

ALL I ASK OF YOU

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Music: "All I Ask Of You", Barbra Streisand. Music has been slowed and edited
Rhythm/Phase: Slow Two Step, Phase VI Released: August, 2009

Footwork: Described for M (W opposite, or as noted)
Timing: SQQ, unless noted on sd of meas (W in parentheses)
Timing reflects actual wgt chgs



Sequence: **INTRO A B A(MOD) B(MOD) C**

INTRO

1 - 4 WAIT; SD LUNGE WITH ARMS; SOLO RIFF TRN & LUNGE WITH ARMS::

1. Wt fcg ptr & Wall abt 3' apt w/ no hnds jnd and R ft free for bth w/ arms dwn at sides;
- S-- 2. Lun sd RLOD R and explode R arm CW ovr rest of meas (W dances same as M but lunges twd LOD),-,,-; [Note: The actual Lun occurs slightly before the first downbeat of this meas, on the strong note in the music]
- S&S 3-4. Sd & fwd LOD L spinning LF,-,cl R to L to fc Wall, sd lun LOD L and explode L arm CCW (W dances same as M but moving twd RLOD); [Note: Actual footwork timing of these two meas is S&S]
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5 - 8 DO IT AGAIN:: BASIC (W SLOW RIFF TRN TO FC AND BASIC ENDING)::

- S&S 5-6. Sd & fwd RLOD R spinning RF,-,cl L to R, sd lun RLOD R and explode R arm CW (W dances same as M but moving twd LOD); [Note: Actual footwork timing of these two meas is S&S]
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- SQQ 7. Sd L LOD w/ no contact,-,XRib of L, rec L (W sd & fwd RLOD L spinning LF,-,cl R to L to fc M,-);
- (SS) 8. Sd R RLOD blending to LOOSE CP Wall,-,XLib of R, rec R (W sd L,-,XRib of L, rec L);

PART A

1 - 4 UNDERARM TRN; BASIC ENDING; TRAVELING RIGHT TRN; WITH OUTSIDE ROLL:

1. Sd L,-,XRib of L, rec L (W sd R,-,XLif of R trng RF undr jnd ld hnds, fwd R finishing RF trn to fc ptr to CP Wall);
2. Sd R,-,XLib of R, rec R comm to mv in frnt of W (W sd L,-,XRib of L, rec L);
3. Cont RF trn crossing IF of W sd & bk L to fc RLOD,-,XRib of L, twist tm RF 5/8 on bth ft to fc DLW & shift wgt to L (W fwd R btwn M's ft,-,fwd L,R arnd M RF) to CP DLW;
4. Fwd R outsd W raising jnd ld hnd to ld W RF trn,-,sd & fwd L, XRif of L (W sd & bk L comm RF trn undr jnd ld hnds,-,cont tm RF undr jnd ld hnds R,L) to end fcg ptr & DLW w/ M's R hnd at bk of W's R hip while releasing other all other contact;

5 - 8 CONTINUOUS HIP CHECKS:: WHEEL 3:

- S (SQQ) 5. Lower into R leg while leaving L ft pointed fwd and extending free L arm out to sd,-,commence to rise while drawing L ft slightly twd R and trng RF to fc DRW then shift wgt to L ft while leading W to roll LF,- (W brk bk on R while raising free arms up in frnt of bdy and ovr hd and then lowering bth arms to xtnd out to the sides,-,rec and roll LF L,R while raising free arms ovr hd to end fcg DLC);
- SS (SQQ) 6. Catch W w/ M's L hnd at bk of W's L hip and lower into L leg while leaving R ft pointed fwd and extending free R arm out to sd,-,commence to rise while drawing R ft twd L and trng LF to fc DLW then shift wgt to R ft while leading W to roll RF,- (W brk bk on L lowering bth arms to xtnd out to the sides,-,rec and roll RF R,L while raising free arms ovr hd to end fcg DRC);
- SS (SQQ) 7. Catch W w/ M's R hnd at bk of W's R hip and lower into R leg while leaving L ft pointed fwd and extending free L arm out to sd,-,commence to rise while trng RF and shifting wgt to L while leading W to roll LF and leaving M's R hnd at W's waist (W brk bk on R lowering bth arms to xtnd out to the sides,-,rec and roll LF L,R staying in M's R arm and raising free arms ovr hd) to end fcg ptr & DRW preparing to blend to BJO;
8. Blending BJO whl RF R,-,L,R to fc DLW;

