

## WEST COAST MEMORIES

Choreographer: Tom Hicks (310)-714-2440 T.hicks6@gmail.com  
Music & Rhythm: "Memories", Maroon 5 "JORDI - Deluxe" West Coast swing  
Footwork: Opp unless indicated (W's footwork in parentheses) Phase V  
Sequence: INTRO-A-BREAK-B-C-A-D-BREAK-B-C-A-D-D-END Speed for comfort  
Release Aug 2021 RARI

### INTRO

- 1-4** Wait 2 Meas CP fac Wall Trail FT Free;; Anchor Sd (1&2),, Slingshot Throwout (34 5&6 7&8),,;  
1-4 Wait 2 meas CP fac Wall Trail FT free;; [**Anchor Sd**] XRIB of L/Rec L, Sd R, (XLIB of R/Rec R, Sd L,) [**Slingshot Throwout**] Lunge Sd L down LOD leading W bk, Rec R leading W fwd; Sd & fwd L/Cl R to L, Fwd L trng ¼ LF leading W to trn LF LOP facg LOD, XRIB of L/Inplace L, Bk R; (Bk R, Rec fwd L; Fwd R/Fwd L XIF of R, Fwd R trng LF to fac Man, XLIB of R/Inplace R, Bk L;

### PART A

- 1-4** Start a Sugar Tuck & Hold (123 Hold 4); Underarm to Hammerlock (56 7&8); Rock & Go (1&2),, Left Sd Pass in Hammerlock w/Inside Trn (34 5&6 7&8),,;  
1-2 [**Start a Sugar Tuck & Hold**] Bk L, Bk R reducing the distance between ptrs, Tch L to sd w/o wgt, Hold pos; (Fwd R, Fwd L, Tch R to L w/o wgt trng LF tucking, Hold; [**Underarm to Hammerlock**] Sd & fwd L raising the ld hds trng W RF, Fwd R cont trng W to hammerlock, Fwd L/Inplace R, Inplace L; (Trng RF on the L fwd R away from M, Fwd L trng under the arms, Inplace R cont trng RF/Inplace L, Bk R small stp in Hammerlock;)  
3-4 [**Rock & Go**] In Hammerlock facg LOD Rk Fwd R/Rec bk L, Bk R, [**Left Sd Pass in Hammerlock w Inside Trn**] Bk L, Bk R still in Hammerlock com LF trn Idg W under the raised hds; Sd & bk L/Inplace R, Fwd L into the slot trng LF facg RLOD, XRIB of L/Inplace L lowering the hds, Bk R LOP RLOD; (Fwd R, Fwd L trng LF; Fwd R trng under the hds/Fwd L cont trn, Fwd R cont trng LF to fac M, XLIB of R/Inplace R, Bk L;)  
**5-8** Start a Underarm & Lunge & Hold (123 Hold 4); Rock Tog & Away (56),, Rev Trn Ending to CP (78 1&2),; Rock & Go Pass (3&4 56 7&8),,;  
5-5½ [**Start a Underarm & Lunge & Hold**] Bk L Idg W fwd raising the ld hds, Fwd R XIF of L off the track Idg W under the raised hds, Sd & fwd L lunging down RLOD lowering the hds looking bk at ptr, Hold; (Fwd R, Fwd L under the joined hds, Fwd R trng ½ LF to fac M in a sitting pos, Hold;)  
5½ -8 [**Rev Trn Ending to CP**] Bk R trng LF Idg W fwd, Sd & fwd L Idg W under the joined hds; XRIB of L cont trng W/Inplace L lowering the hds, Fwd R CP RLOD, (Fwd L trng LF, Fwd R cont LF trn under the hds; Fwd L trng under the hds/Fwd R cont trn, Bk L cont trng LF to fac Man,) [**Rock & Go Pass**] Rk fwd L/Rec bk R, Bk L CP facg RLOD; Bk R trng LF out of the slot Idg W pass the M, Rec fwd L into slot trng LF facg LOD, XRIB of L/Inplace L lowering the hds, Bk R LOP LOD; (Rk bk R/Rec fwd L, Fwd R; Fwd L, Fwd R trng ½ LF to fac M, XLIB of R/Inplace R, Bk L;)

