

IN THE ARMS OF AN ANGEL

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Sequence: INTRO, A, B, C, INTER, A, B, C MOD, C, INTER, END Speed: 46.5 rpm

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Dance Starz Arizona
In the Arms of an Angel by Nicholas McDonald
Phase VI Viennese Waltz Released 8/9/19

INTRO

- 1-4** **WAIT; SHAPE WITH LADY ARM; WHEEL RONDE; WHEEL 3;**
1-2 {Wait} Skaters LOD trail ft free; {Shape with Lady Arm} Shape
RF twd ptr (W shape LF bring R arm up & in twd ptr);
1-- 3-4 {Wheel Ronde} Start RF wheel fwd R, ronde L fwd & end fcng
123 DRW (W sweep R arm out to sd); {Wheel 3} Cont RF wheel fwd
L, R, L to skaters DC;
- 5-8** **FC LOD TCH; BALANCE AWAY; CANTER ROLL ACROSS; FRONT
BALANCE AWAY;**
1-- 5-6 {Fc LOD Tch} Finish wheel fwd R to fc LOD still in skaters, tch
123 L to R; {Balance Away} Letting go of L hnds step apt L, XRIB
of L, recov L looking at ptr the whole time;
1-3 7-8 {Canter Roll Across} Chg sds by rolling RF behind W fwd R trn
123 RF,, bk L cont RF trn to fc LOD; {Front Balance Away} Trning
away from ptr sd R, XLIF of R, recov R;

PART A

- 1-4** **VIENNESE RUNS 3 TIMES;;; ROLL 3 LOD;**
123 1-3 {Viennese Runs 3 Times} On the diag twd ptr run fwd L, R, L
123 joining lead hnds and tching trail hds; cont run fwd R, L, R as trn
123 away from ptr cont to hold lead hnds; cont run fwd L, R, L as trn
twd ptr tch trail hds;
123 4 {Roll 3 LOD} Roll away from ptr RF fwd R cont RF trn, bk L
cont RF trn, fwd R to join lead hnds fc LOD;
- 5-8** **CANTER UNDERARM TRNS BFLY SCAR;;; CHK FWD & SHAPE;
RECOV TO BJO DRC;**
1-3 5-6 {Canter Underarm Trns BFLY SCAR} Trn the W under joined
1-3 lead hnds RF fwd L,, small fwd R; fwd L,, small fwd R (W trn RF
under joined hnds like riff trns fwd R spin RF,, small bk L cont
RF trn to fc LOD; fwd R spin RF,, small bk L to fc RLOD);
1-- 7-8 {Chk Fwd & Shape} In BFLY SCAR chk fwd L with slgt rise
123 and R sd stretch (W bk R as if going into develop but simply
shape head twd COH with L sd stretch without lifting leg);
{Recov to BJO DRC} Recov R start to trn LF, cont LF trn sd L,
cl R to L in BJO fc DRC;

9-12 BK TO 3 NATURAL TRNS;;; CLOSED CHG;

- 123 9-11 {**Bk to 3 Natural Trns**} In BJO start RF trn bk L blending to CP,
 123 cont RF trn sd R, cl L to R fc DC; cont RF trn to step fwd R
 123 LOD, cont RF trn sd L, cl R to L fc DRW; Trn RF bk L LOD,
 cont RF trn sd R, cl L to R fc DC;
- 123 12 {**Closed Chg**} Cont RF trn to step fwd R LOD, sd & fwd L fc
 DW, cl R to L;

13-16 4 REV TRNS TO FC WALL;;;;

- 123 13-16 {**4 Rev Trns to Fc Wall**} Start LF trn fwd L LOD, cont LF trn sd
 123 R, cont LF trn XLIF of R (W cl R to L); cont LF trn bk R LOD,
 123 sd L cont LF trn, cl R to L (W XLIF of R) making one rev over
 123 the 2 rev trns; Repeat meas 13; cont LF trn bk R LOD, cont LF
 trn sd L, cl R to L end BFLY wall;

PART B**1-4 BALANCE L & R;; VIENNESE RUNS; LADY PICK UP DW;**

- 123 1-2 {**Balance L & R**} Sd L, XRIB of L, recov L; sd R, XLIB of R,
 123 recov R;
- 123 3-4 {**Viennese Runs**} Trn away from ptr fwd L, R, L end slgt bk to
 123 bk with trail hnds joined; {**Lady Pick Up DW**} Trn to fc LOD
 fwd R, sd & fwd L, cl R (W fwd L, folding LF sd & fwd R, cont
 LF trn to CP cl L) end DW;