9 - 12 INSIDE TRN TO FC RLOD; FWD BREAK; W SPIRAL TO TELEMAR; WITH SEPARATION,-,-AND SLIP:

9. Cont to whl RF L,-,R,L to fc RLOD while raising jnd ld hnds to allow W to trn underneath (W fwd R passing by R sd of M undr jnd ld hnds,-,fwd L trng LF, bk R) to LOP FCG POS RLOD;

10. Sd & fwd R,-,brk fwd L, bk R moving slightly to R (W sd & bk L,-,brk bk R, rec fwd L);
11. Trng LF to fc Wall pt L ft to the side twd LOD while leading W to mv fwd twd LOD,-,trn LF to fc LOD and stp fwd L to CP commencing LF trn, fwd & sd R cont LF trn (W fwd LOD R and sprl LF undr jnd ld hnds, fwd LOD L past M trng LF to CP fcg RLOD, bk R commencing Telemark, cl L to R for heel trn) to CP RLOD;
12. Trng bdy LF to fc Wall stp sd LOD shaping twd W while lowering ld hnds in frnt of bdy in order to keep W from moving fwd,-,sm bk R slipping W to CP and trng LF to CP LOD (W keep bth feet together while shifting wgt to R ft and extending R hip twd DRW,-,strong fwd L slipping LF to CP w/ M fcg LOD);

13 - 17 LEFT TRN WITH INSIDE ROLL; BASIC ENDING; LEFT TRN WITH INSIDE ROLL; SLOW RK R & L; LUNGE BASIC;

13. Fwd L trng LF to fc COH,-,sd R, XLif of R twd LOD (W bk R trng LF,-,sd & fwd L trng LF undr jnd ld hnds, sd R cont trng LF to fc ptr);
14. Sd LOD R to CP COH,-,XLib of R (bth Xib), rec R preparing to fold W IF of M;
15. Fwd L trng LF to fc WALL,-,sd R, XLif of R twd RLOD (W fold LF IF of M and stp bk R trng LF,-,sd & fwd L trng LF undr jnd ld hnds, sd R cont trng LF to fc ptr);
16. Blending to CP Wall rk sd RLOD R,-,rk sd LOD L,-;
17. Lun sd RLOD R,-,rec L, XRif of L (bth Xif) preparing to mv W IF of M;

PART B

1 - 4 TRIPLE TRAVELER; M SPIRAL AND HOLD (W CIRCLE); W OUTSIDE ROLL (M STEP FWD); AND W AROUND THE M;

1. Fwd L trng slight LF fc DC,-,sd & fwd R, fwd L (W fold IF of M and stp bk R trng LF,-,sd L trng LF undr ld hnds, cont LF trng bk R fc LOD);
2. Fwd LOD R sprl LF undr jnd ld hnds but stop sprl action once bdy faces DLW while continuing to trn hd LF to look at W then hold this position while leading W to circ RF,-,- (W fwd LOD L,-,circ RF arnd M moving fwd R,L to end on outsd of the circ fcg RLOD);
3. M holds this position w/ L ft crossed IF of R and L ft free,-,on last bt take sm stp fwd L twd Wall (W stp fwd R twd RLOD commencing RF trn undr jnd ld hnds,-,cont RF trn L,R to end fcg COH on M's R sd w/ ld hnds jnd and M's R hnd on W's lower bk to ld her to circ fwd arnd M);
4. Fwd & sd R,-,XLif of R, sd & bk R (W circ RF arnd M moving fwd L,-,R,L) while keeping ld hnds jnd and passing them ovr M's hd to end M fcg Wall and W fcg RLOD on outsd of circ;

5 - 8 OUTSIDE ROLL TO FACE; TWO HANDED OP BREAK TO; SWEETHEART WHEEL; (FC LOD) OPPOSITION BREAK;

