

# Andante Cantabile

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Music: "Andante Cantabile", Al Stratton Ensemble, Ballroom Star 2,  
Casa-Musica.de download  
Footwork: Opposite, directions for man (lady as noted)  
[suggested syncopations noted]  
Phase & Rhythm: Phase V - Waltz  
Difficulty Level: Above Average (syncopations)  
Sequence: Intro, A, B, B, Ending



2018

## MEASURES

### INTRODUCTION

#### 1-4 WAIT 1; TOGETHER to BFLY; ROLL 3; CHASSE to SEMI dlw;

- 1 **[Wait 1 Meas]** Opn fcng DRW trail feet free pntd sd trail hnds jnd slight right (lft) sway;
- 2 **[Together Bfly]** Sd & fwd R sway to left (right) & trn upper body to lft (right) across 3 beats bfly fc DRW;
- 3 **[Roll 3]** Sd & fwd L strt LFroll (lady RF) to LOD, R, sd & fwd L to ½ opn DLW;
- 4 **[Semi Chasse 12&3]** Thru R, sd & fwd L/cl R, sd & fwd L blind to semi DLW;

### PART A

#### 1-8 NATURAL WEAVE 3; SYNCOPATED HOVER CORTE; BACK WHISK; SEMI CHASSE; THRU to QUICK TELEMAR; OPEN NATURAL; OUTSIDE SPIN & PIVOT to a; EROS LINE;

- 1 **[Natural Weave 3]** Thru R DLW trn RF, sd & fwd L trn RF (fwd L), sd & bk R to bjo bkng DLC (trn LF sd & fwd L);
- 2 **[Sync Hover Corte 123&]** Bk L in bjo, bk R blind cp trn LF, sd & fwd L trn LF hover action to bjo/rec bk R in bjo bkng DRW;
- 3 **[Bk Whisk]** Bk L in bjo, slight trn RF sd & bk R, trn RF XLIBR (XRIBL) to semi DLC;
- 4 **[Semi Chasse 12&3]** Thru R, sd & fwd L/cl R, sd & fwd L in semi DLC;
- 5 **[Qk Telemark 12&3]** Thru R body trn LF pkup lady cp, fwd L trn LF/fwd & sd R trn LF (Lady toe trn & cl L), trn LF sd & fwd L to semi DLW;
- 6 **[Open Natural]** Thru R trn RF, fwd & sd L trn RF, sd & bk R trn RF to bjo bkng DLW;
- 7 **[Outside Spin Pivot]** Strong trn RF bk L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to toe spin RF (cl L & toe spin RF), bk & sd L pvt RF to fac COH in CP;
- 8 **[Eros Line 1- -]** Trn RF fwd & sd R LOD w/lift action to cause lady to raise right leg, slight shape lft,- (bk L & raise right leg to eros line shape to rght, extnd, -);

#### 9-14 HINGE; IMPETUS to SEMI; WEAVE to BANJO;; CURVED FEATHER CHECK; OUTSIDE CHANGE to SEMI;

- 9 **[Back to Hinge 1 - - (12 -)]** Rec sd L RLOD body trn LF, cont body trn LF, lwr to hinge line fc DRC (trn LF sd & bk R, XLIBR sml step, lwr & extnd R fwd in hinge line);
- 10 **[Impetus Exit 1 - 3 (123)]** Body trn RF fwd R heel to toe trn RF, brsh L to R trn RF, sd & fwd L semi DLC (fwd R trn RF, bk & sd L spn RF brsh R to L, sd & fwd R to semi);
- 11-12 **[Weave]** Thru R, fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo, bk R to cp trn LF, sd & fwd L to bjo DLW;
- 13 **[Curved Feather Ck]** Fwd R trn RF, fwd & sd L foot trn RF, strng body trn RF sml step fwd R to bjo DRW ckng (bk L, bk R foot trn RF, strng body trn RF sml step bk L in bjo);
- 14 **[Outside Change Semi]** Bk L in bjo, bk R to cp trn LF, sd & fwd L to semi DLW;

### PART B

#### 1-8 CHAIR RECOVER SLIP; QUICK LOCK & WEAVE to SEMI;; WING; CHECK lady DEVELOPE; HOVER CORTE; OUTSIDE SPIN; QUICK & SLOW LOCK;;

