

Let's Get Away From It All

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Music: "Let's Get Away From It All"
Download: Amazon
Artist: Justin Marcus
Album: Ask Me How Do I Feel
Time/Speed: 2:30 as downloaded 45 RPM slow down to 43 RPM or speed to suit
Footwork: Opposite man unless noted (W in parentheses)
Rhythm/Phase: Fox Trot / Phase 4
Released: July 2018
Degree of Difficulty: Easy
Sequence: Intro, A, B, A 1-8, C, B, A 1-8, End

INTRO

1-4 FWD LOCK FWD TWICE ; ; LUNGE APART & TOGETHER TO CP WALL ;
1 Wait OP LOD lead feet free & pointed to side trail hands joined ;
2-3 {Fwd Lk Fwd Twice} Fwd L, lk RIB of L (both lk IB), fwd L,- ; Fwd R, lk LIB of R (bth lk IB), fwd R OP LOD,- ;
4 {Lunge Apart & Together to CL WALL} Trng slightly LF/sd L flexing L knee in lunge line swaying R to look at ptr (trng slightly RF/sd R flexing R knee in lunge line swaying L to look at ptr) to end in OPEN lunge apt pos fcng LOD ,-, Together R, trng slightly RF draw L to R blending in frame (together L trng LF blending in frame) to CP WALL ;

PART A

1-16 HOVER ; THRU FACE CLOSE ; TWIST VINE 3 ; MANUEVER ; SPIN TURN ; ½ BOX BACK TO SCAR ; CROSS HOVER TO SCP LOD ; THRU VINE 4 SCP ; FEATHER DLW ; THREE STEP ; FEATHER ; WHISK ; WING ; TURN L & R CHASSE TO BJO ; IMPETUS SCP ; FEATHER DLC ;
1-2 {Hover} Fwd L, -, Fwd & sd rise R, sd & fwd L (bk R, -, bk & sd rise L, sd & fwd R) SCP LOD ;
{Thru Face Close} Thru R,-, sd L trn to fc partner, cl R CP WALL ;
3-4 {Twist Vine 3} Sd L, -, XRIB, sd L (sd R, -, XLIF, sd R) BJO DLW ;
{Maneuver} Fwd R comm RF trn,-, cont RF trn to fc ptr & RLOD sd L, cl R ;
5-6 {Spin Turn} Bk L comm toe pvt 1/2 RF,-, fwd rise R cont RF trn LOD, rec sd & bk L (fwd R between M's feet comm pvt 1/2 RF,-, bk L toe cont trn, fwd R) CP LOD ;
{½ Box Back to SCAR} Bk R,-, sd L, cl R Blend to SCAR DLW ;
7-8 {Cross Hover to SCP LOD} Fwd L trng RF, -, fwd & sd R rising, cont trng sd & fwd L to

SCP LOD

(Bk R crossing IF of M, -, sd L trng RF, sd & fwd R) SCP LOD ;

{Thru Vine 4 to SCP} Thru R, sd L, XRIB, fwd L SCP LOD ;

9-10 {Feather DLW} Thru R, -, fwd L, fwd R to BJO (thru L starting LF trn, -, cont trng sd & bk R, bk L) BJO DLW ;

{Three Step} Fwd L heel lead blending to CP,-, fwd R heel lead w/slight right shoulder lead rising to toe, fwd L end CP DLW ;

11-12 {Feather} Fwd R,-, fwd L w/slight left shoulder lead to BJO, fwd R DLW ;

{Whisk} Fwd L, sd & slightly fwd R, XLIB to SCP LOD ;

13-14 {Wing} Fwd R comm LF trn, cont upper body rotation & tch L leading W to SCAR, (fwd L, R, L, to SCAR w/ R stretch keeping head in CP) DLC ;

{Turn L & R Chasse to BJO} Fwd L trng LF, -, bk & sd R/L, R cont trng to BJO fcg DRC ;

15-16 {Impetus SCP} Bk L comm RF trn, -, cl R cont RF heel trn, sd & fwd L (W fwd R, -, sd & fwd L trng RF, fwd R) SCP DLC ;

{Feather DLC} Fwd R,-, fwd L w/slight left shoulder lead to BJO, fwd R DLC ;

PART B

1-8 DIAMOND TURN ; ; ; TELEMARK SCP ; THRU FACE CLOSE ; SIDE STAIR 4 ; SIDE DRAW CLOSE ;

1-4 {Diamond Turn} Fwd L trng on diag,-, sd R cont trng LF, bk L BJO DRC ; Bk R trng LF,-, sd L, fwd R BJO ; Fwd L trng on diag DRW,-, sd R cont trng LF, bk L BJO DLW ; Bk R trng LF,-, sd L, fwd R BJO to DLC ;

5-6 {Telemark to SCP} Fwd L to CP comm LF trn, -, sd R cont trn, sd & fwd L (Bk R comm LF trn, -, cl L to R for heel trn, sd & fwd R) SCP DLW ;

