

HOLDING ME

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MUSIC: "Loving You, Loving Me" by Haley Klinkhammer, feat. Jordy Searcy. Available at Amazon (Song ID: 293515561)

MUSIC PREVIEW: https://www.youtube.com/watch?v=2nXp3iHEoPU&list=RD2nXp3iHEoPU&start_radio=1

RHYTHM/PHASE: Slow Two Step, Phase VI

TIME/SPEED: 3:32 @ 30 meas/min (42.6 RPM = -5.4%). As downloaded 3:21 @ 31.7 meas/min (45 RPM)

FOOTWORK: Described for M, W opposite or as noted

RELEASED: August 2026

SEQUENCE: A, B, A, Bmod, C, Bmod, Ending

VERSION: 1

PART A

1-4 WAIT ,, REV UNDERARM TRN ; UNDERARM TURN INTO A ; TURKISH TOWEL FC REV ; 2 BREAKS ;

Handshake POS M fc COH, trail feet free. Wait 2 pickup notes,,

- {Rev Underarm Trn}** Sd R, -, XLIF leading W to trn LF under jnd R* hands, rec R to fc ptr & COH* (W: Sd L, -, fwd & across R trng LF under jnd R* hands, rec L cont LF trn fc WALL) ;
- *second time is under jnd ld hands, then R hands will be joined before the next meas.
- {Underarm Trn to}** Sd L, -, sm XRIB leading W to trn RF under jnd R hands, fwd R to COH comm LF trn moving IFO W (W: Sd R, -, fwd & across L trng RF under jnd R hands, rec L cont RF trn) ;
- {Turk Towel}** Cont LF trn sd R twd COH to M's VARSOU POS fcng RLOD, -, bk L w/slight RF body trn, rec R (W: Cont RF trn fwd & sd L twd WALL, -, fwd R w/slight RF body trn, bk L) ;
- Sd L twd WALL to M's LEFT VARSOU POS fcng RLOD, -, bk R w/slight LF body trn, rec L (W: Sd R twd COH, -, fwd L w/slight LF body trn, bk R) ;

5-8 OPPOSITION SD RKS 2 SLOW ; SD TWIRL THE LADY TO VARSOU ; FWD 3 ; [KEEP L HANDS LOW] FWD BASKETBALL TRN W/ MAN'S HEADLOOP ;

- SS 5 **{Oppsn Sd Brks}** Sd R looking L at ptr, -, sd L looking R at ptr end M's LEFT VARSOU POS RLOD, - ;
- {Sd Twirl W to Varsou}** Sd R, -, bk L taking jnd R hands high over M's head and leading W fwd and across to RF twirl under jnd R hands, sm fwd & across R to get to W's L side (W: Sd L, -, fwd & sd R comm RF twirl, fwd L to COH cont RF twirl) end VARSOU POS RLOD ;
- 6 *Option: release R hands and roll lady across with jnd L hands, rejoining R hands in VARSOU at the end.
- 7 **{Fwd 3}** Fwd L, -, fwd R, fwd L bringing jnd L hands low in front ;
- 8 **{Fwd Bsktball Trn M Headloop}** Fwd R comm RF (W: LF) trn bringing jnd R hands high, -, fwd L trning RF and looping jnd R hands over M's head, fwd R to LOD end "V" LOD L hands jnd low IFO W ;

9-12 LADY FREE ROLL RT ; OPEN BASIC PICKING UP ; START A TRIP TRAVELER ; ;

