

BLUE SKIES FOXTROT

Choreographers: Takao & Setsuko Ito 4-2-43 Honcho Odawara-shi Kanagawa
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Music : "Blue Skies" Download: Amzon Artist: Rod Stewart
Album: The Great American Songbook Vol. IV track 11 time 2:43
Rhythm : Foxtrot ph IV+2 (Ck & Weave, Double Rev Spin) Speed : As on CD
Footwork : Opposite, directions for man(lady as noted) Date : JUL 2023 Ver.1.0
Sequence : Intro - A - B - A(9-16) - C - B - A(1-8) - Ending



Meas INTRO

1~ 4 Wrapped/LOD Right foot free for both Wait 1 meas; Slow Rk R & L; W Roll Out to Lunge Apt; W Roll In(CP/DC);

- 1 Wrapped Partner fc LOD right foot free for both wait 1 meas;
SS 2 {Slow Rk R & L} Rk sd R, -, rec L, -;
SS 3 {W Roll Out to Lunge Apt} Sd R, -, sd lunge L twd COH flex knee, (W sd & fwd R
(QQS) comme RF roll, cont RF roll sd & bk L, cont Roll sd lunge R twd Wall), -;
S-- 4 {W Roll In} Rec R, -, -(W sd & fwd L comme LF Roll, cont LF roll sd & bk R, cont
(QQS) roll sd L) CP/DC, -;

Meas PART A

1~ 8 Rev Trn;; Three Step; Nat Trn 1/2; Cl Impetus; Feather Finish; Telemark to SCP; Chair & Slip(CP/DC);

- 1- 2 {Rev Trn} Fwd L comme LF trn, -, sd R cont LF trn fc RLOD, bk L(W bk R comme
LF trn, -, cl L to R heel trn, fwd R); Bk R cont LF trn, -, sd L cont LF trn,
fwd R(W fwd L cont LF trn, -, sd R cont LF trn, bk L) to BJO/DW;
3 {Three Step} Fwd L blending CP, -, fwd R, fwd L;
4 {1/2 Nat Trn} Fwd R comme RF trn, -, cont trn sd L fc RLOD, bk R(W bk L
comme RF trn, -, cl R cont RF trn, fwd L);
5 {Closed Impetus} Bk L comme RF trn, -, cl R cont trn, sd & bk L CP/DW(W fwd R
between M's feet comme RF trn, -, cont trn sd L brush R to L, fwd R between
M's feet);
6 {Feather Finish} Bk R comme LF trn, -, sd L contra Bjo fc DC, fwd R;
7 {Telemark to SCP} Fwd L comme LF trn, -, sd R cont LF trn, sd & slightly fwd
L to end SCP/DW(W bk R comme LF trn bring L beside R with no weight, -, cont
LF trn on R heel and change weight to L, sd & fwd R);
8 {Chair & Slip} Ck thru R with lunge action, -, rec L, slight LF upper body trn
slip bk R(W ck thru L with lunge action, -, rec R, swivel LF on R and stp fwd
L)CP/DC;

9~16 Rev Trn;; Hover Telemark; OP Nat; Impetus to SCP; Prom Weave;; Chg of Direction(CP/DC);

- 9-10 Repeat meas 1-2 of Part A;;
11 {Hover Telemark} Fwd L, -, sd & fwd R 1/8 RF trn, fwd L(W bk R, -, sd & bk L 3/8
RF Trn, fwd R)SCP/DW;
12 {OP Nat} Fwd R comme RF trn, -, cont RF trn sd L fc RDC, bk R;
13 {Impetus to SCP} Bk L comme RF trn, -, cl R cont RF trn(heel trn), fwd L (W fwd
R feet heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R
to L, fwd R) to end SCP/DC;
14-15 {Prom Weave} Fwd R, -, fwd L comme LF trn to CP, sd & bk R (W fwd L, -, comme LF trn
sd & bk R to CP, cont LF trn on R fwd L) to end Bjo/RDW;
SS 16 {Chg of Direction} Fwd L, -, fwd R right shoulder leading and LF trn, draw L to
R CP/DC;

Meas PART B

1~ 8 Rev Wave 3; Ck & Weave;; Fwd R Lunge; Rec Slip; Double Rev Spin; Hover to SCP; Feather(Bjo/DC);

- 1 {Rev Wave 3} Fwd L comme LF trn, -, sd R cont LF trn fc RDC, bk L twd DW
(W bk R comme LF trn, -, cl L to R heel trn, fwd R);

- 2- 3 {Ck & Weave} Slip R bk under body with a slight contra ck action, -, fwd L comme to trn LF, sd R with right sd lead; Bk L in CBMP cont 1/8 LF trn between steps 2 and 3 of the Weave, bk R to a momentary CP cont to trn LF, sd & fwd L with left sd stretch, fwd R in Bjo/DW;
(W slip L fwd under body with a slight contra ck action, -, bk R comme to trn LF, sd L; with left sd stretch fwd R in Bjo, fwd L to a momentary CP cont to trn LF, sd & bk R with right sd stretch, bk L in Bjo;)
- SS 4 {Fwd R Lunge} Fwd L, -, sd & slightly fwd R keeping left sd leaving L extended, -;
- S-Q 5 {Rec Slip} Rec L, -, -, swivel LF on ball of L slip R bk CP/DC;
- SS-- (SQ&Q) 6 {Double Rev Spin} Fwd L blend CP comme LF trn, cont trn sd R, -, spin LF on ball of R bring L foot under body beside R no weight, cont spin fc DW(W bk R comme LF trn, -, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R) CP/DW;
- 7 {Hover SCP} Fwd L, -, sd & fwd R, rec fwd L to SCP/DC;
- 8 {Feather} Thru R, -, sd & fwd L, fwd R(W thru L, -, sd & bk R, bk L) Bjo/DC;