{Thru Face Close}; Thru R,-, sd L trn to fc partner, cl R CP WALL ;

7-8 {Side Stair 4} Sd L, cl R, fwd l, cl R CP WALL ;

{Side Draw Close} Sd l,-, draw R, cl R CP WALL ;

REPEAT PART A 1-8

1-8 HOVER ; THRU FACE CLOSE ; TWIST VINE 3 ; MANUEVER ; SPIN TURN ; ½ BOX BACK TO SCAR ; CROSS HOVER TO SCP LOD ; THRU VINE 4 SCP ;

PART C

1-16 WING ; CROSS HOVER BANJO ; CROSS HOVER SCAR ; CROSS HOVER SCP LOD ; IN AND OUT RUNS ; ; THRU SIDE BEHIND ; WALK 2 TO OPEN LOD ; STEP KICK 4X ; ; FORWARD LOCK FORWARD TWICE ; ; VINE APART AND TOGETHER TO FC ; ; TWIRL VINE 3 DLC ; FEATHER DLC ;

1-4 {WING} Fwd R comm LF trn, cont upper body rotation & tch L leading W to SCAR, (fwd L, R, L, to SCAR w/ R stretch keeping head in CP) DLW ;

{Cross Hover BJO} XLIF, -, sd & fwd rise R, fwd & sd L(XRIB, -, sd & bk rise L, bk & sd R) DLC ;

{Cross Hover SCAR } XRIF, -, sd & fwd rise L, fwd & sd R; (XLIB, -, sd & bk rise R, bk & sd L) DLW ;

{Cross Hover SCP LOD} Fwd L trng RF, -, fwd & sd R rising, cont trng sd & fwd L to SCP (Bk R crossing IF of M, -, sd L trng RF, sd & fwd R) SCP LOD ;

5-6 {In and Out Runs} thru R comm RF trn, -, sd & bk L to CP RLOD, bk R (W fwd L, R, L) to BJO RLOD ; bk L trn RF, -, sd & fwd R cont RF trn, fwd L (W fwd R outsd ptr comm RF trn,

- fwd & sd L cont RF trn, sd & fwd R) to SCP/LOD ;
- 7-8 **{Thru Side Behind}** Thru R,-, sd L, XRIB ;
{Walk 2 to OP LOD} Fwd L,-, fwd R,-, blending to OP LOD ;
- 9-10 **{Step Kick 4 X}** Fwd L, kck R, fwd R, kck L ; fwd L, kck R, fwd R, kck L ;
- 11-12 **{Fwd Lk Fwd Twice}** Fwd L, lk RIB of L (both lk IB), fwd L,- ; Fwd R, lk LIB
of R (bth lk IB), fwd R OP LOD,- ;
- 13-14 **{Vine Apart and Together to FC}** Sd L, XRIB, sd L, tch R; Sd R, XLIB, Sd R trn RF to fc
partner, tch L join lead hands WALL ;
- 15-16 **{Twirl Vine 3 to DLC}** Ldng W to twirl under lead arms Sd L,-, XRIB, sd L(fwd R comm
turn,-, bk turn L, sd R) SCP DLC ;
{Feather DLC} Fwd R,-, fwd L w/ slight left shoulder lead to BJO, fwd R DLC ;

REPEAT PART B

**1-8 DIAMOND TURN ; ; ; TELEMARK SCP ; THRU FACE CLOSE ; SIDE STAIR 4 ; SIDE
DRAW CLOSE ;**

REPEAT PART A 1-8

**1-8 HOVER ; THRU FACE CLOSE ; TWIST VINE 3 ; MANUEVER ; SPIN TURN ; ½ BOX
BACK TO SCAR ; CROSS HOVER TO SCP LOD ; THRU VINE 4 SCP ;**

END

1-4 IN AND OUT RUNS ; ; SLOW THRU QUICK VINE 4 ; & HOLD EXPLODE APART

1-2 **{In and Out Runs}** thru R comm RF trn, -, sd & bk L to CP RLOD, bk R (W fwd L, R, L) to
BJO RLOD ; bk L trn RF, -, sd & fwd R cont RF trn, fwd L (W fwd R outsd ptr comm RF trn,
fwd & sd L cont RF trn, sd & fwd R) to SCP/LOD ;

3-4 **{Slow Thru Quick Vine 4 & Hold}** Thru R,-, sd L/XRIB, sd L/XRIF ; hold,-,
{Explode Apart} Trng slightly LF/sd L flexing L knee in lunge line sweep L arm up & out
swaying R to look at ptr (trng slightly RF/sd R flexing R knee in lunge line sweep R arm up
& out swaying L to look at ptr) to end in OPEN lunge apt pos fcing LOD ;

[NOTE Timing of last 2 measures: Slow Thru on beats 1-2

Quick Vine 4 on beats 3&4& Hold beats 5-6 Explode on beat 7 last beat of dance]