How Long Will I Love You

Choreo: Bill Bingham [w/ Angela Boaz inspiring]
190 Hillway Cir, Ventura, CA 93003
Land Line: 805-642-1143
Email: bbingham_cbd@rocketmail.com
Released: May 13, 2023
Footwork: For M, W opposite except as (*noted*)
Download: iTunes & Amazon
Music: *How Long Will I Love You* by Orchestra Alec Medina
Album: Chartbreaker For Dancing, Vol. 16, Track #8
Rhythm-Phase: Waltz - Ph IV
Sequence: Intro - A - B - C - A - B - C - A - Bmod
Time: 2:49 @ download tempo - edited [details on the bottom of Pg 3]
Written at the **G**oss **S**chool of **C**horeography

- INTRODUCTION -

1 - 4 SHADOW LOD M 1 STEP BEHIND W W LOOKING L WAIT ; M FORWARD to WRAP : SWAY R & L ; ;

1 Shadow LOD ld ft free M 1 stp bhd ptr W looking L & slightly down Wait ;
1--; 2 M fwd L WRP & look L & slightly down ;
1--; 3 Sd R (*W sd R*) w/ R sd stretch, -, lose stretch ;
1--; 4 Rec L (*W rec L*) w/ L sd stretch, -, lose stretch ;

5 - 8 LADY ROLL OUT in 2 ; SWAY APART w/ ARM SWEEP ; LADY ROLL IN in 3 CP DLW ; DIP BACK & HOLD ;

1-- (*1-3*); 5 Rel ld hnds M rec R, -, - (*W roll RF full trn R, -, L*) OP LOD ;
1--; 6 Rec L (*W sd R*) w/ L sd stretch ld arm sweep up & out, -, - ;
1-- (*123*); 7 M rec R trng RF ⅛, -, - (*W roll LF trng 1⅜ L, R, L*) CP DLW ;
1--; 8 Bk L w/ L shldr ld relax L knee, -, - ;

- Part A -

1 - 4 FORWARD FORWARD/LOCK FORWARD ; MANEUVER ; SPIN OVERTURN ; BOX FINISH CP DLW ;

12&3; 1 Fwd R, w/ L shldr ld fwd L/lk R, fwd L ;
2 Fwd R comm RF upper body trn, comp trn sd L fc ptr, cl R CP RLOD ;
3 Comm RF upper body trn bk L pvtg ½ RF, fwd R rise comm ⅜ RF trn (*W brush R*), comp trn sd & bk L ;
4 Bk R trng ½ LF, sd L, cl R CP DLW ;

5 - 8 CHANGE OF DIRECTION ; TURN L CHASSE to BJO ; IMPETUS to SCP ; PICKUP CP DLC ;

12-; 5 Fwd L, fwd R comm ¼ LF trn, comp trn drw L ;
12&3; 6 Fwd L trng LF fc COH, sd R/cl L, sd R trng LF BJO DRC ;
7 Comm RF upper bdy trn bk L, cl R to L [heel trn], fwd L
(*W comm RF upper bdy trn fwd R outsd M's R pvtg ½ RF, cont trn sd & fwd L arnd M, fwd R*) SCP DLC ;
8 Thru R, fwd & sd L w/ LF upper bdy trn ldg W to CP (*W fwd & sd R in frnt of M*), cl R CP DLC ;

- Part B -

1 - 5 2 LEFT TURNS ; ; HOVER ; WEAVE to SCP DLW ; ;

1 Fwd L comm ⅜ LF trn, comp LF trn sd R, cl L ;
2 Bk R comm ⅜ LF trn, comp LF trn sd L, cl R CP DLW ;
3 Fwd L, fwd & slightly sd R rising to ball of ft brush R to L, sd & slightly fwd L SCP DLC ;
4 Thru R, fwd L comm LF trn, cont trn sd & slightly bk R
(*W fwd L comm LF trn, cont trn sd & slightly bk R, sd & fwd L*) BJO RLOD ;
5 Bk L ldg W to CBMP, bk R trng LF, sd & fwd L
(*W fwd R outsd ptr, fwd L trng LF blendg to SCP, fwd & sd R*) SCP DLW ;

6 - 8 OPEN IN & OUT RUNS DLC ; ; THRU FACE CLOSE CP DLW ;

6 Rel ld hands fwd R comm RF trn, cont trn sd L chg sds plc L arm undr W's R & L hand on W's bk, sd & fwd R
(*W fwd L, fwd R between M's ft, sd & fwd L*) to L ½ OP ;
7 Fwd L, fwd R between W's ft plc R arm under W's L & R hand on W's bk, sd & fwd L
(*W fwd R comm RF trn, cont trn sd L chg sds, comp trn sd & fwd R*) to ½ OP DLC ;
8 Thru R, trng RF to fc ptr sd L, cl R CP DLW ;

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- Part C -

1 - 4 <u>WHISK SCP DLC ; LADY ROLL ACROSS ; LADY ROLL BACK ½ OP ; blending to SCP WING SCAR DLC ;</u>

1 Fwd L, fwd & sd R comm rise on ball of ft, comp rise XLib in tight SCP DLC ;
2 Sm fwd R comm ldg W to roll acrs LF, sm fwd L cont ldg LF roll, fwd R (*W roll acrs in frnt of M L, R, L*) to extended LOP ;
3 Sm fwd L comm ldg W to roll acrs LF, fwd R cont ldg LF roll, fwd L (*W roll acrs in frnt of M R, L, R*) to ½ OP ;
1-- (*123*); 4 Fwd R to SCP, trng upper body LF comm ldg W to SCAR draw L twd R, comp ldg W to SCAR tch L (*W fwd L, comm trng LF in frnt of M fwd R, comp LF trn fwd L*) SCAR DLC ;

