

To Go Beyond



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Music : Album: The Latin Mix 5 - Casa Musica (Disc 2, Track 9, Go Beyond, Artist-Aidana)

Rhythm : Slow Rumba **Phase: VI** **Time/Tempo:** 2:43@24mpm

Footwork : Lady opposite (or as noted) **Degree of Difficulty:** AVG to DIFF

Sequence : Intro, A, B, C, Bridge, A (Mod for ending) Ver. 1.0 **Released date:** 11/2011

Intro

1 - 4 WAIT ; LADY WALK 2/TRN TANDEM ; CUCARACHA ; FACING FAN (DLW) ;

- 1 {Wait QQS } Wait 5 to 6 ft apart - M fcg DRW - Lady fcg M - both with R foot free
- 2 {Inplace 2 as Lady Walks to Tandem SS } Inplc R, -, Inplc L, - ((Fwd R twd ptr, -, fwd L/trng 1/2 RF to Tandem fcg DRW) ;
- 3 {Cucaracha QQS } Sd R, rec L, cl R, - ((Sd R, rec L, cl R, -) ;
- 4 {Facing Fan & QQS (QQS) } Cl L/bk R - small stp, rec L trng LF, fwd R DLW, - ((Fwd L DLW, fwd R w/LF trn, bk L, -) ;

Part A

1 - 4 BASIC TO THREE ALEMANAS ; ; ; ;

- 1 {Basic QQS } Fwd L, rec R, raise lead hnds as cl L ((Brk bk R, rec L, fwd R trng 1/8 RF, -) ;
- 2 {Alemana over-turned QQS (QQS&) } Sd & bk R, rec L, fwd & across R lead'g ptr to ovr-trn, - ((Fwd L twd ptr's Left side, trng RF fwd R, trng RF fwd L/switch RF, -) ;
- 3 {Quick Alemana QQS (Q&QS) } Sd & fwd L trng RF, rec R trng LF, cl L to fc wall, - ((Fwd R/Spiral, fwd L w/LF "spin", fwd R, hold) ;
- 4 {Alemana QQS } Bk R, rec L, fwd R small stp in loose-CP, - ((Fwd L twd ptr's Left side, trng RF fwd R, trng RF fwd L loose-CP, -) ;

Note: This is a Stylized form of Three Alemanas - the standard form and timing may also be danced.

5 - 8 ADV HIP TWIST ; UNDRARM SIT & CK FWD (BFLY) ; LADY BK 3 RONDE ; VINE 2 PT THRU ;

- 5 {Advanced Hip Twist QQS (QQS&) } Fwd L, rec R, XLIB, - ((Swvl RF on L to brk bk R, rec L, R fwd & acrs L/qkly swvl RF, -) ;
- 6 {Underarm Switch to Sit Line & ck fwd to Bfly S— (&S&S) } Raise lead hnds for ptr's Underarm Switch as stp sd R, hold, lead ptr to step fwd ck'g, to Bfly ((Fwd L/switch RF to "sit-line", -, fwd R ck'g to Bfly, -) ;
- 7 {Lady back 3, Ronde SS (&QQS) } Sd & fwd L, -, ck fwd & acrs R, - ((Bk L/bk R, bk L, Ronde R CW, -) ;
- 8 {Lady Vine SS (QQS) } Rec L, point R sd, -, - ((XRIB, sd L, pt RIF twd RLOD for delayed wgt chg) ;

9-12 SLOW CURL ; FAN ; BASIC TO TANDEM (WL) ; OPPOSITE FENCE LINE ;

- 9 {Slow Curl SS } Sd R - at same time lead'g ptr to take wgt - rel Bfly & lead ptr to Curl slowly LF under jnd lead hnds, -, sd L shaping twd ptr, - ((Take wgt on R starting slow Curl turning LF, -, -, -) ;
- 10 {Fan QQS } Bk R bhd L leading ptr fwd, rec L, sd R in Fan pos. fcg wall, - ((Fwd L twd LOD, fwd R w/LF trn, bk L to fc ptr) ;
- 11 {Basic to Tandem QQS } Fwd L twd wall, rec R, sd L lead'g ptr in-front twd your right side, - ((Cl R, fwd L, sd R to Tandem fcg wall) ;
- 12 {Opposite Fencing Line QQS } XRIF twd LOD, rec L, sd R, - ((XLIF twd RLOD, rec R, sd L) ;

13-16 OPP FENCE LINE (Lady's Stork) ; SLOW OPPOSITION LEAN ; ; QK HOCKEY STICK END ;

