

## IT'S OVER

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Download: iTunes, Amazon  
Waltz PH VI  
W's Footwork Opp unless noted  
Seq: INTRO, A, B, C, B, END

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Dance Starz AZ  
It's Over by Matthew Morrison Slow: 40 rpm  
CD: Matthew Morrison, Tr 10 Time: 2:23  
Timing reflects wgt changes Released: 8/9/23

### INTRO

- 1-4 **WAIT ; SIDE LUNGE WITH SWAY ; BALANCE LEFT & RIGHT ;:-;**  
- 1-2 {Wt} SKRTS Pos fcg LOD w/R ft free for both; {Sd Lun  
1-- w/Sway} Lun sd R (W sd R) with knee bend and strong RF body  
trn to fc DW;  
123 3-4 {Bal L & R} Trng bk to fc LOD on same ftwork sd L, XRib of L,  
123 rec L; sd R, XLib of R, rec R;

### PART A

- 1-4 **SYNCOPATED REVERSE TWIRL TRANSITION SIT LINE ; FWD  
UNDERARM LADY CIRCLE BEHIND JOIN R HANDS ; TWIRL HER  
OUT RF ; ROLL HER BACK MAN CHASSE SKATERS LOD ;**
- 12&- 1-2 {Sync Rev Twrl Trans Sit Line} Undr joined L hnds twrl W LF  
(W12&3) 1 & ½ trns to fc fwd L, fwd R/cl L to R, lower in L leg and pt R  
123 fwd into sit line R arm opp of L arm twd RLOD look at ptr (W  
fwd L comm LF trn ½, bk R cont LF trn ½/fwd L cont LF trn ½,  
bk R into sit line); {Fwd Undrm Lady Circ Bhd Join R Hnds}  
Raising joined L hnds M leads W to circ bhd his bk to end slghtly  
bhd but to his R sd both fcing LOD fwd R dance under joined L  
hnds, fwd L, fwd R look bk twd ptr & join R hnds as release L  
hnds (W twd RLOD fwd L to comm circ LF arnd ptr to his R sd,  
fwd R cont circ, fwd L to his R sd & slghtly bhd the M join R  
hnds as release L hnds);
- 123 3-4 {Twrl Her Out RF} Both progressing LOD twrl W RF to OP  
12&3 LOD fwd L, R, L (W twirls RF under joined R hnds as she  
(W123) progresses LOD fwd R, bk L, fwd R with R hnds endg joined in  
frnt of W's body); {Roll Her Bk M Chasse SKTRS LOD}  
Trning W LF as if to wrap her up fwd R, sd & fwd L/cl R, sd &  
fwd L to SKTRS DLW (W roll in LF fwd L, bk R, fwd L end in  
SKTRS DLW) both with the R ft free;
- 5-8 **TWO NATURAL TURNS ;:-; SHADOW RUNNING OPEN NATURAL ;  
BACK SIDE LUNGE LEFT LADY CARESS ;**
- 123 5-6 {2 Nat Trns} Both comm RF trn fwd R, cont RF trn sd L, cl R to  
123 L fc RLOD; cont RF trn bk L, cont trn sd R, cl L to R end SKTRS  
LOD;

