

# I Feel Lucky



Choreographers: Kenji & Nobuko Shibata, Misugidai 2-2-1-512, Hanno-shi, Saitama-ken,  
357-0041 JAPAN phone: 042-981-9809 e-mail: knshibata@yahoo.com

Music: "The Essential Mary Chapin Carpenter" Track #5

Suggested speed: 28MPM

Footwork: Opposite, directions for man (lady as noted)

[Note: Timing indicates weight changes only]

Rhythm & Phase: West Coast Swing VI

Sequence: **Intro A B Inter A B C A B-Modif D**

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## Meas

## INTRO

### 1-8 WAIT;; RK REC SWIVEL WALK 2; THROWOUT; WRAPPED WHIP;; 3-D WHIP;;

- 1-2 Wait 2 meas in CP M fcg WALL lead ft free; -;
- 1234 3 **{Rk Rec Swivel Walk 2}** Trng LF to SCP/LOD rk bk L, rec R, fwd L leading W swivel LF, fwd R leading W swivel RF (W trng RF to SCP rk bk R, rec L, swiveling LF on L fwd R, swiveling RF on R fwd L);
- 1a23a4 4 **{Throwout}** Releasing trailing hnds chasse small steps L/R, L leading W fwd, anchor R/L, R (W chasse fwd R/L, R twd LOD trng LF to fc M, anchor L/R, L) end LOP FCG Pos/LOD;
- 123a4 5-6 **{Wrapped Whip}** Bk L joining trailing hnds, rec R trng RF raising jnd lead hnds keep trailing hnds at waist level, sd L twd LOD/rec R comm trng RF, cont trng RF to fc RLOD sd & fwd L (W fwd R, fwd L, passing under jnd lead hnds fwd R/cl L, bk R) end momentary in WRAPPED Pos both fcg RLOD; XRIB trng RF raising jnd lead hnds to lead W spin RF, sd L cont trng RF to fc LOD releasing trailing hnds, anchor R/L, R (W bk L, bk R, anchor L/R, L) end LOP FCG Pos/LOD;
- 123a4 7-8 **{3-D Whip}** Bk L raising jnd lead hnds to lead W trn LF, rec R, fwd L/trng RF 1/4 to fc WALL cl R, fwd L twd WALL (W fwd R comm trng LF under jnd lead hnds, cont trng LF on R to fc LOD bk L, bk R/cl L, fwd R) end T-Line (M fcg WALL, W fcg LOD & M's R side) jnd lead hnds held high above M's head; Fwd R checking placing jnd lead hnds bk of M's head leading W fwd, rec L, bk R/trng LF 1/4 to fc LOD sd L, cl R (W fwd L passing bhnd M's bk, fwd R, swiveling RF on R ronde L CW to fc RLOD, cl L) end LOP FCG Pos/LOD;

## PART A

### 1-8 TUCK & SPIN TO R-HND SHAKE ~ FACE LOOP SUGAR PUSH INTO SCOOP 3 TIMES & ANCHOR ~ SUGAR KICK;;;;; WHIP w/ CHG HND BHND BK;;

