

# MAMA MIA

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MUSIC: Available on Amazon, Tony Evans Dancbeat Studio Band, Dancbeat 16 – Mama Mia Let's Dance  
Music was cut between 3:20 to 3:44 and last 31 seconds of original 4:04, final music 3:09

SEQUENCE: Intro, A, B, C, Inter, A, B, C, Ending Footwork: Opp unless indicated

RHYTHM: Cha Cha

PHASE: VI

TIMING 123&4 unless indicated

RELEASED: June/ 2024, NSDC, Milwaukee WI

Revised Cue Sheet: 7/14/2024 (Revisions in Red)

**Loose CP/Wall (W fc M), Id ft free, wait 2 measures (8 beats)**

## INTRO (8)

**1-8 Wait 2 measures M Fc Wall in loose closed position;; Merengue 8;;**

**New Yorker in 4; New Yorker; New Yorker in 4; New Yorker to Fc;**

1-2 Wait 2 measures

3-4 {Merengue} 1234 1234 Sd L, cl R to L, sd L, cl R to L; Sd L, cl R to L, sd L, cl R to L  
(Sd R, cl L to R, sd R, cl L to R; Sd R, cl L to R, sd R, cl L to R);

5 {New Yorker in 4} 1234 Turning ¼ RF fc Rev Fwd L, Turning to fc partner rec R, Sd L, Close R  
(Turning ¼ LF fc LOD Fwd R, Turning to fc partner rec L, Sd R, Close L);

6 {New Yorker} Turning ¼ RF fc Rev Fwd L, Turning to fc partner rec R, Sd Cha L/R, L  
(Turning ¼ LF fc LOD Fwd R, Turning to fc partner rec L, Sd Cha R/L, R);

7 {New Yorker in 4} 1234 Turning ¼ LF fc LOD Fwd R, Turning to fc partner rec L, Sd R, Close L  
(Turning ¼ RF fc Rev Fwd L, Turning to fc partner rec R, Sd L, Close R);

8 {New Yorker} Turning ¼ LF fc LOD Fwd R, Turning to fc partner rec L, Sd Cha R/L, R  
(Turning ¼ RF fc Rev Fwd L, Turning to fc partner rec R, Sd Cha L/R, L);

## PART A (20)

**1-4 Cross Body to BFLY Center;; Double Cuban Breaks each way;;**

1-2 {Cross Body} Fwd L, Rec R, Turning ¼ LF Sd Cha L/R, L;  
Bk R slip LF leading W acrs body twds the COH, Rec fwd L to BFLY COH, Sd Cha R/L, R;  
(Bk R, Rec L, Fwd Cha R/L, R; Fwd L, Fwd R trng LF to fc M, Sd Cha R/L, R);

3 {Double Cuban Breaks} 1&2&3&4 XLIF of R/Rec R, Sd L/Rec R, XLIF of R/Rec R, Sd L  
(XRIF of L/Rec L, Sd R/Rec L, XRIF of L/Rec L, Sd R);

4 {Double Cuban Breaks} 1&2&3&4 XRIF of L/Rec L, Sd R/Rec L, XRIF of L/Rec L, Sd R  
(XLIF of R/Rec R, Sd L/Rec R, XLIF of R/Rec R, Sd L);

**5-8 Cross Body to BFLY Wall;; Double Cuban Breaks each way;;**

5-6 {Cross Body} Fwd L, Rec R, Turning ¼ LF Sd L/cl R to L, sd L;  
Bk R slip LF leading W acrs body twds the WALL, Rec fwd L, to BFLY WALL Sd Cha R/L, R;  
(Bk R, Rec L, Fwd Cha R/L, R; Fwd L, Fwd R trng LF to fc M, Sd Cha R/L, R);

7 {Double Cuban Breaks} 1&2&3&4 repeat measure 3

8 {Double Cuban Breaks} 1&2&3&4 repeat measure 4

**9-10 Shoulder to Shoulder 2X;;**

9 {Shoulder to Sholder} Fwd L outside partner, Rec R, turning ¼ LF over next 3 steps Sd Cha L/R, L  
(Bk R, Rec L, Sd Cha R/L, R);