5 - 8 <u>TELEMARK to SCP ; THRU SEMI-CHASSE ; PICKUP CP DLW ; DIP BACK & HOLD DLW ;</u>

5 Fwd L & comm LF trn, sd R comp trn, sd & fwd L (*W bk R comm LF trn, cl L to R [heel trn], sd & fwd R*) SCP DLW ;
12&3; 6 Thru R, sd & fwd L/cl R, sd & fwd L ;
7 Thru R, fwd & sd L w/ LF upper body trn ldg Lady to CP, cl R CP DLW ;
1--; 8 Bk L w/ L knee relaxed, -, - DLW ;

- Part A -

1 - 8 <u>FORWARD FORWARD/LOCK FORWARD ; MANEUVER ; SPIN OVERTURN ; BOX FINISH CP DLW ; CHANGE OF DIRECTION ; TURN L CHASSE to BJO ; IMPETUS to SCP ; PICKUP CP DLC ;</u>

1-8 Rpt Part A, Meas 1-8 ; ; ; ; ; ; ; ;

- Part B -

1 - 8 <u>2 LEFT TURNS ; ; HOVER ; WEAVE to SCP DLW ; ; OPEN IN & OUT RUNS DLC ; ; THRU FACE CLOSE CP DLW ;</u>

1-8 Rpt Part B, Meas 1-8 ; ; ; ; ; ; ; ;

- Part C -

1 - 8 <u>WHISK SCP DLC ; LADY ROLL ACROSS ; LADY ROLL BACK ½ OP DLC ; WING SCAR DLC ; TELEMARK to SCP ; THRU SEMI-CHASSE ; PICKUP CP DLW ; DIP BACK & HOLD ;</u>

1-8 Rpt Part C, Meas 1-8 ; ; ; ; ; ; ; ;

- Part A -

1 - 8 <u>FORWARD FORWARD/LOCK FORWARD ; MANEUVER ; SPIN OVERTURN ; BOX FINISH CP DLW ; CHANGE OF DIRECTION ; TURN L CHASSE to BJO ; IMPETUS to SCP ; PICKUP CP DLC ;</u>

1-8 Rpt Part A, Meas 1-8 ; ; ; ; ; ; ; ;

- Part B_{mod} -

1 - 9 <u>2 LEFT TURNS ; ; HOVER ; WEAVE to SCP DLW ; ; OPEN IN & OUT RUNS SCP DLC ; ; SLOW THRU [DLC] to OVERSWAY ~ ; ;</u>

1-7 Rpt Part B, Meas 1-7 ; ; ; ; ; ; ;
1-3; ---; 8-9 Thru R to SCP, -, sd L relax L knee leave R leg extended ; Stretch L sd & look DRW, -, -;

NOTE:

If you really like the music and are thinking, “I sure do wish there was a Ph II round written to this,” we’ve got great news for you. Pick up a copy of Mary & Bob Townsend-Manning’s *How Long Will I Love You*, wherever fine cue sheets are sold.

How Long Will I Love You

Quick Cues

Shadow LOD M 1 Step Behind W W Looking L Wait ; M Forward to WRP ; Sway R & L ; ;
Lady Roll Out in 2 ; Sway Apart w/ Arm Sweep ; Lady Roll In in 3 CP DLW ; Dip Back & Hold ;

Forward Forward/Lock Forward ; Maneuver ; Spin Overturn ; Box Finish ;
Change of Direction ; Turn L Chasse to BJO ; Impetus to SCP ; Pickup DLC ;

2 Left Turns ; ; Hover ; Weave to SCP ; ;
Open In & Out Runs DLC ; ; Thru Face Close [CP] DLW ;

Whisk [DLC] ; Lady Roll Across ; Lady Roll Back ½ OP DLC ; Wing DLC ;
Telemark to SCP ; Thru Semi-Chasse ; Pickup DLW ; Dip Back & Hold ;

Forward Forward/Lock Forward ; Maneuver ; Spin Overturn ; Box Finish ;
Change of Direction ; Turn L Chasse to BJO ; Impetus to SCP ; Pickup DLC ;

2 Left Turns ; ; Hover ; Weave to SCP ; ;
Open In & Out Runs DLC ; ; Thru Face Close [CP] DLW ;

Whisk [DLC] ; Lady Roll Across ; Lady Roll Back ½ OP DLC ; Wing DLC ;
Telemark to SCP ; Thru Semi-Chasse ; Pickup DLW ; Dip Back & Hold ;

Forward Forward/Lock Forward ; Maneuver ; Spin Overturn ; Box Finish ;
Change of Direction ; Turn L Chasse to BJO ; Impetus to SCP ; Pickup DLC ;

2 Left Turns ; ; Hover ; Weave to SCP ; ;
Open In & Out Runs to SCP [DLC] ; ; Slow Thru [DLC] to Oversway ~ ; ;

Music editing: Referencing timing as displayed in Audacity, the quick & dirty way is to delete everything beyond 2:30.47 then fade the new end. The far more satisfying and elegant solution is to delete from 2:29.39 through 2:41.73. While the former edit yields an abrupt fadeout of only about 1 second, the latter uses the full 4+ seconds fade of the original music, which is markedly superior for both esthetics and dancing as it allows for a slower, more expressive Thru and Oversway.

If you prefer to not have to deal with editing the music, simply send me proof of purchase of the music, and I'll send you an edited file.