

“Dance My Dreams”

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Music: Casa-Musica Dance My Dreams (from First Daughter) by Debbie Andrews

Rhythm: Waltz Phase: V+2 (Telespin & Same Foot Lunge) Released: July 2024

Sequence: A, Int, A, B, C

Intro

1-4 Wait 2 Measures;; Lady Roll to a Hinge; Recover to CP [Lady Tch ~ DLC]:

- 1-2 In OPEN Position Facing DLC with Man’s R ~ Lady’s L Foot Free;;
- 3 1-3 **{Lady Roll to a Hinge}** Recover R, rotate upper body LF with no weight change, continue (123) LF rotation take weight on L to a Hinge , -; (*Fwd L rolling LF, R, XLIB of R;*)
- 4 -2- **{Recover to CP}** Rotate body RF no weight change, recover R, -; (12-) (*Fwd R, sd L to CP, tch R to L, -;*)

Part A

1-4 Telemark to Semi; Open Natural; Outside Spin to a; Left Turning Lock;

- 1 123 **{Telemark to Semi}** Fwd L start LF turn, sd R continue turn, sd & slightly fwd L to tight SCP DLW; (*Bk R start LF turn bring L beside R no weight, turn LF on R heel [heel turn] & change weight to L, step sd & slightly fwd R;*)
- 2 123 **{Open Natural}** Fwd R, fwd & sd L turn RF, bk R with R shoulder lead to BJO fc DRW; (*Fwd L, fwd R, fwd L to BJO DLW;*)
- 3 123 **{Outside Spin}** Start RF body turn toeing in with R sd lead bk L in CBMP small step 3/8 turn to R, fwd R in CBMP heel to toe continue to turn RF, bk L to CP DRW; (*Start RF body turn with L sd lead [stay well in partner R arm] R foot fwd in CBMP outside ptr heel toe, cl L to R, continue turn fwd R between partner’s feet to CP;*)
- 4 1&23 **{Left Turning Lock}** Bk R [R sd lead & R sd stretch]/XLIF of R, bk & slightly sd R start LF turn, sd & slightly fwd L to BJO [make ¼ LF turn between steps 3 & 4]; (*Fwd L [with L sd lead & L sd stretch]/XRIB of L, fwd & slightly sd L start to turn LF, sd & slightly bk R to BJO;*)

5-8 Maneuver; Back Turning Whisk; Syncopated Whisk; Slow Side Lock;

- 5 123 **{Maneuver}** Fwd R DLW start RF turn, continue turn to fc RLOD & ptr sd & slight bk L, cl R to L to CP; (*Bk L start RF turn, continue turn to fc LOD sd R, cl L to R;*)
- 6 123 **{Back Turning Whisk}** Bk L start RF turn [with slight R sd stretch], sd R continue RF turn with R sd stretch, XLIB of R to tight SCP; (*Fwd R start RF turn [with slight L sd stretch], [stay well in partner’s R arm] sd L continue RF turn [with L sd stretch], XRIB of L to tight SCP;*)
- 7 1&23 **{Syncopated Whisk}** Thru R/cl L to R to CP, sd R, slight RF body turn XLIB of R to tight SCP; (*Thru L/cl R to L to CP, sd L, XRIB of L to tight SCP;*)
- 8 123 **{Slow Side Lock}** Thru R, sd & fwd L to CP, XRIB of L turn slightly LF; (*Thru L start LF turn; sd & bk R continue turn to CP, XLIF of R;*)

9-12 Telemark [BJO]; Natural Telemark; Sync Hover Cross Ending; Turn L & R Chasse;

- 9 123 **{Telemark [BJO]}** Fwd L start LF turn, sd R continue turn, sd & slightly fwd L to tight SCP DLW; (*Bk R start LF turn bring L beside R [with no weight], turn LF on R heel [heel turn] & change weight to L, step sd & slightly fwd R to tight SCP;*)
- 9-10 123 **{Natural Telemark}** Fwd R start RF turn, sd L [with L sd stretch], sd & fwd R small step ½ turn to SCAR DLC; (*Bk L start RF turn, cl R to L [heel turn] with R sd stretch, continue RF turn stay well in partner’s R arm sd & slightly bk L;*)