- 1&23 7-8 {**Shdw Running Op Nat**} Cont RF trn both fwd R in shadow/  
12- cont RF trn sd L fcg DRW, bk R with R sd bk, bk L w/ contra  
body; {**Bk Sd Lun L W Caress**} Both bk R trng LF to fc WALL  
sd lun L W in front & to R sd of M, hold W caress his face with  
her R hnd;
- 9-12 **UNDERARM TURN MAN IN 1 TO OPEN WALL ; CROSS CHECK TO  
REVERSE & HOLD ; RECOVER CHASSE LADY SYNCOPATED  
ROLL 5 TO BJO ; MANEUVER ;**
- 1-- 9-10 {**Undrm Trn M in 1 to OP WALL**} Both w/R ft rec sd R as lead  
(W123) W to trn RF under joined L hnds, hold & chg to trl hnds joined as  
1-- W cont roll out to OP fc WALL, (W rec sd R trng RF undr joined  
L hnds, bk L cont RF twrl join ld hnds look at ptr, sd R to OP  
WALL look DRW); {**X Chk to Rev & Hold**} Both XLif of R  
xtndg ld arms out to sd & hold;
- 12&3 11-12 {**Rec Chasse Lady Sync Roll 5 to BJO**} Leading the W to roll  
(W12&3&) LF rec R, chasse sd L/ cl R, sd L to BJO DLW (W recov R trng  
123 LF to fc LOD synco roll 1& ½ fwd L/ bk R, fwd L/ bk R using  
ballerina arms over head end in BJO); {**Manuv**} Comm RF trn  
fwd R, cont RF trn sd L, cl R CP RLOD:
- 13-16 **OVERTRN SPIN TO ; 2 RIGHT TURNING LOCKS ; TO SCP ; CHAIR &  
SLIP ;**
- 123 13-14 {**Ovrtrn Spn to**} Bk L pivot ½ RF, fwd R pivot ½ RF, bk L to fc  
1&23 RLOD; {**2 R Trng Lks**} Bring R sd bk bk R/ lk Lif of R, trn RF  
to step fwd R btwn W's ft pvt ½ RF, sd & bk L in CP fc RLOD  
(W fwd L/ XRib of L, fwd & sd L Xif of M pvt RF ½, fwd R  
btwn his ft to CP);
- 1&23 15-16 {**To SCP**} Bring R sd bk bk R/ lk Lif of R, trn RF to step fwd R  
123 btwn W's ft trn RF to SCP, fwd L in SCP DLC (W fwd L/ XRib  
of L, fwd L trn RF to SCP, fwd R in SCP);  
{**Chr & Slp**} Lun thru R, recov L, slip bk R to CP DC (W trn LF  
to slip fwd L);

**PART B**

- 1-4 **TELEMARK SCP ; OPEN NATURAL ; IMPETUS SCP ; WEAVE 6 ;**
- 123 1-2 {**Tele SCP**} Fwd L comm LF trn, sd & fwd R cont trn, sd & fwd  
123 L SCP DLW (W bk R, cl L to R heel trn, sd & fwd R SCP); {**Op  
Nat**} Fwd R start RF trn, sd & bk L across W, bk R to BJO fc  
DRC (W fwd L, fwd R, fwd L);
- 123 3-4 {**Imp SCP**} Start RF body trn bk L, cl R to L heel trn, fwd L in  
123 SCP DLC (W fwd R, fwd L arnd M, trn to SCP fwd R DLC);  
{**Wev 6**} Thru R, fwd L comm LF trn, cont trn LF sd & bk R (W  
thru L start LF trn, cont trn LF sd & bk R, cont trn LF sd & fwd  
L);
- 5-8 **TO BJO ; MANEUVER ; PIVOT 3 TO ; CHECKED NATURAL & SLIP ;**

