

# My Girl Jive

Waylon and Carol Jenkins  
423-367-1475 (mobile)  
Song: My Girl (see note<sup>1</sup>)

2016 Lamont St., Kingsport, TN 37664  
Email: wjenkins@chartertn.net  
Album: My Girl: The Very Best of the Temptations  
(Other albums may also be suitable sources. The length should be about 2:44 (or 2:45).)  
Length: 2:44 as downloaded  
Release Date: 5/20/23 Version: 1.0  
Footwork: Opposite unless noted  
Speed: as downloaded

A project from the April 2023 Goss School of Choreography

Source: Download (Amazon or iTunes)  
Jive phase 4+2  
Sequence:  
INTRO A, B, A, B, BRIDGE, C, A, B, END

## INTRO

### 1-4 WAIT ; SLOW HIP ROCKS ; SKATE TOGETHER TWO STEP LEFT ; AND RIGHT TO CP ;

- 1-2 {Wait} M fcg WALL & ptr lead feet free about 4 ft apart ; {2 Slow Hp Rks}  
1-3- [looking at ptr] Rk L rolling hip L and bk , , Rk R rolling hip R & bk , ;  
123- 3-4 {Skate Tog 2 Stp L} Swvl LF on R/sd and fwd L , cl R , sd and fwd L , [swinging  
123- arms fwd on 1 & 3 and bk on 2 & 4] ; {Skate Tog 2 Stp R to CP} Swvl RF on L/sd  
and fwd R , cl L , sd and fwd R , [swinging arms fwd on 1 & 3 and bk on 2 & 4] ;

## PART A

### 1-4 CHASSE LEFT & RIGHT ; DOUBLE BACK ROCK ; TO A THROWAWAY ; WINDMILL ;

- 1a23a4 1-2 {Chasse L & R} Blending to loose CP sd L/cl R , sd L , sd R/cl L , sd R ; {Double  
1234 Back Rock} Trng to SCP LOD rk bk L , rec R , rk bk L , rec R ;  
1a23a4 3-4 {to a Throwaway} Lowering ld shldr and turning LF to low BFLY LOD sd L/  
123a4 cl R , sd L , sd R/cl L , sd & fwd R (*W fwd R/cl L , fwd R trng 1/2 LF in front of M , sd L/cl /R , sd & bk L*) to low BFLY LOD) ; {Windmill} Rk bk L , rec R in BFLY , trng LF w/left tilt & arms extended to sd fwd L/cl R , fwd L ;

### 5-8 ,, CHANGE RIGHT TO LEFT (TO WALL) , ; ; SAILOR SHUFFLES ; PROGRESSIVE ROCK 4 ;

- 1a234 5-6 {Fin Windmill} Bring arms down bk R/cl L , bk R to BFLY RLOD , {Change R to  
1a23a4 L} Rk apt L , rec R raising ld hnds and releasing trl hnds (*W Rk apt L , rec L*) ; fwd L/cl R , fwd L lead W under lead hands to fc ptr & WALL , sd R/cl L , sd & fwd R to BFLY WALL (*W fwd R/cl L , fwd R under lead hands turning RF , sd L/cl R , sd & bk L*) ;  
1a23a4 7-8 {Sailor Shuffles} XLib , sd R/sd L ronde R CW , XRib , sd L/sd R ; {Progressive  
1234 Rock 4} Rk apt L in BFLY , rec crossing R , rk apt L , rec crossing R ;

## PART B

### 1-4 INTO CHASSE ROLLS FORWARD & BACK ; ; ; , , ROCK APART , RECOVER ;

- 1a23a4 1-2 {Chasse Rolls Forward and Back} Twd LOD sd L/cl R , sd L trng RF to fc COH ,  
1a234 sd R/cl L , sd R trng RF to fc WALL ; Sd L/cl R , sd L trng RF to left OP RLOD , rk bk R , rec L to fc ptr & WALL ;

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<sup>1</sup> The music in the first two measures is soft relative to the rest of the music. The first two measures can easily be amplified to your preference using software such as Audacity. It is also possible to use the Audacity "Compressor" function to reduce the difference in volume. Contact us if you have questions.

