

# Don't Let The Sun Catch You Crying

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**Music:** Don't Let The Sun Catch You Crying – Paul Carrack  
Avail for download from Amazon.com  
**Footwork/Timing:** Opposite except where noted/SQQ except where noted  
**Rhythm/Phase** Bolero Phase 5+1 (Turkish Towel)+1 (Sync Turning Basic Overturn)  
Speed 45 rpm (21 mpm)  
**Sequence:** Intro-A-Int-B-C-B-C-A-End Release 1.0 July 2021

## INTRO

### 1-4 WAIT ; ; DIAGONAL CUCARACHA WITH ARMS 2X ; ;

- 1-2 Low BFLY fc wall wait 2 measures ; ;
- 3 Sd & bk L DC sweep lead arms up out & down , - , rec R to fc ptrn, cl L low BFLY;
- 4 Sd & bk R RDC sweep trailing arms up out & down , - , rec L to fc ptrn, cl R to CP;

## PART A

### 1-4 BASIC ; ; CROSS BODY ; CONTRA BREAK ;

- 1 Blnd to CP Sd L, -, bk R, rec L;
- 2 Sd R, -, fwd L, rec R;
- 3 Trng LF sd L twd COH, -, bk R cont LF trng, rec L trng LF fc COH;  
(W fwd R, -, fwd L across in front of M, fwd R trng LF);
- 4 Release CP join R hands sd R, -, fwd L with R side lead, rec R  
(W sd L, -, bk R with L side lead head well to left, rec L);

### 5-8 LADY SPIRAL TO CIRCULAR WALKS 2X ; ; CROSS BODY TO RLOD ; FWD BREAK ;

- 5 Circle walk RF fwd L lead W to spiral under R hands, -, fwd R, fwd L (W fwd R spiral LF under R hands, -, circle walk RF L, R);
- 6 Cont walk fwd R lead W to spiral under R hand, -, fwd L, fwd R (W cont circle walk fwd L spiral RF under R hands, -, fwd R, fwd L); (Completing 1 full circle)
- 7 With R hands joined sd L to RLOD, -, bk R cont LF trng, rec L trng LF fc RLOD join lead hands  
(W fwd R swivel RF to fc RLOD, -, fwd L, fwd R trng LF to fc M);
- 8 Sd R, -, fwd L extend trailing arm to side, rec R comm blending to CP  
(W sd L, -, bk R extend trailing arm to side, rec L);

### 9-12 NATURAL TOP FC WALL ; FWD BASIC ; SYNC TURNING BASIC OVERTURN 2X ; ;

- 9 In CP trng RF sd L, -, cont RF trn XRIB, cont trn small sd L end fc wall  
(W fwd R trng RF, -,sd L cont RF trng, XRIF cont RF trng);
- 10 Sd R, -, fwd L, rec R (W sd L, -, bk R, rec L);
- S&QQ 11 Sd L body trn RF, -/trn LF slip pvt bk R, fwd L trn LF, sd & fwd R pvt LF fc WALL  
(W sd & fwd R body trn RF look rght, -/trn LF cl head fwd L, sd & bk R trn LF, cl L pvt LF);
- S&QQ 12 Sd L body trn RF, -/trn LF slip pvt bk R, fwd L trn LF, sd & fwd R pvt LF fc WALL  
(W sd & fwd R body trn RF look rght, -/trn LF cl head fwd L, sd & bk R trn LF, cl L pvt LF);

**PART A (Cont)****13-16 PROM OVERSWAY ; FALLAWAY RONDE , BEH SD ; NEW YORKER IN 4 ; SLOW HIP RK 2 ;**

- S- 13 Sd & fwd L to Prom pos, -, lower & rotate body to left, - ;  
 (W Sd & fwd R, -, lower & rotate body to left turn head well to left, -);
- 14 Sd R ronde L CCW, -, XLIB, sd R to LOP fc ptr & wall  
 (W trng RF sd L ronde R CW, -, XRIB, sd L);
- QQQQ 15 Swivil RF thru R to RLOD, rec L swivel to fc W, sd L, sd R to low BFLY;
- SS 16 Sd L, -, sd R, -;

**INTERLUDE****1-2 SPOT TURN ; HIP LIFT ;**

- 1 Sd L trng LF to LOD, -, thru R trng LF fc RLOD, fwd L trng LF fc ptr;
- S- 2 Sd R blending to low BFLY touch lead foot under body on ball of foot, -, straighten leg to lift L hip,  
 lower hip;

**PART B****1-4 AIDA ; AIDA LINE & HIP ROCK 2 ; BK TO BK FENCE LINE 2X ; ;**

- 1 Sd L slight LF trng, -, thru R trng RF, sd L;
- 2 Bk R to Aida Line sweep trailing arm up & bk, -, rk fwd L sweep arms fwd, rec R sweep arm bk;
- 3 Release lead hands in bk to bk pos sd L, -, XRIF on soft knee extend arms to sd, rec L;
- 4 Sd R, -, XLIF on soft knee extend arms to sd, rec R;

