

A NEW DAY HAS COME

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Rhythm: Waltz Recommended Speed: Slow from 29 to 28 MPM Phase: VI
Download mp3 from Amazon or Casa Musica Album: Jamais Vu Artist: DJ Maksy
Music; A New Day Has Come, Track #3 Length at 28 MPM: 2:41
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SEQUENCE: INTRO-A-B-C-D-END Footwork: Opposite for Lady (except where noted)

INTRO

1-4 WAIT; WAIT; TOG TURN & TOUCH; OPEN FINISH (CHKNG);

- --- 1-2 LOP FCG DRW with lead foot free for both wait 2 measures; ;
1-- 3 Step fwd L to CP trng RF,-, tch R to L;
4 Bk R trng LF, sd L, fwd R (Fwd L trng LF, sd R, bk L) to CBJO DLW (Chk);

5-8 OUTSD SWIVEL LILT PKUP; SLO RT LUNGE; ROLL & SLIP; TELE SCP;

- 5 Bk L trng W to SCP, thru R rising heel to toe folding W to CP, fwd L (Fwd R outsd M trng RF to SCP, thru L rising heel to toe trng LF to CP, bk R) to CP DLW;
1-- 6 Lower on L while trng body slightly LF step sd & fwd R DLW shape R sd twd W (W head well to the L),-;
1-3 7 Rolling RF rec L w/slight RF body trn (W's head to R), -, trng upper body LF slip R past L end CP Fcg DLC;
8 Fwd L comm LF trn, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP DLW;

PART A

1-4 RUNNING OP NATURAL; OP FINISH; HVR; THRU TO DOUBLE/LOCKS;

- 12&3 1 Fwd R comm RF trn, fwd & sd L cont RF trn/cont RF trn sd & bk R, bk L (Fwd L, fwd btwn M's feet trng RF/sd & fwd L, fwd R) to CBJO DRW;
2 Repeat measure 4 of INTRO to CBJO DLW;
3 Fwd L blending to CP, sd & slightly fwd R rising, sd & fwd L to SCP DLC;
12&3& 4 Thru R, sd & fwd L/lk RIB, sd & fwd L/lk RIB picking up W to CP/DLC;

5-8 REV FALLAWAY SLIP; HVR TELE; OP NATURAL; BK BK/LK BK;

- 12&3 5 Fwd L trng LF trn, sd & bk R twd DLC/XLIB of R in CBMP, bk R pvtng LF (Bk R comm LF trn, sd & bk L/XRIB of L, sd & fwd L pvtng LF) to CP DLW;
6 Fwd L, fwd R trng body RF, fwd L SCP DLW(Bk R, bk L trng RF, fwd R SCP);
7 Fwd R trng RF, cont trng RF sd L to CP RLOD, bk R (Fwd L, fwd R between M's feet, fwd L) to BJO DRC;
12&3 8 Bk L, bk R/XLIF of R, bk R to BJO DRC;

9-12 OUTSD SPIN & TWIST TO R LUNGE LN;; SD PROM SWY; R LUNGE HI-LN & SLIP;

- 9 Trng strongly RF small bk L toe turned in, fwd R around ptr heel lead rising to toe cont trn RF, sd & bk L (Fwd R arnd M, cl L to R for toe spin, fwd R btwn M's ft) to CP RLOD;
&-2 - 10 XRIB of L/unwind RF, cont unwind taking full wgt on R soft R knee w/strong L sd stretch head to R, continue to extend sway line (Fwd L/fwd R outsd around ptr, fwd L soft L knee w/strong R sd stretch head to L, extend sway line) to end DLW;
(&12-) 11 Sd & fwd L, slowly stretch R side looking ovr jnd ld hnds to SCP DLC,-;
1-- 12 Lwr on L while trng body slightly LF rec fwd R twds DRW shape R sd twd W (W head well to L), rec sd & fwd L rising w/open heads, trng LF slip R ft bk to CP DLC;

13-16 TELE SCP; MANUV; HES CHG; TELE TO BJO;

- 13 Repeat measure 8 of INTRO to SCP DLW;
 14 Fwd R trng RF, fwd & sd L cont RF trn, cl R to L CP RLOD;
 12- 15 Bk L trng RF, sd R, draw L to R no wgt to CP DLC;
 16 Fwd L trng LF, fwd & sd R cont trn (cl heel trn), sd & fwd L (sd & bk R) to BJO DLW;

