

GRACE KELLY REDUX

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Music: "Grace Kelly" by Mika, CD: "Life in Cartoon Motion" Track #1, Available as single-track download from Amazon

Rhythm/Phase: Jive & Foxtrot Phase V + 1 (Same Ft Lunge) + 1 (Fallaway Tuck In)

Sequence: Intro A B Bridge A B(mod1) C B(mod2) B(mod1) Ending Recommended Speed: As Downloaded (3min 7sec)

Timing: Timing reflects actual weight changes Footwork: Described for Man, Lady opposite (or as noted)

INTRO

1-4 WAIT ; ; NECK SLIDE FACE COH ; ;

{Wait 2 Meas} Low double handhold LOD with lead ft free;;

{Neck Slide 123a4 567a8} Rk apt L, rec R swing hnds out to sd then up, small sd & fwd chasse L/R, L taking R arms over ptr's head placing R hnds behind ptr's neck to end sd-by-sd M fcg LOD; Releasing hnds wheel $\frac{3}{4}$ RF fwd R, L, fwd chasse R/L, R while R hnds slide down ptr's R arm end HANDSHAKE COH;

PART A

1-4 TRIPLE WHEEL 3 FACE WALL ; ; -, SHOULDER SHOVE to BFLY ; ;

{Triple Wheel 3 123a4 5a67a8 1a2} Rk apt L, rec R, wheel RF L/R, L trng in twd ptr tch W's bk with M's L hnd (W: rk apt R, rec L, wheel RF R/L, R trng away from ptr extend L arm out to sd); Cont RF wheel R/L, R trng away from ptr extend L arm out to sd, cont RF wheel L/R, L trng in twd ptr tch W's bk with M's L hnd lead W to spin RF (W: cont RF wheel L/R, L trng in twd ptr tch M's bk with W's L hnd, cont RF wheel R/L, R trng away from ptr comm $1 \frac{1}{2}$ RF trn spin on R); In plc R/L, R (W: complete $1 \frac{1}{2}$ RF trn in plc L/R, L) end LOP FCG POS WALL,

{Shoulder Shove 123a4 5a6} Rk apt L, rec R; Trng $\frac{1}{4}$ RF fwd L/cl R, sd L bringing M's L and W's R shoulders tog, trng $\frac{1}{4}$ LF sd R/cl L, bk R end BFLY WALL;

5-8 PROG ROCK 4 ; into PRETZEL TURN ; with DOUBLE ROCK ; UNWIND to BFLY ; ;

{Prog Rk 1234} Progressing slightly twd LOD rk apt L, XRIF of L (W: XLIF of R), rk apt L, XRIF of L (W: XLIF of R) end BFLY WALL;

{Pretzel Turn w/ Dbl Rock 1a23a4 5678 1a23a4} Trng RF chasse L/R, L keeping lead hnds jnd low, cont RF trn chasse R/L, R to end bk-to-bk "V" pos M fcg DLC (W: DLW) with lead hnds jnd bhd bk; XLIF of R (W: XRIF of L), rec R, XLIF of R (W: XRIF of L), rec R; Keeping lead hnds jnd comm LF roll twd RLOD chasse L/R, L, cont LF chasse R/L, R end momentary BFLY WALL;

9-11 FALLAWAY TUCK IN 2X ; ; ;

{Fallaway Tuck In 123a4 5a6} Trn $\frac{1}{4}$ LF to OP LOD rk bk L, rec R, trpl in plc L/R, L trng $\frac{1}{4}$ LF on last stp of trpl to fc COH (W: trn $\frac{1}{4}$ RF to OP LOD rk bk R, rec L comm LF trn twd M, chasse fwd R/L, R to fc M while tucking R sd slightly in twd M and joining M's L and W's R hnds then releasing other hnds and trn $\frac{3}{4}$ RF under jnd hnds on last stp of trpl); Small chasse R/L, R to momentary BFLY COH,

{Fallaway Tuck In 123a4 5a6} Trn $\frac{1}{4}$ LF to OP RLOD rk bk L, rec R, trpl in plc L/R, L trng $\frac{1}{4}$ LF on last stp of trpl to fc WALL (W: trn $\frac{1}{4}$ RF to OP RLOD rk bk R, rec L comm LF trn twd M, chasse fwd R/L, R to fc M while tucking R sd slightly in twd M and joining M's L and W's R hnds then releasing other hnds and trn $\frac{3}{4}$ RF under jnd hnds on last stp of trpl); Small chasse R/L, R end LOP FCG POS WALL;

12-14 SHE GO HE GO ; -, LINK ROCK FACE COH ; ;