**5-8 SWIVEL TO FC HIP ROCKS ; HORSESHOE TURN ; ; LUNGE BREAK ;**

- 5 Sd L swivel LF to fc W low BFLY, -, sd R, sd L;
- 6 Sd & fwd R to open V pos, -, thru L checking, rec R raise lead hands;
- 7 Fwd L comm LF circle around W, -, fwd R cont LF circle, fwd L to fc W  
 (W fwd R trng RF, -, fwd L under joined hands trng RF, fwd R trng to fc M);
- S- 8 Sd R, -, lower on R in lunge line extend L arm to W, rise  
 (SQQ) (W sd L, -, bk R, rec L);

**9-12 DBLE HAND OPENING OUT 2X ; ; LADY SPIRAL/WRAP FWD 2 REV ; FWD BREAK ;**

- S- 9 Small sd L with body rise LF rotation to LOD, -, lower on L ext R leg bk & sd, rise on L  
 (SQQ) (W sd R with body rise comm LF trn, -, XLIB lowering, rec R trng to fc ptr);
- S- 10 Small sd R with body rise RF rotation to RLOD, -, lower on R ext L leg bk & sd, rise on R  
 (SQQ) (W sd L with body rise comm RF trn, -, XRIB lowering, rec L trng to fc ptr);
- 11 Small sd & fwd L to RLOD raise lead hands leading W to spiral LF, -, in wrap pos fwd R, fwd L  
 (W fwd R RLOD spiral LF 7/8 turn under lead hands, -, fwd L, fwd R);
- 12 Fwd R, -, fwd L checking, rec R;

**PART B (Cont)****13-16 STEP BK & ROLL TO HANDHAKE ; HALF MOON ; ; SHADOW NEW YORKER ;**

- 13 Bk L release trailing hands comm RF turn, -, trng RF fwd R to LOD, cont RF turn bk & sd L;  
 14 Join R hands sd & fwd R LOD to shaping to ptrn, thru L checking, rec R trng to fc ptrn;  
 15 Sd & fwd L RLOD shaping to ptrn, -, bk R trng LF, rec L trng to fc ptrn & wall  
 (W sd & fwd R RLOD shaping to ptrn, - fwd L across M, fwd R trng LF to face M);  
 16 Sd R trng to FC RLOD, - thru L, rec R trng to fc ptrn:

**PART C****1-4 CROSS HAND TURKISH TOWEL FC LOD ; ; ; SLIDE ACROSS & WHEEL 2 FC WALL ;**

- 1 Join L hands under R sd L raising joined R hands,-, XRIB raising L hands, rec L bring L hands over W head  
 (W sd R, -, trng RF fwd L under R hands trng RF, fwd R to RLOD);  
 2 Trng LF sd R twd wall hands in M's varsouvienne, bk L shaping to W, rec R  
 (W trng RF sd L twd COH to M's Varsouvienne, -, chk fwd R shaping to M, rec L);  
 3 Sd L in front of W, -, bk R shaping to W, rec L  
 (W sd R beh M, -, chk fwd L shaping to M, rec R);  
 4 Sd R in front of W, small bk L, R trn ¼ RF to fc wall  
 (W sd L beh M, -, small fwd R, L trng RF fc Wall);

**5-8 LADY FWD & SPIRAL OUT TO FC ; FWD BREAK ; TOG TOUCH SUNBURST ; RIFF TURN ;**

- 5 Release R hands close L to R lead W fwd, bring L hands down lead W to spiral RF release L hands, bk R, rec L  
 (W fwd R, -, fwd L spiral RF 7/8 turn, fwd R twd wall trng RF to fc M);  
 6 Join lead hands sd R, -, fwd L, rec bk R  
 (W sd L, -, bk R, rec L);  
 - 7 Tch L to R both hands palm to palm in front of body, raise both arms straight up & out to BFLY, -;  
 QQQQ8 Sd L lead W under lead hands, cl R, sd L lead W under lead hands, cl R  
 (W trn RF fwd R to LOD spin RF under lead hands, cl L fc M, trn RF fwd R to LOD spin RF under lead hands, cl L fc M);

**END****1-4 DOUBLE HAND OPENING OUT 2X ; ; PROM SWAY ; ROLL TO RIGHT LUNGE ;**

- S- 1 Small sd L with body rise comm LF rotation to LOD, -, lower on L extend  
 (SQQ) R leg bk & sd, rise on L fc Wall  
 (W sd R with body rise comm LF trn, -, XLIB lowering, rec R trng to fc ptrn);  
 S- 2 Small sd R with body rise RF rotation to RLOD, -, lower on R ext L leg bk & sd, rise on R  
 (SQQ) (W sd L with body rise comm RF trn, -, XRIB lowering, rec L trng to fc ptrn);  
 S- 3 Sd & fwd L to Prom pos, -, cont stretch up & out, -;  
 S- 4 Lower on L stretch R side sd & fwd R to DRW, continue stretch R side looking over W, -;  
 (W lower on R sd & bk L, -, extend back looking well to left, -);