

# HOPELESSLY DEVOTED

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**CD:** Olivia Newton-John – “Hopelessly Devoted To You” **SPEED:** Slow from 35 to 30mpm  
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**SEQUENCE:** Intro, A, B, Inter, A, B, Ending **RELEASED:** November 2022  
**RHYTHM:** Slow Two-Step **PHASE:** VI **FOOTWORK:** Described for M - W opposite (or as noted)

## INTRO

### **1 - 4 WAIT; WAIT; TWISTY BASIC;;**

- 1-2 - Wait 2 measures in BFLY POS FCING WALL feet together & both w/lead foot free;;
- 3 - Trng slightly RF sd L,-, XRIB of L, rec L (trng slightly RF sd R,-, XLIF of R, rec R);
- 4 - Trng LF sd R,-, XLIB of R, rec R (trng LF sd L,-, XRIF of L, rec L);

### **5 - 8 TWISTY VINE 3; FORWARD FACE CLOSE TO CP; SIDE TO HINGE;** **RISE CLOSE SWVL LADY TO SAME FOOT LUNGE LINE;**

- 5 - Trng RF sd & bk L LOD,-, XRIB of L, trng LF sd & fwd L to BFLY BJO DLW;
- 6 - XRIF of L,-, trng RF sd L starting to blend to CP, cl R to L to end CP FCING WALL;
- s-- 7 - Sd L,-, rotate slightly trng W LF to lead W to cross behind soften L knee (sd R,-, trng LF XLIB of R soften L knee) to a Hinge Line,-;
- (SS)
- s-- 8 - Rise on L leading W to recover & swvl RF cl R to L,-, lower on R allowing L ft to slide sd & slightly bk to LOD turning body slightly RF from L hip stretching R sd to open W's head to R M's head to L (rise on L small recover fwd R swvl RF,-, lower on R allowing L ft to slide fwd to LOD head to R) to Same Foot Lunge Line M FCING WALL,-;

## PART A

### **1 - 5 & CIRCULAR TRIPLE TRAVELER; 5 MEASURES;;;**

- sQQ 1 - Trng LF thru hip & upper body to lead W fwd/fwd L LOD raising lead hands,-, fwd & sd R, fwd & across L (fwd L moving around the M on his L side/fwd & across R spiral 7/8 LF,-, cont LF trn fwd & sd L, fwd R cont trng LF under joined lead hands) to end in L OPEN POS V-SHAPE LOD;
- (&SQQ)
- s-- 2 - Fwd & across R twd COH, slowly turn LF on R, under joined lead hands, as you lead W like a lariat (fwd & sd L shaping RF to M,-, strongly curving RF around M fwd R, fwd L) to end in L OPEN V-SHAPE RLOD;
- (SQQ)
- 3 - Fwd & across L RLOD,-, raising joined lead hands to lead W under RF sd & fwd R, fwd & across L (fwd & across R,-, fwd & sd L trng RF under joined lead hands, fwd R) sill in V-shape L OPEN POS FCING RLOD;
- s-- 4 - Fwd & across R twd WALL, slowly turn LF on R, under joined lead hands, as you lead W like a lariat (fwd & sd L shaping RF to M,-, strongly curving RF around M fwd R, fwd L) to end in L OPEN V-SHAPELOD;
- (SQQ)
- 5 - Fwd & across L LOD,-, raising joined lead hands to lead W under RF sd & fwd R, fwd & across L (fwd & across R,-, fwd & sd L trng RF under joined lead hands, fwd R) still in V-shape L OPEN POS FCING LOD;

### **6 - 8 FALLAWAY RONDE; & ROLL CROSS CHASSE JOIN RIGHT HANDS; OPEN BREAK TO;**

- 6 - Fwd R LOD trng ½ LF releasing lead hands to join trailing hands as you ronde L ft CCW (R ft CW) to brief OPEN POS FCING RLOD,-, bk L, trng RF sd & fwd R releasing trailing hands comm RF roll LOD;
- 7 - Fwd L cont RF roll to fc ptr & COH,-, sd R, XLIF of R to join R hands M FCING COH;
- 8 - Sd R LOD,-, apart L extending L arm out to sd, rec fwd & across R to offset w/partner W to your R;

### **9 - 12 TRADE PLACES 3x;; 3<sup>RD</sup> ONE TO SKATER LINE & WHEEL FC COH; OPPOSITION BREAK;**

- 9 - Pull by ptr releasing R hand hold passing R shoulders fwd L trng ½ RF,-, join L hands apart R extending R arm out to sd, rec L;
- 10 - Pull by ptr releasing L hand hold passing L shoulders fwd R trng ½ LF,-, join R hands apart L extending L arm out to sd, rec R;
- 11 - Fwd L twd COH trng ¼ RF to fc LOD joining L hands to SKATER POS,-, wheel ½ RF fwd R, fwd L (fwd R twd WALL trng ¼ LF to fc LOD,-, wheel ½ RF bk L, bk R) to end SKATER POS FCING RLOD;
- 12 - Cont RF wheel fwd R to fc COH,-, fwd L twd COH checking, rec R (cont RF wheel bk L to fc COH,-, bk R twd WALL checking, rec L comm LF trn) to end SKATER POS FCING COH;

