

Don't Ever

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Music: Don't Ever Let Nobody Drag Your Spirit Down
Artist: Eric Bibb, Rory Block & Maria Muldaur
Album: Sisters and Brothers
Avail for download from Amazon | Time as downloaded 3:25
Footwork: Opposite except where noted (Women's footwork)
Rhythm/Phase: West Coast Swing
Phase 5+1+3 Rock Whip w/Outside Roll (Pickup Pass, Sugar to Ldy Inside Out Turn, Boomerang Triple Travel & Roll)
Sequence: Intro A A B C B A(1-8) END
Released: July, 2023

INTRO

1-4 **WAIT PICKUP NOTE ;; RLOD LEAD FEET FREE
LEFT SIDE PASS EXTENDED W/MAN HAND CHANGE BEHIND THE BACK ;;**

1-2 **Wait 2 MEASURES RLOD Ld hands joined ld ft free ;;**

3-4 **{L sd Pass Extended w/man Hand Change Behind the Back}** Bk L comm 1/8 LF trn,
123&4 sm bk R 1/8 LF trn out of slot, leading W to pass sd L/cl R, trng 1/8 LF fwd
L (Fwd R, fwd L, fwd R/cl L, fwd R) ;

567&8 Fwd R trng LF ½ chng W's R hnd to M's R hnd, rec L chng back to ld hnds
cont trng LF to fc ptr (Fwd L, fwd R trng 1/2 LF,) anchor R/L, R (L/R, L) ; to end LOP
"V" M fcg ptr & LOD

PART A

1-12 **LEFT SIDE PICKUP PASS TO CP WALL ~ SLINGSHOT WITH UNDERARM EXIT
TO HANDSHAKE ;;; SUGAR TO LADY INSIDE OUT TURN JOIN LEAD HANDS ;;
ROCK WHIP SEND HER TO LOD WITH AN OUTSIDE ROLL ;;;
SUGAR TOE HEEL X ;; TRIPLE & ANCHOR ; CHICKEN WALK 4 QUICK ;**

1-3 **{Left Side Pick Up Pass}** Bk L, trng ¼ LF bk R to fc COH, cl L to R/in place R,
framing W small fwd L trng LF to CP ; Chasse sd R/cl L to R, sd R (Fwd R, fwd L,
&123&4 run past & around M LF R/L, R trng to CP ; Chasse sd L/cl R to L, sd L) ,, to CP WALL

{Slingshot with Outside Underarm Exit to Hndshk} Leading W to trn RF sd
lunge L LOD looking at W, rec R ld W to underarm turn RF ½ ; Cl L to R/in place R,
trng LF, fwd L, bk to anchor R/L, R (Trng ¼ RF bk R in slight sit line, rec L ;
5&6 Fwd R/fwd L, fwd R trng underarm ½ RF, bk to anchor L/R, L) ; to end Hndshk M fcg
ptr & LOD

4-5 **{Sugar to Ldy Inside out Turn}** Bk L, almost cl R to L, raising jnd R hnds to trn W LF
tch L to R placing L hnd on W's L shldr, fwd & sd L out of slot (Fwd R, fwd L, trng ½
LF on L undr jnd R hnds tch R to L, fwd R) to TANDEM POS LOD M bhd W ; Fwd R,
fwd L chng, bk to anchor R/L, R jn ld hnds (Fwd L trng RF undr jnd R hnds, cont RF
trn fwd R completing 1 ½ RF twrl to fc M, bk to anchor L/R, L) ; LOP "V" LOD

6-8 **{Rock Whip with Outside Roll}** Bk L, rec R acrs L comm RF trn, cont RF trn sd &
fwd L/rec R, sd & fwd L (Fwd R, L trng RF, bk R/cl L to R, fwd R) to end mom CP M

fcng RLOD ; Trng RF strongly on L fwd R LOD between W's feet, cont RF to rec L twd WALL, cont RF trn fwd R RLOD between W's feet, cont RF trn rec L twd COH ; Cont RF trn fwd R LOD raising jnd ld hnds, fwd L checking, anchor R/L, R (Cont RF trn fwd R under jnd ld hnds, fwd L completing RF twirl to fc M, anchor L/R, L) ; to end LOP"V" fcng ptr & LOD

