

GET MY NAME

CHOREOGRAPHER: Percy Downing **EMAIL:** tetafray+rounds@gmail.com
MUSIC: "Get My Name", Mark Ballas (single) – MP3 Download Amazon.com
TIME/SPEED: As recorded (3:07) **FOOTWORK:** Opposite unless noted
or slow for comfort
RHYTHM/PHASE: West Coast Swing, VI **DIFFICULTY:** AVG **RELEASED:** Aug 2023
SEQUENCE: INTRO – A – A – B – C – A – B – C – INTLD – B – C (1-4) – END

INTRO**1-2 WAIT 2 [FCG PTR & LOD W/LEAD FEET FREE] ; ;**

{Wait} Wait 2 measures facing partner & LOD lead feet free lead hands joined;;

3-8 SUGAR TOE HEEL CROSSES ; ; TUCK & TWIRL ENDING ; PUSH BREAK ; , , LEFT SIDE PASS W/ INSIDE TURN, ; ;

{Sugar toe heel crosses} Bk L, bk R to tight BFLY, swivel RF on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd; Swivel RF on R XLIF, swivel LF on L tch R toe to L instep, swivel RF on L tch R heel sd & fwd, swivel LF on L XRIF; (*Fwd R, fwd L, swivel LF on L tch R toe to L instep, swivel RF on L tch R heel sd & fwd; Swivel LF on L XRIF, swivel RF on R tch L toe to R instep, swivel LF on R tch L heel sd & fwd, swivel RF on R XLIF;*)

{Tuck & twirl} Swivel RF on R tch L to R, fwd L raising jnd lead hnds to eye level lead W to spin RF, anchor R/L, R; (*W tuck in LF tch R to L, trn RF to step away from M fwd R to trn ½ RF to fc ptr, anchor L/R, L;*)

{Push break} Bk L, almost cl R to L, in place L/R, fwd L; anchor R/L, R, (*fwd R, L, cl R to L/in place L, bk R; anchor L/R, L;*)

{Left side pass w/inside turn} Bk L comm LF trn bring ld hnds slgtly in, bk R cont LF trn fc COH bring ld hnds slgtly out; undr jnd ld hnds trn W LF sip L/sip R, trn LF small fwd L to RLOD, anchor R/L, R; (*W fwd R slgt Xif of L, fwd L slgt Xif of R; trng LF undr jnd ld hnds R/L, R, anchor L/R, L;*) to end in handshake position

PART A**1-8 (HANDSHAKE) SUGAR SIDE BREAK AND FREEZE ; FACELoop SUGAR PUSH ; , , SURPRISE WHIP ; ; ; , TUMMY WHIP ; ; ; , CHEEK TO CHEEK ; ; ;**

{Sugar sd brk & freeze} Bk L, bk R, sd L/sd R, - ; (*Fwd R, fwd L, sd R/sd L, - ;*)

{Faceloop sugar push} Bk L, bk R raising jnd R hnds ovr M's head to neck & release, tap L fwd, fwd L leading W bk; anchor R/L, R, (*Fwd R, fwd L, tap R to L, bk R; Anchor L/R, L;*)

{Surprise whip} Bk L, fwd & sd R moving to W's R sd start RF trn ¼ to CP; Sd L cont RF trn/rec fwd R, sd & fwd L complete ½ RF trn, ck fwd R trn upper bdy strongly to the R ld W to trn sharply to the R & stop her w/ R hnd on bk in L-shaped SCP look at ptr, rec L raise jnd ld hnds; anchor R/L, R, (*Fwd R, fwd L trn RF ½; bk R/cl L, fwd R btwn M's feet trn sharply RF ½ keeping L leg close to R and under the body, ck bk L, rec fwd R trn RF under jnd ld hnds to fc ptr; anchor L/R, L;*)

{Tummy whip} Bk L, XRif of L trng RF to W's R; Release hnds and move behind W sm sd & fwd L/rec R trng RF, sd L placing R hnd on W's R hip, xRib of L trng RF, fwd L cont RF to fc ptr; anchor R/L, R, (*W fwd R, fwd L; Fwd R/cl L to R, bk R, bk L, bk R; anchor L/R, L;*)

{Cheek to cheek} Bk L, rec R; Swivel RF ½ on R lifting L knee & lightly bumping L hip to W's R hip, fwd L, swivel LF ½ on L to fc ptr, anchor R/L, R to end in handshake position; (*Fwd R, fwd L; Swivel LF ½ on L lifting R knee & lightly bumping R hip to M's L hip, fwd R, swivel RF ½ on R to fc ptr, anchor L/R, L;*)

Repeat PART A

PART B

1-2 (HANDSHAKE) SHADOW TUCK AND ROLL ; ;

{Shadow tuck & roll} Bk L, rec R across L comm RF trn, leading W to trn LF cont RF trn point L sd to momentary shadow pos compressing into R handhold, fwd L across slot trng RF; Fwd R releasing W, fwd L, anchor R/L, R; (*fwd R, fwd L, tap R fwd & sd in momentary shadow pos compressing into R handhold, fwd R commencing RF roll; Sd L cont RF roll, sd R cont RF roll, anchor L/R, L fcg ptr;*) and join lead hands