5-8 REV TRN; LADY INSIDE TRN SHADOW M IN 2; 4 SHADOW NAT TRNS;;

- 123 5-6 {**Rev Trn**} Start LF trn fwd L LOD, cont LF trn sd R, cont LF trn
 1-3 XLIF of R (W cl R to L); {**Lady Inside Trn Shadow M in 2**} Bk
 (W123) & sd R trn ¼ LF leading W fwd & to trn LF release lead hnds, tch
 L to R fc DW in skaters, fwd L in skaters (W fwd L trn LF, bk &
 sd R cont LF trn brush L to R, fwd L in skaters);
- 123 7-8 {**4 Shadow Nat Trns**} Both fwd R start RF trn, sd & fwd L out
 123 step W cont RF trn, cont RF trn pull R past L bk R still in shadow
 fc DRC; Bk L DW start RF trn, sd & fwd R behind W & between
 W's feet, cont RF trn pull L by R fwd L still in shadow fc ing
 DW;

9-12 ;; LADY CANTER FREE SPIN M TRANS TO LAYBACK;;

- 123 9-10 {**Cont Shadow Nat Trns**} Repeat meas 7-8 part B;;
 123
- 1-- 11-12 {**Lady Canter Free Spin M Trans to Layback**} Fwd R lift L
 (W 1-3) hnd and release to allow W to trn RF,, tch L to fc wall (W fwd R
 1-- spin RF lifting both arms over head,, cl L to R to fc ptr & COH);
 sd L with strong RF stretch allowing W to lay bk into L arm (W
 sd & bk R leave L arm up and stretch R arm to sd as look up &
 out twd L hnd);

13-16 LADY CANTER FREE SPIN PICKING UP;; 2 REV TRNS DW;;

- 1-3 13-14 {**Lady Canter Free Spin Picking Up**} Recov R trn LF leading W
 1-- out of layback then release,, cont LF trn bk L; slip R bk L under
 the body blend to CP DW (W recov L bring R hnd up to L hnd
 start LF solo trn,, cl R to L cont LF trn; slip L fwd into CP);
 123 15-16 {**2 Rev Trns DW**} Start LF trn fwd L LOD, cont LF trn sd R,
 123 cont LF trn XLIF of R (W cl R to L); cont LF trn bk R LOD, sd L
 cont LF trn, cl R to L (W XLIF of R) end CP DW;

PART C

1-4 HOVER TELE ½ OP; OPEN IN & OUT RUNS 3 TIMES;; TO BOLERO POSITION;

- 123 1 {**Hover Tele ½ OP**} Fwd L, fwd & slgt sd R trning RF to ½ OP
 DW, fwd L in ½ OP;
 123 2-4 {**Open In & Out Runs 3 Times to Bolero Pos**} Fwd R to XIF of
 123 W, sd L trn to ½ LOP, fwd R in ½ LOP (W fwd L, R, L); Fwd L,
 123 R, L (W fwd R to XIF of M, sd L trn to ½ OP, fwd R in ½ OP);
 Fwd R XIF of W, sd L stay fcng DRW with L sd bk and blend to
 bolero pos, bk R in bolero BJO fc DRC (W fwd L, R, L);

5-8 OPEN NAT TRNS 3;;; CLOSED CHG TO CP;

- 123 5-7 {**Open Nat Trns 3**} Bk L trning RF, sd & fwd R btwn W's ft cont
 123 RF trn, fwd L in BJO DW; fwd R trning RF, sd & bk L (W btwn
 123 M's ft) cont RF trn, bk R in bolero BJO fc DRC; Repeat meas 5
 part C;
 123 8 {**Closed Chg to CP**} Fwd R start blend to CP, fwd & sd L, cl R to
 L end CP DW;

9-12 REV TRN TO CROSS BODY LEAD;; LADY INSIDE UNDERARM TRN; EXPLODE APT;