- 9-11 **{Sugar Toe Heel X Triple and Anchor }** Bk L, cl R to L to BFLY, swvl RF on R/tch L toe to R instep, swvl LF on R/tch L heel fwd ; Swvl RF on R/xlif of R, swvl LF on L/tch R toe to L instep, swvl RF on L/tch R heel fwd, swvl LF on L/xrif of L ; Sd L/ cl R, sd L, anchor R/L, R ; to end LOP"V" fcng ptr & LOD
- 12 1234 **{Chicken Walk 4 quick}** Bk L, R, L, R (Fwd toeing out R, L, R, L as you raise L arm gradually to end palm out) ; to end LOP"V" fcng ptr & LOD

REPEAT PART A

PART B

- 1-12 **WHIP TURN STACKED HANDS LEFT OVER RIGHT ;; START A STRAIGHT WHIP ; INTERRUPT WITH SWEETHEARTS ;; FINISH THE WHIP ; MAN'S UNDER ARM TURN TO HAND SHAKE ,;; LEFT SIDE PASS TO VARSOUVIENNE MEN IN 4 ; 2 BOOGIE WALKS ; SD CLOSE TWICE ; WALK 4 MEN CHECK REC LADY TRIPLE UNDER RIGHT LEAD HANDS,,;**

- 1-2 **{Whip Turn Stack hnds L Over R}** Bk L, xrif, swvl ¼ LF sd L/rec R trng RF, fwd L (Fwd R, fwd L trng ½ RF, bk R/cl L, fwd R) to CP RLOD; xrib comm RF trn, sd & fwd L comp ½ RF trn, small bk R/rec L, bk R stack hands L over R (Swvl ½ RF bk L, bk R, small bk L/rec R, bk L) ; to stacked hands L over R LOD
- 3-6 **{Start a Straight Whip Interrupt with Sweethearts Finish the Whip}** Bk L, xrif trng RF raising jnd L hnds, sm sd & fwd L/rec R trng RF, sd L (Fwd R, fwd L, fwd R under jnd L hnds/cl L, bk R) to VARS RLOD ; With L hnds jnd & looking at ptr ck fwd R, rec L, sd R/cl L, cl R sliding beh W ; With R hnd jnd Ck fwd L, rec R, sd L/cl R, sd L sliding beh to W's L sd ; Raising jnd R hnds xrib, trng RF, fwd L cont RF trn to fc ptr, bk R/rec L, bk R jn ld hnds (Bk L, bk R, small bk L/rec R, bk L) ; LOP "V" LOD
- 7 - 12 **{Man's Underarm trn to hndshk}** Bk L, fwd and sd R, twd W's L sd raising jnd ld hnds comm RF trn Sd L cont trn undr jnd ld hds / bk and sd R fin 1/2 RF trn, fwd L ; anchor R/L, R join R hnds (Fwd R, fwd L comm LF trn, Sd R cont trn / xlif of R cont trn, bk R fin 1/2 LF trn ; anchor L/R, L) to end fcng ptr & RLOD in handshake
- M 1234 **{L Sd Pass M in 4}** Bk L comm trng LF, bk R trng LF step out of slot, sd L, fwd R with trail hand lead lady LF 1 full turn to VARS (Fwd R, fwd L comm LF trn, cont LF trn Fwd R/fwd L, fwd R) ; end VARS LOD both L ft free
- W 123&4
- SSQQQQ **{2 Boogie Walks Sd Close 2X}** Sweep L ft fwd and sd,-, sweep R ft fwd and sd ; sd & fwd L, cl R, sd & fwd L, cl R ; VARS LOD both L ft free
- M 123456 **{Walk 4 M Ck Rec ldy Triple under right Ld hnds}** Fwd L, R, L, R ; ck fwd L, rec R ldng W to triple under R jn ld hnds (Fwd L, R, L, R ; fwd R/fwd L, fwd R, trng underarm ½ RF), to end LOP "V" M fcg ptr & LOD
- W 12345&6