- 11 123 **{Sync Hover Cross Ending}** Fwd L outside partner in SCAR on toes, recover R with slight L sd lead/sd & fwd L with L sd stretch, fwd R outside partner in BJO on toes; (*Bk R in SCAR on toe, recover L with slight R sd lead/sd & bk R with R sd stretch, bk L in BJO;*)
- 12 123 **{Turn Left & Right Chasse}** Fwd L turn LF, sd R/cl L, sd R end in BJO DRC; (*Bk R turn LF, sd L/cl R, sd L;*)
- 13-16 Outside Spin to a; Quick Lock, Slow Lock; Back Rising Lock [DLW]; Change of Direction;**
- 13 123 **{Outside Spin}** Start RF body turn toeing in with R sd lead bk L in CBMP small step 3/8 turn to R, fwd R in CBMP heel to toe continue to turn RF, bk L to CP DRW; (*Start RF body turn with L sd lead [stay well in ptr R arm] R foot fwd in CBMP outside partner heel toe, cl L to R, continue turn fwd R between partner's feet to CP;*)
- 14 1&23 **{Quick Lock Slow Lock}** With R sd lead & R sd stretch bk R/XLIF of R, bk R, XLIF of R; (*With L sd lead & L sd stretch fwd L/XRIB of L, fwd L, XRIB of L;*)
- 15 123 **{Back Rising Lock}** Bk R turn LF, sd & fwd L continue LF turn to fc DLW, XRIB of L fc DLW; (*Fwd L start a LF turn, sd & bk R fc DRC, XLIF of R to BJO;*)
- 16 12- **{Change of Direction}** Fwd L DLW, fwd R DLW with R shoulder lead turn LF, draw L to R end CP DLC; (*Bk R DLW, bk L DLW with L shoulder leading turn LF, draw R to L;*)

Interlude

1-4 Slow Contra Check & Hold;; Rise to a Right Lunge; Roll & Slip;

- 1-2 --3 **{Slow Contra Check}** Start LF upper body turn, flex knees with strong R sd lead, check fwd L in CBMP; Hold, -, -; (*Start LF body turn, flex knees with strong L sd lead, bk R in CBMP look well to L; Hold, -, -;*)
- 3 --3 **{Rise to a Right Lunge}** Rise on L, start sd & fwd R between partner's feet, take weight on R flexing R knee look at partner; (*Rise on R, sd & bk L keep R shoulder twd partner, take weight on L flex L knee [head to L];*)
- 4 -23 **{Roll & Slip}** With ¼ RF body roll sd & slightly bk L, start LF body roll slip R bk past L, take weight on L to CP DLC; (*With ¼ RF body roll slightly sd & slightly fwd R, start LF body roll slip L past R, take weight on L to CP;*)

Part A

1-16 Repeat Part A Meas 1-16

Part B

1-4 Telespin to SCP;; Thru to Promenade Sway; Change of Sway;

- 1-2 12, - **{Telespin to SCP}** Fwd L start LF turn [with R sd stretch], fwd & sd R continue LF turn [R sd stretch], sd & bk L with partial weight keep L sd fwd twd ptr [continue R sd stretch] (123& with partial weight start LF body turn; Take full weight on L spin LF [no sway], sd R continue 123) LF turn [no sway], continue LF turn sd & fwd L to SCP DLW; (*Bk R start LF turn, bring L to R [heel turn] & gradually change weight to L continue LF turn, fwd R continue LF turn/keep R sd in twd partner step fwd L; Fwd R start LF toe spin, continue toe spin cl L, fwd R to SCP;*)
- 3 12- **{Thru to a Promenade Sway}** Thru R, sd & fwd L stretch L sd slightly upward to look over joined lead hands relax L knee, -; (*Thru L, sd & fwd R turn to SCP stretch R sd slightly upward to look over joined lead hands, relax R knee, -;*)
- 4 --- **{Change of Sway}** Slowly rotate the upper body over 1 measure RF & change to L sd stretch [no weight change]; (*Slowly rotate the upper body over 1 measure RF & change to R sd stretch [no weight change];*)