- 12-45a6 1-6 **{Tuck & Spin to R-hndshake}** LOP FCG Pos/LOD bk L, bk R, tap L fwd, fwd L leading W spin RF (W fwd R, fwd L, tch R, bk R spinning RF one full trn); Anchor R/L, R joining R-hnds M fcg LOD,
- 12-4a-6a-8a -23a4 **{Face Loop Sugar Push into Scoop 3 Times & Anchor}** Bk L, bk R raising jnd R-hnds over head (W fwd R, fwd L); Tap L fwd placing jnd R-hnds on his bk of neck M's L-hnd on W's L-hip, (W's L-hnd on M's chest) releasing R-hnds fwd L/cl R, tap L fwd, fwd L/cl R; Tap L fwd, fwd L/cl R, tap L fwd, fwd L; Joining lead hnds anchor R/L, R end LOP Fcg Pos/LOD,
- 12-45a6 **{Sugar Kick}** Bk L, bk R joining trailing hnds to BFLY-BJO; Tap L fwd, fwd L, anchor R/L, R (W kick R fwd across body to M's R-sd, bk R, anchor L/R, L) end LOP FCG Pos/LOD;
- 123a4 7-8 **{Whip w/ Chg Hnd bhnd Bk}** Bk L, rec R across body comm trng RF, cont trng RF sd & fwd L/rec R cont trng RF to fc RLOD, sd & fwd L joining R-hnds bhnd W's bk (W fwd R, fwd L trng RF 1/2, bk R/cl L, fwd R) end FCG Pos/RLOD R-hnds jnd bhnd W's bk; XRIB comm trng RF, cont to fc LOD sd & fwd L, anchor R/L, R (W fwd L, fwd R trng RF 1/2 to fc M, anchor L/R, L) end OP FCG Pos/LOD R-hnds jnd;
- 9-12 HAMMER WHIP TO TANDEM M TRANS;; SYNC SD BREAKS;;
- 123a4 9-10 **{Hammer Whip to TANDEM M Trans}** Bk L, rec R across body comm trng RF leading W trn LF, cont trng RF sd & fwd L/rec R cont trng RF to fc RLOD, sd & fwd L (W fwd R, fwd L comm trng LF, cont trng LF to fc LOD bk R/cl L, fwd R) end One-hnd HAMMERLOCK Pos/RLOD jnd R-hnds at W's L-hip; XRIB comm trng RF, cont trng RF to fc LOD sd & fwd L, step almost in pl L, R releasing R-hnds (W fwd L comm trng RF, fwd R cont trng RF to fc LOD, anchor L/R, L) end TANDEM Pos/LOD M bhnd W no hnd jnd; (now same footwork)
- a1-a3- 11-12 **{Sync Sd Breaks}** Sd R R-hnd out palm fwd/sd L L-hnd out palm fwd, -, half cl R folding R-hnd IF of body/cl L folding L-hnd IF of body, -; Placing both hnds on hips sd R/sd L, half cl R/cl L, sd R/sd L, half cl R/cl L end TANDEM Pos/LOD M bhnd W;

## PART B

**1-4 TANDEM SUGAR HOP ~ FWD HOOK UNWIND TO FC RLOD TRANS ~ RIGHT SD PASS w/ W'S FREE SPIN;;;:**

- 12-45a6 1-4 **{Tandem Sugar Hop}** TANDEM Pos/LOD M bhnd W (same footwork) joining both hnds fwd R, fwd L, swing R fwd/lifting R-knee hop lightly on L, bk R; Bk L/cl R, fwd L,  
 12-4 **{Fwd Hook Unwind to Fc RLOD Trans}** Fwd R, releasing hnds XLIF; Twist RF 1/2 on both ft, shift wgt to R (W twist RF 1/2 on both ft, shift wgt to L) end TANDEM Pos both fcg RLOD W bhnd M, (now opposite footwork)  
 12-45a6 **{Right Sd Pass w/ W's Free Spin}** Joining R-hnds fwd L leading W fwd, rec R; Tap L fwd, fwd L (W 123a45a6) joining lead hnds, anchor R/L, R (W fwd R, fwd L slightly trng LF to fc WALL; Sd R/XLIF, sd R comm spin LF, cont spin LF L/R, L to fc M) end LOP FCG Pos/RLOD;