Meas

PART C

1~ 8 OP Rev Trn; Outsd Ck; Dbl Outsd Swivel; Weave Ending; Whisk; Wing; Cross Swivel W Develope; Feather Finish;

- 1 {OP Rev Trn} Fwd L comme LF trn, -, sd R cont LF trn, bk L to Bjo/RDC;
- 2 {Outsd Ck} Bk R cont LF trn, -, sd L cont LF trn, fwd R to Bjo/RDW;
- SS 3 {Outsd Swivel Twice} Bk L lead W RF swivel, -, rec R lead W LF swivel(W fwd R swivel RF on R SCP fc RDW, -, fwd L swivel LF on L) Bjo/RDW, -;
- QQQQ 4 {Weave Ending} Bk L comme LF trn, bk R cont LF trn, sd L cont trn, fwd R outsd partner Bjo/DW;
- 5 {Whisk} Fwd L, -, sd R, XLIB of R SCP/DC;
- 6 {Wing} Fwd R, draw L to R, tch L to R(W across front of M fwd L commence LF trn, cont LF trn fwd R, cont LF trn fwd L) SCAR/DC;
- S-- 7 {X Swivel W Develope} Fwd L, swivel LF on L Bjo/RDW right foot pt bk, -, -(W bk R, swivel LF on R, L knee lift, kick L foot extend);
- 8 {Feather Finish} Bk R comme LF trn, -, sd L contra Bjo fc DW, fwd R;

9~16 Rev Wave;; Bk Feather; Bk Three Step; Impetus to SCP; Whiplash; Bk Trning Whisk; Feather(Bjo/DC):

- 9-10 {Rev Wave} Fwd L comme LF trn, -, sd R cont LF trn fc RDC, bk L twd DW(W bk R comme LF trn, -, cl L to R heel trn, fwd R);
Bk R, -, bk L, bk R curving LF to end fc RLOD;
- 11 {Bk Feather} Bk L, -, bk R with right shoulder leading, bk L Bjo/RLOD;
- 12 {Bk Three Step} Bk R blending CP, -, bk L, bk R;
- 13 {Impetus to SCP} Bk L comme RF trn, -, cl R cont RF trn(heel trn), fwd L (W fwd R feet heel to toe pivot 1/2 RF, -, sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DC;
- S-- 14 {Whiplash} Thru R, trning body RF pt L hold ending in CP, body trn LF to Bjo(W thru L, swivel on L to fc partner and pt R hold ending in CP, body trn LF) Bjo/DC, -;
- 15 {Bk Trning Whisk} Bk L, -, slightly RF trn sd R, XLIB of R SCP/DC;
- 16 {Feather} Thru R, -, sd & fwd L, fwd R(W thru L, -, sd & bk R, bk L) Bjo/DC;

Meas

ENDING

1~ 8 OP Rev Trn; Outsd Ck; Dbl Outsd Swivel; Weave Ending; Whisk; Thru Fc Cl; Prom Sway to Oversway;;

- 1- 5 Repeat meas 1-5 of Part C;;;;;
- 6 {Thru Fc Cl} Thru R, -, sd L fc partner & Wall, cl R to L CP/Wall;
- S-- 7- 8 {Prom Sway to Oversway} Sd & fwd L stretch left sd look over joined lead hand, -, Relax L knee keeping R leg extended, slight LF trn stretch L sd of body, -;
Cont sway & look W(W look L), -, -;

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9~16 Rev Trn;; Hover Telemark; OP Nat; Impetus to SCP; Prom Weave;;
 Chg of Direction(CP/DC);

PART B

1~ 8 Rev Wave 3; Ck & Weave;; Fwd R Lunge; Rec Slip; Double Rev Spin;
 Hover to SCP; Feather(Bjo/DC);

PART A

9~16 Rev Trn;; Hover Telemark; OP Nat; Impetus to SCP; Prom Weave;;
 Chg of Direction(CP/DC);

PART C

1~ 8 OP Rev Trn; Outsd Ck; Dbl Outsd Swivel; Weave Ending;
 Whisk; Wing; Cross Swivel W Develope; Feather Finish;

9~16 Rev Wave;; Bk Feather; Bk Three Step; Impetus to SCP;
 Whiplash; Bk Trning Whisk; Feather(Bjo/DC):

PART B

1~ 8 Rev Wave 3; Ck & Weave;; Fwd R Lunge; Rec Slip; Double Rev Spin;
 Hover to SCP; Feather(Bjo/DC);

PART A

1~ 8 Rev Trn;; Three Step; Nat Trn 1/2; Cl Impetus; Feather Finish;
 Telemark to SCP; Chair & Slip(CP/DC);

ENDING

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 Whisk; Thru Fc Cl; Prom Sway to Oversway;;