**PART A (CON'T)****13-16 TO REVERSE LADY FWD UNDERARM TURN; & OPEN BASIC w/M'S HEAD LOOP; 2 SWITCHES;;**

- 13 - Cl L to R lead W fwd in front down RLOD,-, bk R raising L hands & releasing R hands, rec L (trng LF fwd R twd RLOD in front of M,-, fwd L under joined L hands trng RF, rec R cont RF trn);
- 14 - Sd R trng slightly LF (RF) scooping ptr up w/R arm while taking L hands over head & release,-, XLIB of R, rec R to end in V-shape ½ OPEN POS FCING RLOD;
- 15 - Fwd L DRC changing sides & sharply trng RF scooping ptr up w/L arm,-, fwd & sd R, fwd & across L (fwd R,-, fwd & sd L, fwd & across R) to end in V-shape LEFT ½ OPEN POS FCING RLOD;
- 16 - Fwd R leading W across & scooping ptr up w/R arm,-, fwd & sd L, fwd & across R (fwd L DRC changing sides & sharply trng RF,-, fwd & sd R, fwd & across L) to end in V-shape ½ OPEN POS FCING RLOD;

**17-20 LUNGE BASIC w/REV RIFF TURN; LUNGE BASIC TO ½ OPEN RLOD; SWITCH & OPEN BASIC;;**

- 17 - Trng RF sd L blending to CP COH flexing L knee,-, rec R leading W under lead hands, cl L to R (trng LF sd R flexing R knee,-, rec L toe pointing DLW/spin LF 1 full trn under joined lead hands, cl R to L) to BFLY;
- 18 - Sd R flexing R knee,-, rec L, scooping ptr up w/R arm fwd & across R to end in V-shape ½ OPEN POS FCING RLOD;
- 19 - Fwd L DRC changing sides & sharply trng RF scooping ptr up w/L arm,-, fwd & sd R, fwd & across L (fwd R,-, fwd & sd L, fwd & across R) to end in V-shape LEFT ½ OPEN POS FCING RLOD;
- 20 - Trng LF sd R release ptr from lead arm & scooping ptr up w/R arm to V-shape ½ OPEN POS FCING RLOD,-, XLIB of R, rec R comm RF trn;

**PART B****1 - 4 TO BOLERO CONTINUOUS TRAVELING RIGHT TURNS;;; PASS HER BY TO 2 HAND;**

- 1 - Folding RF in front of W sd & bk L keeping L arm extended out to sd,-, XRIB of L pressure wgt, twist trn 5/8 RF on both feet to fc DLW & shift full wgt bk to L (fwd R LOD between M's feet placing R hand on M's L shldr & extending L arm out to sd,-, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checking) to end BOLERO BJO M FCING DLW;
- 2 - Fwd R outside ptr folding RF in front of W to CP RLOD,-, bk L pivot ½ RF, fwd R cont RF pivot (bk L trng RF to square w/ptr,-, fwd R pivot ½ RF, bk L cont RF pivot) to end still in BOLERO POS fcng DRW;
- 3 - Cont RF trn sd & bk L to CP RLOD,-, XRIB of L pressure wgt, twist trn 5/8 RF on both feet to fc DLW & shift full wgt bk to L (fwd R LOD between M's feet,-, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checking) to end BOLERO BJO M FCING DLW;
- 4 - Fwd R LOD releasing from Bolero pos trng RF,-, fwd & sd L cont RF trn, XRIF of L (bk L trng RF releasing from Bolero pos,-, cont RF trn small sd & fwd R, cl L to R) to end low double hand hold M FCING RLOD;

**5 - 8 PULL PASS; STEP RONDE CIRCLE VINE; BOLERO WHEEL 3; STEP RONDE CIRCLE VINE;**

- s-q (SQQ) 5 - Bk & sd L LOD,-, trng RF to face DLC while strongly leading W fwd on inside of circle, sd & fwd R leaving L ft pointed sd & bk twd RLOD (W fwd R while delaying fwd body movement,-, fwd L, fwd R up to M's chest) to end M FCING DLC & W FCING LOD;

**NOTE:** Same footwork now for next 9 measures.

- 6 - Rec bk L/ronde R ft to sd & bk,-, XRIB of L, sd & fwd L (fwd L trng ½ RF/ronde R ft to sd & bk,-, XRIB of L, sd & fwd L) to end BFLY BJO M FCING DLW;
- 7 - Blend to BOLERO POS M's R hand around W's R side and W's R hand on M's L shoulder both w/L arms extended out to sd wheel fwd R,-, fwd L, fwd R to end M fcng DRC;
- 8 - Fwd L trng ½ RF as you ronde R ft CW sd & bk and release ptr to low double hand hold,-, XRIB of L, small sd & slightly fwd L to end low double hand hold M fcng WALL;