10 {Shoulder to Sholder} Fwd R outside partner, Rec L turning 1/8 RF over next 3 steps Sd Cha R/L, R  
(Bk L, Rec R, Sd Cha L/R, L);

**11-14 Open Hip Twist; Fan; Hockey Stick shake R hands;;**

- 11 {Open Hip Twist} Join Ld Hands Fwd L, Rec R, Bk L/ Bk R, cl L  
(Bk R, Rec L, fwd R/ fwd L, fwd R trn ¼ RF to "L" position);
- 12 {Fan} Bk R, Rec L, Sd Cha R/L, R (W fwd L, Fwd R trn LF, Bk Cha L/R, L);
- 13-14 {Hockey Stick to Handshake} Fwd L, Rec R, In Place Cha L/R, L (Cl R to L, Fwd L, Fwd Cha R/L, R);  
Bk R, Rec L trn 1/8 RF lead W to end F of M, Fwd Cha R/L, R to R Handshake  
(Fwd L, Trng 5/8 LF Bk R, Bk Cha L/R, L);

**15-16 Turkish Towel M Fc Wall;;**

- 15 {Turkish Towel} Fwd L, Rec R bring joined R hands up to W Rt side to lead W under, Sd Cha L/R, L;  
(Bk R, Rec L Sd Cha R/L, R);
- 16 Bk R, rec L fc WALL, Sd Cha R/L,  
R to M's Shadow R hands over M Rt Sholder join L hands shoulder height  
(W under R hands Fwd L, Fwd R behind M, Fwd Cha L/R,  
L to M's Left Side join L hands w/M);

**17-20 Break 3X (look on 1<sup>st</sup> and 3<sup>rd</sup>);;; Lady Out To Fc Jn R Hands;**

- 17 {Break 3 X} Bk L looking toward W, Rec R, Sd Cha trng ¼ RF L/R, L  
(Fwd R looking at M, Rec L, Sd Cha R/L, R);
- 18 Bk R, Rec L, Trng ¼ LF Sd Cha R/L, R (Fwd L, Rec R, Sd Cha L/R, L);
- 19 Bk L looking toward W, Rec R, Sd Cha trng ¼ RF L/R, L  
(Fwd R looking at M, Rec L, Sd Cha R/L, R);
- 20 {Lady Out To Fc Jn R Hands} Bk L, Rec R leading lady to trn LF, Fwd Cha L/R, L  
(Fwd R, Fwd L Trng LF ½ to fc M, Bk Cha R/L, R);

**PART B (8)****1-6 Circular Cross Body (5 measures) ;;;; Both Fwd to Aida;**

- 1 {Circ x-body} Fc ptr & Wall with R hnds jnd rk fwd L, rec R, trng ¼ LF to fc LOD, sd COH L/cl R, sd L (W rk bk R, rec L, fwd R/L, R) to end w/ M fcg LOD W fcg COH on M's R sd) ;
- 2 Rk bk R, rec L comm LF trn leading W acrs frnt of M w/ low R hnds, cont trng LF to fc DRC R/L,R while trng W LF and bringing R hnds up bhd W (W fwd L COH, fwd R comm 1 1/8 LF trn, fin LF trn L/R,L to fc DRC) blending 2 to VARS w/ bth fcg DRC ;
- 3 Rk fwd L, rec R, trng 1/8 LF to fc RLOD stp sd L/cl R, sd L (W fwd R, fwd L releasing jnd L hnds and trng ½ RF to fc DLW , trn another 1/8 RF to fc Wall sd R/cl L, sd & fwd R) to end M fcg RLOD (W fcg Wall) w/ R hnds jnd acrs frnt of W ;
- 4 Rk bk R, rec L comm LF trn leading W acrs frnt of M w/ low R hnds, cont trng LF to fc DLW R/L,R while trng W LF and bringing R hnds up bhd W (W fwd L Wall, fwd R comm 1 1/8 LF trn, fin LF trn L/R,L to fc DLW) blending to VARS w/ bth fcg DLW ;
- 5 Rk fwd L, rec R, trng 1/8 LF to fc LOD stp sd L/cl R, sd & fwd L to fc LOD (W fwd R, fwd L releasing jnd L hnds and trng ½ RF to fc DRC , trn another 3/8 RF to fc LOD stepping sd R/cl L, sd & fwd R) to end bth fcg LOD w/W to R of M and R hnds jnd acrs frnt of W ;
- 6 {Aida} Fwd R, fwd L trng rel R hds jn ld hnds, Bk Cha R/L, R end in slight bk to bk pos trailing arms up & bk (W fwd L, fwd R trng LF fc M, Bk Cha L/R, bk L) ;

