

Letting Go

(Voy A Quitarme El Anillo)



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Music: "Voy A Quitarme El Anillo" Artist: Gisselle Album: "8" Track #1 3:04
Download at Amazon

Suggested Speed: As on CD

Footwork: Opposite, directions for man (lady as noted) Timing indicates weight changes only

Rhythm & Phase: Rumba V+2(Rudolph Ronde, Circular Hip Twist)+1(Double Spot Turns)

Basic Rhythm: QQS except where noted

Sequence: **Intro A B A B Tag**

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Meas

INTRO

1-4 WAIT PICKUP NOTES (Approx 2 Meas)

CIRCULAR SERPIENTE;; OPPOSITION FENCE LINE; OPPOSITION SPOT TRN M PT;

Wait lead notes (approx. 2 meas) in BFLY/WALL R-ft free for both pointed sd

1-2 **{Circular Serpiente}** XRIF comm rotating CW, cont rotating sd L, XRIB ronde L CCW, -
end M fcg COH; XLIB comm rotating CCW, cont rotating sd R, XLIF ronde R CCW, -
end BFLY/WALL;

3 **{Opposition Fence Line}** Joining R-hnds XRIF w/ bent knee extending L-hnds twd LOD
(W twd RLOD), rec L, sd R releasing hnds, - end FCG/WALL;

QQ-- 4 **{Opposition Spot Trn M Pt}** XLIF trng RF 3/4, rec R trng RF 1/4 to fc WALL, pt L sd, -
(W QQS) joining lead hnds (W XLIF trng RF 3/4, rec R trng RF 1/4 to fc COH, sd L, -) end
LOP-FCG/WALL (now opposite footwork);

5-12 OPEN HIP TWIST; W SYNC SPIN TO FAN; ALEMANA LEAD TO FC; AIDA; HIP RK 3; SLOW HIP RK 2 & SWIVEL TO FC; DBL SPOT TRNS;;

5 **{Open Hip Twist}** LOP-FCG/WALL fwd L, rec R, cl L leading W swivel RF, - (W bk R,
rec L, fwd R swiveling RF to fc LOD, -) end L-shape fcg WALL (W fcg LOD);

QQS 6 **{W Sync Spin to FAN}** Bk R leading W spin, rec L, joining lead hnds sd R, - (W fwd L
(W Q&Q&S) spinning LF full trn/cl R, fwd L spinning LF half/cl R to fc RLOD, bk L, -) end FAN/WALL;

7 **{Alemana Lead to Fc}** Fwd L, rec R, sd L lead W swivel RF, - (W cl R, fwd L, fwd R
swiveling RF to fc M, -) end LOP-FCG/WALL;

8 **{Aida}** Thru R, sd L comm trng RF, cont trng RF to fc RLOD bk R, - end AIDA LINE
/RLOD;

9 **{Hip Rk 3}** Fwd L rolling hips LF, rec R rolling hips RF, fwd L rolling hips LF, -;

SS 10 **{Slow Hip Rk 2 & Swivel to Fc}** Rec R rolling hips RF, -, fwd L swiveling LF to fc ptr, -
end LOP-FCG/WALL;

QQ-- 11-12 **{Dbl Spot Trns}** XRIF trng LF 3/4, rec L trng LF 1/4 to fc WALL, pt R sd, -; XRIF trng LF
QQS 3/4, rec L trng LF 1/4 to fc WALL, sd R joining lead hnds, - end LOP-FCG/WALL;

PART A

1-8 HALF BASIC W SWIVEL M PT TO SHADOW; HIP RK 3; SHADOW FENCE LINE; SHADOW SERPIENTE;; SHADOW FENCE LINE; BK W LAYBACK; W OUT TO FC M TRANS;

QQ-- 1 **{Half Basic W Swivel M Pt to SHADOW}** LOP-FCG/WALL fwd L, rec R leading W
(W QQS) swivel RF releasing jnd lead hnds, pt L sd joining L-hnds, - (W bk R, rec L, fwd R
swiveling RF 1/2 to fc WALL, -) end SHADOW/Wall; (now same footwork)

2 **{Hip Rk 3}** Sd L rolling hips LF, rec R rolling hips RF, sd L rolling hips LF, -;

3 **{Shadow Fence Line}** XRIF flexing knees, rec L, sd R, -;

4-5 **{Shadow Serpiente}** XLIF, sd R, XLIB ronde R CW, -; XRIB, sd L, XRIF ronde L CW, -;

6 **{Shadow Fence Line}** XLIF flexing knees, rec R, sd L, - end SHADOW/WALL;

--S 7 **{Bk W Layback}** Bk R-toe flexing knee & leaning upper body fwd, -, shifting full wgt to R
straightening upper body w/ sway to right looking R, -;

SS 8 **{W Out to Fc M Trans}** Rec L leading W fwd, -, fwd R joining R-hnds, - (W rec L, fwd R
(W QQS) spiraling LF 1/2 to fc COH, bk L, -) end FCG/WALL R-hnds jnd; (now opposite footwork)

PART A (cont'd)