3-6 SUGAR TUCK AND TWIRL ; , , WHIP WITH DOUBLE OUTSIDE TURN , ; ; ;

{Sugar tuck & twirl} Bk L, bk R, tch L to R compressing into ld hnds, fwd L leading W to twirl RF under jnd hnds; anchor R/L, R; (*Fwd R, fwd L, tch R to L compressing into ld hnds, comm RF turn on L fwd R away from ptr; completing RF turn to fc ptr anchor L/R, L,*)

{Whip w/double outside turn} Bk L, rec R across L comm RF trn; cont RF turn sd & fwd L/rec R, sd & fwd L, trng ½ RF XRib of L initiating W double RF turn under jnd hnds, fwd & sd L; fwd R, fwd L, anchor R/L, R; (*Fwd R, fwd L trng ½ RF; Bk R/cl L to R, fwd R, fwd L trng RF under jnd ld hnds, fwd R cont RF turn; Fwd L cont RF turn, fwd R completing 2½ RF turn to fc ptr, anchor L/R, L;*)

7-10 SUGAR PUSH WITH ROCK 2 ; ; ; INSIDE WHIP WITH OUTSIDE TURN ; ; ;

{Sugar push w/rock 2} Bk L, bk R to tight BFLY, tap L fwd, rk fwd L; Rec R, rec L, release tight BFLY to anchor R/L, R; (*Fwd R, fwd L, tap R bk, rk bk R; Rec L, rec R, bk to anchor L/R, L;*)

{Inside whip} Bk L, rec R across L comm RF trn leading W under LF, cont RF trn sd & fwd L/rec R, sd & fwd L; Trng ½ RF XRib of L, fwd & sd L leading W under RF, bk to anchor R/L, R; (*W fwd R, L trng ½ LF, bk R/cl L to R, fwd R; Fwd L trng RF, fwd R completing 1 ½ RF trn, bk to anchor L/R, L;*)

PART C

1-4 EXTENDED SPANISH PASS ; ; ; HALF WHIP ; ; ;

{Extended Spanish pass} Bk L, bk R moving to R sd of W out of slot comm trng ½ RF raise ld hnds, in pl L/R, L ldg W to trn ¼ RF rel trl hnds; Small fwd R comp RF trn, fwd L fc LOD cont ldg W for optional extra trn under ld hnds, anchor R/L, R; (*Fwd R, fwd L, with R shoulder ld fwd R/cl L, fwd R trng upper body ¼ LF in momentary wrap; Start 1 ½ RF trn fwd L spiral 7/8 RF, fwd R comp trn fc ptr, anchor L/R, L;*)

{Half whip} Bk L, rec R across L comm RF trn, press step sd L trng RF/rec R trng RF, fwd & sd L blocking W hnd to cntr body; Cl R, fwd L small stp lead W bk, anchor R/L, R; (*Fwd R, fwd L trn RF, bk R/cl L, fwd R; bk L, bk R, anchor L/R, L;*)

5-8 EXTENDED LEFT SIDE PASS ; ; ; WHIP WITH HAND CHANGE BEHIND THE BACK ; ; ;

{Extended left side pass} Bk L trng LF, rec R cont trng LF, ldg W to pass by sd L/cl R, trng LF fwd L; fwd R, fwd L, anchor R/L, R; (*Fwd R, fwd L trng LF, passing M sd R/XLifR, sd R; trng LF bk L, bk R, anchor L/R, L;*)

{Whip w/hand change} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L folding W's arm bhnd W's bk; using R hnd take W's R hnd bhnd W's bk trng ½ RF XRib of L and leading W to trn 1 ½ RF, fwd & sd L, anchor R/L, R; (*Fwd R, fwd L trng RF, bk R/cl L to R, fwd R; Fwd L trng RF, fwd R completing 1 ½ RF trn to fc ptr, anchor L/R, L;*)

Repeat PART A**Repeat PART B****Repeat PART C****INTERLUDE****1-4 (STACK HANDS L OVER R) WINDOW WHIP ; ; SUGAR PUSH WITH ROCK 2 ; ;**

{Window whip} [Note: same footwork as inside whip with outside turn] Bk L comm to raise jnd L hnds for W to pass under, rec R across L comm RF trn ldg W under jnd ld hnds then raise jnd R hnds ovr W's hd, cont RF trn sd & fwd L/rec R, sd & fwd L; Trng ½ RF XRib of L taking jnd R hnds over W's hd, fwd & sd L while lowering jnd R hnds and taking jnd L hnds over W's hd, bk to anchor R/L, R; (*Fwd R, fwd L trng ½ LF under jnd L hnds, bk R/cl L to R, fwd R; Fwd L trng RF under jnd R hnds, fwd R taking jnd L hnds over W's hd while completing 1 ½ RF trn, bk to anchor L/R, L;*)

{Sugar push w/rock 2} Bk L, bk R to tight BFLY, tap L fwd, rk fwd L; Rec R, rec L, release tight BFLY to anchor R/L, R; (*Fwd R, fwd L, tap R bk, rk bk R; Rec L, rec R, bk to anchor L/R, L;*)

