

ADAGIO

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MUSIC: "Adagio" Available from choreographer on Mini-Disc **RELEASED:** August 2002 **E-Mail:**
SEQUENCE: Intro, A, B, Inter, C, B mod, B, Ending **SPEED:** As on Mini-Disc curtworlock@juno.com
RHYTHM: Waltz **PHASE:** VI **FOOTWORK:** Described for Man - Woman opposite (or as noted)

INTRO

1 - 4 WAIT; CONTRA CHECK & EXTEND; SWITCH & HOOK TO; TWIST TURN SEMI;

- 1 - Wait 1 meas in CP LOD;
1- 2 - Lower keeping hips up to ptr fwd L in contra body movement w/R sd leading and continue bringing R sd thru to extend over measure looking toward but over W (head well to L);
3 - Rec bk R trn 3/8 RF, rec bk L trn another 1/8 RF to CP RLOD, hook R behind L w/pressure weight (rec fwd L trn 3/8 RF, rec fwd R trn another 1/8 RF, fwd L LOD preparing to run around M);
-3 4 - Unwind RF on ball of R and heel of L/cont unwind, cont unwind rising to R toe, sd & fwd L (fwd R/L around (&1-3) M, cont trng RF on L while rising to L toe in CP DLW, sd & fwd R) to SCP DLC;

PART A

1 - 4 VIENNESE CROSS; SLOW LOCK QUICK LOCK; BACK TRN & CHASSE SEMI; CHAIR & SLIP;

- 123& 1 - Thru R, fwd L comm LF trn, fwd & sd R cont LF trn w/slight R sd stretch/XLIF of R (cl R to L keep head to R);
123& 2 - Bk R comm sway change, XLIF of R completing sway change to R, bk R/XLIF of R (head now to L);
12&3 3 - Bk R comm LF trn, cont LF trn sd & fwd L toe pointing DLW/cl R to L, sd & fwd L to SCP LOD;
4 - Lower in L knee lunge fwd R w/fwd poise, rec L comm LF trn rise thru body trng W square, bk R to CP DLC;

5 - 8 REV FALLAWAY SLIP &; REV PIVOT TO; THROWAWAY OVERSWAY; LINK TO SEMI (DLC);

- 1&23 5 - Fwd L comm LF/sd & bk R w/R sd leading, bk L well under body rise trng LF, small step bk R cont LF trn but keep L ft fwd (bk R/bk L, bk R well under body rise trng 5/8 LF, fwd L toward COH cont LF trn) to CP LOD;
6 - Fwd L, fwd & sd R pivot 1/2 LF to CP RLOD, bk & sd L lead W to step fwd swvl LF on L staying low in L knee & upper body trng W to CP (bk R, cl L to R heel turn, strong step fwd & sd R swiveling LF to CP);
-- 7 - Develop the throwaway oversway by trng slightly LF and extend line over measure by bringing R sd thru to W leaving R ft bk to RLOD (keeping L toe on floor extend L ft bk towards LOD trng head well to L);
-23 8 - Rise on L ft collecting W to CP DLW, cont rising on L and cl R to L on toes, sd & fwd L to SCP DLC;

9-12 VIENNESE CROSS; SLOW LOCK QUICK LOCK; BACK TRN & CHASSE BJO; MANEUVER;

- 9-10 - Repeat meas 1 & 2 of Part A;;
12&3 11 - Bk R comm LF trn, cont LF trn sd & fwd L toe pointing DLW/cl R to L, sd & fwd L (sd & bk R) to BJO DLW;
12 - Fwd R outside ptr comm RF trn, fwd & sd L cont RF trn, cont slight RF trn cl R to L to CP RLOD;

13-16 PIVOT TO HAIRPIN; BACK RIGHT TIPPLE CHASSE PIVOT; SPIN TURN; BOX FINISH;