- 9 **{Lady Free Roll}** Fwd & across L to LOD shape to ptr, -, fwd & sd R leading W RF free roll w/ jnd L hand, fwd & across L (W: Fwd and across R, -, fwd L/spiral 7/8 RF, cont RF trn fwd L) ;
- 10 **{Open Basic}** Trng LF sd R scooping up ptr w/ R arm to ½ OPEN "V" POS fcng RLOD, -, XLIB, rec R (W: rec L comm LF Trn) ;
- {Start Trip Trav}** Trng LF fwd L RLOD, -, cont LF trn fwd & sd R raise jnd ld hands & release ptr from tr arm, fwd & across L lead W LF trn under jnd ld hands (W: Trng LF sd & across R, -, cont LF trn fwd & sd L, fwd R cont trng LF under jnd ld hands) ;
- 11 Fwd & sd R, spiral 7/8 LF under jnd ld hands, fwd L comm to bring ld hands down, fwd R bring jnd lead
- 12 hands to chest height forearms parallel to floor (W: Fwd & sd L shaping RF to M, -, fwd & across R, fwd & sd L) end LEFT OPEN "V" POS RLOD ;

13-16 FC FOR UNDERARM TRN M RK SIDE ; LARIAT ; ; BASIC ENDING ;

- {Fc For Underarm Trn}** Fwd L, swivel LF on L to fc ptr & WALL, sm sd R, sd L end on W's R side raise jnd lead hands and place outsd of R hnd on small of W's back (W: Fwd & across R, swivel RF on R to fc COH, fwd & across L trning RF under jnd ld hands, rec R cont RF trn fc COH) ;
- 13 **{Lariat}** Cl R to L, -, rk sd L, rec R (W: Circling the M fwd L, -, fwd R, fwd L to come to his L side) ;
- 14 Cl L to R, -, bk R, rec L (W: Circling the M Fwd R, -, fwd L, fwd R trng to fc M) end LOFP WALL ;
- 15 **{Basic Ending}** Blending to loose CP sd R, -, XLIB, rec R comm RF trn (W: Sd L, -, XRIB, rec L) ;
- 16

PART B

1 **{Trav Rt Trn}** Folding RF in front of W sd & bk L to CP RLOD, -, XRIB of L pressure wgt, twist trn 5/8
RF on both feet to fc DLW & shift full wgt bk to L (*W: Fwd R LOD between M's feet, -, cont RF trn*
around M fwd L twd WALL, fwd R twd RLOD checking) to end CONTRA BJO M FCING DLW ;

2 **{Both Roll Rt}** Fwd R LOD outsd ptr releasing tr arms, -, fwd & sd L spiralling 7/8 RF and leading W's
RF free roll, fwd R cont RF trn to fc ptr & WALL (*W: Bk L, -, trng RF fwd R LOD, fwd L cont RF trn*) end
momentary OPN FCNG POS M fc WALL ;

3 **{Underarm Trn}** Joining ld hands sd L, -, XRIB, rec L to fc WALL (*W: Sd R, -, fwd & across L trng RF*
under jnd ld hands, rec R cont RF trn fc M) ;

4 **{Lunge Basic}** Sd R flexing knee, -, rec L lowering hands, trng RF moving slightly past W XRIF (*W: Sd*
L flexing knee, -, rec R, trng slightly RF XLIF) end low dbl handhold M fcng Ptr & DRW ;

SS
(SQQ)

- 5 **{Pull Pass}** Bk & sd L LOD, -, trng RF to face DLC sd & fwd R leaving L ft pointed sd & bk twd RLOD
and leading W fwd to LOD on inside of circle, - (*W: fwd R LOD while delaying fwd body movement, -,
fwd L, fwd R up to M's chest*) end M fcng DLC & W fcng LOD all hands jnd low IFO W ;
Note: same footwork through meas 9
- 6 **{Step Ronde Circ Vine}** Rec bk L/ronde R ft to sd & bk, -, XRIB, sd & fwd L (*W: Fwd L trng ½ RF/ronde
R ft to sd & bk, -, XRIB of L, sd & fwd L*) to end BJO M fcng DLW ;
- 7 **{Wheel 3}** Maintain BJO POS wheel RF fwd R, -, fwd L, fwd R end BJO approx DLC ;
- 8 **{Wheel & Prep}** Wheel RF fwd L to fc WALL, -, tch R to L while swiveling W RF, -, (*W: Wheel RF fwd L
to FC COH, -, swivel ¼ RF to fc LOD and tch R to L, -*) end PREP POS M fc WALL ;