- 13 {Opposite Fencing Line with Lady's Stork QQS } XLIF twd RLOD, rec R, sd L - left foot against ptr's L foot as take **R-R wrist-grip** keep R ft in post'n for Open Foot Stance, - ((XRIF twd LOD, rec L, lift R to Stork Line as take R-R wrist-grip, -) ;
- 14-15 {Slow Opposition Lean SS SS } Maintain tension thru R arm for the full two meas. slowly shft wgt to R as ptr leans twd LOD slowly trn bdy twd ptr to allow extension of the Lean - extend L arm up & out to sd, -, -, -, -, on counts 7-8 return ptr to initial position retain Open Foot Stance, -, - ((In a slow continuous action - allow hips to move away from ptr stretching L sd - at same time sweep L arm up over your head with palm in curving upper bdy twd ptr, -, -, -, -, -, on counts 7-8 return to upright Stork pos.) ;
- 16 {Quick Hockey Stick end & QQS } Rec L as lead ptr to stp fwd rel hnd hld/ck bk R, rec L, fwd R twd DRW as jn ld hnds, - ((Fwd R/fwd L twd DRW, fwd R trng LF, bk L, -) ;

Part B

1 - 4 OPEN HIP TWIST TANDEM ; CUCARACHA (LADY XIB) TO SLIDING DOOR ; ; RISING LOCK ;

- 1 {Over-turned Open Hip Twist QQS& } Fwd L, rec R, retain firm L arm as cl L fcg wall, - ((Bk R, rec L, fwd R w/"spin" to Tandem, -) ;
- 2-3 {Cucaracha [Lady XIB] to Advanced Sliding Door QQS QQS } Sd R, rec L, cl R, -; fwd L, rec R, XLIB as lead ptr twd LOD, - ((Sd L, rec R, XLIB, -; ck bk R, rec L, XRIF, -) ;
- 4 {Rising Lock SS } Sd R retain tension in lead hnds, -, -, - ((Sd & fwd L twd LOD rise on L trng RF, -, as pull R to XIF, -) ;

5 - 8 LADY SLOW SPIRAL & RUN TO FLOOR FAN ; ; TWO SLOW SWIVELS ; TO ALEMANA ;

- 5 {Lady Slow Spiral &SS } Rec L as raise lead hnds for ptr to Spiral very slowly, retain R ft in postn w/o wgt, - , - ((Take wgt to R/and slowly Spiral LF to nearly fc ptr, -, -, -) ;
- 6 {& Run to Floor Fan &SS } Blnd to Bfly as take wght to R lead'g ptr to stp twd RLOD retain open stride with wgt on both feet as ptr fans to nearly fc LOD, -, -, - ((Fwd L twd RLOD/fwd R with toe on floor slowly sweep L CW to fc ptr, -, -) ;
- 7 {Two Slow Swivels S&S& } Shift wgt to L lead'g ptr to stp fwd twd LOD, -/shift wgt to R lead'g ptr to trn LF & stp twd RLOD, -/sd L lead'g ptr to trn RF ((Fwd L, -/trn hips LF, to stp fwd & acrs with R, -/trn hips RF) ;
- 8 {Alemana QQS } Bk R small stp as raise hnd lead'g Alemana, lwr ld hnd IF of ptr as rec L, cl R to fc wall, - ((Fwd L twd ptr's Left side/trng RF, stp fwd R/trng RF, stp fwd L to loose CP, -) ;

Part C

1 - 4 ADV OPENING OUT W/SPIRAL ; REVERSE TOP "9" WITH CHECK ; ; ;

- 1 {Advanced Opening Out with Spiral QQS } Fwd L shape twd ptr, rec R, XLIB/as raise ld hnds for ptr to Spiral, - ((Trng RF on L brk bk R, rec L, fwd R w/LF Spiral, -) ;
- 2-4 {Reverse Top QQS QQS QQS } Sd R lead'g ptr fwd trng LF, rec L trng LF at same time blnd'g to loose CP using Paso Doble style hold, sd R cont. LF trn, -; swvl LF as XLIF, sd R cont. LF trn, swvl LF as XLIF, -; sd R cont. LF trn, -; swvl LF as XLIF, fwd R twd DLW in Bjo ck'g, - ((Fwd L trng LF, sd R cont. LF trn, Ronde XLIB, -; sd R trng LF, using quick Ronde XLIB, sd R trng LF, -; using quick Ronde XLIB, sd R cont. LF trn, Ronde XLIB to ck bk nearly fc'g DRC, -) ; **Note:** This is a Stylized form of Reverse Top using Lady's Ronde action in place of her normal XLIB - the standard form may also be danced.