5-8 Hover Brush to SCP; Thru Ripple Chasse; Thru to a Jete Point; Fallaway Ronde and Slip;

- 5 1-3 **{Hover Brush to SCP}** Rotate body RF cause ptr to recover, sd R rising brush L to R, fwd L to SCP DLW; (*Fwd R turn to CP, sd L rising brush R to L, fwd R SCP DLW;*)
- 6 12&3 **{Ripple Chasse}** Thru R, sd & slightly fwd L with L sd stretch/continue L sd stretch into R sway cl R to L look to R, sd & fwd L to SCP; (*Thru L, sd & slightly fwd R with slight R sd stretch/continue R sd stretch into a L sway as you cl L to R look L, sd & fwd R;*)
- 7 1&2- **{Thru to Jete Point}** Thru R turn to fc ptr CP wall, cl L to R/pt R to RLOD, -; (*Thru L to fc ptr CP, cl R to L/pt L to RLOD, -;*)
- 8 123 **{Fallaway Ronde & Slip}** Recover R SCP LOD start to flare L foot CCW, continue to flare L CCW, XLIB of R take weight, bk R turn LF to CP DLC; (*Recover L to SCP start to flare R foot CW, continue to flare R, XRIB rise on toe turn LF to fc ptr, fwd L to CP;*)

9-12 Double Reverse to an; Open Reverse; Open Finish [DLW]; Hover;

- 9 12- **{Double Reverse Full [DLC]}** Fwd L start LF turn, sd R turn LF, spin LF on ball of R foot (123&) bring L under body beside R fc DLC; (*Bk R start LF turn, cl L heel to R [heel turn] ½ LF, continue LF turn sd & slightly bk R to CP/XLIF of R;*)
- 10 123 **{Open Reverse}** Start ¼ LF turn fwd L, continue turn sd R [fc DRC], bk L to BJO DRC; (*Bk R start ¼ LF turn, continue turn sd L, fwd R to BJO DLW;*)
- 11 123 **{Open Finish}** Bk R turn LF, sd & fwd L continue turn, fwd outside partner XRIF of L at thighs to BJO DLW; (*Fwd L turn LF, sd & bk XLIB of R at thighs;*)
- 12 123 **{Hover}** Fwd L to CP, fwd & sd R rise on ball of foot, rec fwd L to tight SCP DLC; (*Bk R in CP, bk & sd L turn to SCP & rise on ball of foot, rec fwd R;*)

13-16 Quick Open Reverse; Outside Check; Impetus SCP DLC; Slow Side Lock;

- 13 1&23 **{Quick Open Reverse}** Fwd R SCP, fwd L start LF turn/sd & bk R ¼ LF turn between steps 2 & 3, with R sd stretch bk L to BJO DRC; (*Bk L in SCP, bk R start LF turn/sd & fwd L [3/8 LF turn between steps 2 & 3], with L sd stretch fwd R to BJO;*)
- 14 123 **{Outside Check}** Bk R turn LF slipping woman to CP, sd & fwd L, check fwd R outside partner to BJO DRW; (*Bk L turn LF slipping to CP, sd & bk R, check bk L to BJO;*)
- 15 123 **{Impetus to SCP}** Bk L turn RF, cl R to L [heel turn] continue turn to fc DLC, fwd L DLC to tight SCP DLC; (*Fwd R outside partner pivot ½ RF, fwd & sd L spin to SCP DLC, fwd R;*)
- 16 123 **{Slow Side Lock}** Thru R, sd & fwd L fold ptr to CP DLC, XRIB of L turn slightly LF; (*Thru L start LF turn, sd & bk R continue turn to CP, XLIF of R to CP;*)