## My Girl Jive

- 1a23a4 3-4 {**Fin Chasse Rolls**} Sd R/cl L , sd R trng LF to fc COH , sd L/cl R , sd L trng LF to fc ptr & wall ; Sd R/cl L , sd R stay BFLY WALL , {**Rock Apart , Recover**} rk apt L , rec R ;
- 1a234
- 5-8 TO TRAVELING SAND STEP ; RIGHT TURNING TRIPLES (TO COH) ; RIGHT TURNING FALLAWAY (TO WALL) ; , , ROCK , RECOVER ;**
- 2-4 5-6 {**Traveling Sand Step**} In BFLY swiv RF on R tch L toe to R instp , swiv LF on R sd L , swiv RF on L tch R heel to L instp , swiv LF on L XRIFL to CP WALL ; {**Right Turning Triples**} Trng ¼ RF sd L/cl R , sd L , trng ¼ RF to fc COH sd R/cl L , sd R ;
- 123a4 7-8 {**Right Turning Fallaway**} Trng to SCP RLOD rk bk L , rec R to CP COH , trng ¼ RF sd L/cl R , sd L ; Cont trng ¼ RF sd R/L , R to WALL , {**Rock , Recover**} rk bk L in SCP , rec R to face loose CP (last time to BFLY) ;
- 1a234

REPEAT A

REPEAT B

### BRIDGE

- 1-4 CHASSE LEFT & RIGHT (TO BFLY) ; SPANISH ARMS TWICE ; ; ;**
- 1a23a4 1-2 {**Chasse L & R**} Trng to loose CP sd L/cl R , sd L , sd R/cl L , sd R ; {**Spanish Arms Twice**} Rk apt L , rec R joining both hnds , trng RF wrap W L/cl R , L w/ hnds over W's head (W rk apt R , rec L , sd R/cl L trng LF to momentary wrap both fcg RLOD , sd R immediately trng ¾ RF) ;
- 123a4
- 1a234 3-4 {**Fin Spanish Arms Twice**} Cont RF trn R/cl L , R to fc COH , (W L/cl R , L to fc M ,) rk apt L , rec R keeping both hnds joined (W rk apt R , rec L) ; trng RF wrap W L/cl R , L w/ hnds over W's head , cont RF trn R/cl L , R to fc WALL (W sd R/cl L trng LF to momentary wrap both fcg LOD , sd R immediately trng ¾ RF , L/cl R , L to fc M) ;
- 1a23a4

PART C

- 1-4 NECK SLIDE (TO WALL) ; ; MIAMI SPECIAL (LOD) ; , , SOLE TAP , ;**
- 123a4 1-2 {**Neck Slide**} Rk bk L , rec R raise both hnds with R hnds over ptrs head , while trng ¼ fwd L/cl R , fwd L to rt sds tog & release hands to place R hnd on ptrs R shldr ; Wheel RF ½ R , L sliding R hnds down ptrs arm , cont trn 1/4 fwd R/cl L , fc ptr small sd R [end facing WALL R hnds joined] ;
- 123a4 3-4 {**Miami Special**} Rk apt L , rec R , fwd L/R , L trng RF ¾ leading W to trn LF undr joined R hnds putting joined hnds over M's head so hnds rest on M's neck (W Rk apt R , rec L , fwd R/L , R trng LF ¾) ; Slide apt R/L , R to LOP both fcg LOD , {**Sole Tap**} XLIB , rec RIF ;
- 1a234
- 5-8 (TO FACE) , , , ; LINK ROCK TO CP WALL WITH A GLIDE TO THE SIDE ; ; ROCK BACK , RECOVER , SWIVEL WALK 2 , ;**
- 1-3a4 5-6 {**Finish Sole Tap**} Sd L twd ptr , lift R ft to XIB aiming to tch the sole of ptr's shoe while lifting trail hnds in a curve over the head , slide apt trng ¼ to fc ptr LOP-FCG COH sd R/cl L , sd & bk R ; {**Link Rock to CP Wall with Glide to the Side**} Rk bk L , rec R trng RF to CP WALL , sd L/cl R , sd L ;
- 123a4
- 123a4 7-8 {**Fin Glide to the Side**} Rel trail arms to LOP fc ptr & WALL Sd R , lower & reach thru XLIF , sd R/cl L , sd R blnding to SCP LOD ; {**Rock Back , Recover , Swivel Walk 2**} In SCP rk bk L , rec R , with swivel action fwd L , fwd R ;
- 1234