**5-8 SINGLE CUBAN BREAKS; LEFT SD PASS w/ TUCK & TWIRL TO LOP SD & KNEE POPS;; TRNG SAILOR SHUFFLES;**

- 1a23a4 5 **{Single Cuban Breaks}** LOP FCG Pos/RLOD trng RF to fc COH fwd L checking/rec R, trng LF sd L chg to join trailing hnds, trng LF fwd R checking/rec L, trng RF sd R joining both hnds;  
 12-4 6-7 **{Left Sd Pass w/ Tuck & Twirl to LOP Sd Knee Pop}** Bk L, bk R trng LF 1/4 to fc WALL, tap L 5--- next to R leading W swivel LF, step L almost in pl raising jnd lead hnds and releasing trailing hnds to lead W trn RF (W fwd R, fwd L, swiveling LF to fc M tap R next to L, fwd R twd LOD trngRF under jnd lead hnds to fc WALL) end LOP/WALL; Sd R wgt on both ft, -, lift heels bending knees/lower heels straightening knees, lift heels bending knees/lower heels straightening knees shifting wgt to R;  
 1a23a4 8 **{Trng Sailor Shuffles}** XLIB/sd R, sd L slightly trng LF (W RF), XRIB/sd L, sd R slightly trng LF (W RF) to fc LOD joining lead hnds end LOP FCG Pos/LOD;

## INTER

**1-4 WRAPPED WHIP;; 3-D WHIP;;**

- 1-4 LOP FCG Pos/LOD repeat Meas 5-8 of INTRO;;;;

## PART C

**1-8 RK WHIP w/ SURPRISE ENDING;;; WRAPPED WHIP w/ SPIN ENDING TO HAMMERLOCK;; ROTARY LARIAT w/ W'S SPIN ENDING;;;**

- 123a4 1-3 **{Rk Whip w/ Surprise Ending}** LOP FCG Pos/LOD bk L, rec R across body comm trng RF, cont 5678 trng RF sd & fwd L/rec R cont trng RF to fc RLOD, sd & fwd L (W fwd R, fwd L trng RF 1/2 to fc LOD, bk R/cl L, fwd R) end CP/RLOD; Rk R fwd comm trng RF, rec L cont trng RF to fc LOD, rk R fwd cont trng RF, rec L cont trng RF to RLOD (W rk L bk comm trng RF, rec R cont trng RF to fc RLOD, rk L bk cont trng RF, rec R cont trng RF to fc LOD); Leading W trn RF fwd R across body w/ checking motion, rec L raising jnd lead hnds to lead W spin RF, anchor R/L, R (W swiveling RF on R bk L flexing knee, rec R trng RF 1/2 to fc M, anchor L/R, L) end LOP FCG Pos/RLOD;  
 123a4 4-5 **{Wrapped Whip w/ Spin Ending to Hammerlock}** Bk L joining trailing hnds, rec R across body 567a8 comm trng RF raising jnd lead hnds keep trailing hnds at waist level, cont trng RF sd & fwd L/rec R cont trng RF to fc RLOD, sd & fwd L (W fwd R, fwd L, passing under jnd lead hnds fwd R/cl L, bk R) end momentary in WRAPPED Pos/LOD; XRIB trng RF raising jnd lead hnds to lead W spin RF, sd L cont trng RF to fc RLOD, keeping both hnds jnd lead hnds above W's head to lead W spin RF trailing hnds at waist level anchor R/L, R (W bk L, sd R trng RF 1/4 to fc WALL comm spinning RF, step almost in pl L/R, L cont spin RF 1-3/4 under jnd lead hnds to fc LOD) end HAMMERLOCK Pos/RLOD jnd lead hnds above W's head jnd trailing hnds at W's R-hip;  
 123a4 6-8 **{Rotary Lariat w/ W's Spin Ending}** Releasing trailing hnds sd L leading W fwd, rec R, step in 5a6 12 place L/R, L trng LF 1/2 to fc LOD; Anchor R/L, R (W comm walking around M CW fwd R, L, 3a45a6 fwd R/lk L IB, fwd R; Fwd L/lk R IB, fwd L to fc RLOD) end momentary SD-by-SD Pos M fcg LOD (W fcg RLOD) jnd lead hnds above head, sd L leading W fwd, rec R; Step in place L/R, L leading W spin RF & release hnds, anchor R/L, R joining lead hnds (W cont walking around M CW fwd R, L, fwd R/lk L, fwd R comm spinning RF 1-1/2, step almost in pl L/R, L cont spinning RF to fc M) end LOP FCG Pos/LOD;