5-8 SIDE WHIP ; ; SUGAR PUSH WITH ROCK 2 ; ;

{Side whip} Bk L, rec R across L comm RF trn to L position trng W to SCP, press L fwd, hold; Hold, rec fwd L, anchor R/L, R; (*Fwd R, fwd L trng RF ½ to SCP, bk R/cl L, fwd R; Fwd L comm LF trn, cnt LF trn sd & bk R, trn LF anchor L/R, L;*)

{Sugar push w/rock 2} Bk L, bk R to tight BFLY, tap L fwd, rk fwd L; Rec R, rec L, release tight BFLY to anchor R/L, R; (*Fwd R, fwd L, tap R bk, rk bk R; Rec L, rec R, bk to anchor L/R, L;*)

Repeat PART B**Repeat PART C (1-4)****ENDING****1-4 ROCK WHIP ; ; ; SUGAR WRAP KNEE LIFT AND FREEZE ;**

{Rock whip} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L momentary CP; Trng RF strongly on L fwd R between W's feet, cont RF ¼ to rec L, cont RF trn ¼ fwd R between W's feet, cont RF trn ¼ rec L; Cont RF trn ¼ fwd R raising jnd ld hnds, fwd L chkg, anchor R/L, R; (*Fwd R, fwd L trng RF ½, bk R/cl L, fwd R; Trng RF ½ bk L, rec R between M's feet, trng RF ½ bk L, rec R between M's feet; trng RF ½ bk L, bk R, anchor L/R, L;*)

Choreography by P. Downing

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Phase VI West Coast Swing

{Sugar wrap knee lift & freeze} Bk L, very small bk R, pt L fwd leading W to trn RF with ld hnds in tandem wrap pos, hold, ; (*Fwd R, fwd L trng ½ RF, lift R knee in "4" position pushing L palm forward like a stop sign, hold, ;*)

HEAD CUES

INTRO

WAIT 2 [FCG PTR & LOD W/LEAD FEET FREE] ; ;
SUGAR TOE HEEL CROSSES ; ; TUCK & TWIRL ENDING ; PUSH BREAK ; ; , , LEFT SIDE PASS W/INSIDE TURN , ; ;

PART A

[HANDSHAKE] SUGAR SIDE BREAK AND FREEZE ;
FACELOOP SUGAR PUSH ; ; , , SURPRISE WHIP ; ; ; , , TUMMY WHIP ; ; ; , , CHEEK TO CHEEK ; ; ;

PART A

[HANDSHAKE] SUGAR SIDE BREAK AND FREEZE ;
FACELOOP SUGAR PUSH ; ; , , SURPRISE WHIP ; ; ; , , TUMMY WHIP ; ; ; , , CHEEK TO CHEEK ; ; ;

PART B

[HANDSHAKE] SHADOW TUCK AND ROLL ; ;
SUGAR TUCK AND TWIRL ; ; , , WHIP WITH DOUBLE OUTSIDE TURN ; ; ; ;
SUGAR PUSH WITH ROCK 2 ; ; ; INSIDE WHIP WITH OUTSIDE TURN ; ; ;

PART C

EXTENDED SPANISH PASS ; ; ; HALF WHIP ; ; ;
EXTENDED LEFT SIDE PASS ; ; ; WHIP WITH HAND CHANGE BEHIND THE BACK ; ; ;

PART A

[HANDSHAKE] SUGAR SIDE BREAK AND FREEZE ;
FACELOOP SUGAR PUSH ; ; , , SURPRISE WHIP ; ; ; , , TUMMY WHIP ; ; ; , , CHEEK TO CHEEK ; ; ;

PART B

[HANDSHAKE] SHADOW TUCK AND ROLL ; ;
SUGAR TUCK AND TWIRL ; ; , , WHIP WITH DOUBLE OUTSIDE TURN ; ; ; ;
SUGAR PUSH WITH ROCK 2 ; ; ; INSIDE WHIP WITH OUTSIDE TURN ; ; ;

PART C

EXTENDED SPANISH PASS ; ; ; HALF WHIP ; ; ;
EXTENDED LEFT SIDE PASS ; ; ; WHIP WITH HAND CHANGE BEHIND THE BACK ; ; ;

INTERLUDE

[STACK HANDS L OVER R] WINDOW WHIP ; ; ; SUGAR PUSH WITH ROCK 2 ; ; ;
SIDE WHIP ; ; ; SUGAR PUSH WITH ROCK 2 ; ; ;

PART B

[HANDSHAKE] SHADOW TUCK AND ROLL ; ;
SUGAR TUCK AND TWIRL ; ; , , WHIP WITH DOUBLE OUTSIDE TURN ; ; ; ;
SUGAR PUSH WITH ROCK 2 ; ; ; INSIDE WHIP WITH OUTSIDE TURN ; ; ;

PART C (1-4)

EXTENDED SPANISH PASS ; ; ; HALF WHIP ; ; ;

ENDING

ROCK WHIP ; ; ; SUGAR WRAP KNEE LIFT AND FREEZE ; ; ;