**7-8 Switch with Cuban Breaks; Both Spot Turn;**

- 7 {Switch with Cuban Breaks} Swiv LF on R ft chk sd L to BFLY, Rec R, XLIF or R/ Rec R, Sd L raising lead hand  
(Swiv RF on L ft chk sd R, Rec L, XRIF of L/ Rec L, Sd R);
- 8 {Spot Turn} R Fwd and across trng ½,LF, Trng another ½ to fc W Rec L Sd Cha R/L, R  
(L Fwd and across trng ½ RF, Trng another ½ to fc M Rec R, Sd Cha L/R, L);

**PART C (10)****1-6 Open Hip Twist to Fan;; Alemana Overturned;;**

- 1 {Open Hip Twist} Join Ld Hands Fwd L, Rec R, Bk L/ Bk R, cl L  
(Bk R, Rec L, fwd R/ fwd L, fwd R trn ¼ RF to "L" position);
- 2 {Fan} Bk R, Rec L, Sd Cha R/L, R (W fwd L, Fwd R trn LF, Bk Cha L/R, L);
- 3 {Alemana Overturned} Fwd L, Rec R, Sd Cha L/R, L Raise Ld Hand to lead W under  
(Bk R, Rec L, Sd Cha R/L, R);
- 4 Bk R leading lady RF under joined hands cont u/a turn, Rec L, In Place Cha R/L, R trng Lady ½ RF to shadow;  
(Fwd L trng RF under joined hands, fwd R cont RF Turn, Fwd Cha L/R, Strong turn RF to Shadow L);

**5-8 Adv Sliding Door ;; Start an Adv Sliding Door; Lady Out to to Fc, Man Close Up;**

- 5 {Adv Sliding Door} Fwd L, Trng sl LF Rec R, Leaading Lady out to solo fence line In Place Cha L/R. L  
(Bk R, trng sl LF Fwd L, Fwd Cha R/L, R);
- 6 Bk R, Trng sl RF Rec L, Leading Lady Bk to Shadow In Place Cha R/L, R  
(Fwd L, trng sl RF Rec R, Bk Cha L/R/L);
- 7 (Start an Adv Sliding Door) Fwd L, Trng sl LF Rec R, Leaading Lady out to solo fence line In Place Cha L/R. L  
(Bk R, trng sl LF Fwd L, Fwd Cha R/L, R);
- 8 {Lady Out To Fc} Bk R leading lady to trn LF, Rec L, Fwd Cha R/L, R closing up to Woman  
(Fwd L trng ½ LF, Bk R, Bk Cha L/R, L)

**9-10 Basic Natural Top Fc Wall;;**

- 9-10 {Basic Nat Top} Fwd L, Rec R, Sd Cha L/R, L trng 1/8 RF (Bk R, Rec L, Sd Cha R/L, R trng 1/8 RF);  
XRIB of L cont RF trn, sd & fwd L cont RF trn fc DC, small XRIB of L cont RF trn fc LOD/ cl L, sd R fc wall  
(W trng RF sd L, XRIF of L fc DRW, cont RF trn sd & fwd L fc RLOD/ lk RIB of L, fwd L);