- 123 5-6 {**To BJO**} Bk L in BJO, bk R start LF trn, sd & fwd L in BJO  
 123 DLW (W fwd R in BJO, trng LF fwd & sd L blend to BJO, fwd R in BJO); {**Manuv**} Comm RF trn fwd R, cont RF trn sd L, cl R CP RLOD;
- 123 7-8 {**Pvt 3 to**} Bk L pvt ½ RF, fwd R pvt ½ RF, fwd L pvt ½ RF; {**Ck Nat & Slp**} Cont RF trn fwd R fc DLW, cont RF trn sd L ckg feg DRW, trng LF slip pvt bk R to CP DLC (W cont RF trn bk L, cl R to L heel trn checked, trng LF slip pvt fwd L to CP);
- 9-12 **DOUBLE REVERSE ; CURVING 3-STEP ; OUTSIDE CHECK ; OUTSIDE CHANGE BJO ;**
- 12- 9-10 {**Dbl Rev**} Fwd L comm LF trn, sd R arnd W cont LF trn, spin LF (W12&3) on R to CP fc LOD (W bk R, cl L to R heel trn/ cont LF trn sd R, XLIF of R end CP); {**Crvg 3-Step**} Trning LF fwd L, stretch R sd 123 crvg LF fwd R, fwd L in CP DRC;
- 123 11-12 {**Outsd Ck**} Bk R trning LF, sd & fwd L, ck fwd R outsd ptr to 123 BJO; {**Outsd Chg BJO**} Bk L, bk R trning LF, sd & fwd L with L sd fwd to BJO DLW;
- 13-16 **MANEUVER 1 ROLLING PIVOT 2 ; 2 RUMBA CROSSES ;:-;**  
**TRAVELING CONTRA CHECK DLC ;**
- 123 13-15 {**Manuv 1 Rolling Pvt 2**} Comm RF trn fwd R Xif of W to CP 1&23 RLOD, bk L pvt RF ½ with L sway, fwd R LOD keep L sway; {**2 Rumba Crosses**} Trn upper body RF [w/ L sway] to create L sd 1&23 lead & comm RF trn fwd L/cont RF trn XRib of L trng ½ RF on toes [w/ L sway], bk L trng ½ RF [w/ R sway], fwd R [no sway]; Repeat meas 14 part B end CP DLC;
- 123 16 {**Trav Contra Ck DLC**} Fwd L with contra body motion with upper body trnd to the L w/ L sway, cl R rising to toes trng RF dissolve sway, fwd L in SCP DLC (W bk R trn RF, cl L rising to toes trning RF, fwd R in SCP);

**PART C**

- 1-4 **WATERFALLS 4 TIMES ;:-;-;**
- 123 1-3 {**Waterfalls 4 Times**} Twd DLC fwd R jn R hnds at the end of ct 1, trn RF to stp sd L fc DLW as move the joined R hnds out to sd 123 to trn the W RF, sweeping L hnds up over head & out to sd cl R 123 to L end fc DLW joined R hnds to M's R sd W slgtly in frnt of M on his L sd (W fwd L join R hnds, fwd & sd R trng LF & rollg across in frnt of M changing sds to end slgtly in frnt of M on his L sd, sweeping L hnd up over head & out cl L to R); Twd DLW fwd L lifting R hnds up to roll W bk across and sweeping L hnds down, trn LF sd R fc DRC join L hnds btwn bodies while releasing R hnds, sweeping the R hnds up over head & out to sd cl L to R end fc DLC joined L hnds to M's L sd W slgtly in front of M on his R sd (W fwd R lifting R hnds start RF trn, join L hnds fwd & sd L trng RF and changing sds to end slgtly in frnt of

M on his R sd, sweeping R hnd up over head cl R to L); Twd DLC fwd R lifting joined L hnds up to roll W bk across and sweeping R hnds down to join R hnds, trn RF to step sd L fc DLW as move the R hnds out to sd to trn the W LF, sweeping L hnds up over head & out to sd, cl R to L end fc DLW joined R hnds to M's R sd W slgtly in front of M on his L sd (W fwd L raising joined L hnds, fwd & sd R trng LF & rollg across in frnt of M changing sds to end slgtly in front of M on his L sd, sweeping L hnd up over head & out cl L to R);

- 123           4           **{Repeat meas 2 part C};**  
**5-8           PICK-UP DLW ; SLOW FORWARD WITH LEFT SWAY ; SLOW RIGHT LUNGE ; SLOW ROLL & SLIP ;**  
123           5-6           **{PU DLW}** Thru R lifting L hnds trng to fc ptr, sd L, cl R to CP  
1--                           DLW; **{Slow Fwd w/L Sway}** Rchg L ft fwd w/strong R knee bend & L sway slowly step fwd L look DLC;  
1--           7-8           **{Slow R Lun}** Twd DLW lunge fwd R w/strong L knee bend & R  
-23                           sway slowly step sd & fwd R; **{Slow Roll & Slp}** Hold as begin to trn body RF, cont RF body trn bk L, slp LF bk R to CP DLC;