- 123 9-10 {**Rev Trn to Cross Body Lead**} Trning LF fwd L LOD, cont LF
 123 trn sd R cont LF trn, XLIF of R (W cl R to L); cont LF trn bk R,
 sd L, cl R to fc wall in "L" pos (W trning LF fwd L LOD, fwd R,
 fwd L fc LOD);
 123 11-12 {**Lady Inside Underarm Trn**} Lead W to trn LF under joined
 1-- lead hnds almost in place trning LF L, R, L to fc ptr & LOD tch
 trail hnds (W trning LF sd & bk R, cont LF trn fwd L, cont LF trn
 fc ptr cl R to L fc ptr tch trail hnds); {**Explode Apt**} Lunge apt R
 to fc wall with lead hnds joined heads to the wall in LOP;

13-16 CANTER ROLL ACROSS EXPLODE TO OP WALL;; LADY CANTER ROLL M RK RECOV TRANS TO SKATERS LOD;;

- 1-3 13-14 {**Canter Roll Across Explode to OP Wall**} Roll LF behind the
 1-- W to chg sds to OP trning LF fwd L cont LF trn,, bk R cont LF
 trn; sd L to OP trail hnds joined heads to the wall;
 1-- 15-16 {**Lady Canter Roll M Rk Recov Trans to Skaters LOD**} Sd R
 (W1-3) as lead W to canter roll to skaters pos (W trn LF fwd L cont LF
 1-- trn,, bk R cont LF trn to fc DW in skaters); both fwd L in skaters
 pos LOD;

INTER

- 1-4** **FWD DRAG; FWD DRAG; FWD RUN 6;;**
- 1-- 1-2 {**Fwd Drag**} Both fwd R, drag L to R W trns body DW head and
1-- R arm out to DRW;; {**Fwd Drag**} Both fwd L, drag R to L W trns
 body head & arm bk twd ptr;;
- 123 3-4 {**Fwd Run 6**} Both run fwd R, L, R W trns body DW head & arm
123 out to DRW; fwd L, R, L W trns body head & arm bk twd ptr;
- 5-8** **CANTER OUTSIDE UNDERARM TRN M TRANS CHG HND**
EXPLODE;; CHG HAND CANTER INSIDE UNDERARM TRN
EXPLODE;;
- 1-- 5-6 {**Canter Outside Underarm Trn M Trans Chg Hnds Explode**}
(W1-3) Fwd R to trn RF to fc wall as lead W to trn RF under joined L
1-- hds,, tch L to R chg to trail hnds joined; explode apt sd L to fc
 LOD (W fwd R trning RF to trn under joined L hnds,, cl L to R to
 fc ptr; explode apt R to fc LOD);
- 1-3 7-8 {**Chg Hnd Canter Inside Underarm Trn Explode**} Trning RF
1-- to fc ptr & wall fwd R to join lead hnds chg sides lead W to trn
 LF under joined lead hnds as release trail hnds,, small bk L; trning
 RF explode apt R to fc LOD (W trning LF to fc ptr & COH fwd L
 to join lead hnds trning LF under joined lead hnds releasing trail
 hnds ending fc wall,, bk R; trning LF explode apt L to fc LOD);

REPEAT A REPEAT B

PART C MOD

- 1-12** **REPEAT MEAS 1-12 OF PART C;:::;:::;:::;:::;:::;:::;:::;:::;:::;**
- 1-12 {**Repeat Meas 1-12 Part C**} ;:::;:::;:::;:::;:::;:::;:::;:::;
- 13-16** **CROSS PT TO FC; LADY INSIDE UNDERARM PT SCAR DRW; LEFT**
TRNING BOX ½ DW;;
- 1-- 13-14 {**Cross Pt to Fc**} Trn slgt LF fwd L to fc ptr, pt R to sd fold trail
1-- arms in front of body;; {**Lady Inside Underarm Pt SCAR**
 DRW} Cross R outside of W trn to fc DRW as lead W to LF
 underarm trn to fc, pt L sd & bk to DW trail arm out to sd fc
 DRW in open SCAR (W fwd L DRW trning LF under lead hnds,
 pt R sd & fwd DW);
- 123 15-16 {**Left Trning Box ½ DW**} Fwd L trn LF to CP, sd R, cl L; trn LF
123 bk R, sd L, cl R end CP DW;

REPEAT PART C & INTERLUDE

ENDING

- 1-2** **SLOW STEP TOG & EMBRACE;;**
- 1-- 1-2 {**Slow Step Tog & Embrace**} Step tog L to embrace the W both
--- hnds on her shoulder blades (W R hnd at his neck & L hnd on his
 R arm);;