Part C**1-4 Full Reverse Turn;; Fwd Check~Lady Develope; Open Finish [DLC];**

- 1-2 123 **{Full Reverse Turn}** Fwd L start LF turn, sd R continue turn, bk L LOD to CP; Bk R continue LF turn, sd & slight fwd L DLW, fwd R to BJO; (*Bk R start LF turn, cl L to R [heel turn] continue turn fwd R to CP; Fwd L continue LF turn, sd R DLW, bk L to BJO;*)
- 3 1-- **{Fwd Check-Lady Develope}** Fwd L DLW check motion, hold, -; (*Bk R, bring L foot up to knee and extend L foot fwd, -;*)
- 4 123 **{Open Finish}** Bk R start LF turn, continue LF turn sd L, fwd R to BJO DLC; (*Fwd L start LF turn, sd R, bk L BJO;*)

5-8 Mini-Telespin;; Slow Contra Check; Recover, Highline & Slip;

- 5-6 12, - **{Mini-Telespin}** Fwd L start LF turn [with R sd stretch], fwd & sd R continue LF turn
 123 [R sd stretch], sd & bk L with partial weight keep L sd fwd twd partner [continue R sd
 (123& stretch] with partial weight start LF body turn; Take full weight on L spin LF [no sway], cl R
 123) to L CP DRC, hold; *(Bk R start LF turn, bring L to R [heel turn] & gradually change weight to L
 continue LF turn, fwd R continue LF turn/keep R sd in twd partner step fwd L; Fwd R with LF
 toe spin to CP, -;)*
- 7 -2- **{Slow Contra Check}** Start upper body turn LF flexing knees with a strong R sd lead, check
 fwd L in CBMP, extend top line bk looking at partner; *(Start upper body LF turn flexing
 knees with strong L sd lead, bk R in CBMP, extend top line backward looking well to L;)*
- 8 123 **{Recover, Highline & Slip}** Recover R, sd L slght body trn LF rise on toe [both look WALL],
 Recover R CP WALL; *(Recover L, sd R rise on toe look at WALL, turn to CP fwd L;)*

9-12 Whisk; Syncopated Whisk; Progressive Wing; Telemark [BJO];

- 9 123 **{Whisk}** Fwd L in CP, fwd & sd R commencing rise to ball of foot, XLIB of R continuing to
 full rise to ball of foot ending in tight SCP; *(Bk R in CP, bk & sd L commencing to rise
 to ball of foot, XRIB of L continuing to full rise;)*
- 10 1&23 **{Syncopated Whisk}** Thru R/cl L to R to CP, sd R, slight RF body turn XLIB of R to tight SCP;
(Thru L/cl R to L to CP, sd L, XRIB of L to tight SCP;)
- 11 123 **{Progressive Wing}** Fwd R start slight LF turn, fwd & sd L continue LF turn, XRIB of L SCAR
 DLC; *(Fwd L start slight LF turn, fwd R around partner, fwd L complete LF turn SCAR DRC;)*
- 12 123 **{Telemark [BJO]}** Fwd L start LF turn, sd R continue turn, sd & slightly fwd L turn partner to
 BJO DLW; *(Bk R start LF turn bring L beside R [with no weight], turn LF on R heel [heel turn]
 & change weight to L, step sd & slightly fwd R on toe turn to BJO;)*

13-16 Natural Weave;; Open Natural; Back Preparation Fc COH;