- 12&3 13 - Bk L toeing in and pivot 1/2 RF, fwd R between W's feet cont RF trn/fwd L to WALL cont RF trn, cont RF trn fwd R outside ptr to BJO DRW;
12&3 14 - Bk L comm RF trn, w/slight R sway cont RF trn sd R toe pointing DLC/cl L to R then lose sway, cont slight RF trn fwd R LOD between W's feet and pivot 1/2 RF to CP RLOD;
15 - Bk L toe in and pivot 1/2 RF, fwd R heel lead rising to toe trng another 1/8 RF, bk & slightly sd L to CP DLW;
16 - Bk R comm LF trn, sd & fwd L toe pointing DLC, cl R to L to CP DLC;

PART B

1 - 4 OPEN TELEMARK; RUNNING FEATHER (SEMI); THRU RIPPLE CHASSE; NAT PREP FC CTR;

- 1 - Fwd L comm LF trn, fwd & sd R cont LF trn (cl heel trn), sd & fwd L to SCP DLW;
1&23 2 - Thru R/fwd L stay low lead W to trn LF, fwd R outsd ptr rising to toe trng W bk RF, sd & fwd L to SCP DLW;
12&3 3 - Thru R, stretch L sd to briefly look twd but over W (head to L) sd & fwd L/cl R to L, correct sway sd & fwd L;
12- 4 - Thru R comm RF trn, fwd & sd L cont RF trn to fc COH, touch R to L (thru L comm RF trn, fwd R between (123) M's feet cont RF trn, swiveling slightly RF on R small sd & bk L in prep position);

5 - 8 SAME FOOT LUNGE; HOVER TRANS TO BJO; OUTSIDE SPIN (DRW); BOX FINISH;

- 1- 5 - Lower on L with slight L sway/reach sd R toe pting DLC, cont to transfer all weight to R w/soft knee, stretch upward and sway R (XRIB of L well underneath body head well to L); **OPTION:** Change sway on & count.
-23 6 - Rise leading W to recover (fwd L), sd L trng slightly LF & trng W to CP, sd & bk R to contra body DRC;
7 - Using strong RF rotation small bk L toe turned in, fwd R around W heel lead rising to toe cont RF trn, cont slight RF trn bk & slightly sd L (fwd R around M, cl L to R for toe spin, fwd R between M's feet) to CP DRW;
8 - Bk R DLC comm LF trn, sd & fwd L to pointing DLW, cl R to L to CP DLW;

INTERLUDE**1 - 2 CLOSED HOVER; BACK TO DOUBLE SIDE LOCKS;**

- 1 - Fwd L, fwd R rising and brushing L to R, bk & slightly sd L still in CP DLW;
 12&3& 2 - Bk R comm LF trn, sd & fwd L toe pointing DLC/XRIB of L, sd & fwd L/XRIB of L to CP DLC;

PART C**1 - 4 DOUBLE TELESPIN;; TO A RIGHT CHASSE; HESITATION CHANGE (LOD);**

- 12- 1 - Fwd L comm LF trn, fwd & sd R past ptr cont LF trn (cl L heel turn), sd & slightly bk L LOD partial wgt to
 (123) face WALL (fwd R LOD);
 12- 2 - Cont LF trn thru hip & upper body to lead W fwd/transfer full wgt fwd L cont LF trn to CP, fwd & sd R past ptr
 (&123) cont LF trn, sd & slightly bk L LOD partial wgt to face WALL (fwd L heel lead moving around the M on his L
 sd/fwd & sd R trng LF square to M at end of step, cl L to R toe trn, fwd R LOD);
 12&3 3 - Cont LF trn thru hip & upper body to lead W fwd/transfer full wgt fwd L cont LF trn to CP COH, cont LF trn sd
 (&12&3) & bk R/cl L to R, sd & bk R (fwd L heel lead moving around the M on his L sd/fwd & sd R trng LF square to M
 at end of step, sd & fwd L/cl R to L, sd & fwd L) to CONTRA BJO DRC;
 12- 4 - Bk L comm RF trn (fwd R outsd ptr), cont RF trn sd R toe pointing LOD, cont RF trn touch L to R to CP LOD;

