

Just In Time

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Record: CD - CBS A21552, Tony Bennett/@The Good Life@, Track 3
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Phase IV+2 (double reverse, nat weave) - Foxtrot
Sequence: Intro, A, B, C, B, End 2003



INTRODUCTION

1-4 WAIT 1; SLOW ROCKS; ROLL LADY OUT to LUNGE; LADY ROLL to SEMI;

- 1 [Wait SS] Wrap pos fc dlw both with left feet free,-,-;
- 2 [Slow Rks SS] Sd L body trn LF sway action right,-, sd R body trn RF sway action lft release trail hnds,-;
- 3 [Lady Roll to Lunge SS (QQS)] Sd L as lady rolls to DLC lead hnds still jnd,-, lunge sd R shape to lady,- (fwd L comm LF roll DLC, sd R cont roll, trn LF lunge sd L shape to man,-);
- 4 [Lady Roll to Semi QQS] Fwd L comm LF trn to DRC release hnds, cl R trn LF, sd & fwd L RLOD look RLOD jn hnds bfly (lady roll RF RLOD R, L, sd R to bfly);

PART A

1-8 BFLY CHAIR REC BANJO; WEAVE ENDING; FORWARD RIGHT LUNGE; EXTEND RECOVER SLIP; DOUBLE REVERSE; CHANGE of DIRECTION; REVERSE TURN 6::

- 1 [Bfly Chair Rec Slip Bjo SQQ] Fwd R in bfly soften knee man no sway look RLOD,-, rec L rising com slight LF trn, strong rise bk R slip pivot to bjo fc RLOD;
- 2 [Weave End QQQQ] Bk L in bjo, bk R to cp trn LF, sd & fwd L pointng DLW slight body trn to bjo, fwd R in bjo DLW;
- 3 [Fwd Right Lunge SS] Fwd L cp DLW sway slight left (option: lady open head), -, fwd R soften knee shape to right sway lady-s to lft,-;
- 4 [Extnd Rec & Slip SQQ] Extnd right lunge line, -, rec bk L to body trn RF both look COH, trn LF bk R slip pvt cp DLC;
- 5 [Double Reverse SQ&Q] Fwd L trn LF,-, fwd & sd R trn LF/spin LF on R to DLC, tch L to R DLW (Bk R,-, trn LF on R heel transfer weight to L/fwd & sd R trn LF, trn LF XLIFR);
- 6 [Chng Dir SS] Fwd L trng body to cp fc DLW,-, fwd R on inside edge trn LF to whole foot draw L toward R to fc DLC slight rise,-;
- 7-8 [Rev Trn 6 SQQSQQ] Fwd L trn LF,-, fwd & sd R trn LF (W heel trn), bk R backing LOD; bk R trn LF,-, sd & fwd L DLW, fwd R bjo DLW;

PART B

1-8 THREE STEP; NATURAL TURN; BACK FEATHER; BACK FEATHER to SDCAR CHECK; CROSS SWIVEL to BANJO; MANEUVER PIVOT 3 to SEMI; WHIPLASH; BACK HOVER to SEMI (dlw):

- 1 [3 Step SQQ] Fwd L trng LF to cp DLW,-, fwd R on heel slight right sd lead, fwd L toe heel to cp DLW;
- 2 [Nat Trn] Fwd R trn RF,-, sd & fwd L trn RF (W heel trn), bk R cp bkng LOD;
- 3 [Bk Feather SQQ] Bk L trng body RF no head trn,-, bk R to bjo backing LOD, bk L in bjo bkng LOD;
- 4 [Bk Feather Sdcar Ck SQQ] Bk R trng body LF keep head lft,-, bk L to cp backing LOD trn body LF, bk R in sdcar bkng LOD & ck;
- 5 [Cross Swivel Bjo SS] Fwd L swivel LF to bjo fc DLW,-, pnt R to sd slightly bk slight oversway line, - (bk R swivel LF to bjo fc DRC,-,pnt L sd & fwd,-);
- 6 [Man Pivot 3 QQQQ] Fwd R strt trn RF, trn RF sd L pvt action, fwd R pvt RF, sd & fwd L to semi LOD;
- 7 [Whiplash SS] Thru R no rise trn body LF to swivel lady to bjo pnt L to DRC shape to slight right sway,-, hold shpe to right slight rise in bjo LOD (thru L swivel LF ronde R ccw to bjo,-, shape with man slight rise in bjo w/shape);
- 8 [Bk Hover to Semi SQQ] Bk L in bjo,-, trn RF sd & bk R, rec sd & fwd L to semi DLW;

9-16 IN & OUT RUNS:: SEMI CHASSE; PROMENADE WEAVE:: HOVER to BFLY BANJO; TWIRL/VINE 4 to BFLY; lady SWIVELS to BANJO:

- 9-10 [In & Out Run SQQSQQ] Thru R trn RF,-, sd & bk L trn RF, sd & bk R to bjo bkng DLW; bk L in bjo trn RF,-, sd & fwd R small step LOD trn RF, sd & fwd L in semi DLC;

