

SAFRONIA B.

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 Music: "Safronia B.", The Love Dogs
 CD: Jump, Jive n' Swing, Wanna Dance Records WDR72001
 (Music has been edited and speed has been decreased. Contact choreographer)
 Rhythm/Phase: Jive, Phase VI Released: August, 2006
 Footwork: Described for M (W opposite, or as noted)
 Timing: Reflects actual wgt chgs

Sequence: **INTRO ABC B ENDING**



INTRO

1 – 4 WT; SIT SWIVEL,-,-; MERENGUE PASS; SIT SWIVEL,-,-;

{Wt} In TANDEM Wall w/ no contact w/ M bhd W and M's R and W's L free wt 1 meas;
 {Sit Swivel} (1---) Lower on L and stp sd RLOD R, keep wgt on R and swvl LF to fc ptr while straightening R leg and popping R hip to sd (W lower on R and stp sd LOD L, keep wgt on L and swvl RF to fc ptr while straightening L leg and popping L hip to sd),-,-;
 {Merengue Pass} (1234) Trn RF to fc Wall and pass bhd W stepping sd LOD L, cl R, sd L, cl R to end bth fcg Wall w/ W slightly to R of M;
 {Sit Swivel} (1---) Lower on R and stp sd LOD L, keep wgt on L and swvl RF to fc ptr while straightening L leg and popping L hip to sd (W lower on L and stp sd RLOD R, keep wgt on R and swvl LF to fc ptr while straightening R leg and popping R hip to sd),-,-;

5 – 8 CONTINUOUS CHASSE; CHANGE L TO R (TO FC); -,-,LINK RK TO SCP;;

{Continuous Chasse} (1a2a3a4) Trn LF (W RF) to fc Wall and pass bhd W stepping sd RLOD R/cl L, sd R/cl L, sd R/cl L, sd R joining ld hnds and trng slightly LF (W RF) to fc ptr and DLW (W fc ptr and DRW);
 {Change L to R} (123a4 5a6) XLib of R, rec R, chasse L/R, L trng slightly RF to fc Wall; Sd chasse R/L, R (W XRib of L, rec L, trng ¾ LF undr jnd ld hnds chasse R/L, R; sd chasse L/R, L) to LOP FCG POS Wall,
 {Link Rk to SCP} (123a4 5a6) Rk apt L, rec R; Sm chasse fwd L/R, L to CP Wall, sd chasse R/L, R blending to SCP LOD;

PART A

1 – 4 JIVE WALKS; -,-,SWIVEL WALK 2; THROWAWAY; RK, REC, PT, HOLD;

{Jive Walks} (123a45a6) In SCP LOD rk bk L, rec R, fwd chasse L/R, L; Fwd chasse R/L, R,
 {Swivel Walk 2} (1 2) Swivel walk fwd L, R;
 {Throwaway} (1a23a4) Chasse fwd L/R, L, sm chasse sd R/L, R leading W awy (W chasse fwd R/L, R trng LF to fc ptr & RLOD, chasse sd & bk L/R, L) to LOP FCG POS LOD;
 {Rk, Rec, Pt, Hold} (12--)) Rk apt L, rec R, pt L fwd twd ptr while straightening R leg and extending R hip (W straighten L leg and xtnd L hip),-,-;

5 – 8 STOP & GO;; LINDY CATCH (TO HANDSHAKE);;

{Stop & Go} (123a4 567a8) Rk apt L, rec R raising ld hnds trng W undr LF fwd chasse L/R, L placing R hnd on W's L shldr blade w/ ld hnds now low to end bth fcg LOD w/ W to R of M; Ck fwd R softening R knee slightly & look R bk at W, rec L raising ld hnds to ld W to trn undr RF, sm bk chasse R/L, R (W rk apt R, rec L comm LF trn, cont LF trn chasse R/L, R completing ½ LF trn undr ld hnds; Rk bk L extending L arm straight up, rec R comm RF trn, cont RF trn chasse L/R, L completing ½ RF trn undr ld hnds) to end LOP FCG POS LOD;
 {Lindy Catch} (123a4 567a8) Rock apt L, rec R, releasing ld hnds chasse fwd arnd W L/R, L catching her waist w/ right hnd to end bth fcg RLOD w/ W to R of M; Cont fwd arnd W R,L swiveling to fc, sm chasse fwd & sd R/L, R (W rock apt R, rec L, fwd R/L, R; Bk L, bk R, chasse bk & sd L/R, L) joining R hnds to end fcg ptr & LOD;

