unless otherwise specified.]
Phase Unphased- dances like a PH V **Rhythm** Salsa - QQS **Released** March 17, 2002 v.3.0
Sequence Intro, A B C Break A B C Break End **Suggested Speed** 43 or to suit

Intro

1-8 Wait ;;;; Shine= Open/Facing no hands- slow Conga Left and Right;;;

- 1-4 wait 2 meas open facing no point of contact;;;;
5-6 [slow] Sd L,-, XRIFL,-; Sd L,-, thrust R leg out to R Side, and lean Left;
7-8 [slow] Sd R,-, XLIFr,-; Sd R,-, thrust L leg out to L Side, and lean Right;

A CP/W

1-4 Salsa Basic;; Cross Body;;

- 1-2 fwd L, bk R, sd & bk L,-; bk R, fwd L, sd & fwd R;
3-4 fwd L, rec R, trng LF 1/4 on R sd L (W bk R, rec L, fwd R crossing in front of M); bk R small step trng fwd L, sd R, (W fwd L trng LF, bk R to fc M, sd L,) to complete 1/2 LF turn;

5-8 Salsa Basic;; Cross Body;;

Repeat Meas 1-4 to Bfly/Wall

9-12 [Bfly] - Kick to a 4; and Swivel 3; twice;;

- 9-10 Both kick lead foot thru,-, to a 4,-; and swivel L,R,L,-; (W R,L,R)
11-12 Both kick trail foot thru,-, to a 4,-; and swivel R,L,R,-; (W L,R,L)

13-16 [CP] Basic Turning L 1/4 to fc LOD;; Cucarachas L & R;;

- 13 fwd L, bk R, sd & bk L,-;
14 bk R, trng L fc 1/4 fwd L, sd & fwd R; to fc LOD
15 sd L w/ partial wgt, rec R, close L to R,-;
16 sd R w/ partial wgt, rec L, close R to L,-;

B CP/LOD

1-4 Basic Box;; Progressive Box;;

- 1-2 fwd L across body, bk R, sd & bk L, flick R sd; Bk R across body, fwd L, sd & fwd R, flick L sd;
3-4 fwd L across body, bk R, sd & bk L, flick R sd; fwd R across body, fwd L, sd & fwd R, flick L sd;

5-8 New Yorker X 3;; Spot Turn;

- 5 step thru L w/straight leg sd by sd pos, rec R to fc, sd L,-;
6 step thru R w/straight leg sd by sd pos, rec L to fc, sd R,-;
7 step thru L w/straight leg sd by sd pos, rec R to fc, sd L,-;
8 XRIFL trng on Xng foot 1/2, rec L cont trn to fc, step sd R,-;

C Lead Hands Joined

1-7 Explode & Hold; Walk 2 Sombrero; Wheel 9;; Cuca L & R;;

- 1-2 step apt on lead foot, trail arm high hold; 2 wk tog R,L;
3-4 Sombrero position walk around in 9 R,L,R,-; L,R,L,-; R,L,R,-; CP/W
6-7 Repeat meas. 15 & 16 part A;;

8-14 Hitch apart; Man Wrap In; Catapult;; Basic;; quickly Break to Op;

- 8 Bk Apt L to double handhold, cl R, fwd L,-;
9 {M's wrap In} Fwd R raising M's R & W L hnds, fwd L sm step under raised hnds, sd R sm step lowering M's R & W's L hnds, flick L sd & fwd (W walk arnd M trng RF L, R, L, flick sd & fwd R) end in WRAPPED-TANDEM pos both fcg WALL M's L & W's R hnds at M's R hip M's R & W's L hnds at M's L hip;
10-11 {Catapult} Releasing both hnds & re-join both hnds behind bk fwd L, rec R, bk L leading W fwd to his L side releasing R hnd, flick R sd & fwd (W bk R, rec L, fwd R twd M's L side, flick L sd & fwd); Bk R across body leading W roll RF, fwd L, sd & fwd R, flick L sd & fwd (W roll RF twd WALL L, R to fc M & COH, sd & bk L, flick R sd & fwd) end in OP Fcg Pos M fcg WALL;
12-13 repeat meas. 1 & 2 part A;;
14 XLIBR turning to OP, rec R, sd L,-;

15-17 & Break to Reverse; twice;; [blending to face Wall in Shine position]

- 15 ;XRIBL turning to Rev, rec L, sd R,-;
16-17 Repeat 14 & 15;;

Break - Dance thru A,B,C & Break to End

1-8 [Slow] Conga L & R;;; Fwd and Back;;; [vocal moans optional]

- 1-2 [slow] Sd L,-, XRIFL,-; Sd L,-, thrust R leg out to R Side,-, and lean Left,-;
3-4 [slow] Sd R,-, XLIFR,-; Sd R,-, thrust L leg out to L Side,-, and lean right,-;
5-6 [slow] Fwd L,-, R,-; L lean fwd,-, thrusting R leg out in back,-;
7-8 [slow] Back R,-, L,-; R lean back,-, thrusting L leg out in front,-;

END

Wiggle down with the music to a sit position nose to nose or cheek to cheek or bravely kiss!