## PART B – Modified

- 1-4 **TANDEM SUGAR HOP ~ FWD HOOK UNWIND TO FC RLOD TRANS ~ RIGHT SD PASS w/ W'S FREE SPIN;;;;**  
 1-4 TANDEM Pos both fcg LOD M bhnd W repeat Meas 1-4 of Part B end LOP Fcg Pos/RLOD;;;;
- 5-12 **CIRCULAR KICK SWIVELS ~ KICK BALL CHG;;; CIRCULAR KICK SWIVELS ~ KICK BALL CHG;;;;**  
 1- -4-6 5-8 **{Circular Kick Swivels}** LOP FCG Pos/RLOD bk L joining trailing hnds to BFLY, pt R sd & bk, (W 12-4-6) swiveling LF on L kick R across body, swiveling RF on L sd & fwd R; Swiveling LF on R tap  
 -2--5a67a8 L-heel sd & fwd, swiveling RF on R XLIF (W fwd R, fwd L, swiveling LF on L kick R across body, swiveling RF on L sd & fwd R; Swiveling LF on R tap L-heel sd & fwd, swiveling RF on RF XLIF), (W -2-45a67a8) swiveling LF on L kick R across body, swiveling RF on L sd & fwd R; Swiveling LF on R tap L-heel sd & fwd, tap L-toe IF of R (W swiveling LF on L kick R across body, swiveling RF on L sd & fwd R; Swiveling LF on R tap L-heel sd & fwd, swiveling RF on R XLIF), step in place L/R, L pushing away W; Releasing trailing hnds anchor R/L, R (W bk R/cl L, bk R; Anchor L/R, L) end LOP FCG Pos/LOD,  
 -a2 **{Kick/Ball Chg}** Kick L fwd diag out/cl L, step R in pl end LOP FCG Pos/LOD;  
 9-12 Repeat Meas 5-8 of PART B-MODIF starting from LOP FCG Pos/LOD & end LOP FCG Pos/RLOD;;;;
- 13-16 **SINGLE CUBAN BREAKS; LEFT SD PASS w/ TUCK & TWIRL TO LOP SD & KNEE POPS;; TRNG SAILOR SHUFFLES;**  
 13-16 LOP FCG Pos/RLOD repeat Meas 5-8 of Part B;;;;