So

- 9 **{Slow Same Ft Lunge}** On end of prev meas lower on L w/ slight L sway/reach sd R toe pointing DRW,
cont to xfer all wgt onto R w/soft knee while looking twd and over W, over rest of meas stretch upward
and sway R, - (*W: XRIB well underneath body w/ head well L, -, -, -*) ;
- 10 **{Slo Change Sway & Pkup}** Slowly chg sway by trng slightly RF while stretching R sd to open head to
L and causing W's head to open to R, -, -, rotate body sharply LF to pickup W (*W: rec on L trng LF*) ;
- 11 **{Left Trn Inside Roll}** Trng LF fwd L to LOD betw W's feet, -, cont LF trn fwd & sd R, fwd & across L
leading W LF trn under jnd ld hands (*W: fwd & across R trng RF to fc approx WALL, -, cont LF trn fwd &
sd L, fwd R cont trng LF under jnd ld hands*) ;
- 12 **{Twisty Basic}** Sd R trng LF, -, XLIB, rec R (*W: Trng LF sd L, -, XRIF, rec L*) ;

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- 13 **{Underarm Trn}** Turning to fc COH repeat Meas 3 of Part B (lead hands are already joined) ;
14 **{Basic Ending}** Repeat Meas 16 of Part A fcng COH ;
15 **{Oversway}** Sd & fwd L relaxing knee keeping R leg extended with slight LF upper body rotation, -,
stretch L sd swiveling W's R ft to CP look twd & over W (*W: head well to L*) in CP DRC, - ;
16 **{Rise & Tch}** Rise on L ft drawing R foot in and rotating to fc COH, -, tch R to L, - ;

PART Bmod

1-11

SLOW SAME FT LUNGE : SLOW CHANGE SWAY & PICKUP : LT TURN INSIDE ROLL TO BFLY :

12-16

12 **{Twisty Basic}** Repeat Meas 12 of Part B ending low BFLY M fc DRC ;
 13 **{Trav X Chasses 3X}** Trng LF fwd L RLOD, -, cont LF trn sd & fwd R twd DRC, XLIF (*W: Trng LF bk R*
RLOD, -, cont LF trn sd & bk L twd DRC, XRIF) end low BFLY M FCING DRW ;
 14 Trng RF fwd R RLOD, -, cont RF trn sd & fwd L twd DRW, XRIF (*W: Trng RF bk L RLOD, -, cont RF trn*
sd & bk R twd DRW, XLIF) end low BFLY M FCING DRC ;

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- 15 Trng LF fwd L, -, cont LF trn sd & fwd R fc WALL, XLIF (W: Trng LF bk R, -, cont LF trn sd & bk L fc COH, XRIF) end BFLY M FCING WALL ;
- 16 **{Basic Ending}** Repeat Meas 14 of Part B BFLY WALL ;

PART C

1-4 QK RIFF TRN & SD LUNGE 3X ; - ; - ; WRAP LADY TO SHDW M IN 2 ;

- QQS 1 **{Qk Riff Trn & Sd Lunge 3X}** Sd L trng W RF under jnd lead hands, cl R to L, sd L onto soft knee, - (W: Sd R toe ptng DLC/spin RF 1 full trn, cl L to R, sd R onto soft knee, -) ;
- QQS 2 Rec sd R trng W LF under jnd lead hands, cl L to R, sd R onto soft knee, - (W: Rec sd L toe ptng DRC/spin LF 1 full trn, cl R to L, sd L onto soft knee, -) ;
- QQS 3 Repeat Meas 1 of Part C ;
- S-Q (SQQ) 4 **{Wrap Lady to SHDW}** Strong sd R leaving L ptd to LOD, -, lead lady underarm trn placing R hand on her R shoulder blade as she rotates, rec L releasing lead hands jng L hands in SHDW (W: Sd L, -, fwd & across R trng RF under jnd lead hands, rec L) end SHDW LOD shaped to WALL w R feet free ;
- Note: same footwork through Meas 7.