### Break

- ½ Hold & PT,,  
½ With wgt on M's R & W's L raise the trail hds and pt towards each other when music says "you" ,,

### PART B

- 1-4** Whip W/ Outside Trn & M Hook Trn to Tandem Rt Hd Shake (12 3&4 56 7&8); Start a Rt Sd Pass to Skaters (12 3&4); Wheel 2 & Underarm to Fac Stacked Hds (56 7&8);  
1-2 [**Whip W/ Outside Trn & M Hook Trn to Tandem Rt Hd Shake**] Bk & sd L off the track leading W fwd, XRIB of L trng RF leading W to trn 1/2 RF to Right angle CP, Sd L sm stp/Rec R, Sd L trng RF facg RLOD leading W fwd to loose CP; XRIB of L Idg W under the joined hds trng her RF, Sd & fwd L dancing bk on the track facg W LOD, XRIB of L trng RF/Rec L trng RF facg RLOD, Fwd R chg hds beh the bk to R Hd shake facg RLOD in tandem W beh the M; (Fwd R, Fwd L trng 1/2 RF endg Bk,

- Bk R/ Cl L to R, Fwd R between M's ft; Fwd L comm RF trn, Fwd R trng RF comp RF trn, Sd L /inplace R sm stp, Sd & bk L facg RLOD;)
- 3-4 **[Start a Rt Sd Pass to]** Sd & fwd L leading W fwd to M's R sd, Bk R trng W LF, Sd L sm stp/Cl R to L, Sd & fwd L wrapping W to Shad facg RLOD; (Fwd R, Fwd L com LF trn, Sd R cont trng LF/Cl L to R, Fwd R facg RLOD); **[Wheel 2 & Underarm to Fac Stacked Hds]** Bk R sm stp trng strongly LF Idg W fwd, Inplace L facg LOD, XRIB of L raising the L hds trng W RF/Inplace L trng W under the L joined hds, Bk R lowering the hds to stacked hds facg ptr & LOD jnd L hds over jnd R hds; (Fwd L trng LF, Fwd R trng LF facg LOD, Fwd L trng RF trn/Inplace R trng RF to fac M, Bk L;)
- 5-8 Start a Inside Whip w/ Stacked Hds (12 3&4); Outside Trn to OP facg (56 7&8); Rk & Spin W to CP (12 3&4); Inside Trn Ending(56 7&8);**
- 5-6 **[Start a Inside Whip w/ Stacked Hds]** Bk & sd L off the track leading W fwd, XRIF of L trng RF raising L hds leading W to trn LF, Sd L sm stp trng W LF under the stacked hds/Rec R, Sd & fwd L trng RF lowering the hds facg RLOD in stacked hds pos R hd on top; (Fwd R, Fwd L trng 1/2 LF under the hds, Bk R/ Cl L to R, Fwd R;); **[Outside Trn to OP facg]** Bk R leading W fwd, Bk L off the track raising the hds trng W RF, Bk R sm stp/Rec L, Fwd R into the slot lowering the hds & releasing to OP facg LOD; (Fwd L spiraling RF, Sd R trng RF under the hds, Sd L trng RF to fac M/ Cl R to L, Sd L facg M;)
- 7-8 **[Rk & Spin W to CP]** Rk apt L, Rec fwd R Idg W to spin LF, Sd L sm stp trng RF/Rec R, Sd L trng RF facg RLOD catching W to loose CP; (Rk apt R, Rec L trng LF, Sd R trng LF/Inplace L trng LF, Sd & bk R facg M;); **[Inside Trn Ending]** XRIB of L trng RF raising the lead hds, Sd L into the slot facg LOD lowering the hds, XRIB of L/Inplace L, Bk R LOP fcg pos LOD; (Fwd L, Fwd R trng 1/2 LF under the hds; XLIB of R/Inplace R, Bk L;)

