

I CAN'T BELIEVE

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MUSIC: CD or MP3 avail from choreo, or avail on line [New Stanton Band, music titled I Can't believe that you're In Love With Me]

FOOTWORK: Opposite TIMING: SQQ unless otherwise shown. Dtd 6/1/10.

SEQUENCE: INTRO, A, B, INTERLUDE, A, B, ENDING. e-mail kgslater@aol.com.

PHASE: V + 2 FOXTROT [Natl Twist Turn & Traveling Contra Chk].

INTRO

1-2 CP DC;;WAIT 2;;

PART A

1-4 OPEN REV; HOVER CORTE; BK WHISK; CURVED FEATH CHK;

- 1 Fwd L comm. LF turn,-, cont turn sd R(W bk R,-, sd L) to fc DRW, bk L blend to contra bjo with right shoulder lead;
- 2 Bk R comm. LF turn,-,sd & fwd L rise & cont turn, rec R lowering at end of meas[contra bjo throughout] end fcg LOD;
- 3 Bk L,-, bk & sd R RLOD, xLib of R turning W to SCP(W xRib of L) to end fcg DW;
- 4 Fwd R comm. RF turn,-, sd & fwd L cont turn, fwd R on toe with checking action to end contra bjo fcg DRW(W fwd L in SCP,-, sd R blend to bjo, bk R);

5-8 WEAVE 4 ENDING; THREE STP; HALF NATL; HESIT CHANGE;

- qqqq 5 Bk L, bk R turn LF, sd L LOD, fwd R blend to contra bjo DW;
- 6 Fwd L blend to CP,-, fwd R, L;
- 7 Fwd R turn RF,-, sd & bk L fcg RLOD(W heel turn), bk R CP;
- ss 8 Bk L turn RF,-, pull R past L cont turn & stp sd drawing L to R CP DC,-;

9-12 CURVING 3; FEATH FIN; HOVER TEL; COMM NATL TWIST TURN;

- 9 Fwd L comm. LF turn,-, fwd R cont turn, fwd L xif of R to fc DRW
With checking action(W turn hd R on 2nd stp);
- 10 Bk R turn ¼ LF,-, sd & fwd L DW with L shoulder lead, fwd R to contra bjo DW;
- 11 Fwd L DW,-, sd & fwd R with R sd str rise & turn W to SCP, fwd L DW;
- 12 In SCP fcg DW stp fwd R turn RF,-, sd L twds WALL blend to CP fcg RLOD with R sway,x R in bk of L with no wgt change(W fwd L,-, fwd R Betw M's feet, fwd L to contra bjo);

13-16 FINISH NATL TWIST TURN; FEATH FIN; HOVER SCP; FEATH;

- qqqs 13 Unwind RF shift wgt to both feet, cont unwind & take wgt on R, stp sd & L to CP fcg DRW(W fwd R in contra bjo, swvl RF on R & cl L to R, sd & fwd R),-;
- 14 Repeat Meas 10 in PART A;
- 15 Fwd L,-, fwd & sd R[hover], sd & fwd L DC in SCP;
- 16 Fwd R,-, sd & fwd L twds DC, fwd R to contra bjo(W thru L turn LF,-, Sd & bk R, bk L) end contra bjo DC;

PART B

- 1-4 THREE DIAMOND TURNS;;; BK TO LEFT WHISK;
1 Fwd L blend to contra bjo turn LF,-, sd R cont turn, bk L DW;
2 Bk R DW turn LF,-, sd L cont turn, fwd R DRW;
3 Fwd L DRW turn LF,-, sd R cont turn, bk L DRC;
4 Bk R,-, sd & bk L to CP, xRib of L to RSCP turn upper body to L with L sd stretch(W fwd L,-, sd & fwd R to CP, xLib of R) end fcg DW;
- 5-8 TURNING HOVER TO SCP; NATL FALLAWAY WEAVE;;; CH OF DIR;
5 Fwd L,-, sd & slightly fwd R comm. RF turn & rise to ball of foot, cont Turn opening W to SCP fwd L(W fwd R,-,fwd & sd L around M, fwd R) End SCP DW;
6 Fwd R,-, fwd L turn RF, bk R in fallaway pos backing DC;
qqqq 7 Bk L fallaway, bk R to CP(W slipL),sd & fwd L, fwd R contra bjo DW;
ss 8 Fwd L DW turn LF,-, sd R DW draw L to R[no wgt ch] end CP DC,-;
- 9-12 CONTRA CHK & SWITCH; CURVED FEATH CHK; BK RT CHASSE TO FC LOD; TRAVELING CONTRA CHK;
9 Lowering on R fwd L chk with R sd fwd hd to R,-, rec R turn RF on R, sml stp bk on L(W rec L, fwd R betw M's feet) end CP DRW;
10 Fwd R comm. RF turn,-, sd & fwd L, strong RF body turn fwd R on toe To contra bjo fcg DRC;
sq&q 11 Bk L comm. RF turn,-, sml stp sd R/cl L to R, sd R cont turn to CP LOD;
12 Fwd L swing L sd fwd & take strong R sway,-, collect feet under body cl R to L rising up slowly correct sway, turn W to SCP stp sd & fwd L to end DW;
- 13-16 THREE IN & OUT RUNS;;; HESITATION CHANGE;
13 M fwd R comm. RF turn,-, sd & bk L DW blend to CP, bk R to contra bjo with R shoulder lead(W fwd L,-, fwd R betw M's feet, fwd L in contra bjo);
14 Bk L comm. RF turn,-, sd & fwd R betw W,s feet cont turn, fwd L to SCP LOD(W fwd R comm. RF turn,-, fwd & sd L cont turn, fwd R to SCP);
15 Repeat Meas 13 in PART B;
ss 16 Repeat Meas 8 in PART A;

INTERLUDE

- 1-4 CLOSED TEL; NATL WEAVE;;; CHANGE OF DIR;
1 Fcg DC fwd L blend to CP comm. LF turn,-, sd R cont turn(W heel turn), fwd L DW in contra bjo;
2 Fwd R comm. RF turn,-, sd & bk L fcg DRW(W heel turn), bk R with R Shoulder lead in contra bjo;
qqqq 3 Bk L, bk R blend to CP, sd & fwd L DW, fwd R to contra bjo DW;
ss 4 Repeat meas 8 in PART B,-;

ENDING

- 1-2 OPEN TELEMAR; CHAIR;
1 Fwd L turn LF,-, sd R cont turn(W heel turn), sd & fwd L to SCP DW;
ss 2 M thru R with relaxed knee(W thru L) fwd poise,-, hold as music ends,-;