**INTERLUDE (4)****1-4 Continuous Advanced Hip Twists 2X;;; 1<sup>st</sup> to fc Center, 2<sup>nd</sup> to Fc Wall**

- 1 {Cont Advanced Hip Twist Fc COH} Trn body RF to swvl W RF on her L ft fwd L, recov R trn body LF to BJO, XLIB  
of R fc DW/ cl R trn RF, small sd L fc wall (W swvl RF on L to to rk bk R fc wall, recov L swvl LF to BJO, XRIF of L in  
BJO/ trn RF cl L to R, fc LOD small fwd R);
- 2 Small sd R leading W fwd, recov L trn W to BJO, wheel fwd RF to fc the COH fwd R/ lk LIB of R, fwd R (W fwd L  
swvl LF, fwd R to BJO, fwd wheel fwd L/ lk RIB of L, fwd L to fc ptr);
- 3 {Cont Advanced Hip Twist Fc Wall} Trn body RF to swvl W RF on her L ft fwd L, recov R trn body LF to BJO, XLIB  
of R fc DRC/ cl R trn RF, small sd L fc COH (W swvl RF on L to to rk bk R fc COH, recov L swvl LF to BJO, XRIF of L in  
BJO/ trn RF cl L to R, fc RLOD small fwd R);
- 4 Small sd R leading W fwd, recov L trn W to BJO, wheel fwd RF to fc the wall fwd R/ lk LIB of R, fwd R (W fwd L  
swvl LF, fwd R to BJO, fwd wheel L/ lk RIB of L, fwd L to fc ptr);

**Repeat PART A, Repeat PART B, Repeat ART C****ENDING (6+)****1-4 Continuous Advanced Hip Twists 2X;;; 1<sup>st</sup> to fc Center, 2<sup>nd</sup> to Fc Wall**

See Interlude

**5-6 Fwd Basic Open Up to LOD; Thru to an Aida; Arms****(Outside arms Up on last beat)**

- {Fwd Basic} Fwd L, Rec R, Sd Cha L/R, L Opening Up to LOD  
(Bk R, Rec L, Sd Cha R/L, R Opening Up to LOD)
- {Aida} Thru R, Trng RF Sd L to Fc W, Cont Turn RF Bk R/ Bk L, Bk R end in a bk to bk V position  
(Thru L, Trng LF Sd R, Cont Turn LF Bk L/ Bk R, Bk L end in bk to bk V position);
- {Arms} 1 on last beat Outside arms extend up for both,

## HEAD CUES

### INTRO (8)

1-8 Wait 2 measures M Fc Wall in loose closed position;; Merengue 8;;  
New Yorker in 4; New Yorker; New Yorker in 4; New Yorker to Fc;

### PART A (20)

1-4 Cross Body to BFLY Center;; Double Cuban Breaks each way;;

5-8 Cross Body to BFLY Wall;; Double Cuban Breaks each way;;

9-10 Shoulder to Shoulder 2X;;

11-14 Open Hip Twist; Fan; Hockey Stick shake hands;;

15-16 Turkish Towel M Fc Wall;;

17-20 Break 3X (look on 1<sup>st</sup> and 3<sup>rd</sup>);;; Lady Out To Fc Jn R Hands;

### PART B (8)

1-6 Circular Cross Body (5 measures);;;; Both Fwd to an Aida;

7-8 Switch with Cuban Breaks; Both Spot Turn;

### PART C (10)

1-4 Open Hip Twist to Fan;; Alemana Overturned;;

7-10 Adv Sliding Door;; **Start an Adv Sliding Door;**

Lady Out To Fc; Basic Natural Top to Fc Wall;;

### INTERLUDE (4)

1-4 Continuous Advanced Hip Twists 2X;;; 1<sup>st</sup> to fc Center, 2<sup>nd</sup> to Fc Wall

Repeat PART A

Repeat PART B

Repeat PART C

### ENDING (6+)

1-4 Continuous Advanced Hip Twists 2X;;; 1<sup>st</sup> to fc Center, 2<sup>nd</sup> to Fc Wall

5-6 Fwd Basic Open Up to LOD; Thru to an Aida; Arms (Outside arms Up on last beat)