5-8 QK RUN 3 & SWIVEL PT 3X ; - ; - ; LADY HOVER OUT TO BFLY BANJO M IN 2 ;

- QQS 5 **{Qk Run 3 & Swiv Pt 3X}** To LOD fwd R, fwd L, fwd R/swivel 1/8 RF on R and pt L foot sd, - ;
- QQS 6 To DLW fwd L, fwd R, fwd L/swivel 1/4 LF on L and pt R foot sd, - ;
- QQS 7 To DLC Fwd R, fwd L, fwd R/swivel 1/4 RF on R and pt L foot sd, - end SHDW DLW L feet free ;
- S-Q (SQQ) 8 **{Lady Hvr To BFLY BJO}** Fwd L DLW keep R ft ptd bk, -, release L hands, rec R (W: Fwd L DLW, -, trng LF fwd & sd R rising, cont LF trn rec L) end BFLY BJO DLW lead feet free ;

9-12 QK BACK TWIST VINE 3 & CHECK W/ BOLERO ARMS 3X ; - ; - ; BK., SD, CL ;

- QQS 9 **{Qk Bk Twist 3 Chk}** Bk L trng sl RF, sd R cont RF trn, XLIF (W: XRIB) checking w/ rt sd stretch place L hand on front of W's R hip (W: L hand on M's R shoulder) and extend R out and up (W: out & down), - ;
- QQS 10 Bk R trng sl LF, sd L cont LF trn, XRIF (W: XLIB) checking w/ left sd stretch place R hand on front of W's L hip (W: R hand on M's L shoulder) and extend L out and up (W: out & down), - ;
- QQS 11 Repeat Meas 9 of Part C ;
- 12 **{Bk, Sd, Cl}** Bk R, -, sd L fc COH, cl R to L to end BFLY WALL ;

13-16 UNDERARM TRN ; FALLAWAY RONDE LEFT OPN LOD ; OUTSIDE ROLL ; BASIC ENDING CLOSE UP ;

- 13 **{Underarm Trn}** With lead hands already jnd repeat Meas 3 of Part B ;
- 14 **{Fallawy Ronde}** Blending to momentary BFLY sd R trng upper body LF ronde L leg CCW (W: R leg CW) to XIB without wt, -, XLIB comm RF (W: LF) trn, cont. RF trn sd & fwd R jng ld hands end L OPEN "V" POS fcng LOD ;
- 15 **{Outsd Roll}** Fwd & across L, -, sd & fwd R lead W RF trn under jnd ld hands, fwd & across L (W: Fwd & across R, -, fwd & sd L trng RF under jnd ld hands, fwd R cont RF trn) end LOP WALL ;
- 16 **{Basic Ending}** Repeat Meas 16 of Part A fcng WALL ;

REPEAT PART Bmod

ENDING

1-3 UNDERARM TRN ; FALLAWAY BRK & REC ; HOLD * LADY SWIVEL UNDER RT & CARESS

- 1 **{Underarm Trn}** Repeat Meas 3 of Part B ;
- 2 **{Fallaway Brk & Rec}** Slowing with the music sd R blending to loose CP, -, rk bk L to FALLAWY POS, rec fwd R leaving L foot ptd bk ;
- 3 **{Lady Swivel Under Rt}** Hold approx. 1 meas then with no weight change raise jnd lead hands and swivel W RF under keeping R hand connected to W to end w/ outsd of R hand on sm of W's back (W: swivel 3/4 RF on L (no wt change) under jnd ld hands to fc M and caress w/ L arm), Note: the caress should be on the "me" vocal.

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HEAD CUES

Handshake POS M fc COH R hands jnd trail feet free. Wait 2 pickup notes.