{She Go He Go 123a4 5a6} Rk apt L, rec R, turning $1/8$ RF to look at W's back sd chasse L/R, L on last step comm $5/8$ LF turn under joined lead hnds (W: rk apt R, rec L, turning $1/2$ LF under joined lead hnds fwd chasse R/L, R to fc ptr); Cont LF trn under lead hnds chasse sd & bk R/L, R completing $5/8$ LF trn (W: in plc chasse L/R, L) end LOP FCG POS COH,

{Link Rock 123a4 5a6} Apt L, rec R; Sm fwd chasse L/R, L to CP, sd chasse R/L, R end CP COH;

15-16 (SCP) ROCK, RECOVER, SWIVEL WALK 2, - ; THROWAWAY ;

{Rock Rec 1234} In SCP rk bk L, rec R end SCP RLOD, {Swivel Walk 2} Fwd & sd L, XRIF of L in CBMP (W: swvl $1/8$ LF on L sd R, swvl $1/8$ RF on R fwd L) end SCP RLOD;

{Throwaway 1a23a4} Fwd chasse L/R, L leading W to fold in front to CP DRC, releasing from CP small fwd chasse R/L, R (W: trng $3/8$ LF sd & bk chasse R/L, R, cont LF trn bk chasse L/R, L) end LOP FCG POS RLOD;

PART B**1-8 CHANGE PLACES LEFT-TO-RIGHT into TRIPLE TRAVEL with ROLL ; ; ; ;
,-,-, LINK to WHIP TURN FACE COH ; ; -,-, FALLAWAY ROCK ; ;**

{Chg L-to-R 123a4} Rk apt L, rec R, leading W past and raising jnd lead hnds trn ¼ RF trpl in plc L/R, L joining R hnds palm-to-palm (*W: rk apt R, rec L, fwd chasse R/L, R trng ¾ LF under jnd lead hnds*) end RIGHT-HAND STAR M fcg COH (*W: fcg WALL*); Note: The second triple of the standard figure is omitted in preparation for the next figure.

{Triple Travel with Roll 1a234 5a67a8 1a234 5a6} Sd R/cl L, sd & fwd R comm rolling 1½ RF (*W: RF*), sd L cont rolling RF (*W: RF*), sd R cont rolling RF (*W: RF*) to L-hand star fcg WALL (*W: fcg COH*); Sd L/cl R, sd & fwd L trng ½ LF (*W: LF*) to R-hand star fcg COH (*W: fcg WALL*), sd R/cl L, sd & fwd R trng ½ RF (*W: RF*) to L-hand star fcg WALL (*W: fcg COH*); Sd L/cl R, sd & fwd L comm rolling 1¼ LF (*W: LF*), sd R cont rolling LF (*W: LF*), sd L cont rolling LF (*W: LF*) to fc LOD (*W: fc RLOD*) joining lead hnds; In plc triple R/L, R end LOP FCG POS LOD,

{Link to Whip Turn 123a4 567a8} Rk apt L, rec R; Small fwd chasse L/R, L completing ¼ RF trn end CP WALL, cont RF trn XRIB of L, cont RF trn sd L (*W: Small fwd chasse R/L, R trng RF trn to CP, cont RF trn fwd L, cont RF trn small fwd R between M's feet*); Cont RF trn small sd chasse R/L, R end CP COH,

{Fallaway Rock 123a4 5a6} Rk bk L in SCP, rec R to fc ptr; Chasse L/R, L, chasse R/L, R end CP COH;

BRIDGE**1-2 BACK AWAY 3,-,-, KICK ; TOGETHER 3 to HANDSHAKE,-,-, TOUCH ;**

{Back Away 3 Kick 123-} Pushing slightly against ptr's lead palm bk away L, R, L, kick R across body;

{Tog 3 Tch 123-} Fwd R, L, R join R hnds, tch L to R end HANDSHAKE COH;

REPEAT PART A**PART B (MOD1)****1-8 CHANGE PLACES LEFT-TO-RIGHT into TRIPLE TRAVEL with ROLL ; ; ; ;
,-,-, LINK to DOUBLE WHIP TURN ; FACE WALL ; ; (SCP) ROCK, RECOVER,
PICKUP DLW, CLOSE ;**

Repeat Measures 1-4.5 of Part B end LOP FCG POS LOD;;;-,-,

{Link to Dbl Whip Turn 123a4 5678 1a2} Rk apt L, rec R; Small fwd chasse L/R, L completing ¼ RF trn end CP WALL, cont RF trn XRIB of L, cont RF trn sd L (*W: Small fwd chasse R/L, R trng RF trn to CP, cont RF trn fwd L, cont RF trn small fwd R between M's feet*); Cont RF trn XRIB of L, cont RF trn sd L, cont RF trn small sd chasse R/L, R (*W: cont RF trn fwd L, cont RF trn small fwd R between M's feet, small sd chasse L/R, L*) end CP WALL;