PART C

- 1- 12 **UNDERARM TURN ~ SUGAR PUSH ;; ALTERNATING UNDERARM TURNS EXTENDED ;; UNDERARM TURN TO A RIGHT HAND STAR ; INTO**

BOOMERANG TRIPLE TRAVEL AND ROLL ;; CHECK IT HERE ;; HALF WHIP ;;

- 1-3** {**Underarm Turn**} Bk L, fwd R to W's R sd trng RF and ldng W undr jnd ld hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc RLOD ; anchor R/L,R (Fwd R, fwd L slight trn LF undr jnd ld hnds, sd R/xlif of R, trn LF bk R to fc ptr ; anchor L/R,L), end LOP "V" Pos M fcg RLOD
{**Sugar Push**} Bk L, bk R ; tch L, fwd L, anchor R/L, R (Fwd R, fwd L; tch R, bk R, anchor L/R, L) ; end LOP "V" Pos M fcg RLOD
- 4-5** {**Alternating Underarm Turn Extended**} Bk L, rec R out of slot, in pl L/R, L ldg W to
123&4 567&8 trn LF under ld hnds ; Under ld hnds fwd R trng LF, fwd L cont trn fc LOD, bk R/rec L, bk L (Fwd R, fwd L, under ld hnds trn 1/2 LF fwd R/L, R ; In plc L, R, bk L/rec R, bk L) ; LOP "V" fc ptr & LOD
- 6-10** {**Underarm trn to a R hand star**} Bk L, fwd R moving off track, trng RF trpl in plc
123&4 L/R,L raising jnd ld hnds while trng W LF (Fwd R,L, trng LF undr jnd ld hnds fwd R/xlif, sd & bk R) ; to end in a R hnd star w/ M fcg Wall W fcg COH
- 1&234** {**Boomerang Triple Travel w/Roll**} Now w/R hand star down RLOD sd R/cl L to R, sd
1&234 R trng 1/4 RF, sd L trng 1/2 RF, sd R trng 1/2 RF to L hand star M fcg DRC W fcg DLW ; Sd L/cl R to L, sd L trng 1/4 LF to R hand star M fcg DRW W fcg DLC, sd R checking, rec L trng 1/4 RF to L hand star M fcg DRC W fcg DLW ;
NOTE: Now moving towards LOD.
- 1&23&4** Sd R/cl L to R, sd R trng 1/4 LF to R hand star M fcg DRW W fcg DLC, sd L/cl R to
L, sd L trng 1/4 RF M fcg DRC W fcg DLW ;
- 123&4** Sd R trng 1/2 RF, sd L trng 3/8 RF (Sd R trng RF checking), bk to anchor R/L, R ; end in
LOP "V" pos fcg ptr & RLOD
- 11-12** {**Half Whip**} Bk L, rec R across L comm RF trn, cont RF trn sd & fwd L/rec R, sd &
fwd L (Fwd R, fwd L trng RF, bk R/cl L to R, fwd R) ; to end LOP "V" M fcg LOD