9 – 16 CONTINUOUS TUCK IN'S (AMER SPN); -,-,(FALLAWAY TUCK IN);: (FALLAWAY TUCK IN); (-,-, EVEN COUNT TUCK IN (TWICE) TO FACE);: -,-, LINK RK TO SCP;:

{Continuous Tuck In's} [Note: This amalgamation consists of 5 parts, the American Spin, the Fallaway Tuck In, another Fallaway Tuck In, the Even Count Tuck In, and another underturned Even Count Tuck In]

{American Spin} (123a4 5a6) Rk apt L, rec R, chasse in pl L/R, L; Trpl in place R/L, R (W rk apt R, rec L, sm chasse fwd R/L, R tucking R sd slightly in twd M then releasing hnds and making full RF trn on last stp of trpl; Jn M's R and W's L chasse in place L/R, L) to OP FCG POS LOD,

{Fallaway Tuck In} (123a4 5a6) Trn ¼ LF to OP COH and rk bk L, rec R; Trpl in place L/R, L trng ¼ LF on last stp of trpl to fc RLOD, trpl in place R/L, R (W trn ¼ RF to OP COH and rk bk R, rec L commencing to trn LF twd M; Chasse fwd R/L, R to fc M while tucking R sd slightly in twd M and joining M's L and W's R hnds then releasing other hnds and trn ¾ RF undr jnd hnds on last stp of trpl, trpl in place L/R, L) to mom BFLY RLOD;

{Fallaway Tuck In} (123a4 5a6) Trn ¼ LF to OP WALL and rk bk L, rec R, trpl in place L/R, L trng ¼ LF on last stp of trpl to fc LOD; Trpl in place R/L, R (W trn ¼ RF to OP WALL and rk bk R, rec L commencing to trn LF twd M, chasse fwd R/L, R to fc M while tucking R sd slightly in twd M and joining M's L and W's R hnds then releasing other hnds and trng ¾ RF undr jnd hnds on last stp of trpl; Trpl in place L/R, L) to mom BFLY LOD,

{Even Count Tuck In} (1234) [Note: This is essentially the same figure as the Fallaway Tuck In, but w/ single stps taking the place of trpl stps] Trn ¼ LF to OP COH and rk bk L, rec R; Stp in place L trng ¼ LF to fc RLOD, stp in place R (W trn ¼ RF to OP COH and rk bk R, rec L commencing to trn LF twd M; Stp fwd R twd M joining M's L and W's R hnds then releasing other hnds and trng ¾ RF undr jnd hnds, stp in place L) to mom BFLY RLOD,

{Even Count Tuck In to Fc} (1234) [Note: This is essentially the same figure as the previous measure, but underturned by ¼] Trn ¼ LF to OP Wall and rk bk L, rec R; Stp in place L, stp in place R (W trn ¼ RF to OP Wall and rk bk R, rec L commencing to trn LF twd M; Stp fwd R twd M joining M's L and W's R hnds then releasing other hnds and trng ½ RF undr jnd hnds, stp in place L) to LOP FCG POS Wall,

{Link Rk to SCP} (123a4 5a6) Rk apt L, rec R; Sm chasse fwd L/R, L to CP Wall, sd chasse R/L, R blending to SCP LOD;

PART B

1 – 3 RK TO CHASSE ROLL;: RK & ONE TRIPLE TO SCP (LOD);:

{Rk to Chasse Roll} (123a4 5a67a8) In SCP LOD rk bk L, rec R to fc ptr, sd chasse dwn LOD L/R, L releasing ptr at end of chasse and trng ½ RF (W LF) to fc COH (W fc Wall); Sd chasse dwn LOD R/L, R trng ½ RF (W LF) to fc ptr and Wall, sd chasse dwn LOD L/R, L cont RF trn (W LF trn) to LHOP RLOD;