5. Sd & bk L,-,XRib of L, rec L (W stp fwd R twd RLOD commencing RF Outsd Roll undr jnd ld hnds,-, cont RF trn L,R) to low BFLY POS Wall;
6. Sd RLOD R,-,brk apt L while keeping hnds jnd, rec R preparing to pass R shldr;
7. Raise jnd ld hnds and keep jnd trailing hnds low while stepping fwd L past W's R side,-,circ RF R,L bhd W while lowering jnd ld hnds to WRAP POS and wheeling RF (W sm fwd R,-,sm fwd L checking fwd motion, rec R commencing RF whl) to WRAP POS DLC;
8. Cont to whl RF stepping fwd R to fc LOD,-,brk fwd L releasing M's R & W's L hnds, rec R trng bdy slightly LF twd COH to prepare to take W twd COH (W cont to whl RF stepping bk L to fc LOD,-,brk bk R, rec L trng bdy slightly LF twd COH to prepare to mv twd COH);

9 - 12 LACE ACROSS TO FACE; LUNGE BASIC; LEFT TRN WITH INSIDE ROLL; SLOW SD TO BJO & SLOW DIP BK;

9. Sm XLif of R while raising jnd ld hnds,-,fc COH and stp sd LOD R, XLif of R (W stp fwd DLC R moving undr jnd ld hnds and trng RF,-,cont to trn RF to fc ptr and stp sd LOD L, XRif of L) to BFLY COH;
10. Lun sd LOD R blending to CP COH,-,rec L, XRif of L (W lun sd LOD L,-,rec R, XLif of R commencing to fold LF in frnt of M);
11. Fwd L trng LF to fc WALL,-,sd R, XLif of R twd RLOD (W bk R trng LF,-,sd L trng LF undr jnd ld hnds, sd R cont trng LF to fc ptr);
12. Sd RLOD R trng 1/8 LF to BJO DLW,-,brk bk L (W brk fwd R outsd ptr,-);

13 - 16 SLOW MANUV & PIVOT TO RUDOLPH RONDE & QK FALLAWAY TO LOP;; THRU SWVL PREPARATION; SAMEFOOT LUNGE & CHG SWAY;

13. Fwd R outsd ptr trng 3/8 RF to CP RLOD,-,bk L commencing 1/2 RF pvt,-;

14. Fwd R between W's feet completing RF pvt to CP LOD relax knee trn bdy RF causing W to Ronde CW leaving L tucked IB of R ending in SCP LOD,-,rec L, trng bdy RF stp sd RLOD R (W sd & fwd L relax L knee Ronde R CW,-,bk R to SCP LOD, trng bdy LF stp sd RLOD L);
- S--
(SS) 15. Trng RF to LOP RLOD stp thru L swiveling sharply ¼ LF to fc ptr & Wall,-,tch R to L (W trn LF to LOP RLOD stp thru RLOD R swiveling sharply ½ RF to fc LOD,-,cl L to R) to end in PREP POS for Sameft Lun,-;
- S-- 16. On end of previous meas lower on L w/ slight L sway/reach sd R toe pointing DRW, cont to xfer all wgt to R w/soft knee while looking toward but ovr W, stretch upward and sway R (On end of previous meas W lower on L while reaching bk w/ R toe, xfer wgt to R w/ hd L), chg sway by trng slightly RF while stretching R sd to open hd to L and causing W's hd to open to R,-;
- 17 - 21 **HOVER HER OUT TO FC; SLOW BOLERO WHEEL 3; STEP RONDE TO DBL HAND VINE 2; SLOW WHEEL 4 TO FC WALL (M TRANSITION)::**
17. Leaving ld hnds jnd rec on L while moving W past M,-,rk sd RLOD R trng 1/8 LF to fc DLW and leading W to trn LF, rec L (W stp thru L,-,fwd LOD R trng LF to fc DRC, rec L) to end w/ W on outsd track and M on insd track releasing all contact;
- SSS 18. *[Note: No bt in this meas]* Blending to BOLERO POS and w/ identical footwork whl 5/8 RF R,-,L,-,R to fc COH,-;
19. *[This meas begins on the heavy bt after the word "You"]* With identical footwork stp fwd L lowering into L leg and trn sharply ½ RF to fc Wall while joining hnds in BFLY POS and ronde R ft CW,-,XRib of L, cont to whl RF stp sd L to BFLY DRW;
- SS;SQQ
(SS;SS) 20-21. In BFLY whl 7/8 RF trn stepping fwd R,-,L,-; Cont whl stepping fwd R,-,stp in place L,R (W cont whl RF stepping fwd R,-,sm sd L) to BFLY Wall;