- 13-14 123 **{Natural Weave}** Fwd R start RF turn, sd L with L sd stretch, bk R to BJO DRW; Bk L in BJO.
 123 bk R to CP, bk L turn LF to BJO DLW; *(Bk L, bk cl L to R [heel turn] allow ptr to cross in front,
 fwd L to BJO; Fwd R outside partner, fwd L to CP, sd R turn to BJO;)*
- 15 123 **{Open Natural}** Fwd R heel to toe, sd L across line of dance continue slight RF upper body
 turn to lead partner to step outside, bk R to BJO DRC; *(Bk L, cl R to L [heel turn], fwd L;)*
- 16 12- **{Back Preparation}** Bk L turn RF CP COH, tch R to L, -; *(Fwd R, sd L CP WALL, tch R to L;)*

**17-21 Same Foot Lunge; Recover to a Hinge; Recover to CP DLC;
 Slow Contra Check & Extend;**

- 17 1-- **{Same Foot Lunge}** Sd & slightly fwd R with R sd stretch looking R, -, -; *(Bk R well under
 body turning body to L looking well to L, -, -;)*
- 18 1-- **{Rec to a Hinge}** Rec on L rotate upper body LF, continue LF rotation w/no weight change,
 hold; *(Rec to fc ptr on L, swivel LF on L, extend R fwd to LOD with no weight);*
- 19 -2- **{Recover to CP}** Rotate body RF no weight change, recover R, tch L to R CP DLC; *(Fwd R,
 (12-) sd L to CP, tch R to L;)*
- 20 -2- **{Slow Contra Check}** Start upper body turn LF flexing knees with a strong R sd lead, check
 fwd L in CBMP, extend top line bk looking at ptr; *(Start upper body LF turn flexing knees
 with strong L sd lead, bk R in CBMP, extend top line backward looking well to L;)*
- 21 --- **{Extend}** Place ptr R hand on L shoulder, extend L hand up & out as music fades, -;
(Place R hand on ptr L shoulder, extend L hand up & out as music fades, -;)

INTRO:

1-4 Wait 2 Measures;; Lady Roll to a Hinge; Recover to CP [Lady Tch~ DLC];

Part A:

1-4 Telemark to Semi; Open Natural; Outside Spin to a; Left Turning Lock;

5-8 Manuever; Back Turning Whisk; Syncopated Whisk; Slow Side Lock;

9-12 Telemark [BJO]; Natural Telemark; Sync Hover Cross Ending; Turn L & R Chasse;

13-16 Outside Spin to a [DRW]; Quick Lock, Slow Lock; Back Rising Lock [DLW];
Change of Direction;

Interlude:

1-4 Slow Contra Check; Rise to a Right Lunge; Slow Roll, Recover, Slip;;

Part A:

1-4 Telemark to Semi; Open Natural; Outside Spin to a; Left Turning Lock;

5-8 Manuever; Back Turning Whisk; Syncopated Whisk; Slow Side Lock;

9-12 Telemark [BJO]; Natural Telemark; Sync Hover Cross Ending; Turn L & R Chasse;

13-16 Outside Spin to a [DRW]; Quick Lock, Slow Lock; Back Rising Lk [DLW];
Change of Direction;

Part B:

1-4 Telespin to SCP;; Thru to Promanade Sway; Change of Sway;

5-8 Hover Brush to SCP; Thru Ripple Chasse; Thru to a Jete Pt; Fallaway Ronde & Slip;

9-12 Double Reverse to a; Open Reverse; Open Finish [DLW]; Hover;

13-16 Quick Open Reverse; Outside Check; Impetus SCP DLC; Slow Side Lock;

Part C:

1-4 Full Reverse Turn;; Fwd Check~Lady Develope; Open Finish [DLC];

5-8 Mini-Telespin;; Slow Contra Check; Recover, Highline & Slip;

9-12 Whisk; Sync Whisk; Progressive Wing; Telemark [BJO];

13-16 Natural Weave;; Open Natural; Back Preparation Face COH;

17-21 Same Foot Lunge; Recover to a Hinge; Recover to CP DLC;
Slow Contra Check & Extend;