5 - 8 UNDERARM TO CRAB WALKS ; ; w/CURL END ; RIFF TURN ;

- 5 - 7 {Underarm (Lady close) to Skaters Crab Walks QQS QQS QQ with Curl end S } Rec L lead'g ptr to trn LF undr ld hnds, tch R to fc wall as blend to Skaters, swvl 1/8 LF on L to step fwd & acrs R, -; swvl 1/8 RF on R as cl L, swvl 1/8 LF on L to step fwd & acrs R, swvl 1/8 RF on R as cl L, -; swvl 1/8 LF on L to step fwd & acrs R, chg to lead hands as step sd L leading ptr to Curl LF, - ((Fwd R trng LF to fc wall, cl L blend to Skaters, swvl 1/8 LF on L to step fwd & acrs R, -; swvl 1/8 RF on R as cl L, swvl 1/8 LF on L to step fwd & acrs R, swvl 1/8 RF on R as cl L, -; swvl 1/8 LF on L to step fwd & acrs R, sd L, fwd & acrs R as Curl LF to briefly fc ptr, -) ; **Note:** This is a Stylized form of Crab Walks using Hip Twist actions - the standard form may also be danced

- 8 {Riff Turn QQS } Rec sd R lead'g ptr to stp fwd/qkly raise ld hnds to lead Riff trn, cl L, sd R, - ((Fwd L twd RLOD & spin LF, cl R fcg ptr, sd L, -) ;

9 -12 NEW YORKER ; (SCAR) BACK WALKS ; TO VERY SLOW HINGE LINE ; ;

- 9 {New Yorker to RLOD QQS } Thru L, rec R w/o trn, bk L twd LOD plc'g L hnd on ptr's R shldr ((Thru R, rec L, sd & fwd R plc'g L hnd on ptr's chest, -) ;
- 10 {Back Walks QQS } Bk R in Scar, L, R, - ((Fwd L w/upper body twd ptr, R, L., -) ;
- 11-12 {Open Hinge Line SS SS (QQS SS) } Bk & sd L as blend to wide dbl-hnd hld to lead Hinge, - , -, -; slowly change shape to stretch L sd, -, -, - ((Fwd & sd R, XLIB, lwr on L, -; shape to L, -, -, -) ;

13 QUICK HOCKEY STICK ;

- 13 {Quick Hockey Stick end QQS (&QQS) } Rec to R as lead ptr to stp fwd, rel hnd hld as cl L, fwd R twd DRW to R-R wrist-grip ((Fwd R/fwd L twd DRW, fwd R trng LF, ck bk L, -) ;

Bridge

1 - 4 OPN CONTRA CK ; FACING LEAN ; OPN CONTRA CK W/CURL ; TO FACING FAN ;

- 1 {**Open Contra Check QQS (QQ&S)** } Using wrist-grip Contra Ck fwd L, rec R, bk L, place both hnds at ptr's sides ((Contra Ck bk R, rec L, fwd R/cl L to R as place both hnds on M's chest, -) ;
- 2 {**Facing Lean SS&** } Ck bk R, -, rec L to **R-R wrist-grip**, -/cl R as lead ptr step bk ((Rise on toes to lean fwd, -, rec still on toes as rel L foot, -/bk L small step) ;
- 3 {**Open Contra Check with Curl end QQS** } Using **R-R wrist-grip** Contra Ck fwd L, rec R rel hnd hld, cl L, - ((Contra Ck bk R, rec L rel hnd hld, fwd R w/Curl, -) ;
- 4 {**To Facing Fan QQS** } Lead ptr twd DLW using brief L forearm lead as brk bk R, rec L trng LF, fwd R DLW, - ((Fwd L DLW, fwd R w/LF trn, bk L, -) ;

Part A (Mod 16-17)

1 - 4 BASIC TO THREE ALEMANAS ; ; ; ;

5 - 8 ADV HIP TWIST ; UNDRARM SIT & CK FWD (BFLY) ; LADY BK 3 RONDE ; VINE 2 PT THRU ;

9-12 SLOW CURL ; FAN ; BASIC TO TANDEM ; OPPOSITE FENCE LINES ;

13-16 OPP FENCE LINE (Lady's Stork) ; SLOW OPPOSITION LEAN ; ; FWD/SWIVEL, THRU/SD TO LAYBACK ; ;

- 16-17{**Forward/swivel, thru/sd, to Layback &S &S SS**} With wgt still on R lead ptr to stp fwd/cl L as blnd to 1/2 Opn, -, thru R twd LOD/sd L to brief Cuddle Pos., -; rel R hnd and sweep out to side, and extend, -, -, - ((Fwd R/swivel RF, -, thru L/sd R to brief Cuddle Pos., -; rel L hnd & sweep out to side as Layback, & extend, -, -) ;