PART A (MOD)

- 1 - 12 **UNDERARM TRN; BASIC ENDING; TRAVELING RIGHT TRN; WITH OUTSIDE ROLL; CONTINUOUS HIP CHECKS;;; WHEEL 3; INSIDE TRN TO FC RLOD; FWD BREAK; W SPIRAL TO TELEMAR; WITH SEPARATION,-,-AND SLIP:**
- 1-12. Rpt meas 1-12 of PART A;;;;
- 13 - 16 **L TRN WITH INSIDE ROLL; BASIC ENDING; LEFT TRN WITH INSIDE ROLL; LUNGE BASIC:**
- 13-15. Rpt meas 13-15 of PART A;;;;
16. Blending to CP Wall rpt meas 17 of PART A;

PART B (MOD)

- 1 - 12 **TRIPLE TRAVELER; M SPIRAL AND HOLD (W CIRCLE); W OUTSIDE ROLL (M STEP FWD); AND W AROUND THE M; OUTSIDE ROLL TO FACE; TWO HANDED OP BREAK TO; SWEETHEART WHEEL; (FC LOD) OPPOSITION BREAK; LACE ACROSS TO FACE; LUNGE BASIC; LEFT TRN WITH INSIDE ROLL; SLOW SD TO BJO & SLOW DIP BK:**
- 1-12. Rpt meas 1-12 of PART B;;;;
- 13 - 17 **SLOW MANUV & PIVOT TO RUDOLPH RONDE & QK FALLAWAYTO LOP;; OUTSIDE ROLL TO FACE; SLOW ROCK R & L; BASIC ENDING (PICKING UP):**
- 13-14. Rpt meas 13-14 of PART B;;;
15. Trng RF to LOP LOD stp thru LOD L,-,trng slightly LF stp fwd & sd R, XLif of R to fc Wall (W trn LF to LOP LOD stp thru LOD R,-,roll RF twd RLOD undr jnd ld hnds L,R) to fc ptr & Wall;
16. Blending to CP Wall rk sd RLOD R,-,rk sd LOD L,-;
17. Sd R,-,XLib of R, rec R comm to mv W IF of M (W sd L,-,XRib of L, rec L commence to mv IF of M);

PART C

- 1 - 4 **VIENNESE TURNS; (W'S INSIDE TURN TO LOW BFLY); TURNING CROSS CHASSES::**
1. Fwd L commencing LF trn,-,fwd & sd arnd W, XLif of R (W fold IF of M and stp bk R commencing LF trn,-,sd L, cl R) to CP RLOD;
2. Bk R cont LF trn opening up L sd for W to pass by,-,sd & fwd L, cl R (W fwd L,-,mv past M's L sd making 1½ LF trn undr jnd ld hnds R,L) to LOW BFLY LOD;
3. Maintaining LOW BFLY thru meas 8 stp fwd L commencing LF trn,-,sd & bk R w/ R sd leading, XLif of R (bth Xif) to fc COH;
4. Sd & bk R trng LF,-,sd & fwd L w/ L sd leading, XRif of L (bth Xif) to fc RLOD;

5 - 8 (FINISH TURNING CROSS CHASSES); (FC LOD) TRAVELING CROSS CHASSE; PASS HER BY;

5. Rpt meas 3 of PART C to fc Wall;
6. Rpt meas 4 of PART C to fc LOD;
7. Sd & fwd LOD L blending to R shldr ld,-,sd & fwd R DLW, XLif of R (bth Xif);
8. Fwd LOD R blending to L shldr ld to fc Wall,-,sd LOD L passing W on insd of circ, XRif of L trng RF to fc RLOD (W sd & bk L trng RF to fc COH,-,sd R sm stp, XLif of R trng RF to fc LOD);

9 - 12 PULL PASS TO; FIGUREHEAD AND PULL HER BACK TO SHADOW DLW; SLOW RT LUNGE; SLOW RK L & R;

SS
(SQQ)