#### PART C

- 1-4 Underarm w/ Chg Points (12 &3&4 5&6 7&8);; Pt Ball Chg (1&2),, Left Sd Pass w/ M's Trn (34 5&6 7&8);;**
- 1-2 **[Underarm w/ Chg Points]** Bk L leading W fwd, Bk R, Cl L to R/Pt R sd to Wall, Cl R to L/Pt L sd to COH; Sd L off the track leading W fwd raising the Id hds/Cl R to L trng RF Idg W under the hds, Sd & fwd L into the slot lowering the hds, XRIB of L/Inplace L, Bk R LOP fcg pos RLOD; (Fwd R, Fwd L, Cl R to L/Pt L sd to Wall, Cl L to R/Pt R sd to COH; Fwd R under the hds/XLIF of R trng LF, Sd R trng LF facg M, XLIB of R/Inplace R, Bk L;)
- 3-4 **[Pt Ball Chg] [Left Sd Pass w/ M's Trn]** Pt L twds ptr no wgt/Bk L, Rec R, Bk L Idg W fwd, Bk R trng LF off the track; Sd & bk L/Rec R Idg W pass the M, Fwd L into the slot facg W & LOD, Fwd R spot trng LF release hds/Rec L trng LF full trn, Bk R facg W to LOP facg pos LOD; (Pt R twds ptr no wgt/Bk R, Rec L, Fwd R, Fwd L passing the M; Fwd R/XLIF of R trng LF, Sd R trng LF facg M, XLIB of R/Inplace R, Bk L;)

#### REPEAT A

#### PART D

- 1-4 Qk Sd Break (&1 &2),, Hip Bump & Triple away (34 5&6),,,, In & Out 2x (&7 &8 &1 &2),,,, Rev Sugar Bump w/ Spin Ending (34 56 7&8)**
- 1-2 **[Qk Sd Brks]** Sd L apt/Sd R, Tog L/Cl R to L, **[Hip Bump & Triple Away]** Fwd L twd ptr trng RF, Extend L hip to ptr & bump hips no wgt chg, Sd R away from ptr/Cl L to R, Sd R; **[In & Out 2x]** Sd L twds ptr/Tch R to L no wgt, Sd R away from ptr/Tch L to R no wgt; Sd L twds ptr/Tch R to L no wgt, Sd R away from ptr/Tch L to R no wgt,
- 3-4 **[Rev Sugar Bump w/ Spin Ending]** Fwd L twd ptr trng LF, Extend R hip to ptr & bump hips no wgt chg but cont trng LF release hds; Fwd R away from ptr trng LF, Rec L, XRIB of L/Inplace L, Bk R LOP LOD \*Full spin to LF can be an option on meas 4\*;

#### Repeat Break

Repeat B

Repeat C

Repeat A

Repeat D

Repeat D

END

1-4½ **Start a Sugar Push trng to Skaters (123 Hold 4); Walk 2 & Switch to L Skaters (123 Hold 4); Walk 2 & Switch to Skaters (123 Hold 4); Walk 2 Roll W Across (1234 {123&4}); Hold Pt**

1-4½ **[Start a Sugar Push trng to Skaters]** Bk L, Bk R reducing the distance between ptrs, Tch L to sd w/o wgt trng W to Shad facg LOD, Hold pos; (Fwd R, Fwd L, Fwd R trng ½ LF to Shad, Hold; **[Wk 2 & Switch to L Shad]** (Same footwork) Fwd L, Fwd R, Fwd L trng ½ RF to L Shad RLOD, Hold; **[Wk 2 & Switch to Shad]** Fwd R, Fwd L, Fwd R ½ trng LF to Shad LOD, Hold; **[Wk 2 Roll W Acrs]** Fwd L, Fwd R, Fwd L Idg W to trn LF, Rec Bk R to LOP fcg pos LOD; (Fwd L, Fwd R, Fwd L trng LF/Sd R trng LF, Bk L;)[Pt] Pt R hd twds ptr (Pt L hd twds ptr)