**9-12 WHEEL LADY WRAP; WHEEL FC REV; SWEETHEART RUN; SWEETHEART SWITCH M POINT LADY ROLL OUT TO OPEN WALL;**

- 9 - Fwd R passing R shoulders comm RF trn as you raise joined lead hands,-, wheeling RF around W fwd L, fwd R as you lower joined lead hands in front of W (fwd R,-, cl L to R, bk R) to WRAP POS FCING COH;
- 10 - Wheel RF fwd L,-, fwd R, fwd L (small bk L,-, bk R, cl L to R) to end WRAP POS FCING DRW;
- 11 - Fwd & across R RLOD,-, fwd L, fwd R stronger moving up next to W preparing for switch in next measure;
- s-- (SQQ) 12 - Fwd L twd DRC trn sharply RF to brief TANDEM WRAP POS fcng WALL,-, point R sd RLOD hold release lead hands, use trailing hand to lead W to roll R (cont trng RF to roll fwd R RLOD, fwd L cont RF roll) to end OPEN POS FCING WALL;

**PART B (CON'T)****13-16 CROSS CHASSE; SLOW CROSS LUNGE & EXTEND; REC TOUCH LADY ROLL 4 QK TO BFLY; SIDE LUNGE DRAW CLOSE;**

- 13 - Sd R,-, XLIF of R, sd R sweeping lead arm up still in OPEN POS FCING WALL;  
 s-- 14 - Soften R knee XLIF of R flexing L knee as you complete arm sweep down & extend lead arm out to side;  
 s-- 15 - Rec R trng LF, tch L to R, hold, (rec R trng LF, cont LF trn sd & fwd L, fwd R spiral 7/8 LF, fwd L cont LF  
 (QQQQ) trn) blending to BFLY POS FCING WALL;  
**NOTE:** Now back to opposite footwork.  
 ss 16 - Sd L lunge softening L knee,-, draw R to cl R to L in BFLY POS FCING WALL,-;

**INTERLUDE****1 - 4 TWISTY BASIC;; TWISTY VINE 3; FORWARD FACE CLOSE TO CP;**

- 1 - Trng slightly RF sd L,-, XRIB of L, rec L (trng slightly RF sd R,-, XLIF of R, rec R);  
 2 - Trng LF sd R,-, XLIB of R, rec R (trng LF sd L,-, XRIF of L, rec L);  
 3 - Trng RF sd & bk L LOD,-, XRIB of L, trng LF sd & fwd L to BFLY BJO DLW;  
 4 - XRIF of L,-, trng RF sd L starting to blend to CP, cl R to L to end CP FCING WALL;

**5 - 6 SIDE TO HINGE; RISE CLOSE SWVL LADY TO SAME FOOT LUNGE LINE;**

- s-- 5 - Sd L,-, rotate slightly trng W LF to lead W to cross behind soften L knee (sd R,-, trng LF XLIB of R soften  
 (SS) L knee) to a Hinge Line,-;  
 s-- 6 - Rise on L leading W to recover & swvl RF cl R to L,-, lower on R allowing L ft to slide sd & slightly bk to  
 LOD turning body slightly RF from L hip stretching R sd to open W's head to R M's head to L (rise on L  
 small recover fwd R swvl RF,-, lower on R allowing L ft to slide fwd to LOD head to R) to Same Foot Lunge  
 Line M FCING WALL,-;

**PART A****PART B****ENDING****1 - 4 TWISTY BASIC;; TWISTY VINE 3; FORWARD FACE CLOSE TO CP;**

- 1 - Trng slightly RF sd L,-, XRIB of L, rec L (trng slightly RF sd R,-, XLIF of R, rec R);  
 2 - Trng LF sd R,-, XLIB of R, rec R (trng LF sd L,-, XRIF of L, rec L);  
 3 - Trng RF sd & bk L LOD,-, XRIB of L, trng LF sd & fwd L to BFLY BJO DLW;  
 4 - XRIF of L,-, trng RF sd L starting to blend to CP, cl R to L to end CP FCING WALL;

**5 - 7 SIDE PROMENADE SWAY; CHANGE TO THROWAWAY OVERSWAY;;**

- s-- 5 - Sd & fwd L, stretch body upward, to look over joined lead hands, to SCP LOD;  
 ---- 6 - Using hips to slowly trn W, LF to CP LOD, then softening, in L knee (slowly allow M to swvl you LF on R ft  
 to CP, allowing L foot, to collect next to R foot, then start to soften in R knee);  
 ---- 7 - Develop the throwaway oversway by trng slightly LF & extend line over measure by bringing R sd thru to W  
 leaving R ft bk to RLOD (keeping L toe on floor extend L ft bk towards LOD trng head well to L);

**NOTE:** Timing on side of measure is reflective of actual weight changes. Unless noted, timing is SQQ.