- 1 **[Chair Rec Slip ]** Fwd R in semi soften knee no sway look DLW, rec L rising com slght LF trn, strong rise trn LF bk R slip pivot blnd to cp fc DLC;
- 2-3 **[Qk Lock Weave 1&23123]** Sd & fwd L DLC trn LF/lk RIBL (lk LIFR) cp DLC, fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo, bk R to cp trn LF, sd & fwd L to semi DLW;
- 4 **[Wing 1- - (123)]** Fwd R body trn LF, body trn LF, body trn LF tch L to R sdcr DLW (fwd L, slght body trn LF sd & fwd R crv LF, body trn LF fwd L to sdcr);
- 5 **[Check Develope 1--]** Ck fwd L in sdcar DLW, strghtn lft knee slowly shape body to lady keep rght leg extnded bk under body,- (ck bk R in sdcr, raise lft knee, kick left leg to DRC & lower to R);
- 6 **[Hover Corte]** Bk R trn LF, sd & fwd L trn LF hover action to bjo, rec bk R in bjo bkng DLW;
- 7 **[Outside Spin]** Strong trn RF bk L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to toe spin RF (cl L & toe spin RF), sd & bk L slght trn RF to fac RLOD in CP;
- 8 **[Quick & Slow Lock 1&23]** Body trn RF bk R to bjo/lk L IFR (lk R IBL), bk R in bjo, lk L IFR (lk R IBL) bjo bkng LOD;

**9-16 BOX FINISH; HOVER TELEMAR; NATURAL HOVER CROSS;; DOUBLE REVERSE; HOVER; QUICK OPEN REVERSE; BACK CHASSE to SEMI;**

- 9 **[Box Finish]** Bk R bkng RLOD blnd cp trn LF, sd & fwd L trn LF, cl R cp DLW;
- 10 **[Hover Telemark]** Fwd L, fwd & sd R trn LF, sd & fwd L to semi DLW;
- 11-12 **[Hover Cross 123 1&23]** Thru R, trn RF fwd & sd L, trn RF fwd & sd R to sdcr LOD slght sway left; fwd L in sr toe ckng/rec R body trn LF momntry cp, sd & fwd L to bjo DLC, fwd R bjo DLC (thru L, body trn RF fwd R btwn man's feet cont RF trn, sd & bk L to sdcr head lft; bk R in sdcr ckng/rec L momntry cp, trn LF sd & bk R to bjo, bk L in bjo);
- 13 **[Double Reverse 12- (12&3)]** Fwd L trn LF, fwd & sd R trn LF, spin LF on R to cp DLW (Bk R, trn LF on R heel transfer weight to L/ trn LF fwd & sd R, trn LF XLIFR);
- 14 **[Hover to Semi]** Fwd L, fwd & sd R slght body trn LF strt blnd semi, sd & fwd L to semi DLC;
- 15 **[Quick Open Rev 12&3]** fwd R in semi, fwd L trn LF to cp/trn LF sd & bk R to bjo LOD, bk L in bjo LOD; note: lady may use open or closed head
- 16 **[Back Chasse Semi 12&3]** Bk R trn LF, sd/cl R trn LF, sd & fwd L blnd to semi DLW;

**REPEAT PART B**

**ENDING**

- 1-8+ SYNCOPATED CHAIR; OPEN NATURAL; OUTSIDE SPIN; REVERSE IMPETUS; OPEN IMPETUS; THRU SIDE LOCK; OPEN TELEMAR; THRU to HINGE; +**
- 1 **[Sync Chair 1&23]** Thru R relax R knee fwd poise/rec bk L, strng rise cl or sml stp bk R hold shape, sd & fwd L in semi DLW;
- 2 **[Open Natural]** Thru R trn RF, fwd & sd L trn RF, sd & bk R trn RF to bjo bkng DLW;
- 3 **[Outside Spin]** Strong trn RF bk L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to toe spin RF (cl L & toe spin RF), sd & bk L slght trn RF to fac DRW in CP;
- 4 **[Rev Impetus]** Bk R in cp, trn LF on R heel transfer weight to L, trn LF sd & bk R to bjo bkng DLW;
- 5 **[Open Impetus]** Bk L in bjo, trn RF on L heel transfer weight to R, trn RF sd & fwd L to semi DLC;
- 6 **[Thru Sd Lock]** Thru R trn LF, sd & fwd L trn LF, lk RIBL cp DLC (fwd L trn LF, fwd & sd R trn LF, lk LIFR);
- 7 **[Open Telemark]** Fwd L trn LF, fwd & sd R trn LF (Lady heel trn), trn LF sd & fwd L to semi DLW;
- 8+ **[Hinge 12- - (123) ]** Thru R, sd & fwd L to semi LOD trn body LF, lwr to hnge line (swvl LF XLIBR sml stp lwr extnd R fwd in hnge line); extnd shape as music fades

**SEQUENCE: Intro A B B Ending**