REPEAT B

REPEAT A MEASURES 1-8

END

- 1-4 LEFT SIDE PASS EXTENDED W/MAN HAND CHANGE BEHIND THE BACK ;; ;
START A WRAPPED WHIP ; BACK UP 3 WITH JAZZ HANDS & POINT LEAD
FOOT TO LOD ;**
- 1-2** {**L Sd Pass Extended w/Man Hand Change Behind the Back**} Bk L comm 1/8 LF trn,
sm bk R 1/8 LF trn out of slot, ldng W to pass sd L/cl R, trng 1/8 LF fwd
L (Fwd R, fwd L, fwd R/cl L, fwd R) ;
Fwd R trng LF 1/2 chng W's R hnd to M's R hnd, rec L chng back to ld hnds
cont trng LF to fc ptr (Fwd L, fwd R trng 1/2 LF,) anchor R/L, R (L/R, L) ; to end LOP
"V" M fcg ptr & RLOD
- 3** {**Start a Wrapped Whip**} Bk L jng dbl hnds, xrif of L trng RF to W's R sd raising jnd
123&4 ld hnds & leaving jnd tr hnds low, sd L/ rec R trng RF, sd & fwd L (Fwd R, fwd
L, fwd R/cl L, bk R) ; to wrapped pos LOD W slightly to R of M
- 4** {**Bk up 3 w/Jazz Hnds**} Bk R, release ld hand & raise to jazz hands cont bk L, R,
point ld foot to LOD ;

HEAD CUES DON'T EVER

WAIT ;; RLOD LD FT FREE LD HNDS JND

INTRO

LEFT SIDE PASS EXTENDED W/MAN HAND CHANGE BEHIND THE BACK ;;

PART A

LEFT SIDE PICKUP PASS TO CP WALL ~ SLINGSHOT WITH UNDERARM EXIT TO HANDSHAKE ;;; SUGAR TO LADY INSIDE OUT TURN JOIN LEAD HANDS ;; ROCK WHIP SEND HER TO LOD WITH AN OUTSIDE ROLL ;;;

SUGAR TOE HEEL X ;; TRIPLE & ANCHOR ; CHICKEN WALK 4 QUICK ;

PART A

LEFT SIDE PICKUP PASS TO CP WALL ~ SLINGSHOT WITH UNDERARM EXIT TO HANDSHAKE ;;; SUGAR TO LADY INSIDE OUT TURN JOIN LEAD HANDS ;; ROCK WHIP SEND HER TO LOD WITH AN OUTSIDE ROLL ;;;

SUGAR TOE HEEL X ;; TRIPLE & ANCHOR ; CHICKEN WALK 4 QUICK ;

PART B

WHIP TURN STACKED HANDS LEFT OVER RIGHT ;; START A STRAIGHT WHIP ;

INTERRUPT WITH SWEETHEARTS ;; FINISH THE WHIP ;

MAN'S UNDER ARM TURN TO HAND SHAKE ,,; LEFT SIDE PASS TO VARSOUVIENNE MEN IN 4 ; 2 BOOGIE WALKS ; SD CLOSE TWICE ; WALK 4 MEN CHECK REC LADY TRIPLE UNDER RIGHT LEAD HANDS,,; ;

PART C

UNDERARM TURN ~ SUGAR PUSH ;;; ALTERNATING UNDERARM TURNS

EXTENDED ;; UNDERARM TURN TO A RIGHT HAND STAR ; INTO BOOMERANG

TRIPLE TRAVEL AND ROLL ;; CHECK IT HERE ;; HALF WHIP ;;

PART B

WHIP TURN STACKED HANDS LEFT OVER RIGHT ;; START A STRAIGHT WHIP ;

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MAN'S UNDER ARM TURN TO HAND SHAKE ,,; LEFT SIDE PASS TO VARSOUVIENNE MEN IN 4 ; 2 BOOGIE WALKS ; SD CLOSE TWICE ; WALK 4 MEN CHECK REC LADY TRIPLE UNDER RIGHT LEAD HANDS,,; ;

PART A 1-8

LEFT SIDE PICKUP PASS TO CP WALL ~ SLINGSHOT WITH UNDERARM EXIT TO HANDSHAKE ;;; SUGAR TO LADY INSIDE OUT TURN JOIN LEAD HANDS ;; ROCK WHIP SEND HER TO LOD WITH AN OUTSIDE ROLL ;;;

END

LEFT SIDE PASS EXTENDED W/MAN HAND CHANGE BEHIND THE BACK ; ; START A WRAPPED WHIP ; BACK UP 3 WITH JAZZ HANDS & POINT LEAD FOOT TO LOD ;