**My Girl Jive****REPEAT A****REPEAT B****ENDING****1-4 AWAY, KICK, FACE, TOUCH; VINE 4 TO ESCORT; 2 PT STPS; QUICK STRUT 4 (TO FACE);**

-2-4 1-2 {Awy , kck , fc , teh} Trng to OP LOD fwd L , kick R fwd , trng to fc ptr sd R ,  
1234 tch L ; {Vine 4 to ESCORT} sd L , XRib , sd L , XRif trng to LOD in ESCORT ;

-2-4 3-4 {2 Pt Steps} Pt L looking away to L , step L , pt R looking at ptr , step R ; {Quick  
1234 Strut 4 to Face} While swaying upper part of the body and with strong CBM step L  
trng shldr L , step R trng shldr R , step L trng shldr L , step R trng towards ptr;

**5- SIDE LUNGE TO LOOSE CUDDLE EMBRACE & LOOK AT PARTNER AS MUSIC FADES ;**

1--- 5 {Sd Lunge to Loose CUDDLE and Embrace} Sd L softening knee and chkg motion  
fcg WALL to CUDDLE trng slightly LF to DLW and embrace with R sway while  
looking at ptr;

**QUICK CUES**

WAIT ; 2 SLOW HIP ROCKS ; SKATE TOGETHER TWO STEP L ; AND R TO CP ;

CHASSE L & R ; DOUBLE BACK ROCK ; TO A THROWAWAY ; WINDMILL ;  
, , CHANGE R TO L (TO WALL) , , ; SAILOR SHUFFLES ; PROGRESSIVE ROCK 4 ;

INTO CHASSE ROLLS FORWARD & BACK ; ; , , , ROCK APART , RECOVER ;  
TO TRAVELING SAND STEP ; RIGHT TURNING TRIPLES (TO COH) ; RIGHT TURNING  
FALLAWAY (TO WALL) ; , , ROCK , RECOVER ;

CHASSE L & R ; DOUBLE BACK ROCK ; TO A THROWAWAY ; WINDMILL ;  
, , CHANGE R TO L (TO WALL) , , ; SAILOR SHUFFLES ; PROGRESSIVE ROCK 4 ;

INTO CHASSE ROLLS FORWARD & BACK ; ; , , , ROCK APART , RECOVER ;  
TO TRAVELING SAND STEP ; RIGHT TURNING TRIPLES (TO COH) ; RIGHT TURNING  
FALLAWAY (TO WALL) ; , , ROCK , RECOVER ;

NECK SLIDE (TO WALL) ; ; MIAMI SPECIAL (LOD) ; , , SOLE TAP , ;  
(TO FACE) , , , ; LINK ROCK TO CP WALL WITH A GLIDE TO THE SIDE ; ; ROCK BACK ,  
RECOVER , SWIVEL WALK 2 , ;

CHASSE L & R ; DOUBLE BACK ROCK ; TO A THROWAWAY ; WINDMILL ;  
, , CHANGE R TO L (TO WALL) , , ; SAILOR SHUFFLES ; PROGRESSIVE ROCK 4 ;

INTO CHASSE ROLLS FORWARD & BACK ; ; , , , ROCK APART , RECOVER ;  
TO TRAVELING SAND STEP ; RIGHT TURNING TRIPLES (TO COH) ; RIGHT TURNING  
FALLAWAY (TO WALL) ; , , ROCK , RECOVER ;

AWAY , KICK , FACE , TOUCH ; VIN 4 TO ESCORT ; 2 PT STPS ; QUICK STRUT 4 (TO FACE) ;  
SIDE LUNGE TO LOOSE CUDDLE EMBRACE & LOOK AT PARTNER AS MUSIC FADES ; ;