PART B**1-4 NAT'L HVR CROSS;; OP TELE to THROWAWY/OVRSWAY;;**

- 1 Fwd R, fwd & sd L comm RF trn, cont RF trn sm sd & slightly fwd R (Bk L comm RF trn, heel trn cl R to L, cont RF trn sd & bk L) to end in SCAR/DLC;
 1&23 2 Fwd L outsd ptr/rec R, sd & fwd L, fwd R (Bk R/rec L, small sd & bk R, bk L) to end CBJO/DLC;
 3 Repeat measure 8 of INTRO to SCP LOD;
 --- 4 Cont trng LF thru the hips relax the L knee leading W to swvl LF keep R sd twds W stretch L sd of body head rolls to the L (Swivel LF to CP relax the R knee xtnd the L ft bk undr the body twds LOD while keeping the L sd twds M head rolls well to L);

5-9 LINK to SCP; THRU SYNC VN; THRU TO DOUBLE/LOCKS; TELESPIN TO SCP;;

- 23 5 Rise on L ft collecting W to CP, stretching L sd cont rising on L keeping W's head to L & cl R to L on the toes, then correct sway sd & fwd L to SCP DLC;
 1&23 6 Thru R/sd L, XRIB, of L, sd & fwd in SCP DLC;
 7 Repeat measure 4 of PART A to CP DLC;
 12- 8 Fwd on L trng LF, sd R cont LF turn, point L bk partial weight cont slight body turn (123&) (Bk R pull L past R trng LF on R heel, cl L to R, fwd R LOD/fwd L);
 9 Sd & fwd L spin LF, cont trng sd R CP RLOD, cont LF trn sd & fwd L (Trng LF fwd & sd R, cont trn cl L to R on toes, sd & fwd R) to SCP DLW;

10-12 THRU SEMI CHASSE; THRU PROMENADE SWAY; CHANGE TO OVRRSWAY;

- 12&3 10 Thru R, sd & fwd L/cl R, sd & fwd L to SCP;
 1-- 11 Thru R, sd & fwd L stretch R sd to look over the jnd ld hnds,-;
 --- 12 Relax L knee keep R leg extended slight LF upper body trn & stretch L looking to the R;

13-16 FALLAWAY RONDE & SLIP; CHK'D REV & SLIP; NAT'L FALLAWAY WEAVE;;

- 13 Sd & bk R trng slightly RF trng W to SCP & leading her to ronde as you ronde L ft CCW, XLIB of R well underneath body rising and trng LF, bk R (Sd & fwd L trng RF to SCP as you ronde R CW, XRIB of L well underneath body rising & trng LF on R to CP, fwd L) to CP DLC;
 14 Trng LF fwd L, sd & fwd R LOD checking trn & shaping R with head R, transfer wt to L pivoting RF (Trng LF bk R, sd & fwd L shape L, pivot RF on L slip R fwd) to CP DLW;
 15 Fwd R comm RF trn, fwd L cont trng RF, bk R (Bk L, fwd R toe pointing to M's L instep trng RF, bk L) to SCP DRW;
 16 Bk L, trng W to CP bk R trng LF, cont LF trn sd & fwd L (Bk R, trng LF to CP slip fwd L, cont LF trn sd & bkR) to BJO DLW;

PART C**1-4 CURVED FEA; BK PASSNG CHG; BK TRN CHASSE SCP; OP NAT'L;**

- 1 Fwd R trng RF, sd & fwd L cont trn, fwd R (Bk L trng RF, sd & bk R cont trn, bk L) to CBJO DRW;
- 2 Bk L, bk R w/R sd stretch to open W's head, bk L (Fwd R outsd ptr) still in CBJO DRW;
- 3 Bk R trng LF, sd L/cl R, sd & fwd L (Fwd L trng LF, sd R/cl L, sd & fwd R) to SCP DW;
- 4 Repeat measure 7 of PART A to BJO DRC;

5-8 OUTSD SPIN TO/A LT TRNG LK;; RUNNING OP NAT'L; BK TO TUMBLE TRN;