- 11 [Semi Chasse SQ&Q] Thru R,-, sd & fwd L/cl R, sd & fwd L in semi DLC;
 12-13 [Prom Weave SQQQQQQ] Thru R,-, fwd L trn LF, sd & bk R to bjo LOD; bk L in bjo, bk R to cp trn LF, sd & fwd L DLW to bjo, fwd R in bjo DLW;
 14 [Hover to Bjo SQQ] Fwd L to cp, sd & fwd R slight body trn RF loosen hold, sd & fwd L to bfly bjo DLW;
 15 [Twirl Vine 4 QQQQ] Fwd R slight trn RF release hold, sd & fwd L LOD raise lead hnds, XRIBL twirl lady undr lead hnds slight trn LF, sd & fwd to bfly mvng LOD (bk L release hold trn RF, fwd R srt undrarm trn RF, sd L trn RF undr lead hnds, fwd R to bfly lod);
 16 [Lady Swivel Bfly SS] Thru R no rise trn body LF to swivel lady to bjo shape to slight right sway,-, pnt L to DLC hold shpe to rght slight rise in bfly bjo LOD,- (thru L swivel LF ronde R ccw to bjo,-, pnt R DLC shape with man slight rise in bfly bjo,-);

17-24 CROSS SWIVEL to SDCAR; TWIST VINE 4; CROSS SWIVEL to BANJO; TWIST VINE 4 (rlod); WEAVE ENDING (dcr); OPEN TELEMARK (dlw); NATURAL WEAVE;;

- 17 [Cross Swivel Sdcar SS] Bk L swivel RF to bfly sdcar fc DRW,-, pnt R to sd, - (fwd R swivel RF bfly sdcar fc DLC,-,pnt L sd,-);
 18 [Twist Vine QQQQ] bk R in bfly sdcar trn RF, sd & fwd L to bfly bnjo LOD, fwd R in bfly bnjo mvng LOD, trn LF sd & bk R to bfly sdcar mvng LOD;
 19 [Cross Swivel Bjo SS] Bk R swivel LF to bfly bjo fc DLW,-, pnt L to sd, - (fwd L swivel LF bfly bjo fc DRC,-,pnt R sd,-);
 20 [Twist Vine QQQQ] bk L in bfly bjo, trn RF sd & fwd R to bfly sdcr, fwd L in bfly sdcr mvng RLOD, trn LF sd & bk R to bfly bjo mvng RLOD;
 21 [Weave End QQQQ] Bk L in blnd bjo RLOD, bk R to blnd cp trn LF, sd & fwd L DCR to bjo, fwd R in bjo DCR;
 22 [Open Telemark SQQ] Fwd L trn LF, sd & fwd R trn LF (lady heel trn - like hitch), sd & fwd L in semi DLW;
 23-24 [Nat Weave SQQQQQQ] Trn RF fwd R,-, sd & fwd L trn RF slight sway right (lady heel trn), cont RF trn chng to slight left sway sd & bk R to bjo bkng DLC; bk L in bjo, bk R to cp trn LF, sd & fwd L pointng DLW slight body trn to bjo, fwd R in bjo DLW;

PART C

1-8 HOVER TELEMARK; OPEN NATURAL; OPEN IMPETUS; WEAVE to OVERSWAY;; HOVER BRUSH to SEMI; CHAIR RECOVER SLIP; DOUBLE REVERSE;

- 1 [Hover Telemark SQQ] Fwd L, sd & fwd R trn RF, sd & fwd L in semi DLW;
 2 [Open Nat SQQ] Thru R trn RF,-, sd & bk L trn RF slight sway right (fwd R), sd & bk R to bjo bkng DLW;
 3 [Open Impetus S-Q (SQQ)] Sd & fwd R,-, trn RF rise & brush as lady passes, trn RF sd & fwd L to semi DRW (W Fwd R,-, trn RF sd & fwd L trn RF brush R to L, sd & fwd R in semi DRW);
 4-5 [Weave to Oversway SQQQQS] Thru R,-, fwd L Trn LF, sd & bk R LOD; bk L LOD BJO, bk R to CP Trn LF, sd & fwd L LOD sftn L knee shpe to rght to oversway line, -;
 6 [Hover Brush S-Q] Sd & bk R,- sml trn RF, rise & brush L to R, rec sd & fwd L to semi DLW;
 7 [Chair Rec Slip SQQ] Fwd R in semi soften knee man no sway look DLW,-, rec L rising com slight LF trn, strong rise bk R slip pivot to cp fc DLC;
 8 [Double Reverse SQ&Q] Fwd L trn LF,-, fwd & sd R trn LF/spin LF on R to DLC, tch L to R DLW (Bk R,-, trn LF on R heel transfer weight to L/fwd & sd R trn LF, trn LF XLIFR);

END

1-4 HOVER to SEMI; WEAVE to a HIGH-LINE;; DROP OVERSWAY -

- 1 [Hover SQQ] Fwd L,-; fwd & sd R slight body trn RF, sd & fwd L to semi DLC;
 2-3 [Weave to Hinge SQQQQS] Thru R,-, fwd L Trn LF, sd & bk R LOD; bk L LOD BJO, bk R to CP trn LF, sd & fwd L sft knee slight hi sway line LOD both look LOD, -;
 4 [Drop Oversway Q - -] Sharp chng to oversway line on last beat of music - -

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