**REPEAT B****ENDING**

- 1-4           **THRU SEMI CHASSE ; THRU HOVER BFLY RSCP DLW ; THRU CHASSE ; SLOW DOWN FORWARD SIDE LUNGE LADY WHISK ½ OP FACE COH ;**  
12&3           1-2           **{Thru Semi Chasse}** Thru R, sd & fwd L/cl R, sd & fwd L;  
123                           **{Thru Hvr BFLY RSCP DLW}** Thru R, sd & fwd L trng RF to RSCP BFLY, fwd & sd R DLW;  
12&3           3-4           **{Thru Chasse}** Thru L in BFLY, sd & fwd R/cl L, sd & fwd R;  
12-                           **{Slow Down Fwd Sd Lunge Lady Wsk ½ OP Fc COH}**  
123                           Slowing w/ music thru L trng LF relg ld hnds, lun sd R, hold in ½ OP fc COH (W thru R trn, trng RF sd L, XRib of L ½ OP);  
**5-8           RECOVER LADY TURN LEFT FACE UNDER LEAD HANDS IN 3 SKATERS ; LUNGE SIDE R SYNCOPATED RUN AROUND DLC ; LIFT LEFT ARMS TRANSITION TO CP SLOW CONTRA CHECK EXTEND LEFT ARMS ;:-;**  
1--           5-6           **{Rec W Trn LF Undr Ld Hnds in 3 SKTRS}** Rec L trn W LF  
(W123)                           to join L hnds,-,- (W fwd L, fwd R spiral LF undr joined ld hnds,  
12&3&                           cl L to R in SKTRS join L hnds); **{Lun Sd Sync Run Arnd}**  
Both lun sd R in SKTRS, lead W to runaround small bk L/bk R, bk L/ bk R (W run fwd L/R, L/R);  
-2-           7-8           **{Lift L Arms Trans to CP Slow Contra Ck Xtnd L Arms}** Lift  
(W12-)                           joined L arms up to trn W (W fwd L/tch R) to CP, lower with LF  
---                           body rotation fwd L into slow contra ck and xtnd L arms to sd,-;-;

## QUICK CUES

**INTRO: (4 MEAS)**

WAIT IN SKTRS LOD TRL FT FREE ; SD LUN WITH SWAY ; BAL L & R ;-

**PART A: (16 MEAS)**

SYNC REV TWRL TRANS TO SIT LINE ; FWD UNDRM W CIRC BHD JN R HNDS ; TWRL HER OUT ; ROLL HER BK M CHASSE TO SKTRS ; TWO NAT TRNS ;-; SHADOW RUNNING OPN NAT ; BK SD LUN L W CARESS ; UNDRM TRN M IN 1 OP WALL ; X CHK REV & HOLD ; REC CHASSE W SYNC ROLL 5 TO BJO ; MANUV ; OVERTRN SPN ; 2 R TRNG LKS ; TO SCP ; CHR & SLP ;

**PART B: (16 MEAS)**

TELE SCP ; OPN NAT ; IMP SCP ; WEAVE 6 ; TO BJO ; MANUV ; PVT 3 TO ; CK NAT & SLP ; DBL REV ; CURVG 3-STEP ; OUTSD CK ; OUTSD CHG BJO ; MANUV 1 ROLLING PVT 2 ; 2 RUMBA CROSSES ;-; TRAVELING CONTRA CK DLC ;

**PART C: (8 MEAS)**

WATERFALLS 4 TIMES ;-;-; PU SD CL DLW ; SLOW FWD WITH L SWAY ; SLOW R LUN ; ROLL & SLP ;

**PART B: (16 MEAS)**

TELE SCP ; OPN NAT ; IMP SCP ; WEAVE 6 ; TO BJO ; MANUV ; PVT 3 TO ; CK NAT & SLP ; DBL REV ; CURVG 3-STEP ; OUTSD CK ; OUTSD CHG BJO ; MANUV 1 ROLLING PVT 2 ; 2 RUMBA CROSSES ;-; TRAVELING CONTRA CK DLC ;

**ENDING: (8 MEAS)**

THRU SEMI CHASSE ; THRU TRN BFLY RSCP LW ; THRU CHASSE ; SLOW FWD SD LUN W WSK ½ OP COH ; REC W TRN LF UNDR JOINED L HNDS IN 3 TO SKTRS ; LUN SD R SYNC RUN ARND DLC ; LIFT L ARMS TRANS TO CP SLOW CONTRA CK XTND L ARMS ;-