{Rk Rec Pickup Cl 1234} Rk bk L in SCP, rec R, small fwd L leading W to pickup (*W: fwd R trng LF to fc ptr*), cl R end CP DLW;

PART C**1-4 HOVER ; FEATHER ; REVERSE TURN ; ;**

{Hover SQQ} Fwd L,-, fwd & sd R rising to ball of ft, rec fwd L end SCP DLC;

{Feather SQQ} Thru R,-, fwd L, fwd R outside ptr (*W: thru L trn LF twd ptr,-, sd & bk R to BJO, bk L*) end BJO DLC;

{Reverse Turn SQQ SQQ} Fwd L comm LF trn,-, sd R cont trn, bk L LOD to CP (*W: bk R comm LF trn,-, cl L to R heel trn, fwd R*); Bk R comm LF trn,-, sd & fwd L DLW, fwd R outside ptr (*W: fwd L comm LF trn,-, sd R to DLW, bk L*) end BJO DLW;

5-8 THREE STEP ; NATURAL WEAVE ; FACE LOD ; DOUBLE REVERSE DLW ;

{Three Step SQQ} Fwd L heel lead to CP,-, fwd R heel lead rising to toe, fwd L end CP DLW;

{Nat Weave SQQ QQQQ} Fwd R comm RF trn,-, sd L twd DLW cont slight RF trn, bk R twd DLC with R-shoulder lead (*W: bk L comm RF trn,-, cl R to L heel turn, fwd L L-shoulder lead*); Bk L twd DLC in BJO, bk R comm LF trn, sd & fwd L twd DLW, fwd R twd LOD (*W: fwd R outside ptr, fwd L comm LF trn, sd R cont LF trn, bk L twd LOD*) end BJO LOD;

{Dbl Rev QQ-- (QQQQ)} Fwd L comm LF trn, fwd & sd R cont LF trn, touch L to R spinning LF on R, - (W: bk R comm LF trn, cl L to R heel turn, cont LF trn sd & slightly bk R, XLIF of R) end CP DLW;

9-12 HOVER TELEMARQUE ; OPEN NATURAL ; SLOW OUTSIDE SWIVEL (SCP RLOD) ; MAN CHECK THRU & TOUCH (LADY OUT to FACE) ;

{Hover Telemarque SQQ} Fwd L,-, fwd & slightly sd R between W's feet rising & trng RF, cont RF trn sd & fwd L end SCP DLW;

{Op Nat SQQ} Fwd R comm RF trn,-, sd L cont RF trn, cont RF trn bk R (W: fwd L, fwd R between M's feet, sd & fwd L) end BJO RLOD;

{Slow Outside Swivel S--} Bk L,-, trn hips RF leading W to swvl leaving R ft fwd,-, (W: fwd R outsd ptr,-, swvl RF on R,-) end SCP RLOD;

{M Ck Thru W Out to Fc S-- (SQQ)} Rec thru ckg,-, tch L to R lead W fwd and release hold keeping lead hnds joined,- (W: comm LF trn fwd L,-, cont LF trn sd & bk R, cl or small bk L) end LOP FCG POS RLOD;

PART B (MOD2)

1-8 CHANGE PLACES LEFT-TO-RIGHT into TRIPLE TRAVEL with ROLL ; ; ; ; -,-, LINK to WHIP TURN FACE COH ; ; -,-, CHANGE PLACES RIGHT-TO-LEFT (FACE RLOD) ; ;

Repeat Measures 1-6.5 of Part B end CP COH;;;;;-,-,

{Chg R-to-L 123a4 5a6} In SCP rk bk L, rec R fc DRC (W: in SCP rk bk R, rec L trng LF to fc WALL); sm sd & fwd chasse L/R, L raising jnd ld hnds, trng 1/8 LF sm fwd chasse R/L, R (W: fwd chasse R/L, R trng RF undr jnd ld hnds, completing 3/4 RF trn bk chasse L/R, L) end LOP FCG POS RLOD;

REPEAT PART B (MOD1)

ENDING

1-4 WHISK ; WING ; FRONT TWIST VINE 3 PREPARATION ; SAME FOOT LUNGE,-, CHANGE SWAY,- ;

{Whisk SQQ} Fwd L,-, sd & slightly fwd R, XLIB of R (W: XRIB of L) end SCP LOD;