- 5 Trning strongly RF small bk L toe turned in, fwd R around ptr heel lead rising to toe cont trng RF, bk & slightly sd L (Fwd R arnd M, cl L to R for toe spin, fwd R btwn M's feet) to CP DRW;
- 1&23 6 Trng RF bk R DLC w/R sd lead/lk LIFR, bk R DLC trng 1/4 LF, sd & fwd L w/L sd lead (Trng RF fwd L DLC L side lead/lk RIBL, fwd L DLC trng 1/4 LF, sd & bk R DLW R side lead) to BJO DLW;
- 7 Fwd R comm RF trn, fwd & sd L cont RF trn/cont RF trn sd & bk R, bk L (Bk L trng RF, fwd btwn M's feet trng RF/sd & fwd L, fwd R) to CBJO DRW;
- 1&23 8 Bk R comm LF trn/sd & bk L toe pointing almost LOD cont LF trn, fwd R LOD outsd ptr rising to toe stretching R sd & trng LF bringing ptr in front of M, small fwd L toe pivoting COH softening L knee with slight LF swvl (Fwd L comm LF trn/sd & fwd R, bk L LOD rising to toe stretching L sd & trng LF, bk R w/head to R & slight LF swvl) to CP DRC;

9-12 HVR CORTE; BK CHASSE RW; CONTRA CHK & EXTEND;; REC & SD (BJO DW);;

- 9 Bk R DLW comm LF trn, bk & sd L toe pivoting WALL rising w/slight LF trn, sd & bk R to CBJO DLW
- 12&3 10 Bk L trng RF, sd R/cl L, sd R to CP DRW;
- 1-- 11 Lower keeping hips up to ptr fwd L in contra body movement w/R sd leading and continue bringing R sd thru to extend over meas looking twd but over W (head well to L);
NOTE: Using 4 beats for the Contra Check.
- 23 12 Cont extending line, rec R trng LF, sd & fwd L(sd & bk R) to BJO DLW;

13-16 PIVOT to PREP (FC COH); SLOW SM FT LUNGE; SLOW CHG SWY; & TRNG HVR TO (SCP DW);

- 12- (123) 13 Fwd R comm RF trn, fwd & sd L cont RF trn to fc COH, w/L sd leading touch R to L (Bk L comm RF trn, cl R to L heel turn, swvlng slightly RF on R small sd & bk L in prep position head open to R looking RLOD);
- 1-- 14 Lwr on L with slight L sway/reach sd R toe pointing DLC, cont to transfer all weight to R w/soft knee, stretch upward and sway R (XRIB of L well underneath body keeping wgt off heel allow M to turn your head well to L);
- 15 Slowly chg sway over the entire measure by trng body slightly RF from L hip stretching R sd to open W's head to R M's head to L;
- (&123) 16 Trng body LF to lead W fwd/fwd L DRW, fwd & sd R trng LF, sd & fwd L (Fwd L around the M on his L side/fwd & sd R trng LF, bk & sd L, sd & fwd R) to SCP DLW;

PART D**1-4 IN & OUT RUNS (DC); WEAVE 3 TO BJO; HES CHG w/SWAY;**

- 1 Thru R comm RF trn, sd & slightly bk L to CP RLOD, bk R w R sd leading (Thru L, fwd R btwn M's feet trng RF, fwd L) to BJO fcg RLOD;
- 2 Bk L comm RF trn, sd & fwd R btwn W's feet cont RF trn, fwd & sd L (Fwd R comm RF trn, fwd & sd L cont RF trn, fwd & sd R) end SCP DLC;
- 3 Thru R DLC, fwd L trng LF to CP, cont LF trn sd & bk R to BJO DRC;
- 12- 4 Bk L, trng RF sd & fwd R w/L sway (head to R), draw L to R to end CP LOD;

5-8 TRAVELING CONTRA CHECK; CONTINUOUS HVR CROSS (BUT END RC);;

- 5 Relax R knee and take a strong fwd LOD well across body w/R sd lead, sharp trn RF with R sway (head now well to L) almost cl R to L then straighten legs & body, trng slightly RF sd & slightly fwd L to SCP DLW;
- 6-8 Fwd R w/strong RF trn, sd L arnd W cont RF trn, sd & fwd R in SCAR DLC (Fwd L, fwd R btwn M's ft trn RF, sd & bk L in SCAR); Fwd L in SCAR w/strong RF body trn comm bring W to Xif of M, cl R to L fc LOD, bk L (Bk R to SCAR pos, sd L pass in front of M, fwd R) to BJO; Bk R comm LF trn, cont LF trn sd & fwd L, fwd R to CBJO DRC (Chk);

9-12 BK HVR TELE (SCP); WEAVE 6 (SCP); THRU CHASSE/Lady LF ROLL 3 SHAD;