5 - 8 RUMBA CROSS w/PIVOT 3;, & FWD TO SLOW HIGH LINE;; SLIP & DOUBLE CHASSE;

- 1&23 5 - Strong step fwd L comm RF trn/XRIB of L cont RF trn to fc WALL, cont RF trn sd & slightly bk L pivot ½ RF,
 fwd R LOD between W's feet pivot ½ RF to CP RLOD;
 123 6 - Cont RF trn bk L pivot ½ RF to CP LOD, fwd R LOD between W's feet cont slight RF trn, w/L sd leading
 sd & slightly fwd L looking LOD (fwd R pivot ½ RF, bk L LOD, bk & sd R trng RF);
 --- 7 - Shape thru line in this measure by trng slightly RF stretching R sd to sway L trng W (head now to R);
 12&3& 8 - Quickly trng LF on L bk R to CP, sd L toe pointing DLC/cl R to L, sd L/cl R to L to CP DLC;

9-12 DOUBLE TELESPIN;; TO A RIGHT CHASSE; BK TO RISING LOCK SYNCOPATED;

- 9 - Repeat meas 1 of Part C;
 10 - Repeat meas 2 of Part C;
 11 - Repeat meas 3 of Part C;
 123& 12 - Bk L, bk R comm LF, cont LF trn bk & sd L/cont LF trn XRIB of L to CP LOD;

13-16 DOUBLE REVERSE TWICE; (DLW); HOVER; SLOW SIDE LOCK;

- 12- 13 - Fwd L comm LF trn, fwd & sd R cont LF trn, cont LF spin touch L to R (bk R comm LF trn, cl L to R heel trn,
 (12&3) cont LF trn sd & slightly bk R/XLIF of R) to CP LOD;
 14 - Repeat measure 13 of Part C but end CP DLW;
 15 - Fwd L, sd R cont rising brush L to R, sd & fwd L to SCP DLC;
 16 - Thru R, fwd & slightly sd L leading W to pickup, trng LF XRIB of L to CP DLC;

PART B (MOD)**1 - 8 REPEAT MEASURES 1-7 OF PART B; ; ; ; ; ; ; ; RISING LOCK;**

- 8 - Bk R comm LF, cont LF trn bk & sd L, cont LF trn XRIB of L to CP DLC;

PART B**ENDING****1 - 4 CHANGE OF DIRECTION; ONE LEFT TURN; TOPSPIN; HINGE;**

- 12- 1 - Fwd L, fwd R toe pointing LOD comm LF trn, cont LF trn touch L to R to CP DLC;
 2 - Fwd L comm LF trn, cont LF trn fwd & sd R, cont slight LF trn cl L to R to CP RLOD;
 1&23 3 - Bk R comm LF trn/sd & bk L toe pointing toward LOD cont LF trn, fwd R LOD outsd ptr comm 3/8 LF spin
 keeping L ft bk, bk L DLW slightly behind R to complete spin (fwd L comm LF trn/sd & fwd R, bk L LOD
 comm 3/8 LF spin keeping R ft fwd, fwd R DLW slightly in front of L to complete spin) to end BJO DRC;
 12- 4 - Bk R comm LF trn, cont LF trn sd & fwd L facing WALL rotate slightly LF, lower slightly to extend the line
 (123) (fwd L comm LF trn, fwd & sd R cont LF trn, XLIB of R lowering slightly & head well to L);

5 - 6 LADY RECOVER TO RIGHT CHASSE; CONTRA CHECK & EXTEND;

- 2&3 5 - Rise on L rotating slightly RF to lead W out of hinge, sd R stretching R sd to sway L and open W's head/cl L
 (12&3) to R, sd R to CP DRW;
 1- 6 - Repeat meas 2 of Intro but loosen R arm to allow W to extend further to end Contra Check POS DRW;