{Rk & One Triple to SCP} (123a4) Rk bk LOD R, rec L trng ¼ LF (W RF) to fc ptr, sd chasse RLOD R/L, R cont LF trn (W RF trn) to SCP LOD;

4 – 8 CHANGE R TO L; -,-,CHANGE L TO R;: START A WIDE L TO R; CIRCLE TO SKATERS (LOD);:

{Change R to L} (123a4 5a6) Rk bk L, rec R raising jnd ld hnds, chasse fwd sm stp L/R, L; Chasse sd & fwd R/L, R (W rk bk R, rec L, chasse fwd R/L, R trng RF undr jnd ld hnds to fc M & RLOD; Chasse sd & bk L/R, L) to LOP FCG POS LOD,

{Change L to R} (123a4 5a6) Rk apt L, rec R; Chasse L/R, L trng ¼ RF to fc Wall, sd chasse R/L, R (W rk apt R, rec L; Trng ¾ LF undr jnd ld hnds chasse R/L, R, sd chasse L/R, L) to LOP FCG POS Wall;

{Start a Wide L to R} (123a4) Rk apt L, rec R, trng RF to fc RLOD chasse twd Wall w/ slightly larger sideward movement than normal sd L/cl R, sd L (W rk apt R, rec L, chasse twd COH R/L, R trng ¾ LF undr jnd ld hnds) to end w/ M fcg RLOD and W fcg LOD w/ W to R of M and ld hnds jnd and no other contact;

{Circle to Skaters} (123a4) (W 1234) Relasing hnds circ ½ RF arnd W stepping fwd R,L, fwd trpl R/L, R using low jazz hnd action during circ (W stay to R sd of M and circ in place one full LF trn L,R,L,R while raising hnds using high jazz hnd action) blending to SKTRS LOD;

9 - 16 (L FT) POINT STEP 3X; -,-,KICK STEP 4X;: -,-,CHECK THRU, HOLD;:-,REPLACE, THROWAWAY TRANSITION; -,-,DOUBLE WHIP;::

{Point Step 3X} (-2-4-6) [Note: Identical footwork through meas 12] Pt L fwd LOD w/ slight L sway, sm fwd LOD L, pt R fwd LOD w/ slight R sway, sm fwd LOD R; Pt L fwd LOD w/ slight L sway, sm fwd LOD L,

{Kick Step 4X} (-2-4-6-8) With slight R sway kck R fwd twd LOD, sm fwd LOD R; With slight L sway kck L fwd twd LOD, sm fwd LOD L, w/ slight R sway kck R fwd twd LOD, sm fwd LOD R; With slight L sway kck L fwd twd LOD, sm fwd LOD L,

{Check Thru, Hold & Replace} (1--a4) Ck fwd LOD R,-,-/rec bk to ball of L, stp in place R,

{Throwaway Transition} (1a23a4) (W 123a4) Chasse fwd L/R, L releasing SKTRS; Sm chasse sd R/L, R (W fwd LOD L, fwd R trng LF to fc ptr & RLOD; Chasse sd & bk L/R, L) to LOP FCG POS LOD,

{Double Whip} (123a4 5678 9a10) Rk apt L, rec R; Chasse fwd L/R, L trng 1/4 RF to CP Wall, trng 1 full revolution RF ovr next 4 stps XRIB of L, sd L; XRIB of L, sd L (W sd L, XRIF of L; Sd L, XRIF of L) to CP Wall, sd chasse RLOD R/L, R;

PART C

1 – 5 (SCP) CHANGE R TO L (SHAKE HNDS); -,-,RK TO TRIPLE WHEEL 4;::

W REV UNDERARM SPN ~ CHANGE BEHIND THE BK;

{Change R to L} (123a4 5a6) Blending to SCP rk bk L, rec R raising jnd ld hnds, chasse fwd sm stp L/R, L; Chasse sd & fwd R/L, R (W rk bk R, rec L, chasse fwd R/L, R trng RF undr jnd ld hnds to fc M & RLOD; Chasse sd & bk L/R, L) to end fcg ptr & LOD joining R hnds,