- 9 Trng RF Bk L, sd & fwd R btwn W's ft cont RF trn (Sd & fwd L trng RF), sd & fwd L SCP DLC;
- 10 Thru R, fwd L comm LF trn, fwd & sd R cont RF trn (Thru L comm LF trn, sd & bk R cont LF trn, sd L);
- 11 XLIB cont LF trn, bk R to CP trn LF, sd & fwd L (XRIF cont LF trn, fwd L, fwd R) to SCP DLW;
- 12 Thru R, sd L/cl R to L, sd & fwd L (Thru L trng LF, bk R to fc RLOD, cont trng sd & fwd L extending arms sd) to end SHADOW DLW;
- 12&3 (123)

13-16 (R FT) SYNC FRONT VN; SHAD CURVD FEA;**SHADOW QK HEEL PULL & FWD 2 (DC); SHAD OPEN REV TRN;**

- 12&3 13 {Same footwork for the rest of the dance} Fwd R trng RF, sd L/XRIB of L, sd & fwd L trng LF to SHAD DLW
- 14 Fwd R trng RF, fwd L cont trn, fwd R in SHAD FCG DRW;
- 1&23 15 Bk L trng RF/pull the R heel past L & small sd R (W larger step sd R to stay on his R sd), both fwd L, fwd R w/ld sd leading DLC;
- 16 Fwd L comm LF trn, sd R cont trng LF, bk L twds SHAD DRC;

END**1-3 BK TRN L CHASSE ; FWD SD CL (SHAD WALL); LT LUNGE TO CUDDLE WRAP & LOOK;**

- 12&3 1 Bk R trng LF to Fc Wall, sd L/cl R to L, sd & fwd L to SHAD DLW;
- 123 2 Fwd R trng RF, sd L, cl R to L to SHAD WALL;
- .1- 3 Sd L lwr & wrap both arms around ptr to cuddle pos look at each other in shad wall;

NOTE: Timing is standard 123 unless noted on side by the measure and refers to actual weight changes.

Head Cues – “A NEW DAY HAS COME”

LOP FCG DRW with lead foot free for both wait 2 measures

INTRO

WAIT; WAIT; TOG TRN & TCH; OP FIN (CHKNG);
OUTSD SWVL LILT PKUP; SLOW RT LUNGE; ROLL & SLIP (DC); TELE SCP;

PART A

RUNNING OP NAT'L; OP FIN; HVR; THRU TO DBL/LKS;
REV FALAWY SLIP; HVR TELE; OP NAT'L; BK BK/LK BK;
OUTSD SPIN & TWST TO RT LUNGE LN;;
SD to PROM SWY; RT LUNGE HI LN & SLIP;
TELE SCP; MANUV; HES CHG; TELE (BJO);

PART B

NAT'L HVR CROSS;; OP TELE into THROWAWY/OVRSWAY;;
LINK SCP; THRU SYNC THE VN; THRU TO DBL/LKS; TELESPIR SCP;;
THRU SEMI CHASSE; THRU PROM SWAY; CHG TO OVERSWAY;
FALLAWAY RONDE & SLIP; CHK'D REV & SLIP; NAT'L FALLAWAY WEAVE;;

PART C

CURV'D FEA; BK PASSING CHG; BK TRN CHASSE SCP; OP NAT'L;
OUTSD SPIN to/a LT TRNG LK (BJO);;
RUNNING OP NAT'L; QK BK TO TUMBLE TRN;
HVR CORTE; BK CHASSE RW; CONTRA CHK & XTND;, REC & SD (BJO DW);;
PVT to PREP (FC COH); SLO SAME FT LUNGE;
SLOW CHG SWAY; & TRNG HVR (SCP DW);

PART D

IN & OUT RUNS (DC);; WEAVE 3 (BJO); HES CHG w/SWAY;
TRAVELNG CONTRA CHK (DW); CONTINUOUS HVR CROSS BUT END RC;;;
BK HVR TELE SCP; WEAVE 6 TO SCP;; THRU CHASSE/LADY LF ROLL 3 SHAD;
SYNC FRONT VN; SHAD CURVD FEA;
SHAD QK HEEL PULL & FWD 2 (DC); SHAD OP REV TRN;

END

BK TRN LT CHASSE; FWD SD CL (SHAD WALL); LT LUNGE TO CUDDLE WRAP & LOOK;