9. Strong bk L LOD,-,sd & bk R trng RF to fc almost LOD while pulling W past M on insd of circ leaving L ft in plc so that it ends up bhd M,- (W fwd LOD R while delaying fwd bdy movement,-,run fwd L,R moving past M's R sd);
10. Step sd COH L to fold bhd W placing M's R hnd at W's R sd to MOM TANDEM POS LOD, sm ronde R ft CW, XRif of L commencing to trn RF and moving to insd of circ, cont RF trn sm sd L DLC to fc DLW leaving R hnd at W's R sd (W stp fwd LOD L checking fwd motion presenting upper bdy fwd twd LOD and create Sunbirst motion w/ arms by crossing arms in frnt of bdy and then raising them upward then lowering them out to the sides,-,rec R bringing arms dwn to sd of bdy, bk L trng slightly RF) to end in SHDW POS DLW w/ M's R hnd at W R sd and all other hnds dwn at sds;
11. In SHDW DLW bth lun sd R (W circ R arm CW during entire meas commencing in frnt of bdy then circling it upward then out to DRW),-,-,-;
12. Slow rk L,-,slow rk R,-;

S--
SS

13 - 16 ROLL 3 TO TANDEM WALL; FRONT VINE 4; SLOW CROSS CHECK WITH ARMS; BK & W TRN RF TO FC & SLOW CARESS;

QQQQ

13. *[Note: Identical footwork throught meas 15]* Rel SHDW POS and bth roll LF dwn LOD L,-,R,L to TANDEM POS WALL w/ W IF of M and no contact;
14. XRif of L, sd LOD L, XRif of L, sd LOD L;
15. Place M's R hnd on W's R hip and XRif of L w/ checking action while slowly stretching L sd and slowly raising L arm twd LOD and then upward (W leaves R arm dwn at sd),-,-,-;
16. Bring L arm dwn and stp bk RLOD L trng slightly RF to fc Wall, sd RLOD R, place hnds on W's waist (W bring L arm dwn and stp bk RLOD L trng slightly RF to fc Wall, sd RLOD R trng ½ RF to fc M, close L to R and very slowly caress bth sides of M's fc),-; *[Note: There is no bt in this meas. Time this meas in order to begin the next meas on the word "That's"]*

S--

QQ--
(QQS)

17 - 20 VERY SLOW ROCK 4; SOLO TURN 6 (CONNECT LEAD HNDS); (AROUND TO SCP LOD);

SS;SS

- 17-18. On the word "That's" rk sd L,-,rk sd R,-; Rk sd L,-,rk sd R,-; *[Note: There is no bt in these two meas. The rocks are danced very slowly in order to time the next meas to begin on the word "You"]*
19. On the word "You" stp sd & fwd L LOD releasing hold and trng LF (W RF) to BK-TO-BK POS,-,sd LOD R cont trn to fc RLOD, bk L to LOP RLOD connecting ld hnds;
20. Bk LOD R cont LF trn (W RF trn) to fc ptr,-,sd LOD L to SCP bringing jnd ld hnds thru to LOD, thru LOD R w/ M taking slightly smaller stp than W to allow her to mv slightly ahead of M;

21 - 24 TRIPLE TRAVELER; MAN SPIRAL AND HOLD (W CIRCLE); W OUTSIDE ROLL (M STEP FWD); AND W AROUND THE M;

- 21-24. Rpt meas 1-4 of PART B;;;;

25 - 28 OUTSIDE ROLL OVERTURNED TO FC RLOD; FWD BREAK; W SPIRAL AND TELEMAR TO; SLOW THROWAWAYOVERSWAY;

S--

25. Rpt meas 5 of PART B but trn it this time ¼ to the R to end in LOP FCG POS RLOD;
- 26-27. Rpt meas. 10-11 of PART A;;
28. Bk & sd L leading W to stp fwd swvl LF on L staying low in L knee w/ upper bdy trng W to CP, slowly develop the Throwaway Oversway as music fades by trng slightly LF and bringing R sd thru to W leaving R ft bk to RLOD (W strong fwd & sd R swiveling LF to CP, slowly develop the Throwaway Oversway as music fades by keeping L toe on floor and extending L ft bk twd LOD trng hd well to L),-;