{Rk to Triple Wheel 4} (123a4 5a67a8 9a10) Rk apt L, rec R; Trng RF fwd & sd chasse L/R, L to touch W's bk w/ L hnd trng LF on last stp of trpl, cont slight LF trn fwd & sd chasse R/L, R extend L arm out to sd trng RF on last stp of trpl, cont slight LF trn fwd & sd chasse R/L, R extend L arm out to sd trng RF on last stp of trpl (W rk apt R, rec L; Trng LF fwd & sd chasse R/L, R extend L arm out to sd trng RF on last stp of trpl, cont slight RF trn fwd & sd chasse L/R, L to touch M's bk w/ L hnd trng LF on last stp of trpl; Cont slight LF trn fwd & sd chasse R/L, R extend L arm out to sd trng RF on last stp of trpl, cont slight RF trn fwd & sd chasse L/R, L to touch M's bk w/ L hnd trng LF on last stp of trpl);

{W Rev Underarm Spn ~ Change Behind the Bk} (1a23a4) Trng RF fwd & sd chasse L/R, L to fc DLW raising jnd R hnds at end of trpl to ld W's Rev Undrm Trn then commence to trn LF on L while reaching bhd M's bk to chg handhold to M's L & W's R hnds, trpl in place R/L, R while finishing LF trn to fc Wall (W trpl in place R/L, R while trng LF undr jnd R hnds to end fcg COH, trpl in place L/R, L) to LOP FCG POS Wall;

6 – 9 AMERICAN SPIN TO HANDSHAKE (PUT L HNDS ON TOP); -,-,THE SCRAMBLER (FC COH);::

{American Spn} (123a4 5a6) Rk apt L, rec R, chasse in pl L/R, L; Trpl in place R/L, R (W rk apt R, rec L, sm chasse fwd R/L, R tucking R sd slightly in twd M then releasing hnds and making full RF trn on last stp of trpl; Trpl in place L/R, L) joining R hnds then joining L hnds ovr R hnds,

{The Scrambler} (123a4 5a67a8 9a10) [Note: *This figure makes a gradual ½ RF trn and all hnds stay jnd until last trpl*] Rk apt L, rec R raising jnd L hnds while commencing RF trn to fc almost RLOD (W rk apt R, rec L commencing LF trn undr jnd L hnds to fc almost RLOD); Trpl in place L/R, L trng W undr jnd L hnds while bringing L hnds dwn in frnt and raising R hnds (W trpl in place R/L, R trng LF undr jnd L hnds to end fcg ptr w/ R hnds high and L hnds jnd low in frnt of each other), trpl in place R/L, R trng RF undr jnd R hnds while bringing jnd R hnds low between each other and jnd L hnds high (W trpl in place L/R, L); Trpl in place L/R, L trng W undr jnd L hnds while bringing L hnds dwn in frnt and raising R hnds (W trpl in place R/L, R trng LF undr jnd L hnds to fc ptr w/ R hnds high and L hnds jnd low in frnt of each other), rel L hnds and trpl in place R/L, R trng RF undr jnd R hnds (W trpl in place L/R, L) to end fcg ptr & COH w/ R hnds jnd;

10 – 11 ROLLING OFF THE ARM (FC COH);:

{Rolling Off the Arm} (123a4 123a4) Keeping R hnds jnd rk apt L, rec R commencing to trn RF, chasse sd & fwd L/R, L (W rk apt R, rec L commencing to trn LF, chasse sd & fwd R/L, R) to blend to SKTRS LOD joining L hnds out to sd and placing jnd R hnds at W's R hip; Wheel ¾ RF ovr next 4 bts stepping fwd R, L, trpl in place R/L, R (W wheel RF backing up L,R, keeping R hnds jnd roll out of M's arm trng RF L/R, L to fc M) to end fcg ptr & COH w/ R hnds jnd;

12 – 16 MIAMI SPECIAL (FC RLOD); -,-,KICK & SLIDE TWICE; -,-,LINK RK TO SCP;:

{Miami Special} (123a4 5a6) Rk apt L, rec R comm RF trn, pass by ptr fwd & sd chasse L/R, L completing ¾ RF trn undr jnd R hnds and immediately take R hnds ovr hd to rest bhd neck to end LHOP POS RLOD w/ M's L arm arnd W's back; Sd chasse R/L, R allowing L hnd to slide off W's arm (W rk apt R, rec L, pass by ptr fwd & sd chasse R/L, R making ¾ LF trn undr R hnds; Sd chasse L/R, L allowing R hnd to slide dwn M's L arm) to LOP RLOD,

{Kick and Slide Twice} (-a23a4 -a67a8) Kck L fwd & sd/rk L bhd R on ball of L, XRif of L commencing to slide past W; Relasing hnds slide bhd W w/ sd chasse L/R, L (W kck R fwd & sd/rk R bhd L on ball of R; XLif of R commencing to slide in frnt of M, sd chasse R/L, R) to OP RLOD, kck R fwd & sd/rk R bhd L on ball of R, XLif of R commencing to slide past W; Relasing hnds slide bhd W w/ sd chasse R/L, R (W kck L fwd & sd/rk L bhd R on ball of L; XRif of L commencing to slide in frnt of M, sd chasse L/R, L) to LOP RLOD,

{Link Rk to SCP} (123a4 5a6) Rk L bhd R, rec R to fc ptr; Sm chasse fwd L/R, L to CP Wall, sd chasse R/L, R blending to SCP LOD;

ENDING

1 – 4 (SCP) PRETZEL TRN; -,-,RK, REC; UNWIND & REWRAP THE OTHER WAY; -,-,RK, REC;

{Pretzel Trn, Rk, Rec} (123a4 5a678) Blending to SCP LOD rk bk L, rec R commencing RF trn (W LF) to fc ptr, trng RF (W LF) chasse L/R, L leaving ld hnds jnd low to end fcg DRC (W fcg DRW); Cont RF trn (W LF trn) chasse R/L, R to end in bk-to-bk "V" pos w/ M fcg DLC (W fcg DLW) leaving ld hnds jnd bhd bk, rk fwd LOD L acrs R, rec R;

{Unwind & Rewrap the Other Way, Rk, Rec} (1a23a4 5a678) Leaving M's L & W's R hnds jnd commence to trn LF (W RF) twd RLOD chasse L/R, L to end fcg ptr & Wall, rel M's L & W's R hnds and jn M's R & W's L hnds low while continuing to trn LF (W RF) twd RLOD chasse R/L, R to fc DLC (W fc DLW) w/ M's R & W's L hnds still jnd low; Cont to trn LF (W RF) twd RLOD chasse L/R, L to end in bk-to-bk "V" pos fcg DRC (W fcg DRW) w/ M's R & W's L hnds jnd bhd bk, rk fwd RLOD R acrs L, rec L;

5 – 8 UNWIND AND ROLL IN TO FC; POINT, HOLD,-,-; SYNC FRONT VINE 8;;

{Unwind & Roll In to Fc} (1a234) Leaving M's R & W's L hnds jnd commence to trn RF (W LF) twd LOD chasse R/L, R to fc ptr & Wall, rel hnds and roll RF twd LOD (W LF) L,R to end fcg ptr & Wall w/ no hnds jnd; **{Pt, Hold} (----)** Bring hnds up to cross in frnt of chest then pt L ft sd twd LOD while sharply extending hnds dwn to sds,-,-,;

{Sync Front Vine 8} (-a23a-a56a) [Note: Timing here is approximate. Listen to the music and match the sync bts. There are only about 7 bts to this meas] Hold the first downbeat/on the upbeat commence to vine twd LOD w/ no hnds jnd stepping sd LOD L, XRif of L, sd L/XRib of L,-/sd L, XRif of L, sd L/XRib of L, hold briefly;

9 – 10 ROLL 2, SD, CL; BK TO LEG CRAWL;

{Roll 2, Sd, Cl} (1234) Slowly roll LF (W RF) twd LOD L,R to fc ptr & Wall, sd LOD L, cl R blending to CUDDLE POS Wall;

{Bk to Leg Crawl} (1---) On last note stp bk & sd L then trn upper bdy sharply LF to ld W to leg crawl and xtnd L arm to sd (W fwd R then trn LF and raise L leg up outsd M's R leg looking at each other and xtnd L arm to sd,-,-,;