PART A

WAIT 2 NOTES,, REV UNDERARM TRN ; UNDERARM TRN INTO A ; TURKISH TOWEL FC REV ; 2 BREAKS ;
OPPOSITION SIDE ROCKS 2 SLOWS ; SD * TWIRL THE LADY TO VARSOU ; FWD 3 * L HANDS LOW ; FWD
BASKETBALL TRN * MAN'S HEADLOOP ;

[TO LOD] LADY FREE ROLL RT ; OPEN BASIC * PICKING UP ; START A TRIP TRAV ; - ;
FC FOR UNDERARM TRN M RK SIDE * TO A LARIAT ; - ; - ; BASIC ENDING CLOSING UP TO A ;

PART B

TRAVELING RT TURN ; BOTH ROLL RT ; UNDERARM TURN TO BFLY ; LUNGE BASIC M IN FRONT ; PULL
PASS ; STEP RONDE CIRCLE VINE * TO BJO ; WHEEL 3 ; WHEEL & PREP FC WALL ;

SLOW SAME FOOT LUNGE ; SLOW CHANGE SWAY * & PICKUP ; LEFT TURN INSIDE ROLL ; TWISTY BASIC ;
UNDERARM TRN ; BASIC ENDING * CLOSING UP ; SD TO AN OVERSWAY ; RISE & TCH ;

PART A

REV UNDERARM TRN SHAKE HANDS ; UNDERARM TRN INTO A ; TURKISH TOWEL FC REV ; 2 BREAKS ;
OPPOSITION SIDE ROCKS 2 SLOWS ; SD * TWIRL THE LADY TO VARSOU ; FWD 3 * L HANDS LOW ; FWD
BASKETBALL TRN * MAN'S HEADLOOP ;

[TO LOD] LADY FREE ROLL RT ; OPEN BASIC * PICKING UP ; START A TRIP TRAV ; - ;
FC FOR UNDERARM TRN M RK SIDE * TO A LARIAT ; - ; - ; BASIC ENDING CLOSING UP TO A ;

PART BMOD

TRAVELING RT TURN ; BOTH ROLL RT ; UNDERARM TURN TO BFLY ; LUNGE BASIC M IN FRONT ; PULL
PASS ; STEP RONDE CIRCLE VINE * TO BJO ; WHEEL 3 ; WHEEL & PREP FC WALL ;

SLOW SAME FOOT LUNGE ; SLOW CHANGE SWAY * & PICKUP ; LEFT TURN INSIDE ROLL ; TWISTY BASIC ;
[TO REV] TRAVELING CROSS CHASSES 3 MEAS ; - ; 3RD ONE FC WALL ; BASIC ENDING BFLY ;

PART C

QK RIFF TURN & SD LUNGE 3X ; - ; - ; WRAP THE LADY TO SHDW M IN 2 ;
[R FEET] QK RUN 3 & SWIVEL PT * 3 X ; - ; - ; LADY HOVER OUT TO BFLY BJO / M IN 2 ;

QK BK TWIST VINE 3 & CHECK W/ BOLERO ARMS * 3X ; - ; - ; BK, SD, CL ; UNDERARM TURN ; FALLAWAY
RONDE TO LEFT OPN LOD ; OUTSIDE ROLL ; BASIC ENDING CLOSING UP * TO A ;

PART BMOD

TRAVELING RT TURN ; BOTH ROLL RT ; UNDERARM TURN TO BFLY ; LUNGE BASIC M IN FRONT ; PULL
PASS ; STEP RONDE CIRCLE VINE * TO BJO ; WHEEL 3 ; WHEEL & PREP FC WALL ;

SLOW SAME FOOT LUNGE ; SLOW CHANGE SWAY * & PICKUP ; LEFT TURN INSIDE ROLL ; TWISTY BASIC ;
[TO REV] TRAVELING CROSS CHASSES 3 MEAS ; - ; 3RD ONE FC WALL ; BASIC ENDING ;

END

UNDERARM TRN ; [SLOW IT DOWN] FALLAWAY BREAK & RECOV ; HOLD * LADY SWIVEL UNDER RT &
CARESS ;