

A LADY IN RED

Composers: Brent & Judy Moore 10075 McCormick Place, Knoxville, TN
37923 (865) 694-0200 dancemoore@aol.com

Music: Classic Love - Chris De Burgh , The Lady In Red , Amazon download,
cut at 3:57 then fade last 3 sec then speed 11% to 21 mpm

Footwork: Opposite, directions for man (lady as noted)

Phase & Rhythm: Phase 4+1 up (sync turn basic) Bolero

Difficulty: difficult (Waltz figures adapted to Bolero)

Sequence: Intro A B Bridge A B End ver:1.1 2018



INTRO

1-8 WAIT 1; SLOW HIP ROCK; BACK SHOULDER to SHOULDER; LUNGE BREAK; UNDERARM TURN; NEW YORKER;

- 1 [Wait 1]opn fcng hnds low bfly fc WALL lead feet free pntd sd;
- 2 [Hip Rocks SS] Rk sd L,-, rec sd R,- srt to raise arm to bfly;
- 3 [Back Shoulder to Shoulder SQQ] Sd & bk L bfly scar rise,-, bk R XIBL sft knee, rec sd & fwd L op fcng fc WALL sft knee;
- 4 [Lunge Break SQQ] Sd & fwd R opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
[Underarm Turn SQQ] Bk L slght RF trn raise lead hands rise,-, bk R sft knee lead lady under, rec L fc WALL (sd & fwd R LOD,-, fwd L trn RF undr raised arms soft knee, rec R cont trn RF to fc sft knee);
- 6 [New Yorker SQQ] Sd & fwd R RLOD rise,-, trn RF (LF) ck thru L soft knee, rec R trn to fc WALL soft knee;

Part A

1-12 TURNING BASIC; FORWARD BREAK; RIGHT PASS drw; OPEN RIGHT LUNGE & SWAY ROCKS; START an AIDA; AIDA LINE SWITCH ROCK; 2 HAND OPEN OUTS twice;; BACK SHOULDER to SHOULDER; REVERSE UNDERARM; FORWARD BANJO CHECK; lady DEVELOPE FORWAD to CLOSED;

- 1 [Turning Basic SQQSQQ] Sd & bk L to cp slght body trn RF rise,-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc DLC sft knee;
- 2 [Fwd Break SQQ] Sd R to opn fcng fc COH rise,-, ck fwd L sml stp slght contra ck action, rec bk R COH;
- 3 [Right Pass SQQ] Fwd & sd L slght trn RF to "L" pos fc RLOD raise lead hnds to create window look at lady,-, loose XRIBL slght trn RF sft knee, slght trn RF rec L to fc DRW (fwd R slght RF bodyy trn look at man thru "window",- , fwd L sft knee , fwd R shrp trn LF undr lead hnds fc man);
- 4 [Right Lunge & Rocks SQQ] Body trn LF fwd R right lunge DRW in mod opn pos right shldr lead extnd trail hnd,-, rec L slght roll body lft, rec R slght body roll to right lnge DRW (trn body LF bk L opn right lunge trail hnd out, rec R roll body right, rec L roll body to right lnge);
- 5 [Start Aida SQQ] Sd & fwd L "V" pos LOD rise,-, thru R sft knee trn RF jn lead hnds (lady trn LF), fwd L trn RF rlease trail hnds (lady trn LF);
- 6 [Aida Switch Rock SQQ] Trn RF (LF) bk R rise slght "V" bk to bk pos fc RLOD trail hnds up & out lead hnds fwd,-, sharp trn LF (RF) rk sd L soft knee, rec sd R fc WALL bfly;
- 7-8 [Open Outs SQQSQQ] Sd L sml stp rise,-, body trn LF lwr extnd hnds to lady R leg extnd sd, slght rise body trn RF fc WALL bfly; cl R rise,-, body trn RF lwr extnd hnds to lady L leg extnd sd, slght rise body trn LF fc WALL bfly; (sd R rise,-, shrp swvl LF lwr bk L look lft, rec R swl to fc; sd L rise,-, shrp swvl RF lwr bk R look right, rec L swl to fc;)