{Wing S-- (SQQ)} Thru R comm LF trn,-, draw L to R, tch L to R (W: thru L,-, fwd R around M, fwd L outside ptr) end SCAR DLC;

{Front Twist Vine 3 Prep QQQ- (QQQQ)} Fwd L outsd ptr comm LF trn, sd R BJO DRC, bk L comm RF trn, tch R to L fc COH (W: trn RF cl L to R fc DRW) end PREP POS COH;

{Same Foot Lunge Chg Sway S--} Lower on L with slight L sway reach sd R toe pting DLC cont to transfer all weight to R with soft knee stretch upward and sway R (W: XRIB of L underneath body head well to L),- , trn upper body slightly RF stretching R sd (W: head to R),-;

5+ QUICK RECOVER to OPEN HINGE with LADY CARESS ; MAN FIST PUMP,-,

{Rec to Open Hinge Q---} On "waa-ow" vocal rec L rise keep R ft extended, relax L knee slightly trng upper body LF releasing lead hnds & placing W's R hand on M's L shoulder look at ptr,-, (W: rec on L swvl LF on ball of L to fc DLW, relax L knee and pt R fwd head L allow M to place R hand on M's L shoulder and extend L arm to sd, look at ptr and over the next 2 beats sweep the L arm to caress M's R cheek without touching,-) end in HINGE LINE M FCG COH;

{M Fist Pump} Raise L arm with forearm perpendicular to ceiling elbow slightly bent fingers open palm in (W: place L hand on M's R shoulder still looking at ptr), on the vocal "ka-ching" form a fist while rapidly pulling L arm straight down forearm still perpendicular to ceiling until elbow is fully flexed as if to say "Yes!" (W: hold),

QUICK CUES

INTRO

(Low double handhold LOD lead ft free) WAIT 2 MEAS ; ; NECK SLIDE ; fc COH ;

PART A

TRIPLE WHEEL 3 ; fc WALL ; SPIN HER,-, SHOULDER SHOVE ; to BFLY ;
 PROG ROCK 4 ; into PRETZEL TURN ; w/ DBL ROCK ; UNWIND to BFLY ;
 FALLAWAY TUCK IN 2X ; ; ; SHE GO HE GO ;
 -,-, LINK RK fc COH ; ; (SCP) RK, REC, SWIVEL WALK 2 ; THROWAWAY ;

PART B

CHG L-to-R into TRIPLE TRAVEL w/ ROLL ; ; ; ;
 -,-, LINK to WHIP TURN ; fc COH ; -,-, FALLAWAY ROCK ; ;

BRIDGE

BACK AWAY 3,-,-, KICK ; TOG 3 to HANDSHAKE,-,-, TOUCH ;

PART A

TRIPLE WHEEL 3 ; fc WALL ; SPIN HER,-, SHOULDER SHOVE ; to BFLY ;
 PROG ROCK 4 ; into PRETZEL TURN ; w/ DBL ROCK ; UNWIND to BFLY ;
 FALLAWAY TUCK IN 2X ; ; ; SHE GO HE GO ;
 -,-, LINK RK fc COH ; ; (SCP) RK, REC, SWIVEL WALK 2 ; THROWAWAY ;

PART B(mod1)

CHG L-to-R into TRIPLE TRAVEL w/ ROLL ; ; ; ;
 -,-, LINK to DBL WHIP TURN ; fc WALL ; ; (SCP) RK, REC, PICKUP DLW, CLOSE ;

PART C

HOVER ; FEATHER ; REV TURN ; ;
 3-STEP ; NATURAL WEAVE ; fc LOD ; DBL REVERSE DLW ;
 HOVER TELEMARK ; OP NAT ; SLOW OUTSIDE SWIVEL (SCP RLOD) ; MAN CHECK THRU & TCH (LADY OUT to FC) ;

PART B(mod2)

CHG L-to-R into TRIPLE TRAVEL w/ ROLL ; ; ; ;
 -,-, LINK to WHIP TURN ; fc COH ; -,-, CHG R-to-L to RLOD ; ;

PART B(mod1)

CHG L-to-R into TRIPLE TRAVEL w/ ROLL ; ; ; ;
 -,-, LINK to DBL WHIP TURN ; fc WALL ; ; (SCP) RK, REC, PICKUP DLW, CLOSE ;

ENDING

WHISK ; WING ; FRONT TWIST VINE 3 PREP ; SAME FT LUNGE,-, CHANGE SWAY,- ;
 QUICK REC to OPEN HINGE w/ LADY CARESS ; MAN FIST PUMP...