## PART D

- 1-8 **WHIP w/ INSIDE UNDERARM TRN INTO TRIPLE TRAVELER w/ ROLL;;;;**  
**CHECK W INSIDE TRN w/ HEAD LOOPTO L-HALF OP; WHEEL RF 4; W ROLL OUT & ANCHOR;**
- 123a4 1-5 **{Whip w/ Inside Underarm Trn into Triple Traveler w/ Roll}** LOP FCG Pos/LOD bk L, rec R across body comm trng RF, cont trng RF sd & fwd L/rec R cont trng RF to fc RLOD, sd & fwd L (W fwd R, fwd L trng RF 1/2 to fc LOD, bk R/cl L, fwd R) end CP/RLOD; XRIB comm trng RF raising jnd lead hnds to lead W trn LF, cont trng RF to fc COH sd & fwd L to R-HND STAR  
 567a8 Pos/COH (W fcg WALL), chasse twd LOD R/L, R swiveling RF to comm RF roll 1-1/2 (W fwd L under jnd lead hnds, fwd R trng RF 3/4 to fc WALL, chasse twd LOD L/R, L swiveling RF to comm RF roll 1-1/2); Releasing R-hnds sd L cont RF roll, sd R cont rolling RF to L-HND STAR  
 123a4 Pos/WALL, chasse twd LOD L/R, L comm trng LF 1/2; Cont trng LF to fc COH to R-HND STAR  
 5a67a8 Pos/COH chasse twd LOD R/L, R comm trng RF 1/2, cont trng RF to fc WALL to L-HND STAR  
 123a4 Pos/WALL chasse twd LOD L/R, L swiveling LF to comm LF roll 1-1/4; Releasing L-hnds sd R cont LF roll, sd L cont rolling LF to fc LOD, joining R-hnds anchor R/L, R end R-HND SHAKE Pos/LOD;
- 123a4 6 **{Check W Inside Trn w/ Head Loop to L-HALF OP}** Fwd L w/ checking motion, rec R raising jnd R-hnds to lead W trn LF, step in pl L/R, L trng RF 1/2 to fc RLOD place L-hnd bhnd W's bk jnd R-hnds over head to M's bk and release (W bk R, rec L comm trng LF under jnd R-hnds, step in pl R/L, R cont trng RF to fc RLOD) end L-HALF OP/RLOD;
- 1234 7 **{Wheel RF 4}** Bk R comm wheel CW one full trn, cont wheel CW bk L, R, L (W fwd L comm wheel RF, cont wheel CW fwd R, L, R) end L-HALF OP/RLOD;
- 123a4 8 **{W Roll Out & Anchor}** XRIB placing R-hnd at W's L-waist, sd & fwd L leading W roll RF, anchor R/L, R (W fwd L, fwd R comm rolling RF 1-1/2, cont rolling step in pl L/R, L to fc LOD) end LOP FCG Pos/RLOD;
- 9-16 **DBL TUMMY SURPRISE;;; TOG TO M'S HEAD LOOP; ROLL APT & PRESS;**  
**ROLL TOG TO BFLY-BJO TRANS; WRAP WHEEL HALF & BK; BODY LEAN FWD & BK;**
- 123a4 9-11 **{Dbl Tummy Surprise}** LOP FCG Pos/RLOD bk L, rec R across body placing R-hnd at W's R-hip bone & releasing lead hnds, trng RF sd & fwd L/rec R cont trng RF to fc LOD, sd & fwd L (W fwd R, fwd L, fwd R/cl L, bk R) end TANDEM Pos/LOD M bhnd W; Trng slightly RF fwd R sliding R-hnd to W's back to check W, rec L placing L-hnd at W's L-hip bone, sd & bk R checking W w/ L-hnd, rec L (W bk L w/ checking motion, rec R, fwd L w/ checking motion, rec R); Releasing R-hnd XRIB comm trng RF, sd & fwd L cont trng RF to fc RLOD anchor R/L, R joining lead hnds (W bk L, bk R, anchor L/R, L) end LOP FCG Pos/RLOD;
- 1--- 12 **{Tog to M's Head Loop}** Fwd L flexing knees w/ L-shoulder lead raising jnd lead hnds, -, rising on L place jnd lead hnds over head to bk of M's neck end both fcg COH, -;

**END (cont'ed)**

- 123- 13 **{Roll Apt & Press}** Releasing lead hnds sd R comm rolling RF (W roll LF), sd L twd LOD cont rolling RF to fc RLOD & ptr, bk R, press L fwd heel off floor hnds on hips;
- 123- 14 **{Roll Tog to BFLY-BJO Trans}** Fwd L comm rolling LF, sd R twd RLOD cont rolling LF to fc (W 1234) RLOD, fwd L, pt R sd & bk joining both hnds (W fwd R comm rolling RF, sd L twd LOD cont rolling RF to fc LOD, fwd R, fwd L pointing R sd & bk) end BFLY-BJO/RLOD;
- 123- 15 **{Wrap Wheel Half & Bk}** Fwd R trng RF around W CW raising jnd lead hnds to wrap W, cont trng RF fwd L to fc LOD checking lowering jnd lead hnds, bk R (W fwd R under jnd lead hnds, cl L, bk R, -) end WRAPPED Pos/LOD;
- 16 **{Body Lean Fwd & Bk}** Lean upper body fwd, slowly straighten body, -, lean upper body bk;