- 9 [Back Shoulder to Shoulder SQQ] Sd & bk L bfly scar rise,-, bk R XIBL sft knee, rec sd & fwd L opn fcng WALL sft knee;
- 10 [Rev Underarm SQQ] Sd & fwd R LOD rise ,-, ck thru L soft knee raise lead hnds, rec R trn to fc WALL soft knee;
- 11 [Fwd Banjo Check SS] Fwd L DLW rise & lwr,-, fwd R in bfly bjo DLW,-,
- 12 [Develope Rec Sd - - QQ] Strghtn rght knee slowly shape body to rght keep lft leg extnded bk bhnd body,-, rec L, sd & bk L blnd cp WALL (raise rght knee kick rght leg to DRC & lower to L,-, fwd R, fwd L cp);

PART B

- 1-8 BASIC; FLAIR FALLAWAY CHECK RECOVER; START a LEFT WHISK; LEFT WHISK RECOVER PIVOT; TURNING BASIC;; SYNCOPATED TURNING BASIC to a; HI-LINE & OVERSWAY;**
- 1 [Basic SQQ] Sd & bk L cp rise,-, bk R slght XIBL sft knee, rec sd & fwd L cp fc WALL sft knee;
- 2 [Fallaway Ck Rec SQQ] Slght body trn RF Rec R (strng trn RF sd L)/ trn LF flair L CCW (R cw)-, complete flair to fallaway bk L sft knee, rec R semi LOD;
- 3 [Start Left Whisk SQQ] Sd & fwd L semi LOD rise,-, thru R sft knee, fwd L & sd comm LF body trn rise;
- 4 [Left Whisk Rec Pivot SQQ] Sharp trn LF sway right XRIBL soft knees up in body,-, rec L body trn RF, fwd R pvt RF fc DLC cp (sharp trn LF XLIBR look well lft, rec fwd R trn RF to cp, sd & bk L pvt RF cp);
- 5-6 [Trng Basic SQQSQQ] Sd L& bk to cp slght body trn RF rise (lady may look right)-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc DRW sft knee; Sd & fwd R cp DRW rise,-, body trn LF fwd L contra ck action, rec R sft knee cp WALL;
- 7-8 [Sync Trng Basic Hiline Oversway S&QQSS] Sd & bk L to cp slght body trn RF rise,-/ trn LF slip pvt action bk R, sd & fwd L trn LF, sd & fwd R pvt LF fc DRW; sd & fwd L to prom hi-line LOD,-, sft L knee slght body to rght sway extnd rght leg sd & bk,-;(sd & fwd R body trn RF look rght,-/ trn LF cl head fwd L, sd & bk R trn LF, fwd L pvt LF; sd & fwd R to prom hi-line,-, soften R knee sway left & extend top up & out left closng head,-;)
- 9-16 FLAIR FALLAWAY CHECK RECOVER; SERPIENTE;; SWIVEL to a FENCE LINE; NEW YORKER; OPEN IN & OUT RUNS; SYNCOPATED BOLERO RUN;**
- 9 [Fallaway Ck Rec SQQ] Slght body trn RF Rec R (strng trn RF sd L)/ trn LF flair L CCW (R cw)-, complete flair to fallaway bk L sft knee, rec R semi LOD;
- 10-11 [Serpiente SQQSQQ] Fwd L LOD blnd bfly,-, thru R slght trn RF (LF) sft bfly, sd L; XRIBL (XLIBR) toe in swivel LF (RF) on R ronde L CCW (CW) to XIBR (XIBL)-, take wght on LXIBR (RXIBL), slght trn RF (LF), sd & fwd R "V" RLOD;
- 12 [Fence Line SQQ] Thru L RLOD swvl LF (RF) sweep trail arms up & over,-, ck R XIFL soften knee cont arm sweep, rec L fc WALL;
- 13 [New Yorker SQQ] Trn RF (LF) sd & fwd R RLOD rise,-, trn RF (LF) ck thru L soft knee, rec R trn to fc WALL soft knee;
- 14-15 [Open In & Out Run] Fwd L 1/2 opn rise,-, thru R pvt RF, sd & fwd L lft 1/2 opn; fwd R to body trn RF rise,-, fwd L sml stp body trn RF, fwd R 1/2 opn LOD (fwd R to body trn RF, fwd L sml stp body trn RF, fwd R 1/2 lft opn LOD, fwd L,-, thru R pvt RF, sd & fwd L lft 1/2 opn);
- 16 [Bolero Run SQ&Q] Fwd L1/2 opn LOD rise, -, fwd R slght lwrng/fwd L, thru R 1/2 opn LOD;