- 9-18 **TRADE PLACES TWICE;; OPEN BREAK; ALEMANA TRN w/ DBL RONDE; SLIDE ACROSS; W OUT TO FC; REV UNDERARM TRN TO L-SHAPE; FAN; HOCKEY STICK W OVERTRN TO TANDEM;;**
- 9-10 **{Trade Places Twice}** FCG/WALL R-hnds jnd apt L, rec R trng RF 1/4 bhnd W releasing hnds to momentary TANDEM/RL0D, cont trng RF sd & bk L joining L-hnds, - end FCG/COH L-hnds jnd; Apt R, rec L trng LF 1/4 bhnd W releasing hnds to momentary TANDEM/RL0D, cont trng LF sd & bk R joining R-hnds, - end FCG/WALL R-hnds jnd;
- 11 **{Open Break}** Apt L, rec R, cl L raising jnd R-hnds, -;
- 12 **{Alemana Trn w/ Dbl Ronde}** Bk R, rec L, fwd R small step ronde L CW, - (W trng RF fwd L under jnd R-hnds, fwd R cont trng RF to fc M, sd & fwd L to M's R & placing L-hnd on top of M's R-shoulder swivel RF on L ronde R CW, -) end SD-BY-SD/WALL jnd R-hnds extended sd M's L-hnd extended sd W's L-hnd on top of M's R-shoulder;
- 13 **{Slide Across}** XLIF passing IF of W, sd R, cl L joining L-hnds, - (W XRIB, sd L passing bhnd M, fwd R, -) end M's SKATERS Pos/WALL M on W's R-sd jnd R-hnds at M's R-hip jnd L-hnds extended sd;
- 14 **{W Out to Fc}** Releasing R-hnds bk R, rec L releasing L-hnds, sd R joining lead hnds, - (W fwd L spiraling RF to fc WALL, fwd R cont trng RF to fc M, sd L, -) end LOP-FCG/WALL;
- 15 **{Rev Underarm Trn to L-Shape}** Raising jnd lead hnds XLIF, rec R, sd L, - (W XRIF trng LF 1/2 under jnd lead hnds, rec L trng LF 1/4 to fc LOD, cl R, -) end L-SHAPE CP M fcg WALL (W fcg LOD);
- 16 **{Fan}** Bk R leading W fwd, rec L, sd R, - (W fwd L, fwd R trng LF 1/2, bk L, -) end FAN/WALL;
- 17-18 **{Hockey Stick W Overtrn to TANDEM}** Fwd L, rec R, cl L raising jnd lead hnds, - (W cl R, fwd L, fwd R, -); Bk R slightly trng RF, rec L, fwd R, - (W passing under jnd lead hnds fwd L twd DRW, fwd R spiraling LF to fc DRW, fwd L, -) end TANDEM/DRW M bhnd W;

PART B

- 1-9 **HALF BASIC W SWIVEL TO BJO; WHEEL 3 W SWIVEL TO HALF-OP; WALK 3; MANUV PIVOT 2 TO RUDOLPH RONDE; BK SYNC REV UNDERARM SPIN TO CP; CIRCULAR HIP TWIST;;; THRU SD CL;**
- 1 **{Half Basic W Swivel to BJO}** TANDEM/DRW fwd L, rec R releasing lead hnds, sd & fwd L assuming BJO, - (W fwd R swiveling RF 1/2 to fc M, fwd L, fwd R slightly trng RF, -) end BJO/RL0D;
- 2 **{Wheel 3 W Swivel to HALF-OP}** Fwd R comm wheel RF, fwd L cont wheel, fwd R to fc LOD, - (W fwd L comm wheel RF, fwd R cont wheel, fwd L swiveling RF to fc LOD, -) end HALF-OP/LOD;
- 3 **{Walk 3}** Fwd L, fwd R, fwd L, -;
- 4 **{Manuv Pivot 2 to Rudolph Ronde}** Fwd R trng RF to fc RL0D assuming CP, bk L pivoting RF, cont pivoting fwd R flexing knee to lead W ronde, - (W fwd L, fwd R pivoting RF, cont pivoting bk L & swiveling RF ronde R CW, -) end momentary SCP/LOD;
- QQ&S 5 **{Bk Sync Rev Underarm Spin to CP}** Bk L trng RF to fc WALL raising jnd lead hnds, sd R/cl L, sd R assuming CP, - (W bk R trng LF, sd L spinning LF under jnd lead hnds/cont spinning LF cl R to fc M, sd L, -) end CP/WALL;
- 6-8 **{Circular Hip Twist}** Fwd L, rec R, XLIB, - (W swiveling RF 1/2 on L bk R, rec L trng LF, fwd R outside ptr, -); Trng LF sd & bk R leading W to swivel RF, XLIB trng LF, trng LF sd & bk R leading W to swivel RF, - (W swiveling RF 1/2 fwd L, swiveling LF cl R, swiveling RF fwd L, -); XLIB trng LF, trng LF sd & bk R leading W to swivel RF, XLIB trng LF to fc WALL, - (W swiveling LF cl R, swiveling RF fwd L, swiveling LF cl R, -) end CP/WALL;
- 9 **{Thru Sd Cl}** Thru R, sd L, cl R releasing trailing hnds, - end LOP-FCG/WALL;

TAG

- 1-2 **HALF BASIC W SWIVEL M PT TO SHADOW; W ROLL ACROSS TO LUNGE STORK LINE;**
- QQ-- 1 **{Half Basic W Swivel M Pt to SHADOW}** LOP-FCG/WALL repeat Meas 1 of PART A:
(W QQS)
- SS 2 **{W Roll LF Across to Lunge Stork Line}** Sd L joining lead hnds, -, sd R flexing knee looking at W, - (W sd L comm rolling LF, cont rolling RF sd & bk R to fc WALL, sd L lifting R along L-leg raising L-hnd straight up looking at M, -) end LOP/WALL;
(W QQS)