BRIDGE

1-2 SPOT TURN; FORWARD BASIC;

- 1 [Spot Turn SQQ] Fwd L "v" pos LOD rise,-, thru R trn LF (RF) soft knee, rec L cont trn LF (RF) to fc WALL opn fcng pos sft knee;
- 2 [Fwd Basic SQQ] Sd & fwd R blnd cp fc WALL rise,-, ck fwd L sml stp slght contra ck action, rec bk R cp WALL ;

REPEAT A B

END

1-11 SPOT TURN; LUNGE BREAK; LEFT PASS; SYNCOPATED TWIST VINE; SHOULDER to SHOULDER twice;; FORWARD BASIC; TURNING BASIC;; SYNCOPATED TURNING BASIC to a; HI-LINE & OVERSWAY & EXTEND;

- 1 [Spot Turn SQQ] Fwd L "v" pos LOD rise,-, thru R trn LF (RF) soft knee, rec L cont trn LF (RF) to fc WALL opn fcng pos sft knee;
- 2 [Lunge Break SQQ] Sd & fwd R opn fcng fc WALL lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
- 3 [Left Pass SQQ] Fwd L sml stp to sdcr DRW shpe body DLW to lady rise trn lady RF,-, rec bk R toe in sft knee strt LF trn, sd & fwd L trn LF to bfly sdcr pos DLC (sd & fwd R trn RF back to man, sd & fwd L sft knee strng trn LF, sd & bk R fc man);
- 4 [Twisty Vine SQ&Q] Fwd & sd R sdcr mvng LOD ,-, fwd L XIFR (RXIBL) body trn LF/sd & bk R bjo, bk L XIBR (XRIFL) mvng LOD strt trn RF to scar DLC;
- 5-6 [Shoulder to Shoulders SQQ SQQ] Sd & fwd R to bfly sdcar rise fc COH,-, ck fwd L in sdcar sft knee, rec bk R trn LF; sd & fwd L to bfly bjo rise,-, ck fwd R in bnjo, rec bk L fc COH bfly;
- 7 [FWD BASIC SQQ] Sd & fwd R to cp fc rise,-, ck fwd L sml stp slght contra ck action, rec bk R cp COH ;
- 8-9 [Trng Basic SQQSQQ] Sd & bk L to cp slght body trn RF rise,-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc DRW sft knee; Sd & fwd R cp DRW rise,-, body trn LF fwd L contra ck action, rec R sft knee cp WALL;
- 10-11 [Sync Trng Basic Hiline Oversway Extnd S&QQSS] Sd & bk L to cp slght body trn RF rise,-/ trn LF slip pvt action bk R, sd & fwd L trn LF, sd & fwd R pvt LF fc DRW; sd & fwd L to prom hi-line LOD,-, sft L knee slght body to rght sway extnd rght leg sd & bk extnd lft arm as muic fades,-;(sd & fwd R body trn RF look rght,-/ trn LF cl head fwd L, sd & bk R trn LF, fwd L pvt LF; sd & fwd R to prom hi-line,-, soften R knee sway left & extend top up & out left closng head extnd lft arm,-;)

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